

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

**Labor Day 2014
BEEF**

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
NORTHEASTERN U.S. - CT,DC,DE,MA,MD,ME,NH,NJ,NY,PA,RI,VT																						
CT	A&P Stores	5 Star	C			5.99	5.99														L2	
		5 Star	C			7.99	7.99														no L	
		Angus								6.99	5.99										v	
	Adams IGA	Stonyfork Farms								6.99											4.79	
		Angus									5.99											
		n/i												4.29								
	AG New England	n/i	S							6.99												
	ALDI	n/i										2.40	3.49									
		n/i	C		9.99					9.49	5.99											
	Associated	n/i	C							6.99												
		n/i																			4.99	
	Balducci's	n/i	C								22.99										4.99	
		n/i	O								24.99											
	Big Y	n/i	C								9.60											
		Angus	C				11.99	7.99														
		n/i														4.99						
	Bravo	n/i											4.19		4.39							
	C-Town	n/i										4.39	4.19									
		n/i	C				9.99	7.99														
	Compare Foods	n/i		6.97																	4.99	
	Fairway Foods	n/i	P																		4.99	
		n/i	G																		5.49	
	Food Bazaar	n/i		7.99							5.99			2.99								
	Food Emporium	Woodson&James	C	9.99																		
	Kings	Kings				8.99	8.99	8.99														
		Kings Dakota	O								14.99											
	Mrs. Greens	Creekstone	A																		4.99	
		Grateful Harvest	O								17.58											
	NSA Supermarket	n/i									7.88											
	Pioneer	n/i	C								7.99											
		n/i																			3.99	

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
DC	Walmart	n/i												2.99								
(cont)	Whole Foods NE	n/i	G		14.99																	
DE	A&P Stores	5 Star	C			5.99	5.99														L2	
		5 Star	C			7.99	7.99														no L	
		Angus							6.99	5.99											v	
		n/i																			4.79	
	ACME Market	Lancaster	C					7.99	6.99							4.79						
	Food Lion	n/i										2.79									w	
		n/i										3.89									w/o	
		n/i	C						5.99												w	
		n/i	C						6.49												w/o	
	Fresh Grocer	n/i										3.99										
		n/i	C					8.99														
	Giant Food	n/i						5.99														
		Giant												3.49							3.99	
		Dakota Organic	G						17.59													
	Great Valu	n/i				7.99	7.99		7.99					3.99							4.29	
		Angus								7.99	5.79											
	Harris Teeter	HT Naturals	A												5.99						6.99	
		HT Naturals	A												6.99						7.49	
		HT Rancher				8.97	8.97														4.99	
		HT Rancher				10.99	10.99														6.99	
	Pathmark	5 Star	C			5.98	5.98														L2	
		5 Star	C			7.99	7.99														no L	
		n/i																			4.48	
	Redner's	Angus				5.98															w	
		Angus				11.98															w/o	
	Safeway	n/i												3.99								
		Open Nature	G			9.99			9.99													
		Rancher's Reserve					7.99				5.49											
	Save-a-Lot	n/i			5.49																v	
	ShopRite	n/i												2.99								
		n/i	C								3.99											
		ShopRite																			3.49	

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
DE (cont)	ShopRite	Angus								3.99												
	(continued)	Clayton's	O							7.99												
	Shurfine	n/i												3.49		5.49	4.99					
		Angus	C	9.99		8.99	8.99			8.99												v
		Angus	C	10.49		9.49	9.49			9.49												
		n/i							7.99		3.99									4.99		w
		n/i							12.29		6.29									5.99		w/o
	Target	Sutton & Dodge							20%off	20% off												
	Angus												15% off		15%off		15%off					
	Walmart	n/i												2.99								
MA	Adams IGA	Stonyfork Farms						6.99														
		Angus								5.99												
		n/i												4.29								
	AG New England	n/i	S					6.99														
	ALDI	n/i										2.40	3.49									
		n/i	C		9.99				9.49	5.99												
	Big Y	n/i	C						9.60													
		Angus	C				11.99	7.99			5.99											
		n/i														4.99						
	C-Town	n/i										4.39	4.19									
		n/i	C				9.99	7.99														
	Compare Foods	n/i		6.97							3.99							4.99		4.99		
	Crosby's	Angus	C						9.99		4.29					4.49						w
		Angus	C						15.99		4.99					5.29						w/o
	Donelan's	n/i	C							4.99							4.79			4.99		
		Creekstone	A						14.99													
	Hannaford	n/i											2.29									w
	n/i											3.29									w/o	
	Hannaford	C			7.99																	
	Nature's Place	A													4.99							
	Taste of Inspiration				8.99	8.99															w	
	Taste of Inspiration				10.99	10.99															w/o	
	Kings	Kings			8.99	8.99	8.99															
	Kings Dakota	Kings Dakota	O					14.99														

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
MA (cont)	Met Foods	n/i	C					7.99															
	NSA Supermarket	n/i						7.88			5.99												
	Price Chopper	n/i														4.99							
		Chiapetti	G									10.99											A
		Angus							8.99		7.99	5.99											
	Butcher's Promise	Price Chopper							7.99		6.99												4.69
		Roche Bros.	n/i	C								5.49			5.49								
		Laura's Lean	A														1.00 off						
	Roche Bros.	Roche Bros.	A													6.99							
		Save-a-Lot	n/i		5.49																		v
	Shaws	Steakhouse Choice				6.99	6.99	6.99															
		n/i															3.49						
	Spring Crossing	Star Market	G													4.99							
		Steakhouse Choice	C			6.99	6.99	6.99															
	n/i	Stop & Shop							5.99			4.49											
		Stop & Shop													3.49								3.99
	Dakota Organic	Target	G																				
		Sutton & Dodge									20% off	20% off											
Angus													15% off		15% off		15% off						
n/i	The Fresh Market	C																					
n/i	Trucchi's	C																					
Black Canyon		C			11.99	11.99																	
n/i	Walmart															2.99							
n/i	Whole Foods NA															3.99							
MD	A&P Stores	5 Star	C			5.99	5.99															L2	
		5 Star	C			7.99	7.99															no L	
	Angus								6.99	5.99												v	
	n/i																					4.79	
	Lancaster	C						7.99	6.99							4.79							
	n/i	ALDI										2.40	3.49										
	n/i		C		9.99				9.49	5.99													
n/i	AG New England	S						6.99															

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
MD cont)	Associated	n/i	C					6.99			4.99												
		n/i															4.99		4.99				
	Balducci's	n/i	C						22.99														
		n/i	O						24.99														
	Family Owned	n/i						8.99														v	
		n/i						9.99															w
	Food Lion	n/i									5.49			3.89	3.49							3.99	w/o
		n/i												2.79									w
		n/i		C							5.99			3.89									w/o
		n/i		C							6.49												w/o
	Giant Eagle	n/i														4.59							v
		n/i		C							6.99												
		Market District		C							7.99												
		Angus		C					11.99														
	Giant Food	n/i							5.99														
		Giant														3.49							3.99
		Dakota Organic		G							17.59												
	Graul's	Angus		C							6.99												
		n/i															4.99						
	Great Valu	n/i				7.99	7.99		7.99							3.99							4.29
		Angus									7.99												
	Harris Teeter	HT Naturals		A													5.99						6.99
		HT Naturals		A													6.99						7.49
	HT Rancher					8.97	8.97											4.99				w	
	HT Rancher					10.99	10.99											6.99				w/o	
Mars	n/i		C	7.99	9.99																		
	n/i														3.79								
Martin's Food	Giant					6.99	6.99															w	
	Giant					10.99	10.99															w/o	
	Laura's Lean		A															6.29					
Redner's	Angus							5.98														w	
	Angus							11.98														w/o	

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
MD cont)	Safeway	n/i											3.99									
		Open Nature	G		9.99				9.99													
		Rancher's Reserve					7.99				5.49											
		Save-a-Lot	n/i		5.49																	v
		Shop'n Save	n/i	C					7.98		4.99											
			n/i													3.18						
		Shoppers Food	Shoppers	S					5.99													
			Shoppers															4.49				
		ShopRite	n/i											2.99								
			n/i	C							3.99											3.49
			ShopRite																			
			Angus								3.99											
			Clayton's	O							7.99											
		Shurfine	n/i												3.49		5.49	4.99				
			Angus	C	9.99		8.99	8.99			8.99											v
		Angus	C	10.49		9.49	9.49			9.49												
		n/i								7.99											4.99	
		n/i								12.29											5.99	
	Target	Sutton & Dodge							20%off	20% off												
		Angus											15% off		15%off		15%off					
	The Fresh Market	n/i	C							15.99												
	Walmart	n/i												2.99								
	Weis	n/i	C			6.88	6.88															
		Angus	C																			
		n/i																				
	Whole Foods NE	n/i	G		14.99																	
ME	AG New England	n/i	S						6.99													
		Hannaford										2.29										
			n/i									3.29										
			Hannaford	C			7.99															
			Nature's Place	A											4.99							
			Taste of Inspiration				8.99	8.99														w
		Taste of Inspiration				10.99	10.99															
	Save-a-Lot	n/i		5.49																	v	

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
ME (cont)	Shaws	Steakhouse Choice				6.99	6.99	6.99															
		n/i													3.49								
	Target	Spring Crossing Sutton & Dodge Angus	G					20%off	20% off						4.99								
	Walmart Whole Foods NA	n/i n/i											15% off	2.99	15%off		15%off						
NH	AG New England	n/i	S					6.99															
	ALDI	n/i									2.40	3.49											
	Hannaford	n/i	C		9.99				9.49	5.99												w	
		n/i										2.29										w/o	
	Hannaford	n/i	C			7.99																	
		Nature's Place	A												4.99								
	Price Chopper	Taste of Inspiration				8.99	8.99																w
		Taste of Inspiration				10.99	10.99																w/o
		n/i														4.99							
		Chiapetti	G								10.99												A
	Save-a-Lot	Angus							8.99	7.99													
		Butcher's Promise							7.99	6.99													
		Price Chopper																			4.69		v
	Shaws	n/i		5.49																			
Shaws	Steakhouse Choice				6.99	6.99	6.99																
	n/i																						
	Spring Crossing														4.99								
	Sutton & Dodge	G						20%off	20% off														
The Fresh Market	Angus												15% off		15%off		15%off						
	n/i	C						15.99															
Walmart	n/i												2.99										
NJ	A&P Stores	5 Star	C			5.99	5.99															L2	
		5 Star	C			7.99	7.99															no L	
	Angus								6.99	5.99												v	
	n/i																			4.79			
ACME Market	Lancaster	C						7.99	6.99														

