

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
NORTHEASTERN U.S. - CT,DC,DE,MA,MD,ME,NH,NJ,NY,PA,RI,VT																					
CT	A&P Stores	no label								3.99										3.29	
	Adams	no label							3.69												
	AGNE	no label											3.99								
	ALDI	no label		1.80		2.79															
	Big Y	Big Y no label						2.99							7.99 5.99		9.99		6.99	4.99	
	Bravo	no label								4.99											
	Compare Foods	no label		1.99																	
	C-Town	no label		1.99																	
	Geissler's	no label				2.99												12.99	6.99	3.49	
	Highland Park	no label												12.99					7.99		
	Price Chopper	no label Prairie Legacy	G							3.79			4.99	4.29	6.99				9.99		4.59
	Save-a-Lot	no label		2.19																	
	ShopRite	no label Clayton's	O			2.49			4.99								7.99	7.99	7.99		
	Stop & Shop	Stop & Shop Natures Promise	A			3.49						5.49		3.99	8.99						
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Whole Foods	no label														12.99					
	Whole Foods NE	no label																		8.99	
DC	Giant Hyattsville	Giant Natures Promise	A			3.49					5.49		3.99			5.99	5.99		5.99		
	Harris Teeter	HT Reserve HT Rancher														8.97	8.97		7.97		
	Safeway	no label Rancher's Reserve				2.99					3.99				5.99	7.99			4.99	4.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88			
	Whole Foods	no label									4.49										
DE	A&P Stores	no label								3.99										3.29	
	ACME	Lancaster						3.99					4.49	5.99		5.99	5.99	5.99		3.99	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
DE (cont)	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99		
	Fresh Grocer	no label				2.49															
	Giant Hyattsville	Giant				3.49						3.99			5.99	5.99		5.99			
		Natures Promise	A								5.49								5.99		
	Harris Teeter	HT Reserve																	7.97		
		HT Rancher													8.97	8.97					
	Pathmark	no label				2.48							2.98					8.88		3.98	
	Redner's	no label																5.98	4.98		
	Safeway	no label				2.99					3.99										
		Rancher's Reserve												5.99	7.99				4.99	4.99	
	Save-a-Lot	no label		2.19																	
MA	ShopRite	no label				2.49										7.99	7.99	7.99			
		Clayton's	O					4.99													
	Shurfine	no label						2.99						9.99		7.99	7.99			BOGO	
	Target Stores	no label				2.49															
		Sutton & Dodge																8.88			
	ALDI	no label		1.80		2.79															
	Big Y	Big Y															9.99		6.99	4.99	
		no label						2.99							7.99						
									2.99						5.99						
	Crosby's	no label						3.99						9.99							
		no label	A															15.99			
Donelan's	no label						2.99					3.29									
	Creekstone Farms	A								6.99		7.29						14.99			
Geissler's	no label				2.99													12.99	6.99	3.49	
Hannaford	Hannaford																		3.99		
	Inspirations																		4.99		
NSA Supermrkt	no label									3.99				7.99					4.49	3.49	
Price Chopper	no label									3.79			4.29	6.99				9.99		4.59	
	Prairie Legacy	G									4.99										
Roche Bros.	no label									3.99										3.99	
Save-a-Lot	no label		2.19																		
Shaw's/Star	Steakhouse Choice															8.99	8.99				
Stop & Shop	Stop & Shop					3.49							3.99	8.99							
	Natures Promise	A									5.49										

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
MA (cont)	Target Stores	no label Sutton & Dodge				2.49												8.88			
	Trucchi's	no label																	6.49	2.99	
	Whole Foods	no label													12.99						
MD	A&P Stores	no label								3.99										3.29	
	ACME	Lancaster						3.99					4.49	5.99		5.99	5.99	5.99		3.99	
	ALDI	no label		1.80		2.79															
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99		
	Giant Eagle	no label									4.29			6.99	8.99						
	Giant Carlisle	Giant Natures Promise	A			3.49							3.99			5.99	5.99		5.99		
											5.49										
	Giant Hyattsville	Giant Natures Promise	A			3.49							3.99			5.99	5.99		5.99		
											5.49										
	Graul's	no label					3.49													3.99	
	GreatVALU	no label					2.99								7.99				4.99		
	Harris Teeter	HT Reserve HT Rancher														8.97	8.97		7.97		
	Mars	no label												7.89						2.99	
	Redner's	no label																5.98	4.98		
	Safeway	no label Rancher's Reserve				2.99					3.99				5.99	7.99				4.99	4.99
	Save-a-Lot	no label		2.19																	
	Shopper's Food	Shopper's				3.49							3.99							4.98	4.99
	Shop'n Save	no label					2.78						4.49	8.99					7.98		
	ShopRite	no label Clayton's	O			2.49			4.99								7.99	7.99	7.99		
	Shurfine	no label							2.99						9.99		7.99	7.99			BOGO
	Stop Shop Save	no label					2.78										6.98	6.98	5.98		
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Wegman's	Wegman's				2.19								2.99							
	Weis	no label Laura's Lean	A						3.89				5.99	4.69		10.99			10.99	6.99	BOGO
	Whole Foods	no label										4.49									

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
ME	AGNE	no label											3.99							
	Compare Foods	no label		1.99																
	Hannaford	Hannaford Inspirations																3.99 4.99		
	Save-a-Lot	no label		2.19																
	Shaw's	Steakhouse Choice													8.99	8.99				
	Target Stores	no label Sutton & Dodge				2.49												8.88		
NH	ALDI	no label		1.80		2.79														
	AGNE	no label											3.99							
	Hannaford	Hannaford Inspirations																3.99 4.99		
	Price Chopper	no label Prairie Legacy	G						3.79			4.99	4.29	6.99				9.99		4.59
	Save-a-Lot	no label		2.19																
	Shaw's	Steakhouse Choice													8.99	8.99				
	Stop & Shop	Stop & Shop Natures Promise	A			3.49						5.49	3.99	8.99						
	Target Stores	no label Sutton & Dodge				2.49												8.88		
NJ	A&P Stores	no label								3.99										3.29
	ACME	Lancaster						3.99					4.49	5.99		5.99	5.99	5.99		3.99
	ALDI	no label		1.80		2.79														
	Associated	no label																	5.99	2.79
	Bottom Dollar	no label				1.99														
	Bravo	no label								4.99										
	Compare Foods	no label		1.99																
	C-Town	no label		1.99																
	Fine Fare	no label				2.99														
	Food Bazaar	Swift											3.99	7.99						
	Foodtown	no label						3.79												
	Fresh Grocer	no label				2.49														
	GreatVALU	no label					2.99								7.99				4.99	
	Key Foods	no label												7.99	9.99					3.99

