

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

Memorial Day 2014

prices in \$US per pound unless otherwise noted.

BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
DC	ALDI	no label	C					8.49	5.29												
	Giant of Maryland	no label																			
		Giant	C	6.99		6.99	6.99							3.29							
	Harris Teeter	Giant												2.99						3.99	
		Nature's Promise	A					13.99													
		no label										2.99									
		HT Naturals												5.99						w	
	Safeway	HT Naturals												6.99						w/o	
		HT Rancher						9.97										5.50		w	
		HT Rancher						11.99												w/o	
Ranchers Reserve										4.99											
Ranchers Reserve		C	6.99						5.99												
Target	Buthcher's Cut	G											3.99						5.99		
	no label																				
Walmart	Sutton & Dodge	C					20% off	20% off													
	no label											15% off		15% off		15% off			15% off		
	no label												2.99								
Whole Foods MAL	no label	S	7.97																		
	no label								8.99					4.99							
DE	A&P Stores	5 Star	C			5.99	5.99													w	
		5 Star	C			7.99	7.99													w/o	
	ACME Markets	Lancaster												3.99		5.29					
		Food Lion										2.49								3.49	
	Fresh Grocer	no label										3.69								3.99	
		no label	C					8.99												w	
		no label	C					10.49												w/o	
		no label																		w	
		no label	C							4.99		3.79								4.29	
	Giant of Maryland	no label																			
Giant		C	6.99	8.99	6.99	6.99															
GreatVALU	Giant												2.99						3.99		
	Nature's Promise	A					13.99														
GreatVALU	no label																				
	no label								5.99	3.49	2.89		2.99						3.39		

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
DE (cont)	Harris Teeter	no label									2.99											
		HT Naturals												5.99							w	
		HT Naturals												6.99							w/o	
		HT Rancher					9.97									5.50					w	
		HT Rancher					11.99														w/o	
		Pathmark	no label											2.48								
		Angus		C		9.98																
		Redner's	no label	C			6.98															
		Safeway	Ranchers Reserve							4.99												
			Ranchers Reserve	C	6.99				5.99													
			Butcher's Cut	G											5.99							5.99
			no label												3.99							
		Save-a-Lot	no label						5.49						3.29							
		ShopRite	no label											2.99		3.69						
			Angus	C						2.99												
		Clayton's	O											5.99								
		Laura's Lean	A													6.49						
	Shurfine	Angus	C						3.99													
		no label			11.99			4.99						4.29	3.99							
	Target	Sutton & Dodge	C				20% off	20% off														
		no label										15% off		15% off		15% off					15% off	
	Walmart	no label												2.99								
		no label	S	7.97																		
MA	Adams IGA	no label	C			4.99	4.99															
		no label													4.59							
	AGNE	no label	S				3.99														4.99	
	ALDI	no label	C				8.49	5.29														
		no label												3.29								
	Big Y	Big Y	C	10.99			10.99		5.99													
	C-Town	no label										4.39		4.99								
	Compare Foods	no label	C	7.99			6.99															
	Crosby's	Angus	A					7.99														
Donelan's	no label	C	9.99		8.99	8.99																
		no label												3.99							3.99	

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value		
MA (cont)	Geissler's	no label																					
		Angus					11.99	6.99	4.99				2.99										
	Hannaford	Hannaford	C				3.99														w		
		Hannaford	C				5.69															w/o	
		Taste of Inspiration								4.99			3.99										
	Market Basket	no label	S							3.99												w	
		no label	S							4.99													w/o
		Angus	C							5.29													w
		Angus	C							5.99													w/o
	Met Foods	no label	C	8.99																			
	NSA Supermarket	no label																					
	Price Chopper	Angus	C	7.99				8.49	7.99	4.99													
		Price Chopper												4.99	4.69								4.89
		no label	S																				
	Roche Bros.	no label	C																				
		no label	C																				
		Angus	P																				5.49
	Save-a-Lot	no label						5.49						3.29									
	Shaws/Star Mrkt	no label	C		9.99	9.99	9.99	9.99															
		no label																					
		Spring Crossing	G																				
		Verde Farms	O																				
	Stop & Shop	Stop & Shop	C	6.99		6.99	6.99																
	Stop & Shop												2.99									3.99	
	Nature's Promise	A					13.99																
Target	Sutton & Dodge	C					20% off	20% off															
	no label												15% off	15% off	15% off							15% off	
The Fresh Market	no label	C					14.35																
Walmart	no label													2.99									
	no label	S	7.97																				
Whole Foods NATl	no label		12.99																				