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg	value			
NJ (cont)	ALDI	n/i										2.40	3.49									
	(cont)	n/i	C		9.99				9.49	5.99												
	Associated	n/i	C					6.99														
		n/i																	4.99		4.99	
	Best Yet	n/i																			3.97	
		Angus			6.97																	
		n/i	C						8.97													
	Bottom Dollar	n/i																				
	Bravo	n/i																				
	C-Town	n/i																				
		n/i	C										4.39	4.19								
	Compare Foods	n/i			6.97																	
	Extra	n/i																				
	Fairway Foods	n/i	P																			
		n/i	G																			
	Fine Fare	n/i																				
	Foodtown	n/i	C																			
	Food Bazaar	n/i			7.99																	
	Great Valu	n/i					7.99	7.99														
		Angus																				
	Key Food	n/i	C																			
Kings	Kings					8.99	8.99															
	Kings Dakota	O																				
Met Foods	n/i	C																				
Morton Williams	n/i																					
	n/i	C																				
Pathmark	5 Star	C				5.98	5.98															
	5 Star	C				7.99	7.99															
	n/i																					
Pioneer	n/i	C																				
Save-a-Lot	n/i			5.49																		
ShopRite	n/i																					
	n/i	C																				
	ShopRite																					
																					3.49	

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
NJ (cont)	ShopRite	Angus																				
	(continued)	Clayton's	O																			
	Stop & Shop	n/i					5.99															
	Stop & Shop	Dakota Organic	G					17.59						3.49							3.99	
	Target	Sutton & Dodge						20%off	20% off													
	The Fresh Market	Angus	C					15.99						15% off	15%off	15%off						
	Thriftway	n/i	C						5.99													
	Walmart	n/i																				
	Weis	n/i	C			6.88	6.88															
	Western Beef	Angus	C								5.29											
Whole Foods NE	n/i	G		14.99																		
NY	A&P Stores	5 Star	C			5.99	5.99															
		5 Star	C			7.99	7.99															
		Angus							6.99	5.99											4.79	
	ALDI	n/i										2.40	3.49									
	Associated	n/i	C		9.99																	
		n/i	C					6.99	9.49	5.99	4.99											
	Balducci's	n/i	C						22.99													
		n/i	O						24.99													
	Best Yet	n/i													2.97						3.97	
		Angus		6.97					6.97													
	Big M	n/i	C				8.97															
		1893 Premium							8.99													
	Bravo	n/i													3.69							
C-Town	n/i										4.39	4.19		4.39								
Compare Foods	n/i	C				9.99	7.99															
			6.97																		4.99	

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				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value					
NY (cont)	D'Agostino	1932 Brand	C							4.99			4.99														
	DeCiccio	n/i	C				8.99																				
	Fairway Foods	n/i	P							7.99																	
		n/i	G																				4.99	5.49			
	Fine Fare	n/i								5.99																	
	Foodtown	n/i	C							5.99																	
	Food Bazaar	n/i			7.99				5.99				2.99														
	Food Emporium	Woodson&James	C		9.99																						
	Giunta's	n/i								5.99																	
	Great American	1893 Premium			7.99					4.49	3.79														3.99		
	Hannaford	n/i											2.29													w	
		n/i											3.29													w/o	
		Hannaford	C			7.99																					
		Nature's Place	A												4.99												
		Taste of Inspiration				8.99	8.99																				w
		Taste of Inspiration				10.99	10.99																				w/o
		Key Food	n/i	C					6.99	9.99																	
		King Kullen	n/i	C							4.99																
		Angus		C							5.99																
		Kings	Kings			8.99	8.99		8.99																		
			Kings Dakota	O							14.99																
		Metropolitan	n/i	C					7.99																		
		Met Foods	n/i	C					7.99																		
		Morton Williams	n/i												2.99												
			n/i	C							5.99																
		Mrs. Greens	Creekstone	A																					4.99		
			Grateful Harvest	O																							
		NSA Supermarket	n/i						7.88																		
	Pathmark	5 Star	C			5.98	5.98																			L2	
		5 Star	C			7.99	7.99																			no L	
		n/i																						4.48			
	Peck's	Angus												4.99													
		n/i	C							9.99																	
	Pioneer	n/i	C					7.99																			

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
NY (cont)	Price Chopper	n/i																					
		Chiapetti	G																			A	
		Angus						8.99		7.99													
		Butcher's Promise						7.99		6.99													
		Price Chopper																				4.69	
		Save-a-Lot	n/i		5.49																		v
		Shop'n Save	n/i	C						7.98													
			n/i																				
		ShopRite	n/i												2.99								
			n/i	C																			
		ShopRite																					3.49
			Angus																				
			Clayton's	O																			
		Stop & Shop	n/i						5.99														
			Stop & Shop																				
			Dakota Organic	G																			
		Target	Sutton & Dodge																				
			Angus												15% off		15%off						
	The Fresh Market	n/i	C																				
	Trade Fair	Sterling Silver	C					8.99															
		n/i	C							5.99													
	Walmart	n/i												2.99									
	Weis	n/i	C			6.88	6.88																
		Angus	C																				
		n/i																					
	Western Beef	n/i								5.99													
	Whole Foods NE	n/i	G		14.99																		
PA	A&P Stores	5 Star	C			5.99	5.99																
		5 Star	C			7.99	7.99																
		Angus								6.99	5.99												
		n/i																				4.79	
		ACME Market	Lancaster	C							7.99	6.99											
		ALDI	n/i										2.40	3.49									
		n/i	C		9.99																		

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key					
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
PA (cont)	Associated	n/i	C					6.99			4.99													
		n/i															4.99		4.99					
	Big M	1893 Premium							8.99													v		
		n/i													3.69								v	
	Bottom Dollar	n/i										1.99											v	
	Boyer Food	n/i							5.97														v	
		n/i							6.97	5.97		3.57					4.27	3.97						
	Bravo	n/i											4.19		4.39									
	C-Town	n/i										4.39	4.19											
		n/i		C			9.99		7.99														v	
	Family Owned	n/i							8.99														v	
		n/i							9.99						3.89	3.49							3.99	
	Fine Fare	n/i								5.99														
	Foodland	n/i		C					6.99		4.99													3.99
		n/i													2.99				4.99					
	Foodtown	n/i		C						5.99														
	Food Lion	n/i											2.79											w
		n/i											3.89											w/o
		n/i		C						5.99														w
		n/i		C						6.49														w/o
	Fresh Grocer	n/i											3.99											
		n/i		C					8.99															
	Giant Eagle	n/i													4.59									
	n/i		C						6.99														v	
	Market District		C						7.99															
	Angus		C			11.99																		
Giant Food Stores	Giant				6.99	6.99					4.79												w	
	Giant				10.99	10.99					5.99												w/o	
	Laura's Lean		A														6.29							
Great Valu	n/i				7.99	7.99		7.99						3.99									4.29	
	Angus								7.99		5.79													
Karn's	n/i										5.99			3.89		3.99								
	n/i		C		9.99	8.99					8.99													
Key Food	n/i		C					6.99	9.99															

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
PA (cont)	Kuhn's	n/i	C					7.99														w	
		n/i	C					10.49														w/o	
		n/i												3.99									w
	Martin's Food	Giant			6.99	6.99																	w/o
		Giant			10.99	10.99																	w
		Laura's Lean	A															6.29					w/o
	Pathmark	5 Star	C		5.98	5.98																	L2
		5 Star	C		7.99	7.99																	no L
		n/i																				4.48	
	Price Chopper	n/i																4.99					
		Chiapetti	G								10.99												A
		Angus							8.99	7.99	5.99												
		Butcher's Promise							7.99	6.99													
		Price Chopper																				4.69	
	Redner's	Angus				5.98																	w
		Angus				11.98																	w/o
	Safeway	n/i												3.99									
		Open Nature	G		9.99				9.99														
		Rancher's Reserve					7.99				5.49												
	Save-a-Lot	n/i		5.49																			v
	Shop'n Save	n/i	C						7.98		4.99												
		n/i																					
	ShopRite	n/i	C								3.99				2.99								
		n/i																					
		ShopRite																					3.49
		Angus									3.99												
		Clayton's	O								7.99												
	Shurfine	n/i														3.49		5.49	4.99				
	Angus	C	9.99		8.99	8.99			8.99													v	
	Angus	C	10.49		9.49	9.49			9.49														
	n/i							7.99		3.99										4.99		w	
	n/i							12.29		6.29										5.99		w/o	
ShurSave	ShurSave							6.99		4.99													
	Angus	C												4.99									

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef <i>(lean % where noted)</i>								Cond. <i>* see key</i>					
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
PA (cont)	Sparkle	n/i	C			6.99	6.99															w w/o		
	(cont)	n/i	C			11.19	11.19																	
	Target	Meadowland Sutton & Dodge Angus						20%off	20% off				15% off		15%off		15%off						4.99	
	The Fresh Market	n/i	C					15.99																
	Thriftway	n/i							5.99					3.99										
	Walmart	n/i												2.99										
	Weis	n/i	C			6.88	6.88																	
		Angus	C								5.29													
	n/i	C																						
	Whole Foods NE	n/i	G			14.99																		
RI	ALDI	n/i	C			9.99						2.40	3.49											
	Associated	n/i	C					6.99	9.49	5.99														
		n/i																						
	Bravo	n/i										4.19		4.39								4.99		
	Compare Foods	n/i				6.97																4.99		
	Dave's Mrktplace	n/i																				4.99		
	Highland Park	Angus	C			11.99																4.69		
	Save-a-Lot	n/i				5.49																		
	Shaws	Steakhouse Choice					6.99	6.99	6.99															
		n/i																						
		Spring Crossing		G																				
	Stop & Shop	n/i							5.99															
		Stop & Shop																					3.99	
	Dakota Organic		G																					
Target	Sutton & Dodge Angus								17.59 20%off	20% off														
	Walmart	n/i																						
	Whole Foods NA	n/i																						
VT	AG New England	n/i	S						6.99															
	ALDI	n/i										2.40	3.49											
		n/i	C			9.99																		

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
VT (cont)	Hannaford	n/i										2.29									w		
		n/i										3.29										w/o	
		Hannaford	C			7.99																	
	Price Chopper	Nature's Place	A													4.99							
		Taste of Inspiration				8.99	8.99																w
		Taste of Inspiration				10.99	10.99																w/o
		n/i															4.99						
		Chiapetti	G								10.99												A
		Angus							8.99		7.99	5.99											
	Shaws	Butcher's Promise							7.99		6.99												
		Price Chopper																					4.69
		Steakhouse Choice				6.99	6.99	6.99															
		n/i																					
	Spring Crossing	n/i																					
		Spring Crossing	G												4.99		3.49						