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
NJ (cont)	King's	King's	O							6.99							6.99	6.99	6.99		
	Met Foods	no label																	6.99		2.99
	Pathmark	no label				2.48							2.98						8.88		3.98
	Save-a-Lot	no label		2.19																	
	ShopRite	no label	O			2.49		4.99								7.99	7.99	7.99			
		Clayton's																			
	Stop & Shop	Stop & Shop	A			2.49					5.49		3.99	8.99					11.99		3.49
		Natures Promise																			
	Target Stores	no label				2.49													8.88		
		Sutton & Dodge																			
	Thriftway	no label				2.99														5.99	3.99
	Wegman's	Wegman's				2.19							2.99								
	Weis	no label	A					3.89					4.69		10.99				10.99	6.99	BOGO
	Laura's Lean									5.99											
Whole Foods	no label										4.49										
Whole Foods NE	no label																		8.99		
NY	A&P Stores	no label								3.99											3.29
	ALDI	no label		1.80		2.79															
	Associated	no label																	5.99	2.79	
	Best Yet	no label		1.97								2.99	5.77					6.99	4.97	3.99	
	Big M Supermarket	no label					2.99														
		Best Yet														7.99	7.99		4.99	3.99	
	Bravo	no label								4.99											
	Compare Foods	no label		1.99																	
	C-Town	no label		1.99																	
	D'Agostino	no label	A				2.99				10.99		9.99								
		Laura's Lean																			
		1932 Brand												9.99	11.99						
	DeCiccio's	no label												9.99						2.99	
	Fairway	no label										3.99				8.99	8.99				
	Fine Fare	no label				2.99															
	Food Bazaar	Swift											3.99	7.99							
	Food Emporium	no label									3.99								4.99		
Foodtown	no label						3.79														

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
NY (cont)	Giunta Meat Farm	no label																		3.99	
	Gristede's	Mohawk Valley no label	O							6.99										4.99	
	Hannaford	Hannaford Inspirations																	3.99 4.99		
	Key Foods	no label												7.99	9.99					3.99	
	King Kullen	no label				3.99													7.99	3.99	
	Met Foods	no label																6.99		2.99	
	Morton Williams	no label																		3.99	
	NSA Supermrkt	no label								3.99				7.99					4.49	3.49	
	Pathmark	no label				2.48							2.98					8.88		3.98	
	Peck's Market	no label				2.99							3.99							3.49	
	Pioneer	no label											3.99					6.99		2.99	
	Price Chopper	no label Prairie Legacy	G							3.79			4.29	6.99				9.99		4.59	
	Save-a-Lot	no label		2.19																	
	ShopRite	no label Clayton's	O			2.49			4.99							7.99	7.99	7.99			
	Shop'n Save	no label					2.78						4.49	8.99				7.98			
	Stop & Shop	Stop & Shop Natures Promise	A			2.49							3.99	8.99					11.99		3.49
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Tops	no label									4.29					7.99	7.99				
	Trade Fair	no label																		2.99	
	Uncle Giuseppe's	Sterling Silver																		4.99	
	Wegman's	Wegman's				2.19							2.99								
	Weis	no label Laura's Lean	A						3.89				4.69		10.99				10.99	6.99	BOGO
	Western Beef	1906 Shop no label							2.99				2.99		5.99						
	Whole Foods NE	no label																		8.99	
PA	A&P Stores	no label								3.99										3.29	
	ACME	Lancaster						3.99				4.49	5.99		5.99	5.99	5.99			3.99	
	ALDI	no label		1.80		2.79															

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
PA (cont)	Big M Supermarket	no label					2.99													
		Best Yet														7.99	7.99		4.99	3.99
	Bottom Dollar	no label				1.99														
	Boyer Foods	no label			2.77		3.27		3.77				3.97					5.97		3.47
		Mrs. B's											3.57							
	C-Town	no label		1.99																
	Family Owned	no label						3.49					3.59			8.39	8.49			3.29
	Fine Fare	no label				2.99														
	Food Lion	Butchers Brand		1.99								3.99						5.99	4.99	
	Foodland	no label					2.88						3.99					9.88		3.29
	Foodtown	no label						3.79												
	Fresh Grocer	no label				2.49														
	Giant Carlisle	Giant				3.49							3.99			5.99	5.99		5.99	
		Natures Promise	A									5.49								
	Giant Eagle	no label										4.29			6.99	8.99				
	GreatVALU	no label					2.99									7.99			4.99	
	Karn's	no label					2.79										9.99		5.99	
	Kuhn's	no label					2.89							3.33	7.99					
	Pathmark	no label				2.48								2.98					8.88	3.98
	Price Chopper	no label							3.79					4.29	6.99				9.99	4.59
		Prairie Legacy	G									4.99								
	Redner's	no label																	5.98	4.98
	Save-a-Lot	no label		2.19																
	Shop'n Save	no label					2.78							4.49	8.99				7.98	
	ShopRite	no label				2.49											7.99	7.99	7.99	
		Clayton's	O					4.99												
	Shurfine	no label						2.99							9.99		7.99	7.99		BOGO
	ShurSave	no label						3.99												4.99
		ShurSave				2.49														3.49
	Target Stores	no label				2.49														
	Sutton & Dodge																	8.88		
Thriftway	no label				2.99														5.99	
										4.29						7.99	7.99		3.99	
Tops	no label																			
Wegman's	Wegman's				2.19								2.99							