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value					
MD	A&P Stores	5 Star	C			5.99	5.99														w		
		5 Star	C			7.99	7.99														w/o		
	ACME Markets	Lancaster												3.99		5.29							
	AGNE	no label	S					3.99													4.99		
	ALDI	no label	C					8.49	5.29														
		no label												3.29									
	Food Lion	no label										2.49									3.49	w	
		no label										3.69										3.99	w/o
		no label	C					8.99														w	
		no label	C					10.49														w/o	
	Giant Eagle	no label	C					6.99	6.99	4.99													
		no label															3.99						
		Market District	C					11.99	7.99													5.99	
	Giant Food Stores	Giant	C	40% off		40% off	40% off	9.99														w	
		Giant	C					13.49														w/o	
		Giant											3.49									4.49	w
		Giant											4.29									4.79	w/o
	Giant of Maryland	Giant	C	6.99		6.99	6.99																
		Giant												2.99								3.99	
		Nature's Promise	A					13.99															
	Graul's	Angus	C							5.99													
		no label													4.49								
	GreatVALU	no label						5.99			3.49		2.89	2.99								3.39	
	Harris Teeter	no label											2.99										
		HT Naturals													5.99							w	
		HT Naturals													6.99							w/o	
	HT Rancher						9.97									5.50					w		
	HT Rancher						11.99														w/o		
Mars	no label	C			6.89	6.99															w		
	no label				10.89	10.99								2.99							w/o		
Redner's	no label	C					6.98																

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
MD (cont)	Safeway	Ranchers Reserve							4.99												
		Ranchers Reserve	C	6.99					5.99												
		Buthcher's Cut	G											5.99						5.99	
		no label											3.99								
		Save-a-Lot	no label					5.49					3.29								
		Shoppers Food	no label										2.98				3.99				
		no label		C					6.99	4.99											
		Shop'n Save	no label										2.88								
		no label		C		7.98															
		ShopRite	no label											2.99		3.69					
			Angus	C						2.99											
			Clayton's	O											5.99						
			Laura's Lean	A													6.49				
		Shurfine	Angus	C						3.99											
			no label			11.99				4.99					4.29	3.99					
	Stop Shop Save	no label					5.98														
	Target	Sutton & Dodge	C				20% off	20% off													
		no label										15% off		15% off		15% off			15% off		
	The Fresh Market	no label	C				14.35														
	Walmart	no label											2.99								
		no label	S	7.97																	
	Weis	Angus												5.49					5.69		
		no label	C			5.98	5.98							2.79							
		no label																			
	Whole Foods MAL	no label							8.99												
ME	AGNE	no label	S				3.99												4.99		
	Hannaford	Hannaford	C				3.99														
		Hannaford	C				5.69														
		Taste of Inspiration							4.99				3.99								
	Market Basket	no label	S						3.99												
		no label	S						4.99												
		Angus	C						5.29												
		Angus	C						5.99												
	Save-a-Lot	no label					5.49							3.29							