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
SOUTHEASTERN U.S. - AL,FL,GA,MS,NC,SC,TN,VA,WV																						
AL	ALDI	n/i										2.40	3.49									
		n/i	C	9.99			9.49	5.99														
	Dollar General Mkt	n/i						6.00				1.95										
	Food for Le\$\$	n/i	S				5.96															
	Food Giant	Black Canyon					7.98													3.48	v	
		n/i																				
	Greers Market	n/i		5.89																		
	Ingle's	n/i																			w	
		n/i																			w/o	
		n/i	C	9.98																		
		n/i	C	12.48																		
		Harvest Farms	A					7.98														
		Harvest Farms	A					10.98														
	Kroger Atlanta	n/i																				
		Kroger										2.79										
		n/i	C	9.99			8.99														v	
	Kroger Nashville	n/i	C	7.99																	v	
		Private Selection																				
		Kroger																				
	Lucky's	n/i																				
		Black Canyon					8.99															
	Piggly Wiggly FG	Black Canyon		6.98																		
		n/i																				
	Piggly Wiggly JTM	n/i	C				7.99															
	Piggly Wiggly Inc	n/i																				
		Angus					10.99															
	Publix	n/i					9.99															
		Publix																			w	
		Publix																			w/o	
		Greenwise	A					11.99														
		Publix	C	8.99																	w	
		Publix	C	12.99																	w/o	
	Ramey's	n/i		6.99																		

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
AL (cont)	Rouses	Texas Star		6.98																			
	Save-a-Lot	n/i		5.49																	v		
	Shop Rite	n/i									2.99												
	Target	Star Ranch			8.99																		
		Sutton & Dodge						20%off	20% off														
		Angus											15% off		15%off		15%off						
	The Fresh Market	n/i	C						15.99														
	Vowell's	n/i									2.99										2.79		
	Walmart	Black Canyon	S		8.99																		
	Western Market	n/i											2.99										
Winn-Dixie	Western Market	Angus	C		11.99					8.99											4.59		
		Hereford												4.99									
		n/i												3.49							w		
		n/i												4.69							w/o		
		Winn-Dixie	C			7.99																w	
	Winn-Dixie	C			12.99																w/o		
FL	Albertsons Sthrn	n/i		9.98											3.88		3.98						
	ALDI	Supreme Beef									2.40	3.49											
	Bravo	n/i	C		9.99			9.49	5.99						4.69		4.99						
	Dollar General Mkt	n/i							6.00		1.95												
	Food Giant	Black Canyon						7.98													v		
		n/i																			3.48		
	Greers Market	n/i		5.89																			
	Harris Teeter	HT Naturals	A												5.99							6.99	w
		HT Naturals	A												6.99							7.49	w/o
		HT Rancher				8.97	8.97											4.99					w
	HT Rancher				10.99	10.99											6.99					w/o	
Hitchcock's	Hitchcock's			6.99						5.49				3.39	3.99		4.19				3.89		
	n/i										2.59												
J.H. Harvey's	Harvey's		4.99								2.79											v	
Piggly Wiggly FG	Black Canyon		6.98																			v	
	n/i										2.48												

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
FL (cont)	Presidente	n/i		6.99		5.79				5.99													
	Publix	n/i			9.99																		
	Publix												3.99	3.99								w	
	Publix												4.49	4.49								w/o	
	Greenwise		A					11.99															
	Publix		C	8.99																		w	
	Publix		C	12.99																		w/o	
	Save-a-Lot	n/i		5.49																			v
	Sedano's	n/i													2.59								
	n/i		C			6.99																	
	Target	Sutton & Dodge Angus							20%off	20% off													
	The Fresh Market	n/i							15.99					15% off		15%off		15%off					
	Walmart	n/i													2.99								
	Western Beef	n/i								5.99													
	Whole Foods	n/i		C	12.99																		
Winn-Dixie	n/i													3.49								w	
n/i														4.69								w/o	
Winn-Dixie			C			7.99																w	
Winn-Dixie			C			12.99																w/o	
GA	ALDI	n/i										2.40	3.49										
	n/i		C		9.99			9.49	5.99														
	Bi-Lo	Gold Star			9.99																	w	
	Gold Star		C		12.99																	w/o	
	n/i													3.49								w	
	n/i													4.69								w/o	
	Dollar General Mkt	n/i							6.00			1.95											
	Food Depot	n/i		S				8.24	4.87		4.74												
n/i											2.95	2.95	3.77	3.77							3.77		
Food Giant	Black Canyon							7.98														v	
n/i																						3.48	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
GA (cont)	Food Lion	n/i										2.79									w	
		n/i										3.89									w/o	
		n/i	C							5.99												w
		n/i	C							6.49												w/o
	Galaxy Foods	n/i										3.28	2.98									
		Harris Teeter	HT Naturals	A												5.99					6.99	w
	Harris Teeter	HT Naturals	A													6.99					7.49	w/o
		HT Rancher				8.97	8.97												4.99			w
	Harris Teeter	HT Rancher				10.99	10.99												6.99			w/o
		IGA	n/i											3.79	3.29							
	Ingle's	n/i																				w
		n/i																				w/o
	Ingle's	n/i	C		9.98																	
		n/i	C		12.48																	
	Harvest Farms	Harvest Farms	A							7.98												
		Harvest Farms	A							10.98												
	J.H. Harvey's	Harvey's			4.99										2.79							v
	Kroger Atlanta	n/i														3.99						
		Kroger											2.79									
	Piggly Wiggly Car.	n/i	C			9.99			8.99													v
		n/i	S	7.99		7.99		7.99		6.99												
	Piggly Wiggly FG	Angus		9.99		9.99		9.99														
		Black Canyon		6.98																		v
Publix	n/i											2.48										
	n/i				9.99																	
Publix	Publix												3.99	3.99							w	
	Publix												4.49	4.49							w/o	
Greenwise	Greenwise	A						11.99														
	Publix	C	8.99																		w	
Publix	Publix	C	12.99																		w/o	
	Quality Foods	n/i			7.99							2.99										
Quality Foods	Angus									4.29												
	Save-a-Lot	n/i		5.49																	v	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key					
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
GA (cont)	Shop Rite	n/i										2.99												
	Star Ranch																							
	Sprout's	n/i	A																					
		n/i	C	9.99																				
	Target	Sutton & Dodge Angus						20%off	20% off															
	The Fresh Market	n/i	C											15% off		15%off		15%off						
	Walmart	n/i																						
	Wayfields	SuKarne				5.99																		
		n/i													3.29	3.29						3.99		
		Winn-Dixie	n/i																				w	
		n/i																				w/o		
	Winn-Dixie		C																			w		
	Winn-Dixie		C																				w/o	
MS	ALDI	n/i										2.40	3.49											
		n/i	C		9.99				9.49	5.99														
	Corner Market	n/i															3.99					4.49		
		Angus																						
	Dollar General Mkt	n/i																						
	Food Giant	Black Canyon																					v	
		n/i																						3.48
	Greers Market	n/i		5.89																				
	Kroger Delta	n/i	C		8.99																			
		n/i																						
	Mac's Fresh	n/i																						
		Black Canyon	S				7.99																	
	Piggly Wiggly FG	Black Canyon			6.98																			v
		n/i																						
	Piggly Wiggly JTM	n/i	C																					
Ramey's	n/i			6.99																				
Rouses	Texas Star			6.98																				
Save-a-Lot	n/i			5.49																			v	
Superlo Foods	n/i				9.99																			

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
MS (cont)	Target	Sutton & Dodge Angus						20%off	20% off														
	The Fresh Market	n/i	C					15.99					15% off		15%off		15%off						
	Vowell's	n/i									2.99									2.79			
	Walmart	Black Canyon	S		8.99																		
	Winn-Dixie	n/i												2.99									
	Winn-Dixie	n/i	C			7.99								3.49							w		
	Winn-Dixie	n/i	C			12.99								4.69								w/o	
NC	ALDI	n/i									2.40	3.49											
		n/i	C		9.99			9.49	5.99													w	
	Bi-Lo	Gold Star	C		9.99																	w/o	
		Gold Star	C		12.99																		w
		n/i												3.49								w	
		n/i												4.69								w/o	
	Bo's Food	n/i									2.59												
	Carlie C's IGA	n/i			6.98					4.88													
	Compare Foods	n/i			7.99						2.99												
	Dollar General Mkt	n/i								6.00	1.95												
	Farm Fresh	n/i	C			7.98	7.98																v
		Stockman&Dakota									4.99												
		n/i										2.99											
	Food Lion	n/i										2.79											w
		n/i										3.89											w/o
	n/i	C							5.99													w	
	n/i	C							6.49													w/o	
Food Pride	n/i	S						7.99															
	n/i														4.59							4.99	
Galaxy Foods	n/i										3.28	2.98											
Great Valu	n/i	C						7.99		2.99													
	n/i											2.99											

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
NC (cont)	Harris Teeter	HT Naturals	A												5.99					6.99	w		
		HT Naturals	A												6.99					7.49	w/o		
		HT Rancher				8.97	8.97											4.99				w	
		HT Rancher				10.99	10.99											6.99				w/o	
	Kroger MidAtlntc	n/i	C		7.99																		
		n/i																					
	IGA	n/i												3.79		3.49							
		n/i														3.29							w
	Ingle's	n/i														3.48							w/o
		n/i														4.48							w/o
			n/i	C	9.98																		
			n/i	C	12.48																		
	Just \$ave	Harvest Farms	n/i	A						7.98													
			n/i	A						10.98													
	Lowes Foods	n/i							7.95			2.67									3.67		
		Laura's Lean	G												7.99								v
	Piggly Wiggly Corp	n/i												3.29	2.99								
	Piggly Wiggly Rtl	n/i		6.59								2.79											
	Publix	Publix	n/i		9.99																		
			n/i												3.99	3.99							w
	Greenwise	n/i							11.99														w/o
		n/i	C	8.99										4.49	4.49								w
Save-a-Lot	Publix	n/i	C	12.99																		w/o	
		n/i		5.49																			v
Target	Sutton & Dodge							20%off	20% off														
The Fresh Market	Angus	n/i											15% off		15%off		15%off						
		n/i	C						15.99														
Walmart	n/i													2.99									
SC	ALDI	n/i										2.40	3.49										
		n/i	C		9.99					9.49	5.99												