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
PA (cont)	Weis	no label Laura's Lean	A					3.89				5.99		4.69		10.99			10.99	6.99	BOGO
	Whole Foods	no label									4.49										
RI	ALDI	no label		1.80		2.79															
	Dave's Market	Dave's																5.99			
	Save-a-Lot	no label		2.19																	
	Shaw's	Steakhouse Choice													8.99	8.99					
	Stop & Shop	Stop & Shop Natures Promise	A			3.49					5.49		3.99	8.99							
	Target Stores	no label Sutton & Dodge				2.49												8.88			
	Whole Foods	no label													12.99						
	VT	ALDI	no label		1.80		2.79														
AGNE		no label											3.99								
Hannaford		Hannaford Inspirations																	3.99 4.99		
Price Chopper		no label Prairie Legacy	G						3.79		4.99		4.29	6.99				9.99		4.59	
Shaw's		Steakhouse Choice														8.99	8.99				
Tops		no label								4.29						7.99	7.99				

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
SOUTHEASTERN U.S. - AL,FL,GA,MS,NC,SC,TN,VA,WV																					
AL	ALDI	no label		1.80		2.79															
	Belle Foods	no label Belle Foods			2.49												7.99				
	Dollar General	no label		2.40							3.65		3.65								
	Food for Less	no label		1.98																	
	Food Giant	no label		1.99									2.58								
	Lucky's	no label Black Canyon					2.49						2.99			7.99					
	Piggly Wiggly	no label					2.99									9.99					
	Piggly Wiggly FdG	Black Canyon					2.28							5.98							
	Piggly Wiggly JTM	no label											2.99	7.99							
	Publix	Greenwise Publix	A														7.99	7.99	10.99		4.99
	Save-a-Lot	no label		2.19																	
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Western	Hereford					4.59							9.99					12.99		
	Winn-Dixie	no label											2.99				7.99			4.99	
FL	Albertson's	no label Supreme						2.88						5.98			7.98				
	ALDI	no label		1.80		2.79															
	Belle Foods	no label Belle Foods			2.49												7.99				
	Dollar General	no label		2.40								3.65		3.65							
	Food Lion	Butchers Brand		1.99								3.99							5.99	4.99	
	Harvey's	no label		1.99										5.99	6.99						
	Hitchcock's Publix	Hitchcock's Greenwise Publix	A	1.99									2.49				7.99	7.99	10.99	4.99	4.99
	Save-a-Lot	no label		2.19																	
	Sedano's	no label															6.99				
	Sweetbay	no label					2.49														

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
FL (cont)	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Winn-Dixie	no label											2.99			7.99				4.99	
GA	ALDI	no label		1.80		2.79															
	Belle Foods	no label Belle Foods			2.49												7.99				
	Bi-Lo	no label														7.99			4.99		
	Dollar General	no label		2.40							3.65		3.65								
	Food Depot	no label		2.18			2.92														
	Food Lion	Butchers Brand		1.99							3.99								5.99	4.99	
	Harvey's	no label		1.99										5.99	6.99						
	IGA	no label TableRite					2.99									8.99					
	Ingle's	no label Harvest Farms Ingle's	A				2.78								12.98					4.98	
	Kroger Atlanta	no label					2.99									7.99					
	Piggly Wiggly JTM	no label											2.99	7.99							
	Piggly Wiggly Car.	no label														7.99					
	Publix	Greenwise Publix	A														7.99	7.99	10.99		4.99
	Quality Food	no label		1.99											7.99						
	Save-a-Lot	no label		2.19																	
	Shop Rite	no label		1.99											7.99						
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Whole Foods	no label														12.99					
	Wayfield's	no label					2.99		2.99								6.99				
	Winn-Dixie	no label												2.99			7.99			4.99	
MS	ALDI	no label		1.80		2.79															
	Belle Foods	no label Belle Foods			2.49												7.99				
	Corner Market	no label					2.99									9.99					
	Food Giant	no label		1.99									2.58								
	Kroger Delta	no label					2.99									6.99				5.99	
	Piggly Wiggly FdGt	Black Canyon					2.28								5.98						

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
MS (cont)	Rouses	Rouses Best			1.97								2.19			5.97				
	Save-a-Lot	no label		2.19																
	Target Stores	no label Sutton & Dodge				2.49											8.88			
	Winn-Dixie	no label										2.99			7.99			4.99		
NC	ALDI	no label		1.80		2.79														
	Bi-Lo	no label														7.99			4.99	
	Bo's Food Store	Tender Ridge																	4.99	
	Carlie C's IGA	no label														6.98				
	Compare Foods	no label		2.39											6.99					
	Farm Fresh	no label Farm Fresh						2.98						6.98						
	Farmers Food	no label						3.79							7.99					
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99	
	Galaxy Food	Butchers Best					2.78								6.98					
	Harris Teeter	HT Reserve HT Rancher														8.97	8.97		7.97	
	IGA	no label TableRite					2.99								8.99					
	Ingle's	no label Harvest Farms Ingle's	A				2.78							12.98					4.98	
	Kroger Mid-Atlntc	no label					2.99								7.99					
	Lowe's Foods	no label														6.79				
	Piggly Wiggly	PWP no label											2.79			6.99	7.29			
	Piggly Wiggly NC	no label		1.99																
	Publix	Greenwise Publix	A													7.99	7.99	10.99		4.99
	Save-a-Lot	no label		2.19																
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	United Grocery	no label Black Canyon		2.29												8.99				
	Whole Foods	no label														12.99				