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
ME (cont)	Shaws	no label	C		9.99	9.99	9.99	9.99													
		no label																			
		Spring Crossing	G											BOGO							
		Verde Farms	O																		
	Target	Sutton & Dodge	C					20% off	20% off												
	Walmart	no label											15% off		15% off		15% off			15% off	
	Walmart	no label	S	7.97									2.99								
	Whole Foods NATl	no label		12.99																	
NH	AGNE	no label	S					3.99											4.99		
	ALDI	no label	C					8.49	5.29												
		no label												3.29							
	Hannaford	Hannaford	C					3.99											w		
		Hannaford	C					5.69											w/o		
		Taste of Inspiration								4.99					3.99						
	Market Basket	no label	S							3.99									w		
		no label	S							4.99									w/o		
		Angus	C							5.29										w	
		Angus	C							5.99										w/o	
	Price Chopper	Angus	C	7.99				8.49	7.99		4.99										
		Price Chopper												4.99	4.69					4.89	
		no label	S							6.99									5.79		
	Save-a-Lot	no label						5.49						3.29							
	Shaws	no label	C		9.99	9.99	9.99	9.99													
		no label																			
		Spring Crossing	G												BOGO						
		Verde Farms	O																		
Target	Sutton & Dodge	C					20% off	20% off													
	no label																				
The Fresh Market	no label	C					14.35														
Walmart	no label													2.99							
	no label	S	7.97																		

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value					
NJ	A&P Stores	5 Star	C			5.99	5.99														w		
		5 Star	C			7.99	7.99														w/o		
	ACME Markets	Lancaster												3.99		5.29							
	ALDI	no label	C					8.49	5.29														
		no label												3.29									
	Bottom Dollar	no label										1.99											
	Bravo	no label					9.99							4.39		4.99							
	C-Town	no label												4.39		4.99							
	Compare Foods	no label	C		7.99				6.99														
	Extra Supermrkt	no label	C								3.28												
	Fairway	no label	P								5.99												
		no label	C		12.99																	3.99	
		no label																					
	Fine Fare	no label								2.99	3.99			3.99									
	Food Bazaar	no label							5.99				2.79										
	Foodtown	no label							5.98														
	GreatVALU	no label							5.99		3.49		2.89		2.99							3.39	
	Hurley's IGA	no label	S			6.99	6.99																
		no label																					
		no label	C								3.99												
Key Food	no label	C		8.99	10.99																		
Met Foods	no label	C		8.99						2.99													
Murphy's	Angus	C								3.99													
	no label																						
Pathmark	no label																						
	Angus	C			9.98									2.48									
Pioneer	no label	C		8.99						2.99													
Save-a-Lot	no label							5.49						3.29									
ShopRite	no label												2.99		3.69								
	Angus	C								2.99													
	Clayton's	O													5.99								
	Laura's Lean	A																				6.49	

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value				
NJ (cont)	Stop & Shop	Stop & Shop	C	6.99		6.99	6.99															
		Stop & Shop											2.99								3.99	
		Nature's Promise	A				13.99															
	Target	Sutton & Dodge	C				20% off	20% off														
		no label										15% off		15% off		15% off					15% off	
	The Fresh Market	no label	C				14.35															
	Thriftway	no label					8.99		3.99					2.99								
	Walmart	no label												2.99								
	Weis	no label	S	7.97																		
	Angus	C			5.98	5.98								5.49							5.69	
	no label													2.79								
	no label								8.99													
	Whole Foods MAL	no label												4.99								
NY	A&P Stores	5 Star	C			5.99	5.99									4.79						
		5 Star	C			7.99	7.99															w
	ALDI	no label	C					8.49	5.29													w/o
		no label											3.29									
	Associated	no label	C		7.99					4.99							3.99			3.99		
	Best Yet	Angus	S			8.77	8.77	6.97	4.77													3.77
		no label												2.77								
	Big M	no label											2.99									
		1893 Angus	C			7.99	7.99			3.99												
	Bottom Dollar	no label										1.99										
	Bravo	no label				9.99								4.39		4.99						
	C-Town	no label												4.39		4.99						
	Compare Foods	no label	C		7.99				6.99													
	D'Agostino	1932 Brand	C							4.99												
	DeCiccio	no label	C				10.99			3.99												
	Fairway	no label	P							5.99												
		no label	C		12.99																	3.99
	no label																					
Fine Fare	no label								2.99	3.99			3.99									
Food Bazaar	no label							5.99				2.79										