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key					
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
SC (cont)	Bi-Lo	Gold Star	C		9.99																w			
		Gold Star	C		12.99																	w/o		
	Dollar General Mkt Food Lion	n/i												3.49								w		
		n/i												4.69								w/o		
		n/i							6.00			1.95										w		
		n/i									2.79											w/o		
		n/i		C						5.99												w		
		n/i		C						6.49													w/o	
	Galaxy Foods	n/i										3.28	2.98											
		Harris Teeter	HT Naturals	A												5.99					6.99	w		
	IGA	Ingle's	HT Naturals	A												6.99					7.49	w/o		
			HT Rancher				8.97	8.97											4.99				w	
			HT Rancher				10.99	10.99											6.99				w/o	
			n/i												3.79	3.29								
			n/i													3.48								w
			n/i													4.48								w/o
	J.H. Harvey's Kroger Atlanta	n/i	n/i	C	9.98																			
			n/i	C	12.48																			
			Harvest Farms	A							7.98													
			Harvest Farms	A							10.98													
			Harvey's			4.99							2.79											v
			Kroger										2.79			3.99								
	Lowes Foods	n/i	C		9.99					8.99													v	
n/i									7.95													v		
Piggly Wiggly Car.	Laura's Lean	G												7.99										
	n/i	S	7.99		7.99		7.99																	
Publix	Angus			9.99		9.99		9.99		6.99														
	n/i				9.99																			
	Publix												3.99	3.99							w			
	Publix												4.49	4.49							w/o			
	Greenwise	A							11.99															

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
SC (cont)	Publix	Publix	C	8.99																	w		
	(continued)	Publix	C	12.99																	w/o		
	Quality Foods	n/i				7.99					2.99												
	Save-a-Lot	Angus																			v		
	Target	n/i		5.49																			
		Sutton & Dodge						20%off	20% off														
		Angus											15% off		15%off		15%off						
	The Fresh Market	n/i	C																				
	Walmart	n/i																					
TN	ALDI	n/i									2.40	3.49											
		n/i	C		9.99				9.49	5.99													
	Bi-Lo	Gold Star	C		9.99																	w	
		Gold Star	C		12.99																	w/o	
		n/i													3.49							w	
		n/i													4.69							w/o	
	Dollar General Mkt	n/i								6.00		1.95											
	E.W. James	n/i										2.89											
		n/i	S		8.99																		
	Food City	n/i													3.49							2.99	
		Angus	S		10.99																		
		n/i	S		9.99																		
	Food Country	n/i										2.98						4.99					3.18
		Butcher's Best			8.97						5.97												w
		Butcher's Best			11.99						6.99												w/o
	Food Giant	Black Canyon								7.98													v
	n/i																					3.48	
Food Lion	n/i										2.79											w	
	n/i										3.89											w/o	
	n/i	C								5.99												w	
	n/i	C								6.49												w/o	
H.G. Hill	Black Canyon	S		4.59	8.99																		
	n/i										2.79												
Harris Teeter	HT Naturals	A												5.99								6.99	
	HT Naturals	A												6.99								7.49	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
TN (cont)	Harris Teeter	HT Rancher				8.97																w	
	(continued)	HT Rancher				10.99																w/o	
	IGA	IGA Angus	C			8.99																w	
	Ingle's	n/i												3.48								w/o	
		n/i												4.48								w	
		n/i	C	9.98																			
		n/i	C	12.48																			
		Harvest Farms	A							7.98													
		Harvest Farms	A							10.98													
	Kroger Delta	n/i	C		8.99					7.99													
		n/i													3.49								
	Kroger MidAtlntc	n/i	C		7.99																		
		n/i													3.49								
	Kroger Nashville	n/i	C		7.99																		v
		Private Selection									3.99												
		Kroger												3.49									
	Lucky's	n/i													3.99								
		Black Canyon				8.99																	
	Osborne's	Black Canyon				8.99																	
		n/i													3.29								
	Publix	n/i				9.99																	
		Publix													3.99	3.99							w
		Publix													4.49	4.49							w/o
	Greenwise	A							11.99														
	Publix	C	8.99																			w	
	Publix	C	12.99																			w/o	
Save-a-Lot	n/i		5.49																			v	
Shop Rite	n/i											2.99											
	Star Ranch				8.99																		
Super Dollar	n/i													3.49								3.69	
	n/i	S							4.99														
Superlo Foods	n/i				9.99																		
Target	Sutton & Dodge							20%off	20% off														
	Angus												15% off		15%off		15%off						

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
TN (cont)	The Fresh Market	n/i	C					15.99															
	TC Grocery	n/i												3.29									
		n/i	S		7.88																		
	Walmart	n/i												2.99									
VA	ALDI	n/i									2.40	3.49											
		n/i	C		9.99			9.49	5.99														
	Balducci's	n/i	C					22.99															
		n/i	O					24.99															
	Bi-Lo	Gold Star		C		9.99																w	
		Gold Star		C		12.99																	w/o
		n/i												3.49								w	
		n/i												4.69								w/o	
	Dollar General Mkt	n/i							6.00				1.95										
	Farm Fresh	n/i	C			7.98	7.98															v	
		Stockman&Dakota																					
	Food City	n/i													3.49							2.99	
		Angus		S		10.99																	
		n/i		S		9.99																	
	Food Country	n/i											2.98				4.99					3.18	
		Butcher's Best				8.97				5.97													w
		Butcher's Best				11.99				6.99													w/o
	Food Lion	n/i											2.79										w
		n/i											3.89										w/o
		n/i		C						5.99													w
	n/i		C						6.49													w/o	
Galaxy Foods	n/i											3.28	2.98										
Giant Food	n/i						5.99																
	Giant													3.49								3.99	
	Dakota Organic		G					17.59															
Great Valu	n/i		C					7.99		2.99													
	n/i											2.99											
Harris Teeter	HT Naturals		A											5.99								6.99	
	HT Naturals		A											6.99								7.49	

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
VA (cont)	Harris Teeter	HT Rancher				8.97	8.97														w	
	(continued)	HT Rancher				10.99	10.99														w/o	
	Ingle's	n/i												3.48								w
		n/i												4.48								w/o
	n/i		C	9.98																		
		n/i		C	12.48																	
	Harvest Farms		A							7.98												
			A							10.98												
	Kroger MidAtlntc	n/i		C		7.99																
		n/i													3.49							
	Lowes Foods	n/i							7.95													v
		Laura's Lean		G											7.99							
	Martin's Food	Giant				6.99	6.99					4.79										w
		Giant				10.99	10.99					5.99										w/o
		Laura's Lean		A													6.29					
	Piggly Wiggly Corp	n/i											3.29	2.99								
	Piggly Wiggly Rtl	n/i		6.59								2.79										
	Safeway	n/i												3.99								
		Open Nature		G		9.99			9.99													
	Rancher's Reserve							7.99														
n/i				5.49																	v	
Shoppers Food	Shoppers		S					5.99														
Shoppers																						
	n/i													3.49							3.69	
n/i			S						4.99													
	Target	Sutton & Dodge							20%off	20% off												
Angus													15% off	15%off	15%off							
	The Fresh Market	n/i		C				15.99														
Walmart	n/i												2.99									
Whole Foods NE	n/i		G		14.99																	
WV	ALDI	n/i										2.40	3.49									
	n/i		C		9.99				9.49	5.99												
	Dollar General Mrkt	n/i								6.00		1.95										

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
WV (cont)	Food Lion	n/i										2.79									w		
		n/i										3.89									w/o		
		n/i	C						5.99													w	
		n/i	C						6.49													w/o	
	Foodland	Star Ranch						8.99			3.99												
		Showcase										1.99									2.99		
	Galaxy Foods	n/i										3.28	2.98										
	Giant Eagle	n/i												4.59									
		n/i	C						6.99													v	
		Market District	C							7.99													
		Angus	C		11.99																		
	Great Valu	n/i	C						7.99		2.99												
		n/i										2.99											
	Kroger Columbus	Private Selection	C			9.99				5.99													v
		n/i												3.79									
	Kroger MidAtlntc	n/i	C		7.99																		
		n/i													3.49								
	Martin's Food	Giant				6.99	6.99				4.79												w
		Giant				10.99	10.99				5.99												w/o
		Laura's Lean	A														6.29						
	Piggly Wiggly Corp	n/i												3.29	2.99								
	Riesbeck's	n/i																				3.99	
		Hereford			8.99																		
Save-a-Lot	n/i			5.49																		v	
Shop'n Save	n/i	C						7.98		4.99													
	n/i															3.18							
Sparkle	n/i	C			6.99	6.99																w	
	n/i	C			11.19	11.19																w/o	
	Meadowland																				4.99		
Target	Sutton & Dodge							20%off	20% off														
	Angus												15% off		15%off		15%off						
Walmart	n/i													2.99									
Weis	n/i	C			6.88	6.88																	
	Angus	C								5.29													
	n/i															5.99							
	n/i															4.49							

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			reg	value			reg	value	reg	value	reg	value					
MIDWESTERN U.S. - IA,IL,IN,KY,MI,MN,ND,NE,OH,SD,WI																						
IA	AF Midwest	Star Ranch			8.88																	
	ALDI	n/i										2.40	3.49	3.48								
	County Market	Rancher's Legend	C		9.99		9.49	5.99														
	Dahl's	n/i				7.99														2.68		
	Family/Payless	Angus		9.99				11.99														
	Fareway	Angus Pride	C		8.99			9.60														
	Food Pride	n/i																		3.99	4.49	
	Hometown Food	Angus Pride	C					9.60													3.19	
	Hy-Vee	Star Ranch	C						5.99													
	Jewel-Osco	Angus Reserve			15.99			9.48														
	Jewel-Osco	n/i																			4.49	
	Jewel-Osco	Steakhouse Choice	C	8.99			8.99	10.99														
	Maynard Food	n/i						9.99														
	No Frills	n/i	C					7.99														
	Quillin's	n/i																			2.99	
	Quillin's	Chairman Reserve						7.99						2.79								
	Save-a-Lot	n/i		5.49																	3.99	
	Schnuck's	n/i	S					8.99														
	Schnuck's	Angus	C								4.49											
	Sunshine Foods	n/i	C		8.88																	
	Sunshine Foods	Sunshine's												3.49								
	Target	Sutton & Dodge						20%off	20% off													
	Walmart	Angus											15% off		15%off		15%off					
	Walmart	n/i												2.99								