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
SC	ALDI	no label		1.80		2.79														
	Bi-Lo	no label														7.99			4.99	
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99	
	Galaxy Food	Butchers Best					2.78								6.98					
	Harris Teeter	HT Reserve HT Rancher														8.97	8.97		7.97	
	Harvey's	no label		1.99										5.99	6.99					
	IGA	no label TableRite					2.99								8.99					
	Ingle's	no label Harvest Farms Ingle's	A				2.78							12.98					4.98	
	Kroger Atlanta	no label					2.99								7.99					
	Lowe's Foods	no label														6.79				
	Piggly Wiggly Car.	no label														7.99				
	Publix	Greenwise Publix	A													7.99	7.99	10.99		4.99
	Reid's	no label				2.69													4.99	
	Save-a-Lot	no label		2.19																
	Target Stores	no label Sutton & Dodge				2.49													8.88	
	Whole Foods	no label													12.99					
TN	ALDI	no label		1.80		2.79														
	Bi-Lo	no label														7.99			4.99	
	Dollar General	no label		2.40							3.65		3.65							
	E.W. James	no label							3.29											
	Food City	Food City no label					2.69						2.99		8.99					
	Food Country USA	no label					2.78				3.99		3.29		7.98					
	Food Giant	no label		1.99									2.58							
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99	
	Food Rite	Black Canyon Food Rite					2.99						3.19	7.99						
	Harris Teeter	HT Reserve HT Rancher														8.97	8.97		7.97	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
TN (cont)	H.G. Hill	no label Black Canyon		1.99															7.99		
	IGA	IGA														8.99					
	Ingle's	no label Harvest Farms Ingle's	A				2.78								12.98					4.98	
	Kroger Delta	no label					2.99									6.99				5.99	
	Kroger Mid-Atlntc	no label					2.99									7.99					
	Lowe's Foods	no label															6.79				
	Osborne's	no label Black Canyon		2.19													7.99				
	Publix	Greenwise Publix	A														7.99	7.99	10.99		4.99
	Save-a-Lot	no label		2.19																	
	Shop Rite	no label		1.99											7.99						
	Superlo Foods	no label					2.79														
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	United Grocery	no label Black Canyon		2.29													8.99				
	Whole Foods	no label														12.99					
VA	ALDI	no label		1.80		2.79															
	Dollar General	no label		2.40							3.65		3.65								
	Farm Fresh	no label Farm Fresh						2.98						6.98							
	Food City	Food City no label					2.69						2.99			8.99					
	Food Country USA	no label					2.78				3.99		3.29			7.98					
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99		
	Galaxy Food	Butchers Best					2.78									6.98					
	Giant Carlisle/ Martin's	Giant Natures Promise	A			3.49					5.49		3.99			5.99	5.99		5.99		
	Giant Hyattsville	Giant Natures Promise	A			3.49					5.49		3.99			5.99	5.99		5.99		
	GreatVALU	no label					2.99									7.99				4.99	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
VA (cont)	Grant's	no label Black Canyon		1.89									2.29								
	Harris Teeter	HT Reserve HT Rancher												6.99					7.97		
	Ingle's	no label Harvest Farms Ingle's	A				2.78							12.98					4.98		
	Kroger Mid-Atlntc	no label					2.99							7.99							
	Piggly Wiggly NC	no label		1.99																	
	Safeway	no label Rancher's Reserve				2.99					3.99			5.99	7.99				4.99	4.99	
	Save-a-Lot	no label		2.19																	
	Shopper's Food	Shopper's				3.49						3.99							4.98	4.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88			
	Wegman's	Wegman's				2.19						2.99									
	Whole Foods	no label									4.49										
	WV	ALDI	no label		1.80		2.79														
Fas-Chek		no label		1.99																	
Food Fair		Black Canyon Naturewell	A				2.98			4.59									6.99		
Food Lion		Butchers Brand		1.99						3.99								5.99	4.99		
Foodland		no label					2.68														
Galaxy Food		Butchers Best					2.78								6.98						
Giant Carlisle/ Martin's		Giant Natures Promise	A			3.49						3.99				5.99	5.99		5.99		
Giant Eagle		no label								4.29			6.99	8.99							
Grant's		no label Black Canyon		1.89									2.29								
Kroger Columbus		no label																		3.99	
Kroger Mid-Atlntc		no label					2.99								7.99						
Riesbeck's		Riesbeck's					2.29								8.99						
Save-a-Lot		no label		2.19																	
Shop'n Save		no label					2.78						4.49	8.99				7.98			

prices in \$US per pound unless otherwise noted.

BEEF

U.S. Supermarket Holiday Featuring of Meat, Poultry, Fruits, and Vegetables (July 2013)
USDA, Agricultural Marketing Service, Livestock, Poultry, and Seed Program, Agricultural Analytics Division

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
MIDWESTERN U.S. - IA,IL,IN,KY,MI,MN,ND,NE,OH,SD,WI																				
IA	ALDI	no label		1.80		2.79														
	Dahl's	no label					3.49								9.30				3.49	
	Family Foods	no label					2.69													
	Fareway	no label						3.88												
	Food Pride	no label Angus Pride						2.49										4.99		
	Hometown Foods	no label Star Angus Ranch						2.59										5.88		
	Hy-Vee	Angus Reserve Amana					3.98								6.99			7.99		
	No Frills	no label						2.49					3.49		7.99					
	Save-a-Lot	no label		2.19																
	Target Stores	no label Sutton & Dodge				2.49												8.88		
IL	ALDI	no label		1.80		2.79														
	Angel Caputo	no label							3.49			3.99			5.99			6.99		
	Berkot's	no label Strauss	G				2.99		3.49				3.49		10.99 18.99			10.99	6.99	
	Borowiak's IGA	Borowiak's								2.88										
	Butera	no label		1.99			2.79		2.79				2.99	7.99	10.99	9.99	9.99		5.99	
	Cub Foods	Cub						2.49						7.99					5.99	
	Dierberg's	Dierberg's																	7.99	
	Dominick's	no label Rancher's Reserve		2.49		2.99						3.99			8.99		6.99	8.99	3.99	
	Fairplay Foods	no label					3.29									9.99	10.49			
	Fareway	no label						3.88												
	Food Pride	no label Angus Pride						2.49											4.99	
	Garden Fresh	no label no label	K											8.99		14.99				
	Hy-Vee	Angus Reserve Amana					3.98								6.99			7.99		
	IGA	no label		1.99									2.79							
	Jewel	Steakhouse Choice no label		1.99												6.99		9.98	BOGO	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
IL (cont)	Kirby Foods IGA	IGA TableRite						2.99									7.99	8.19			
	Kroger Central	no label														5.97				3.99	
	Kroger Louisville	Private Selection no label		1.99			3.49									9.99 7.99					
	Mariano's Fresh	Supreme									3.99										
	Meijer	no label					1.99									8.99					
	Pete's Fresh	no label					2.99														
	Piggly Wiggly	no label		1.99		2.29							3.69			8.99					
	Save-a-Lot	no label		2.19																	
	Schnuck's	Meat Masters											4.99								
	Shop & Save	no label					2.69									6.99	6.99		6.99		
	Strack&VanTil	no label														9.99	9.99	7.99			
	Sullivan's	no label											3.99						4.99		
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Tom's Market	no label								3.29											
	Tony's Finer Food	no label					2.69									7.99		6.99	4.99	3.99	
	Ultra Foods	no label					2.99						3.49	8.99		6.98			5.99		
	Valli Produce	no label		2.29														6.99			
	Walt's	no label Walt's					2.99		3.19									7.99	8.99	5.99	
	IN	Al's Supermarket	no label					2.88												5.88	
ALDI		no label		1.80		2.79															
Buehler's BuyLow		no label		1.99									2.79								
Harvest		no labels												5.99							
IGA		no label		1.99									2.79								
Jay C		no label Private Selection					2.88								6.98		7.98				
Jewel		Steakhouse Choice no label		1.99												6.99		9.98	BOGO		
Kirby Foods IGA		IGA TableRite						2.99									7.99	8.19			
Kroger Central		no label														5.97				3.99	
Kroger Louisville		Private Selection no label		1.99			3.49									9.99 7.99					