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
IL	AF Midwest	Star Ranch			8.88																		
		n/i												3.48									
	ALDI	n/i									2.40	3.49											
		n/i	C		9.99			9.49	5.99														
	Angelo Caputo	Angus				8.79	8.99	6.99							4.89	4.69					4.89		
		Piedmontese	G	13.99					13.99	7.99													
	Berkot's	n/i	C					7.99															
		Angus	C	8.99						5.99													
		Berkot's													3.99								
	Borowiak's IGA	n/i									2.68			2.99									
	Butera	Angus									2.39			2.69		3.49	3.99				3.69		
		Angus	C	9.99	11.99	9.99	9.99		6.99	10.99											3.99		
		n/i		4.99	6.99				5.99	6.99													v
	Cermak Fresh	n/i																				4.99	
	County Market	Rancher's Legend			10.00																		
		n/i										2.19										2.68	
	Cub Foods	Cub	C			7.99									2.99								w
		Cub	C			10.99																	w/o
	El Guero	n/i		4.99												2.99							
	Fairplay Foods	n/i	C			6.99	7.49																
	n/i				5.99	6.49								3.79							3.99		
Fareway	n/i	C		8.99																			
	n/i																				3.99		
Food 4 Less	n/i	C						4.99															
Food Pride	n/i													2.59							3.19		
	Angus Pride	C							9.60														
Garden Fresh	Sterling Silver		9.99	9.99																			
Heinen's	Heinen's			14.49										4.99									
Hy-Vee	Angus Reserve			15.99					9.48														
	n/i														4.49								
IGA	n/i	S		8.99	8.99				8.99														
	Angus												3.69								3.99		
Jewel-Osco	Steakhouse Choice	C	8.99					8.99	10.99														
	n/i																				4.49		

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
IL	Jimenez	n/i										2.79										
(cont)	Joe Caputo IGA	n/i	C						5.99												v	
		n/i	C						6.49													
		n/i												3.19	2.89						4.29	
	Kirby Foods IGA	IGA TableRite		8.99			9.19									2.99					3.19	
		IGA TableRite														4.69					w/o	
	Kroger Central	n/i	C			6.99																
		n/i														3.29						
	Kroger Louisville	n/i	C			7.99			7.99												v	
		n/i														3.49						
	Mariano's Fresh	Naturewell	A			9.99																
	Meijer	Angus	C						8.99	6.99						2.99					4.99	
		Meijer																				
	Pete's Market	Angus	C	8.99		6.99	7.49		6.99													
		n/i														3.49					4.49	
	Piggly Wiggly	Angus		8.99																	3.99	
		n/i																				
	Save-a-Lot	n/i		4.99																	v	
	Schnuck's	n/i	S						8.99													
		Angus	C								4.49											
	Shop & Save	Angus	C						8.99	3.89						3.69						
	Shop'n Save	n/i														3.99						
		Totally Angus								5.99												
	Strack & VanTil	Angus	C						6.99													
	Sullivan's	n/i	C							6.98						3.49						
	Target	Sutton & Dodge								20%off	20% off											
		Angus												15% off	15%off							
	The Fresh Market	n/i	C							15.99												
	Tonys Finer Food	Angus	C	8.99		7.99			8.99	4.99												
		n/i				5.99															3.99	
	Ultra Foods	Angus	C			7.98	8.99									3.99					4.49	
	Valli Produce	n/i	C						7.99													
		n/i										3.29										
	Walmart	n/i														2.99						

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
IL (cont)	Walt's Food Woodman's	Walt's n/i	C					9.79												3.99		
IN	Al's Supermarket	Al's n/i n/i Chairman Reserve Chairman Reserve	S S					8.99 11.99 10.99 13.99							2.88 2.88							w w/o w w/o
	ALDI	n/i n/i	C		9.99			9.49	5.99		2.40	3.49										
	Dollar General Mkt	n/i	C						6.00		1.95											
	Food 4 Less	n/i	C					4.99														
	Harvest	n/y		6.88																		
	IGA	n/i	S		8.99	8.99		8.99					3.69								3.99	
	Jay C	Angus n/i n/i	C	6.99										3.29							3.45	
	Jewel-Osco	Steakhouse Choice n/i	C	8.99				8.99	10.99								4.49					
	Kirby Foods IGA	IGA TableRite IGA TableRite		8.99		9.19								2.99 4.69							3.19	w w/o
	Kroger Central	n/i n/i	C			6.99								3.29								
	Kroger Cincinnati	n/i n/i	C					6.99						3.49								
	Kroger Louisville	n/i n/i	C		7.99				7.99					3.49								v
	Marsh	Marsh Marsh	C			7.99	8.49		11.99								4.99					
	Martin's	Laura's Lean Martin's Martin's Martin's Martin's	A C C C C											2.99 3.88			5.99				6.99	w w/o w w/o

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
IN (cont)	Meijer	Angus	C					8.99	6.99					2.99									
	New Market	Meijer						5.99						2.99									
	Schnuck's	Angus	C		6.99																	v	
	Strack & VanTil	n/i	S					8.99															
	Target	Angus	C					6.99		4.49													
	Ultra Foods	Angus	C		7.98	8.99				4.49			15% off		15%off		15%off					4.49	
	Walmart	n/i												2.99									
	Walt's Food	Walt's	C					9.79														3.99	
	Wesselman's	n/i						5.99														3.99	
			n/i	S					7.99														
KY	ALDI	n/i										2.40	3.49										
	Cox IGA	n/i	C	9.99				9.49	5.99													3.99	
	Dollar General Mkt	Blackwell			8.99	8.99				6.00													
	E.W. James	n/i										1.95											
	Food City	n/i	S	8.99																		2.99	
	Food Giant	Angus	S	10.99																			
		n/i	S	9.99																			
	Food Lion	Black Canyon						7.98															v
		n/i																					3.48
		n/i											2.79										w
		n/i											3.89										w/o
	Foodland	n/i	C							5.99													w
		n/i	C							6.49													w/o
Galaxy Foods	Star Ranch						8.99			3.99													
IGA	Showcase											1.99										2.99	
	n/i										3.28	2.98											

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
KY (cont)	Kroger Cincinnati	n/i	C					6.99														
		n/i												3.49								
	Kroger Delta	n/i	C		8.99				7.99	6.99												
		n/i												3.49								
	Kroger Louisville	n/i	C		7.99				7.99												v	
		n/i												3.49								
	Kroger MidAtlntc	n/i	C		7.99																	
		n/i												3.49								
	Kroger Nashville	n/i	C		7.99																	
		Private Selection Kroger									3.99											
	Lucky's Market	n/i												3.49								
	Meijer	Angus Meijer	C						8.99	6.99					2.99							
	Piggly Wiggly FG	Black Canyon			6.98																	
		n/i												2.48								
	Remke Markets	Remke																				
		Remke																				
		Star Ranch	C						8.99													
	Star Ranch	C						13.99														
Save-a-Lot	n/i			5.99																		
Super Dollar	n/i													3.49						4.99		
	n/i	S																		3.69		
Target	Sutton & Dodge									4.99												
	Angus									20%off	20% off											
TC Grocery	n/i												15% off		15%off		15%off					
	n/i	S			7.88									3.29								
The Fresh Market	n/i	C																				
ValuMarket	n/i													3.69								
	n/i													4.29								
Walmart	n/i													2.99								
MI	AF Midwest	Star Ranch			8.99																	
		n/i												3.49								

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
MI (cont)	ALDI	n/i										2.40	3.49										
	Busch's	n/i	C		9.99				9.49	5.99				3.69									
	D&W Fresh	Angus				8.99				6.99											v		
	Family Fare	Tender Ridge							8.99						4.79								
	Food Pride	Angus Pride				9.29	9.49																
	Harding's	Harding's											3.19	2.99									
	Hiller's	Tender Ridge	C						6.99												3.69		
	Hollywood Market	Tallgrass	G			17.99			17.99					6.99									
	Kroger Michigan	Chairman Reserve	C							6.99						4.69						4.79	
	Martin's	n/i																					
		Private Selection												3.99									
		Martin's													2.99							w	
		Martin's													3.88							w/o	
		Martin's	C			7.99			8.79													w	
		Martin's	C			11.68			12.78													w/o	
	Meijer	Angus	C						8.99	6.99					2.99								
		Meijer															4.99						
	Plumbs/Duthlers	n/i							5.49				2.99										
		Tender Ridge								6.99													w
		Tender Ridge								9.79													w/o
	n/i				4.99	5.49																w	
	n/i				9.99	10.49																w/o	
Polly's Market	n/i													3.49									
	n/i	C						6.99														w	
	n/i	C						12.99														w/o	
Ric's Food Center	n/i	C			8.99	8.99																	
Save-a-Lot	n/i							5.99				2.19										v	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
MI (cont)	Spartan Stores	Tender Ridge						8.99														
		n/i											3.49									
	Super One Foods	Cedar River Farms	A						6.96								4.94					
	Tadych's	EconoFoods													3.99							
	Target	Sutton & Dodge						20%off	20% off													
		Angus											15% off		15%off		15%off					
	Tom's/Oleson's	n/i	C					8.99													v	
	VG's Grocery	VG's						9.99	4.99							3.49					v	
	Valuland	n/i									2.59											
	Walmart	n/i												2.99								
MN	AF Midwest	Star Ranch			7.99																	
		n/i												3.29								
	ALDI	n/i									2.40	3.49										
		n/i	C		9.99			9.49	5.99													
	Cash Wise	n/i												2.88								
		Hereford							8.00													
	Cub Foods	Cub	C			7.99								2.99							w	
		Cub	C			10.99															w/o	
	Econofoods	n/i												2.99								
		Angus Pride	C		9.99																	v
	Fareway	n/i	C		8.99																	
		n/i																3.99		4.49		
	Festival	Angus	C				7.99	8.99							4.49							
		Angus	C				12.99	13.99														
	Food Pride	Angus Pride				9.29	9.49															
Hornbacher's	Stockman&Dakota	C						4.98														
	n/i												2.48									
Hugo's	Hugo's															3.88						
	Angus Pride	C	8.98																			
Hy-Vee	Angus Reserve			15.99				9.48														
	n/i													4.49								

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
MN (cont)	Kowalski's	Kowalski's	A					12.99	17.99												w			
		Kowalski's	A					15.99	23.99													w/o		
		Kowalski's	G						13.99	12.99												7.99	w	
		Kowalski's	G						15.99	15.99												9.49	w/o	
	Lunds&Byerlys	Premium Choice	C			9.99	9.99																w	
		Premium Choice	C			15.99	15.99																w/o	
	Marketplace Food	n/i													3.98							5.98		
	Maynard Food	n/i							9.99															
	Quillin's	Chairman Reserve							7.99															
	Rainbow Foods	n/i												2.99										
	Sun Mart	n/i	C		8.99										2.99								v	
		Blackwell Angus				9.99									2.99								v	
	Sunshine Foods	n/i	C		8.88																			
	Super One Foods	Sunshine's													3.49									
		Cedar River Farms	A							6.96								4.94						
Target	Sutton & Dodge							20%off	20% off															
Teals Market	Angus												15% off		15%off		15%off							
Walmart	Angus Pride				6.99									2.99										
ND	Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99				5.99	3.99												v	
	Cash Wise	n/i													3.69									
		n/i												2.88										
	Dan's	Hereford								8.00														
	Food Pride	Angus	C		8.99																			
	Hornbacher's	Angus Pride				9.29	9.49																	
		Stockman&Dakota	C								4.98													
	Hugo's	n/i													2.48									
Hugo's																	3.88							
Leevers	Angus Pride	C	8.98																					
Marketplace Food	n/i											2.69		3.69								3.99		
	Angus Pride	C		9.59	8.99				9.59															
	n/i															3.98						5.98		