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
IN (cont)	Main Street	Creekstone Farms Laura's no label	A A	1.79			2.49				5.99		6.49	9.99				9.99			
	Marsh	Creekstone Farms Laura's no label	A A	1.79			2.49				5.99		6.49	9.99				9.99			
	Martin's	Martin's				1.99							2.69						5.99		
	Meijer	no label				1.99									8.99						
	New Market	Star Ranch									3.99		3.99			7.99					
	Owens	no label													5.97					3.99	
	Save-a-Lot	no label		2.19																	
	Schnuck's	Meat Masters											4.99								
	Strack&VanTil	no label														9.99	9.99	7.99			
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Ultra Foods	no label					2.99						3.49	8.99		6.98			5.99		
	Wesselman's	no label					2.79														
KY	ALDI	no label		1.80		2.79															
	Dollar General	no label		2.40							3.65		3.65								
	E.W. James	no label							3.29												
	Food City	Food City no label					2.69						2.99		8.99						
	Food Fair	Black Canyon Naturewell	A				2.98		4.59									6.99			
	Food Giant	no label		1.99									2.58								
	Food Lion	Butchers Brand		1.99							3.99							5.99	4.99		
	Foodland	no label					2.68														
	Houchen's	IGA													8.99						
	IGA	IGA													8.99						
	Kroger Delta	no label					2.99								6.99				5.99		
	Kroger Louisville	Private Selection no label		1.99			3.49								9.99 7.99						
	Kroger Mid-Atlntc	no label					2.99								7.99						
	Meijer	no label					1.99								8.99						
	Remke	no label					2.99						3.49								
	Save-a-Lot	no label		2.19																	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks								
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil		
														bone-in	bnls							
KY (cont)	Target Stores	no label Sutton & Dodge				2.49													8.88			
	Valu Market	no label		1.99																		
	Whole Foods	no label									4.49											
MI	ALDI	no label		1.80		2.79																
	Busch's	no label							3.29							10.99						
	D&W Fresh	Preferred Angus									3.99					7.99						
	Family Fare	no label Tender Ridge				1.99										8.99						
	Food Pride	no label					2.59						2.99						4.99	2.99		
	Glen's	no label Tender Ridge				1.99										8.99						
	Harding's	Harding's Naturewell no label	A	2.19												8.99						
	Hiller's	no label					2.99						3.49			8.99	8.99	8.99				
	Hollywood Market	no label										3.99	3.99					9.99				
	Kroger Michigan	no label Private Selection											4.49			6.99	6.99	6.99			3.99	
	Martin's	Martin's				1.99							2.69						5.99			
	Meijer	no label					1.99									8.99						
	Plumb's Market	Tender Ridge														8.99			4.99			
	Polly's Market	no label														7.99					3.99	
	Ric's Food	no label					2.88						3.99								3.99	
	Save-a-Lot	no label		2.19		2.38																
	Spartan Stores	no label					2.49						3.49		8.99							
	SuperOneFoods	no label									2.88			6.86								
	Target Stores	no label Sutton & Dodge				2.49													8.88			
	Tom's Market	no label																	8.99			
	Valuland	Valu Time		2.33		2.68																
	VG's	VG's					2.79								7.99							
	MN	ALDI	no label		1.80		2.79															
		Coborn's	Coborn's									2.99							7.99			
		Cub Foods	Cub					2.49							7.99					5.99		

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
MN (cont)	Econo Foods	no label Angus Pride						2.99					3.49			9.99				3.99
	Fareway	no label						3.88												
	Festival	no label							3.49										4.99	
	Food Pride	no label					2.59						2.99						4.99	2.99
	Hugo's	Angus Pride																	4.77	
	Hy-Vee	Angus Reserve Amana						3.98							6.99				7.99	
	Kowalski's	Kowalski's	A												14.99				12.99	
	Lunds & Byerly's	Premium Choice																	5.99	
	Maynard's Foods	no label Star Ranch							2.99							8.99				
	Rainbow Foods	no label					2.49													
	Sunshine Foods	no label					2.48													4.99
	Sun Mart	no label Blackwell Angus										2.99								5.99
	SuperOneFoods	no label										2.88			6.86					
	Target Stores	no label Sutton & Dodge					2.49												8.88	
	Teal's	Angus Pride														9.99				
	ND	Cash Wise	Cash Wise																	7.48
Dan's		no label										3.49			8.99					
Hornbacher's		no label Stockman&Dodge					2.08		2.58			2.98								4.98
Hugo's		Angus Pride																		4.77
Leever's Foods		no label Angus Pride						2.98							7.99	9.49	8.99		11.78	8.99
Target Stores		no label Sutton & Dodge					2.49												8.88	
Teal's		Angus Pride														9.99				
NE	ALDI	no label		1.80			2.79													
	Apple Market	Heartland Pride					1.98												7.99	
	B&R Foods	no label Platte River Ranch						2.49		3.49										4.99
	Bag'n Save	no label							2.49					3.49		7.99				
	Baker's	no label								2.99										