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
ND (cont)	Sun Mart	n/i												2.99										
	Blackwell Angus			9.99																			v	
	Super One Foods	Cedar River Farms	A						6.96															
	Target	Sutton & Dodge Angus						20%off	20% off					15% off		15%off		15%off						
	Teals Market	Angus Pride			6.99																			
	Walmart	n/i												2.99										
NE	AF Midwest	Star Ranch			7.99																			
		n/i												3.29										
	ALDI	n/i									2.40	3.49												
		n/i	C		9.99				9.49	5.99														
	Apple Market	Naturewell	A						6.99						3.99									
	Bag'n Save	n/i	C						7.99															
		n/i													2.79								2.99	
	Fareway	n/i	C		8.99																			
		n/i																					3.99	4.49
	Food Pride	Angus Pride				9.29	9.49																	
	Baker's	n/i	C		BOGO	BOGO				BOGO														
		n/i													3.29									2.50
	Hy-Vee	Angus Reserve			15.99					9.48														
		n/i																						4.49
	Russ Market	n/i																						3.99 3.99 4.19
		Platte River Ranch	L		9.99					10.00														
	Safeway	n/i													3.69									
		Open Nature	G		9.99					9.99														
	Ranchers Reserve								8.99															
Save-a-Lot	n/i			5.99																			v	
Sun Mart	n/i													2.99									v	
	Blackwell Angus				9.99																			
Target	Sutton & Dodge Angus							20%off	20% off															
	Angus												15% off		15%off		15%off							
Walmart	n/i													2.99										

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
OH	Acme Fresh	Angus			11.59	11.99								3.49							w			
		Angus			14.79	15.39								4.66								w/o		
	ALDI	n/i														4.69						w		
		n/i														5.19						w/o		
		n/i										2.40	3.49											
		n/i	C	9.99				9.49	5.99															
		Bottom Dollar	n/i									1.99												
		Buehler's	n/i			9.99	9.99										3.99					4.49	w	
			n/i			14.99	14.99										5.69						w/o	
		Chief	n/i													2.99							4.99	w
			n/i													3.99							5.49	w/o
			n/i	C					6.99															w
	Cub Foods	n/i	C					11.99															w/o	
		Cub	C			7.99									2.99								w	
	Dave's Market	Cub	C			10.99																	w/o	
		n/i	C	8.99																			w	
		n/i	C	10.99																			w/o	
	Dollar General Mkt	n/i																				4.99		
		n/i								6.00			1.95											
	Fisher Foods	n/i																						
		Fisher's	C						10.99														w	
	Foodland	Fisher's	C						14.99														w/o	
		Star Ranch							8.99					3.99										
Fresh Encounter	Showcase											1.99									2.99			
	SuKarne			7.99																		v		
Geyer's	n/i																							
	Angus																					6.99		
	Star Ranch	C			8.98																	4.98		
Giant Eagle	n/i																					2.88		
	n/i																					4.59		
Heinen's	n/i	C						6.99														6.99		
	Market District	C								7.99														
	Angus	C																				11.99		
	Heinen's																					14.49		

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
OH (cont)	Kroger Central	n/i	C			6.99																	
	Kroger Cincinnati	n/i	C					6.99						3.29									
	Kroger Columbus	Private Selection	C			9.99			5.99					3.49							v		
	Kroger MidAtlntc	n/i	C				7.99							3.79									
	Lucky's Market	n/i	C											3.49									
	Marc's	Black Canyon	C			9.99										2.47							
		Pinebrook Valley	C										3.59										
	Marsh	Marsh	C			7.99	8.49		11.99														
		Marsh	C															4.99					
		Laura's Lean	A															5.99			6.99		
	Meijer	Angus	C						8.99	6.99					2.99								
		Meijer	C															4.99					
	Riesbeck's	n/i	C																		3.99		
		Hereford	C		8.99																		
	Remke Markets	Remke	C															4.49				w	
		Remke	C															5.69				w/o	
		Star Ranch	C						8.99													w	
		Star Ranch	C						13.99													w/o	
	Save-a-Lot	n/i	C																			3.99	
	Shop'n Save	n/i	C							7.98													
	n/i	C																					
Sparkle	n/i	C			6.99	6.99																w	
	n/i	C			11.19	11.19																w/o	
	Meadowland	C																					
Target	Sutton & Dodge	C						20%off	20% off													4.99	
	Angus	C											15% off	15%off	15%off								
The Fresh Market	n/i	C							15.99														
Walmart	n/i	C												2.99									

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
OH (cont)	Weis	n/i	C			6.88	6.88															
		Angus	C							5.29												
SD	AF Midwest	Star Ranch			7.99																	
		n/i												3.29								
	Buche Foods	n/i												2.98								
	Family Thrift	n/i												2.99								
		Angus Pride	C		9.99																	v
	Fareway	n/i	C		8.99																	
		n/i																	3.99		4.49	
	Hy-Vee	Angus Reserve			15.99				9.48													
		n/i													4.49							
	Ken's Super Fair	n/i	C	8.99																		
	Lynns Dakotamart	Dakotamart Pride	C							5.98												
		Dakotamart Pride	C							6.18												
	Maynard Food	n/i								9.99												
	Safeway	n/i													3.69							
		Open Nature	G		9.99					9.99												
	Ranchers Reserve								8.99													
Sunshine Foods	n/i	C		8.88																		
	Sunshine's																					
Target	Sutton & Dodge							20%off	20% off													
	Angus												15% off		15%off		15%off					
Teals Market	Angus Pride				6.99																	
Walmart	n/i														2.99							
WI	AF Midwest	Star Ranch			7.99																	
		n/i																				
	ALDI	n/i										2.40	3.49		3.29							
		n/i	C		9.99				9.49	5.99												4.99
	Cermak Fresh	n/i																				
Econofoods	n/i													2.99								
	Angus Pride	C		9.99																		
Festival	Angus							8.98														
	Angus							15.99														

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
WI (cont)	Gordy's	Tender Ridge				6.98																w	
		Tender Ridge				11.49																w/o	
	Hy-Vee	Angus Reserve			15.99			9.48															
		n/i																					
	Marketplace Food	n/i																				5.98	
	Pick'n Save/Copps	n/i										2.99											
	Piggly Wiggly	Angus		8.99																			3.99
		n/i																					
	Quillin's	Chairman Reserve							7.99														
	Schnuck's	n/i	S						8.99														
		Angus	C								4.49												
	Sendik's	Sendik's	C																				
	Sendik's	Sendik's	C																				
	Sentry Foods	Sentry	C			7.99																	
		n/i																					
Super One Foods	Cedar River Farms	A							6.96														
Target	Sutton & Dodge								20%off	20% off													
	Angus												15% off		15%off								
The Fresh Market	n/i	C							15.99														
Walmart	n/i													2.99									
Woodman's	n/i																						

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
SOUTH CENTRAL U.S. - AR,AZ,CO,KS,LA,MO,NM,OK,TX,UT																						
AR	AF Midwest	Star Ranch			8.99																	
	Albertsons Sthrn	n/i												3.49								
		Steakhouse Choice	C						5.99									4.79	4.79			
	ALDI	n/i										2.40	3.49									
		n/i	C		9.99			9.49	5.99													
	Bill's Fresh	Angus				7.98	8.48														3.98	
	Brookshire's	n/i													3.33						4.49	
		n/i	S		6.99																w	
		n/i	S		9.99																w/o	
	Cranford's	n/i	S		6.98												2.98				v	
	Edwards FG	n/i										2.78										
		Angus	C			8.98															3.98	
	Food Giant	Black Canyon																				
		n/i							7.98												v	
	G&W Foods	n/i	C		9.88										3.98						3.48	
	Harp's	n/i															4.29				4.48	
		n/i	C						6.79												4.49	
	Hay's	n/i			7.98																4.48	
	Kroger Delta	n/i	C		8.99																v	
		n/i																				
	Mac's Fresh	n/i													2.99						3.49	
		n/i															3.99				3.98	
		Black Canyon	S			7.99																
	Piggly Wiggly FG	Black Canyon			6.98																	
		n/i																			v	
	Pyramid Foods	n/i	C																		13.33	
		Creekstone	A		10.99																	
	Rehkopf's	n/i																			4.99	
		n/i	C			9.99															2.89	
	Save-a-Lot	n/i			5.99																	
	Super 1 Foods	n/i																			9.99	
	Target	Sutton & Dodge																			4.97	
		Angus																			20%off	
																					20% off	
																					15% off	
																					15%off	
																					15%off	

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
AR (cont)	TC Grocery	n/i																				
	The Fresh Market	n/i	S		7.88																	
	Walmart	n/i	C					15.99							2.99							
AZ	Albertsons SW	Steakhouse Choice	C	BOGO	BOGO	BOGO		BOGO	BOGO	5.99												
		n/i													2.49			4.79				
	Basha's	n/i															2.97					
		n/i	C			6.77		6.77														
		n/i	C			5.77			5.77													
	El Super	n/i										2.99					4.49					
	Food City	n/i										2.29										
	Fresh & Easy	Fresh & Easy												4.29								
	Fry's	n/i														3.49						
	Lowe's	n/i				8.99				3.99			2.19								2.79	
	Pro's Ranch	n/i		6.99		6.99	6.99						1.99									
	Safeway	n/i														3.29						
		Open Nature	G		9.99																	
		Rancher Reserve						5.99	7.99													
	Smart & Final	First Street															3.29				3.29	
	Smith's	n/i							5.99													
	Private Selection															3.99						
Sprout's	n/i	A														4.99						
	n/i	C	7.99																			
	n/i	O																				
Target	Sutton & Dodge							12.99	20%off	20% off												
	Angus												15% off		15%off		15%off					
Walmart	n/i														2.99							
Whole Foods SP	Country Natural	G		15.99																		
CO	AF Midwest	Star Ranch			8.88																	
		n/i													3.48							
	Affiliated Foods	n/i						4.29				2.49	1.99									
Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99				5.99	3.99												
	n/i																					