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
NE (cont)	Fareway	no label						3.88													
	Food Pride	no label				2.59							2.99						4.99	2.99	
	Safeway	no label Rancher's Reserve		2.29		2.49				2.99			3.99	7.99	8.99			6.99			
	Target Stores	no label Sutton & Dodge				2.49												8.88			
OH	Acme Fresh	Acme								3.99							9.99	10.49		3.99	
	ALDI	no label		1.80		2.79															
	Biggs	no label					2.99						3.49								
	Bottom Dollar	no label				1.99															
	Buehler's	no label										4.99				7.99	7.99				
	Chief	Chief					2.49						3.49	7.99							
	Cub Foods	Cub						2.49						7.99					5.99		
	Dave's Market	no label													8.99						
	Dollar General	no label		2.40								3.65	3.65								
	Fisher's	Fisher's				2.79										9.99	9.99				
	Food Fair	Black Canyon Naturewell	A				2.98			4.59									6.99		
	Foodland	no label					2.68														
	Fresh Encounter	no label		1.99			2.69						2.89			7.99	7.99				
	Geyer's	no label					2.68								9.99				9.99		
	Giant Eagle	no label										4.29		6.99	8.99						
	Heinen's	Heinen's				3.99									11.99						5.99
	IGA	no label		1.99									2.79								
	Kroger Columbus	no label																			3.99
	Kroger Mid-Atlntc	no label					2.99								7.99						
	Marc's	no label					3.49														
	Main Street	Creekstone Farms Laura's no label	A A									5.99		6.49	9.99				9.99		
	Marsh	Creekstone Farms Laura's no label	A A									5.99		6.49	9.99				9.99		
	Meijer	no label					1.99									8.99					
	Riesbeck's	Riesbeck's					2.29									8.99					
	Save-a-Lot	no label			2.19																

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
OH (cont)	Shop'n Save	no label					2.78						4.49	8.99				7.98		
	Sparkle	no label		1.88														7.99		
	Target Stores	no label				2.49												8.88		
	Sutton & Dodge																			
	Whole Foods	no label									4.49									
SD	Coborn's	Coborn's									2.99							7.99		
	Hy-Vee	Angus Reserve Amana					3.98								6.99			7.99		
	Ken's Super Fair	Ken's no label						2.79							7.99					
	Lynns Dakotamart	no label						3.33											4.98	
	Maynard's Foods	no label						2.99												
	Star Ranch														8.99					
	Safeway	no label		2.29		2.49				2.99			3.99							
	Rancher's Reserve												7.99	8.99			6.99			
	Sunshine Foods	no label				2.48													4.99	
	Target Stores	no label				2.49														
	Sutton & Dodge																	8.88		
WI	ALDI	no label		1.80		2.79														
	Cub Foods	Cub						2.49						7.99					5.99	
	Econo Foods	no label						2.99					3.49							
	Angus Pride															9.99				3.99
	Festival	no label						2.98												
	Gordy's Market	Gordy's							2.48											
	Tender Ridge																			
	Marketplace	Chairman Reserve					2.79						3.69		7.98				4.78	
														9.99				5.99		
	Pick'n Save/Copps	no label				2.49								8.99	9.99					
	Piggly Wiggly	no label		1.99		2.29							3.69		8.99					
	Sendik's	Sendik's					2.99													
	Sentry	no label					2.79					2.19						8.99		
	SuperOneFoods	no label									2.88			6.86						
	Tadych's	Angus Pride					2.89								7.99					
	Target Stores	no label				2.49														
	Sutton & Dodge																	8.88		

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
SOUTH CENTRAL U.S. - AR,AZ,CO,KS,LA,MO,NM,OK,TX,UT																				
AR	Albertson's	no label						2.78			3.78		3.88	50% off		50% off	50% off	50% off	5.98	
	ALDI	no label		1.80		2.79														
	Bill's Market	no label					2.98						3.48		9.98					
	Brookshire Bros.	Angus Pride no label						3.39											3.99	
	Country Mart	no label		2.08																
	Cranford's	no label		1.89																
	CV's Family Foods	Chairman Reserve no label						2.99											5.99	
	G&W Foods	no label						2.88							7.98					
	Harp's	no label						2.99					3.49							
	Hays Supermarket	Black Canyon Sterling Silver						2.99						3.58	10.98	7.98	11.98			
	Marvin's	Chairman Reserve no label						2.99											5.99	
	Piggly Wiggly FdGt	Black Canyon						2.28						5.98						
	Rehkopf's	no label				2.99														
	Target Stores	no label Sutton & Dodge				2.49													8.88	
AZ	Albertson's	no label									2.97			8.99					4.99	
	Basha's	no label					3.49													
	El Super	no label						3.29												
	Food City	no label		1.99																
	Fry's	no label						2.99											5.99	
	Pro's Ranch	no label		1.67																
	Safeway	no label Rancher's Reserve		2.29		2.99				3.99								4.99		2.79
	Smart & Final	First Street				2.99														
	Smith's	Private Selection						3.49												
	Sprout's	no label no label	O					2.88				4.99							9.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88		
CO	Albertson's	Steakhouse Choice																		3.99
	King Soopers	no label												6.99						4.99

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
CO (cont)	Lowe's	no label SuKarne											1.99			5.99				
	Safeway	no label Rancher's Reserve		2.29		2.49				2.99			3.99	7.99	8.99			6.99		
	Sprout's	no label no label	O					2.88				4.99							9.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Whole Foods	no label																14.99		
KS	ALDI	no label		1.80		2.79														
	Apple Market	Heartland Pride				1.98												7.99		
	Country Mart	no label Naturewell	A			2.48												8.99		
	Dillon's	no label							2.99											
	G&W Foods	no label					2.88								7.98					
	Hen House	Good Natured no label	A				4.49		2.99						12.99			12.99 8.99	8.99	
	Hy-Vee	Angus Reserve Amana					3.98								6.99			7.99		
	King Soopers	no label									3.99									
	Marvin's	Chairman Reserve no label					2.99												5.99	
	Save-a-Lot	no label		2.19																
	Sun Fresh	no label						2.99										12.79	4.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Whole Foods	no label																14.99		
	LA	Albertson's	no label						2.78			3.78		3.88	50% off		50% off	50% off	50% off	5.98
Associated Food		no label							3.49											
Breaux		no label											2.49		8.99					
Brookshire Bros.		Angus Pride no label					3.39												3.99	
Kroger Southwest		no label Nolan Ryan Kroger		1.99											8.99				3.99	
LeBlanc's		no label				1.99							2.99				8.99			

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

prices in \$US per pound unless otherwise noted.