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
KS (cont)	Save-a-Lot	n/i		5.49																3.99		
	Sprout's	n/i	A														4.99					
		n/i	C	7.99																		
		n/i	O					12.99														
	Sun Fresh	n/i					7.99		4.98					3.59								
	Target	Sutton & Dodge					20%off		20% off													
		Angus											15% off		15%off		15%off					
	The Fresh Market	n/i	C					15.99														
Walmart	n/i																					
Woods	n/i										2.68											
	Butcher's Pride		C					12.00	6.49												4.29	
LA	Albertsons Sthrn	n/i												2.79			4.79	4.79				
		Steakhouse Choice	C						5.99													
	Breaux Mart	Angus	C		8.99																	
		Angus	S		6.99																	
	Brookshire's	n/i												3.33							4.49	
		n/i	S	6.99																		w
		n/i	S	9.99																		w/o
	LeBlanc's	Angus	C		8.99																	
		n/i													2.99							
	Kroger Southwest	n/i	S					4.99														
		Kroger																				
	Mac's Fresh	n/i											2.99									
		Black Canyon	S			7.99																
	Market Basket	n/i																				
		Angus																				
		MB Premium	S		8.99																	
Piggly Wiggly	Angus				7.99			6.99														
	n/i											2.49										
Rouses	Texas Star			6.98																		
Save-a-Lot	n/i				5.49																3.99	
Super 1 Foods	n/i								4.97													
Target	Sutton & Dodge							20%off	20% off													
	Angus												15% off		15%off		15%off					

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
LA (cont)	Walmart	n/i												2.99									
	Winn-Dixie	n/i											3.49									w	
		n/i											4.69									w/o	
	Winn-Dixie	C			7.99																	w	
	Winn-Dixie	C			12.99																	w/o	
MO	AF Midwest	Star Ranch			7.99																		
		n/i												3.29									
	ALDI	n/i									2.40	3.49											
		n/i	C		9.99			9.49	5.99														
	Apple Market	Naturewell	A					6.99															
	C&R Market	Star Ranch	S		8.88																	v	
		n/i																					
	County Market	Rancher's Legend			10.00																		
		n/i										2.19										2.68	
	Country Mart	n/i						7.99	4.98													v	
	Food Giant	Black Canyon						7.98														v	
		n/i																					
	G&W Foods	n/i	C		9.88																		3.48
	Gerbe's	n/i	C		BOGO	BOGO			BOGO														4.48
		n/i																					2.50
	Harp's	n/i														4.29							4.49
		n/i	C							6.79													
	Harter House	n/i																					3.99
	Hay's	n/i			7.98																		4.48
	Hen House	Hereford	C						9.59	6.99													3.99
	Good Natured Fmly	A		14.99				14.99					6.49										
Hy-Vee	Angus Reserve			15.99				9.48														4.49	
	n/i																						
Kroger Delta	n/i	C		8.99				7.99	6.99													3.49	
	n/i																						
Lucky's Market	n/i										4.99											2.47	
Moser's	n/i			6.99																			
Patricia's	n/i	S			7.77																		
Prenger Foods	n/i																					2.89	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
MO (cont)	Price Chopper	KC Pride						9.60															
	Pyramid Foods	n/i	C					13.33															
		Creekstone	A	10.99											4.99								
	Schnuck's	n/i	S					8.99															
		Angus	C								4.49												
	Shop'n Save	n/i													3.99								
		Totally Angus								5.99													
	Sun Fresh	n/i							7.99	4.98													
	Target	Sutton & Dodge Angus						20%off	20% off														
	TC Grocery	n/i												15% off		15%off		15%off					
		n/i	S		7.88																		
	TC Markets	Top Choice	C		9.99																		
Walmart	n/i													2.99									
Woods	n/i										2.68												
	Butcher's Pride	C						12.00	6.49													4.29	
NM	Affiliated Foods	n/i						4.29				2.49	1.99										
	Albertsons SW	Steakhouse Choice	C	BOGO	BOGO	BOGO		BOGO	BOGO	5.99					2.49								
		n/i																					
	Basha's	n/i																					
		n/i	C			6.77		6.77															
		n/i	C			5.77			5.77														
	Dollar General Mkt	n/i								6.00			1.95										
	John Brooks	n/i	C							5.29													
		n/i										2.49	2.29										
	King Soopers	n/i	C	5.99																			
		n/i																					
	Lawrence Bros.	n/i								5.29													
Lowe's	n/i									8.99												2.79	
Pro's Ranch	n/i			6.99		6.99		6.99					1.99										
Safeway	n/i																						
	Open Nature	G			9.99					9.99				3.69									
	Ranchers Reserve									8.99													

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
NM (cont)	Smith's	n/i						5.99															
		Private Selection												3.99									
	Sprout's	n/i	A													4.99							
		n/i	C	7.99																			
	Target	n/i	O						12.99														
	Sutton & Dodge	Angus						20%off	20% off					15% off	15%off	15%off	15%off						
	Walmart	n/i												2.99									
OK	AF Midwest	Star Ranch			8.88																		
		n/i												3.48									
	Affiliated Foods	n/i						4.29			2.49	1.99											
	ALDI	n/i										2.40	3.49										
		n/i	C	9.99				9.49	5.99														
	Buy for Le\$\$	SuKarne			5.99																	v	
	Country Mart	n/i						7.99	4.98							3.59						v	
	Dollar General Mkt	n/i							6.00			1.95											
	Harp's	n/i														4.29					4.49		
		n/i	C							6.79													
	Homeland Stores	n/i													2.99								
	Market Square	n/i								4.49	2.49	1.98											
	Nichols	n/i			7.99											2.69							
	Pyramid Foods	n/i	C						13.33														
		Creekstone	A	10.99												4.99							
	Reasor's	n/i								6.98												3.88	
	Rehkopf's	n/i										2.89											
		n/i	C		9.99																		v
	Save-a-Lot	n/i				6.99																3.99	
	Sprout's	n/i	A													4.99							
	n/i	C	7.99																				
	n/i	O						12.99															
Target	Sutton & Dodge	Angus						20%off	20% off					15% off	15%off	15%off	15%off						
	Walmart	n/i						15.99															

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
OK (cont)	Warehouse Mrkt	n/i										2.99											
	William	n/i											2.79										
	Angus																				v		
TX	Affiliated Foods	n/i						4.29			2.49	1.99											
	Albertsons Sthrn	n/i												2.79			4.79	4.79					
		Steakhouse Choice	C						5.99														
	Albertsons SW	Steakhouse Choice	C	BOGO	BOGO	BOGO		BOGO	BOGO	5.99													
		n/i												2.49			4.79						
	ALDI	n/i										2.40	3.49										
		n/i	C		9.99				9.49	5.99													
	Arlan's	n/i	C												4.29						3.49		
	Brookshire's	n/i													3.33						4.49		
		n/i	S		6.99																	w	
		n/i	S		9.99																	w/o	
	Brookshire Bros.	n/i	S							2.99													
	Diamond IGA	n/i													3.49								
	El Rio Grande	n/i													3.99								
	Fiesta Mart	Lone Star Legacy								4.89													
	Foodarama	n/i											2.97										
	Gerland's	n/i																				3.87	
	H-E-B	n/i	C			6.97				9.87													v
		n/i																					3.47
	Homeland Stores	n/i													2.99								
Kroger Southwest	n/i	S								4.99													
	Kroger																					3.49	
La Michoacana	n/i			3.49																			
Lawrence Bros.	n/i								5.29														
Lowe's	n/i								8.99													3.99	
Market Basket	n/i											2.19										2.79	
	Angus																					2.97	
	MB Premium	S							8.99													4.99	
Market Place	n/i	S																				3.88	
	n/i			4.88																			
Market Square	n/i																					2.88	
											2.49	1.98										4.49	

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key					
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
TX (cont)	Minyard's	n/i				4.88										4.69								
	Pro's Ranch	n/i		6.99		6.99	6.99					1.99												
	Randall/Tom Thmb	n/i	C	7.99		5.99	5.99				6.49											v		
		n/i												3.69										
	Rehkopf's	n/i										2.89												
		n/i	C			9.99																	v	
	Save-a-Lot	n/i		5.49																			3.99	
	Sprout's	n/i	A														4.99							
		n/i	C	7.99																				
		n/i	O						12.99															
	Super 1 Foods	n/i								4.97														
	Target	Sutton & Dodge Angus								20%off	20% off				15% off		15%off		15%off					
	The Fresh Market	n/i	C							15.99														
The United Family	Texas Beef								BOGO														BOGO	
Vista Markets	Hereford	C								5.99						4.49								
Walmart	n/i															2.99								
UT	Albertsons Mtn	Steakhouse Choice n/i	C	6.99	8.99	6.99				5.99	3.99						3.69						v	
	Albertsons SW	Steakhouse Choice n/i	C	BOGO	BOGO	BOGO		BOGO	BOGO	5.99														
	Associated Food	Stones n/i								4.99				2.49			4.79						3.19	
		n/i			9.99					4.99				3.49										
	Clark's	n/i								5.99														
		Stone's																						3.60
	Harmon's	n/i	C					8.99			5.49													
		n/i														4.49								
	King Soopers	n/i	C	5.99																				
		n/i																						3.99
Ream's	n/i								3.99															
Smith's	n/i						5.99																	
	Private Selection													3.99										

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
UT (cont)	Sprout's	n/i	A													4.99						
		n/i	C	7.99																		
		n/i	O																			
	Target	Sutton & Dodge																				
		Angus												15% off		15%off						
	Walmart	n/i														2.99						

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg	value			
SOUTHWESTERN U.S. - CA, HI, NV																						
CA	Albertsons SoCal	n/i	C	5.88	7.99	8.99		8.99		5.99												
		n/i																				
		Laura's Lean	O												8.49				4.99	4.99		
		Laura's Lean	A																6.99			
	ALDI	n/i										2.40	3.49									
		n/i	C		9.99				9.49	5.99												
	Baja Ranch	Harris Ranch		5.99																		
	Bestway	n/i										1.49										
	Big Saver	n/i	S			5.99													5.49	4.99		
		n/i																				
	Dollar General Mkt	n/i								6.00		1.95										
	El Super	n/i										2.99			4.49							
	El Tapatio	n/i										2.99										
	Foodland IGA	n/i				4.98									3.79							
	Food 4 Less	Butcher's Pride						4.99													v	
	Fresh & Easy	Fresh & Easy												4.29								
	Jons Marketplace	n/i							5.99													
	K.V. Mart	n/i			4.99	4.99	5.99															
	Lucky	Harris Ranch		5.99						7.99												
		Harris Ranch Angus		10.99																		
	Lunardi's	n/i								15.99												
		Lunardi's	C											4.89								
		n/i	G	21.99																		
	Mar-Val	Mar-Val Angus		7.99																		
	Mi Pueblo	n/i				5.99																
	Mollie Stones	n/i	C							9.49										6.49		
	Murphy's	n/i	S							9.99				4.49								
	Northgate	n/i		6.99		6.99	6.99															
	Nugget Market	n/i	C	8.99																	w	
		n/i	C	12.99																	w/o	
	Ralph's	n/i	C	9.99						4.97												
		Simple Truth	O												7.99							