Independence Day 2013

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
LA (cont)	Mac's Fresh	no label		1.97		2.49	2.99							2.99							
	Rouses	Rouses Best			1.97									2.19			5.97				
	Save-a-Lot	no label		2.19																	
	Target Stores	no label Sutton & Dodge				2.49												8.88			
	Winn-Dixie	no label												2.99			7.99			4.99	
MO	ALDI	no label		1.80		2.79															
	Apple Market	Heartland Pride				1.98													7.99		
	C&R Supermarket	no label Chairman Reserve					2.18													5.49	
	Country Mart	no label Naturewell	A			2.48													8.99		
	Dierberg's	Dierberg's																		7.99	
	Food Giant	no label		1.99										2.58							
	G&W Foods	no label					2.88									7.98					
	Gerbe's	no label							2.99												
	Harp's	no label					2.99							3.49							
	Harter House	no label					2.99								7.99						
	Hays Supermarket	Black Canyon Sterling Silver					2.99							3.58	7.99						
															10.98	7.98					
	Hy-Vee	Angus Reserve Amana						3.98											7.99		
																6.99					
	Kroger Central	no label														5.97				3.99	
	Moser's	no label				1.97															
	Patricia's	no label				1.97															
	Price Chopper	KC Pride														8.99					
	Pyramid Foods	Midwest Reserve Creekstone	A				2.69				3.99									5.99	
	Save-a-Lot	no label		2.19																	
	Schnuck's	Meat Masters												4.99							
	Sun Fresh	no label						2.99											12.79	4.99	
	Target Stores	no label Sutton & Dodge					2.49												8.88		
	Town & Country	Top Choice						2.49									9.99				4.99
	Woods	Butcher's Pride						2.88							2.99						

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
NM	Albertson's	no label									2.97			8.99					4.99	
	John Brooks	no label		1.89									2.49		7.99					
	Lowe's	no label SuKarne											1.99			5.99				
	Pro's Ranch	no label		1.67																
	Safeway	no label Rancher's Reserve		2.29		2.49				2.99			3.99	7.99	8.99			6.99		
	Smith's	Private Selection						3.49												
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Whole Foods	no label																14.99		
OK	ALDI	no label		1.80		2.79														
	Buy for Le\$\$	Black Angus									3.99									
	Country Mart	no label Naturewell	A			2.48												8.99		
	Harp's	no label					2.99						3.49							
	Homeland Stores	no label					2.99													
	Love My Country	no label				2.69														
	Market Square	no label		1.69									2.49							
	Marvin's	Chairman Reserve no label						2.99											5.99	
	Pyramid Foods	Midwest Reserve Creekstone	A				2.69		3.99										5.99	
	Reasor's	no label											2.88		8.95					
	Save-a-Lot	no label		2.19																
	Sprout's	no label no label	O					2.88				4.99							9.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Terry's	no label		1.68																
	Warehouse	no label		1.99			2.49													
	Williams	no label				2.59														
TX	Albertson's	no label						2.78			3.78		3.88	50% off		50% off	50% off	50% off	5.98	
	ALDI	no label		1.80		2.79														
	Arlan's Market	no label					2.99													

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

Independence Day 2013

prices in \$US per pound unless otherwise noted.

BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
TX (cont)	Brookshire Bros.	Angus Pride no label					3.39												3.99	
	David's	no label													6.99	7.99			4.99	
	Diamond IGA	no label													5.99					
	El Rancho	no label		1.88																
	Fiesta Mart	no label											2.99	4.99	5.99					3.99
	Kroger Southwest	no label Nolan Ryan Kroger													8.99				3.99	
	Lowe's	no label SuKarne											1.99			5.99				
	Market Place	no label					2.69													
	Market Square	no label		1.69									2.49							
	Pro's Ranch	no label		1.67																
	Rehkopf's	no label				2.99														
	Save-a-Lot	no label		2.19																
	Sprout's	no label no label	O					2.88				4.99							9.99	
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Tom Thumb	no label		2.39		2.49		2.99		2.99						9.99				3.99
	Vista Market	Hereford Beef							2.89										5.59	
UT	Harmon's	Harmon's					3.49													
	Macey's	no label Stone's					2.99					2.59							3.99	
	Rancho Markets	no label				2.29														
	Ream's	no label				1.99														
	Ridley's	no label				1.97						2.58	6.98					4.98		
	Smith's	Private Selection					3.49													
	Sprout's	no label no label	O				2.88				4.99							9.99		
	Target Stores	no label Sutton & Dodge				2.49												8.88		
	Whole Foods	no label																14.99		

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
SOUTHWESTERN U.S. - CA,HI,NV																				
CA	Albertson's	no label Steakhouse Choice						2.99											BOGO	
	Big Saver	no label										3.99								
	Dollar General	no label		2.40							3.65		3.65							
	El Super	no label						3.29												
	El Tapatio	no label		1.79																
	Holiday Market	Sterling Silver					3.29					3.69								
	Jon's Marketplace	no label						3.49												
	Lucky	no label Harris						3.33						8.99				6.67		3.99
	Lunardi's	no label				3.99												15.99		
	Mar-Val Foods	Mar-Val no label							3.99				3.49					10.49		
	Nugget Market	no label																		2.99
	Raley's	Raley's												7.98						
	Ralph's	no label				3.99													3.97	
	Ray's Food	no label Naturewell	A			2.69									8.99	8.99				3.99
	R-Ranch	no label				3.89														
	Rio Ranch Market	no label						2.99												
	Safeway	no label Rancher's Reserve				2.99						3.99			8.99			8.99	3.99	2.99
	Save Mart	no label Harris						3.33						8.99				6.67		3.99
	Smart & Final	First Street				2.99														
	Sprout's	no label no label	O					2.88				4.99							9.99	
	Stater Bros.	Stater Bros. no label						2.89						4.99		5.99			3.99	3.49
	Super-A-Foods	Harris Ranch no label				3.49												5.99		
	Superior Grocer	no label		1.59		2.99														
Target Stores	no label Sutton & Dodge				2.49												8.88			

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
CA (cont)	Vons/Pavillion	no label Rancher's Reserve				2.99						3.69	3.99				8.99		7.99		3.99
HI	Foodland	no label				3.49							5.49		7.99					6.99	5.49
	Safeway	no label Rancher's Reserve				3.99							5.99			9.99			9.99	4.99	3.99
	Target Stores	no label Sutton & Dodge				3.79													11.20		
	Times Supermarke	no label					2.69							7.99						6.49	
NV	Albertson's	no label Steakhouse Choice						2.99												BOGO	
	Albertson's	no label Moran's		2.49				2.79											7.99		
	Dollar General	no label		2.40								3.65		3.65							
	El Super	no label						3.29													
	Raley's	Raley's													7.98						
	Ralph's	no label				3.99														3.97	
	Safeway	no label Rancher's Reserve				2.99							3.99			8.99			8.99	3.99	2.99
	Smart & Final	First Street				2.99															
	Smith's	Private Selection						3.49													
	Sprout's	no label no label	O					2.88					4.99							9.99	
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	Vons/Pavillion	no label Rancher's Reserve				2.99						3.69	3.99				8.99		7.99		3.99

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks						
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil
														bone-in	bnls					
NORTHWESTERN U.S. - AK,ID,MT,OR,WA,WY																				
AK	Carr's	no label Rancher's Reserve				3.99														4.49
	Fred Meyer	no label				3.88														
	Omni	no label												10.29		10.99				
ID	Albertson's	Steakhouse Choice no label												7.99					3.99	2.49
	Broulim's	no label									3.49		2.59		7.99			12.99		
	Family Foods	no label St Helens					2.68												5.98	
	Fred Meyer	no label				2.88														
	Harvest Foods	no label					2.98													4.98
	Ridley's	no label				1.97							2.58	6.98					4.98	
	Rosauer's	St Helens no label Painted Hills				2.49												5.99		3.99
	Safeway	no label Rancher's Reserve				2.99														3.99
	Smith's	Private Selection					3.49													
	Super1Foods	St Helens												6.98						
	Target Stores	no label Sutton & Dodge				2.49													8.88	
	Yoke's Fresh	no label Hereford				2.07								7.99						
	MT	Albertson's	Steakhouse Choice no label												7.99					3.99
Family Foods		no label St Helens					2.68												5.98	
Harvest Foods		no label					2.98													4.98
Reynold's		no label									3.49									
Rosauer's		St Helens no label Painted Hills				2.49												5.99		3.99
Safeway		no label Rancher's Reserve				2.99														3.99
Smith's		Private Selection					3.49													

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
MT (cont)	Super1Foods	St Helens												6.98							
	Target Stores	no label Sutton & Dodge				2.49												8.88			
OR	Albertson's	Steakhouse Choice no label						2.99						7.99					3.99	2.69	
	Family Foods	no label St Helens						2.68											5.98		
	Fred Meyer	no label				2.88															
	Haggen/Top Food	Double Ranch				2.89						3.49							4.88		
	Market of Choice	no label Painted Hills	A A					3.99				4.99				13.99			12.99	6.99	
	McKay's	no label				2.99															
	QFC	no label Simple Truth	A									5.99		5.99	9.99			5.99			
	Ray's Food	no label Naturewell	A				2.69									8.99	8.99				
	Roth's	no label Painted Hills	G					2.99											13.99		
	Safeway	no label					2.99													3.99	
	Target Stores	no label Sutton & Dodge					2.49												8.88		
	Thriftway	no label							3.49				3.99						10.99	4.49	
	WA	Albertson's	Steakhouse Choice no label						2.99						7.99					3.99	2.69
		Family Foods	no label St Helens						2.68											5.98	
Fred Meyer		no label				2.88															
Haggen/Top Food		Double Ranch				2.89						3.49							4.88		
Harvest Foods		no label						2.98												4.98	
Metropolitan		no label	A									5.49									
New Seasons		PCC								6.99											
QFC		no label Simple Truth	A									5.99		5.99	9.99			5.99			
Red Apple		no label						3.49					3.99					10.99		4.49	

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES
prices in \$US per pound unless otherwise noted.

Independence Day 2013
BEEF

State	Supermarket	Brand	Key	Ground Beef										USDA Choice Steaks							
				73% lean	75% lean	80% Lean	Chuck	85% lean	Round	90% lean	93% lean	Sirloin	Patties	Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	
														bone-in	bnls						
WA (cont)	Rosauer's	St Helens no label Painted Hills				2.49													5.99		3.99
	Saars Market	no label		1.99				2.79													
	Safeway	no label Rancher's Reserve				2.99															3.99
	Super1Foods	St Helens												6.98							
	Target Stores	no label Sutton & Dodge				2.49													8.88		
	The Markets LLC	Nature Source	A																	7.98	
	Yoke's Fresh	no label Hereford				2.07									7.99						
WY	Albertson's	Steakhouse Choice no label												7.99						3.99	2.49
	King Soopers	no label												6.99							4.99
	Ridley's	no label				1.97							2.58	6.98					4.98		
	Safeway	no label Rancher's Reserve		2.29		2.49				2.99			3.99	7.99	8.99				6.99		
	Smith's	Private Selection						3.49													
	Target Stores	no label Sutton & Dodge				2.49													8.88		