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
CA (cont)	Rays Food Place	Ray's Premium	C						4.99														
		Naturewell	A				8.99							3.89									
	Rio Ranch	n/i	C			4.99																	
	Safeway	n/i												4.69									
		Open Nature	G					10.99															
		Ranchers Reserve		8.99				8.99		7.99													
	Save Mart	n/i												3.99									
	Smart & Final	First Street												3.29								3.29	
	Sprout's	n/i	A													4.99							
		n/i	C	7.99																			
		n/i	O						12.99														
	Stater Bros.	Stater Bros.		5.99		5.99		5.99				2.99		3.33		3.99		3.99					
	Super A Foods	Harris Ranch						6.99						3.99									
	Target	Sutton & Dodge							20%off	20% off													
	Angus												15% off		15%off		15%off						
Vallarta	n/i												3.99										
Vons/Pavilion	n/i	C	6.99	8.99			5.99	7.99														v	
	n/i	C								5.49													
	n/i																						
Walmart	n/i													2.99									
Whole Foods SP	Country Natural	G		15.99																			
HI	ALDI	n/i										2.40	3.49										
		n/i	C		9.99				9.49	5.99													
	Don Quijote	n/i										3.78											
		Angus	C							7.29													
	Foodland	n/i		7.49																		v	
		Angus								9.29													
		n/i												4.29				6.99					
KTA Super Stores	1916 Choice							14.97															
	n/i	C	9.99						7.99														
Safeway	n/i													4.69									
	Open Nature	G							10.99														
	Ranchers Reserve		8.99				8.99		7.99														

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
HI (cont)	Target	Sutton & Dodge						10%off	10% off													
		Angus											10% off		10%off		10%off					
	Times	n/i							7.49													
	Whole Foods SP	Country Natural	G		15.99																	
NV	Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99				5.99	3.99										v	
		n/i														3.69						
	Albertsons SW	Steakhouse Choice	C	BOGO	BOGO	BOGO				5.99												
		n/i																				
	ALDI	n/i										2.40	3.49			2.49				4.79		
		n/i	C		9.99				9.49	5.99												3.19
	Associated Food	Stones																				
		n/i			9.99					4.99							3.49					
	Dollar General Mkt	n/i								6.00			1.95									
	El Super	n/i										2.99					4.49					
	Food 4 Less	Butcher's Pride							4.99													v
	Fresh & Easy	Fresh & Easy												4.29								
	Marketon	n/i				5.99																
	Ralph's	n/i	C	9.99						4.97												
		Simple Truth	O														7.99					
	Safeway	n/i															4.69					
		Open Nature	G																			
		Ranchers Reserve		8.99						8.99	7.99											
	Scolari's	Harris Ranch	C							6.99												
	Smart & Final	First Street																				3.29
Smith's	n/i								5.99													
	Private Selection																					
Sprout's	n/i	A																				
	n/i	C	7.99																			
	n/i	O																				
Target	Sutton & Dodge																					
	Angus																					
Vons/Pavilion	n/i	C	6.99	8.99					5.99	7.99				15% off		15%off						
	n/i	C									5.49											
	n/i																					
																					4.49	

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
NV (cont)	Walmart Whole Foods SP	n/i Country Natural	G		15.99									2.99								

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key				
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value	
NORTHWESTERN U.S. - AK, ID, MT, OR, WA, WY																							
AK	AC Value Center	n/i						11.78		7.78													
	Alaskan & Proud	n/i											3.98				5.98						
	Carr's	n/i													6.29		6.29						
		Open Nature	G								6.99												
		n/i	C	8.99																		v	
	Fred Meyer	n/i						8.98		6.98													
		Kroger													4.98								
		Private Selection																					
		Hometown IGA	n/i												3.99								
		Juneau IGA	n/i												3.99								
		n/i	C	8.99																			
	Omni	n/i	P							6.99												v	
	Three Bears	n/i				7.39				6.99													
	Walmart	n/i												4.88									
ID	Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99				5.99	3.99											v	
		n/i															3.69						
	Albertsons NW	Steakhouse Choice	C								6.99												
		n/i															4.99						
	ALDI	n/i										2.40	3.49										
		n/i	C		9.99				9.49	5.99													
	Associated Food	Stones																			3.19		
		n/i				9.99																	
	Family Foods	n/i																					
		St. Helens	L							7.98													v
	Fred Meyer	n/i							7.98		5.98												
		Kroger																					
		Private Selection													4.98								
Harvest Foods	Angus	C				7.98			6.98							3.98							
IGA Markets	n/i		6.99								2.99												
Pauls Market	n/i		6.48					8.29	4.49	4.78													
Rosauer's	St. Helens					6.99																	
	n/i												3.29	3.29									

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key						
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties				
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value			
ID (cont)	Safeway	n/i																							
		Open Nature	G																						
		n/i	C	7.99																			v		
	Smith's	n/i						5.99																	
		Private Selection																							
	Super 1 Foods	n/i	C	5.98																					
		Open Prairie	A																						
Target	Sutton & Dodge																								
	Angus																								
Walmart	n/i													15% off		15%off		15%off							
	Hereford			7.99																			w		
	Hereford			9.30																			w/o		
MT	Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99				5.99	3.99												v		
		n/i																							
	ALDI	n/i										2.40	3.49												
		n/i	C		9.99																				
	Family Foods	n/i																							
		St. Helens	L																						
	Harvest Foods	Angus	C			7.98																		v	
		Angus																							
	IGA Markets	n/i		6.99									2.99												
	Lucky's Market	n/i																							
	Reynold's	n/i																							
		n/i																							
	Safeway	n/i																							
		Open Nature	G																						
		n/i	C	7.99																					
Smith's	n/i																								
	Private Selection																								
Super 1 Foods	n/i	C	5.98																						
	Open Prairie	A																							
Target	Sutton & Dodge																								
	Angus																								
Three Bears	n/i			6.99																					
	n/i	S				8.49																			
Walmart	n/i																								
	n/i																								

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Cond. * see key			
				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
OR	Albertsons NW	Steakhouse Choice	C							6.99												
		n/i																				
	ALDI	n/i									2.40	3.49				4.99						
		n/i	C		9.99				9.49	5.99												
	Family Foods	n/i														3.58						
		St. Helens	L						7.98													v
	Fred Meyer	n/i						7.98		5.98								4.98				
		Kroger																				
		Private Selection														4.98						
	Haggen/TOP Food	Double R Ranch	L		10.99	6.99									3.69							w
		Double R Ranch	L		12.49	11.49																w/o
	Harvest Foods	Angus	C				7.98		6.98								3.98					
	IGA Markets	n/i			6.99							2.99										
	IGA Fresh Markets	St. Helens				7.99				5.99	3.99											
		n/i													3.49							
	Market of Choice	Painted Hills	G													3.99						
	McKay's	Signature Angus	S		6.99						4.49											
		n/i													2.99							
	New Seasons	Country Natural	G													4.99						
	Quality Food Cntr	n/i	C		7.99																	v
	Angus	C			10.00				10.99													
	n/i																		4.99			
Rays Food Place	Ray's Premium	C								4.99												
	Naturewell	A						8.99														
	n/i													3.89								
Red Apple	St. Helens	L							9.99	5.99												
	n/i														3.99							
	Painted Hills	G																			4.99	
Roth's	n/i														3.49		3.99					
	Painted Hills	L			17.99																5.69	
Safeway	n/i														5.29		5.29					
	Open Nature	G							9.99	5.99												
	n/i	C		7.99																	v	

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value
OR (cont)	Super 1 Foods	n/i	C	5.98																		
	Open Prairie		A							3.98												
	Target	Sutton & Dodge Angus					20%off	20% off					15% off		15%off		15%off					
	Walmart	n/i											2.99									
	Whole Foods	Country Natural	G	9.99																		
WA	Albertsons NW	Steakhouse Choice	C							6.99												
	n/i														4.99							
	ALDI	n/i									2.40	3.49										
	n/i		C	9.99				9.49	5.99							3.58						
	Family Foods	n/i																				
	St. Helens		L					7.98		5.98								4.98			v	
	Fred Meyer	n/i																				
	Kroger	Private Selection													4.98							
	Haggen/TOP Food	Double R Ranch	L	10.99	6.99										3.69						w	
	Double R Ranch		L	12.49	11.49																w/o	
	Harvest Foods	Angus	C			7.98			6.98							3.98						
	IGA Markets	n/i		6.99							2.99											
	IGA Fresh Markets	St. Helens		7.99					5.99	3.99												
	n/i													3.49								
	Metropolitan	n/i	A						12.99								4.99					
	Meyer Group IGA	n/i												3.49								
	n/i		C	8.99																		
	New Seasons	Country Natural	G												4.99							
PCC Natural	Country Natural	G												5.49								
Quality Food Cntr	n/i	C	7.99																			
Angus		C		10.00				10.99													v	
n/i																						
Red Apple	St. Helens	L						9.99	5.99													
n/i															3.99							
Painted Hills		G																		4.99		

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				Ribeye		T-Bone	Porter House	Strip Loin		Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls			bone-in	bnls			reg	value	reg	value	reg	value	reg				value		
WA (cont)	Safeway	n/i																						
		Open Nature	G					9.99		5.99							5.29		5.29					
		n/i	C	7.99																			v	
	Target	Sutton & Dodge						20%off	20% off															
		Angus											15% off		15%off				15%off					
	The Markets LLC	n/i		6.98			5.98	7.00	5.98															
		Cedar River	A	12.98	13.98			11.98	6.98															
	Town & Country	Country Natural	A																5.99					
		n/i	G						11.99															
		Angus	C	10.99																				
	Walmart	n/i												2.99										
	Whole Foods	Country Natural	G	9.99																				
	Yokes Fresh	Hereford		7.99																			w	
		Hereford		9.30																			w/o	
WY	AF Midwest	Star Ranch			7.99																			
		n/i												3.29										
	Albertsons Mtn	Steakhouse Choice	C	6.99	8.99	6.99			5.99	3.99													v	
		n/i													3.69									
	Associated Food	Stones																				3.19		
		n/i			9.99				4.99															
	King Soopers	n/i	C	5.99																				
		n/i																						
	Safeway	n/i																						
		Open Nature	G		9.99				9.99															
	Ranchers Reserve							8.99																
Smith's	n/i					5.99																		
	Private Selection													3.99										
Walmart	n/i													2.99										