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
NY (cont)	Food Emporium	no label	C			8.99	8.99														
		no label															4.99				
	Foodtown	no label						5.98													
	Giunta's	no label					5.99														
	Great American	1893 Premium							3.99												
	Gristede's	Mohawk Valley	O												7.99						
		no label											5.99								
	Hannaford	Hannaford	C						3.99												
		Hannaford	C						5.69												
		Taste of Inspiration								4.99											
	Key Food	no label	C	8.99	10.99																
	King Kullen	no label											2.99	2.99							
		no label	C							6.99	4.99										
	King's	King's	C			7.99	7.99	7.99	6.99												
		King's	P						7.99											5.99	
	Met Foods	no label	C	8.99							2.99										
	Metropolitan	no label	C	8.99							2.99										
		no label																		4.99	
	Morton Williams	no label	C							4.99				2.99							
	NSA Supermarket	no label									2.99										
Pathmark	no label												2.48								
	Angus	C		9.98																	
Peck's Market	no label	S			7.99	7.99															
	no label												2.99								
Pioneer	no label	C	8.99							2.99											
Price Chopper	Angus	C	7.99				8.49	7.99	4.99												
	Price Chopper													4.99	4.69				4.89		
	no label	S								6.99								5.79			
Save-a-Lot	no label							5.49					3.29								
Shop'n Save	no label												2.88								
	no label	C		7.98																	

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
NY (cont)	ShopRite	no label																			
		Angus	C						2.99			2.99		3.69							
		Clayton's	O											5.99							
		Laura's Lean	A													6.49					
		Stop & Shop	Stop & Shop	C	6.99		6.99		6.99												
			Stop & Shop											2.99							3.99
			Nature's Promise	A					13.99												
		Target	Sutton & Dodge	C					20% off	20% off											
			no label										15% off		15% off		15% off				15% off
		The Fresh Market	no label	C					14.35												
	Tops	no label	C										2.99								
		no label	C					7.99													
	Trade Fair	no label	C			8.99				3.49				3.99						3.99	
	Walmart	no label											2.99								
		no label	S	7.97																	
	Weis	Angus												5.49						5.69	
		no label	C			5.98		5.98													
		no label											2.79								
	Western Beef	1906 Angus								5.99											
PA	A&P Stores	5 Star	C			5.99		5.99							4.79					w	
		5 Star	C			7.99		7.99													w/o
	ACME Markets	Lancaster												3.99		5.29					
	ALDI	no label	C					8.49		5.29											
		no label												3.29							
	Big M	no label											2.99								
		1893 Angus	C			7.99		7.99		3.99											
	Bravo	no label											4.39		4.99						
	C-Town	no label											4.39		4.99						
	Compare Foods	no label	C	7.99				6.99													
Family Owned	Angus	C							4.99	4.79											
	no label												4.59	4.19							
Fine Fare	no label								2.99	3.99			3.99								
Foodland	no label	C					7.99		4.99												
	no label												2.99							3.99	

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
PA (cont)	Food Lion	no label																	3.49	w	
		no label																	3.99	w/o	
		no label	C					8.99													w
		no label	C					10.49													w/o
	Foodtown	no label						5.98													
	Fresh Grocer	no label									3.79									4.29	
		no label	C							4.99											
	Giant Eagle	no label																			
		no label	G		8.99																
		no label	C					6.99	6.99	4.99											
		no label	C															3.99			
	Market District		C					11.99	7.99											5.99	
	Giant Food Stores	Giant	C	40% off		40% off	40% off	9.99													w
		Giant	C					13.49													w/o
		Giant												3.49						4.49	w
		Giant												4.29						4.79	w/o
	GreatVALU	no label						5.99		3.49	2.89			2.99						3.39	
	Hurley's IGA	no label	S			6.99	6.99														
		no label												2.99							
		no label	C							3.99											
	Karn's	no label	C			9.99		9.99		4.99											
		no label												3.49						4.99	
	Key Food	no label	C	8.99	10.99																
Pathmark	no label												2.48								
	Angus	C		9.98																	
Price Chopper	Angus	C	7.99				8.49	7.99	4.99												
	Price Chopper													4.99	4.69				4.89		
	no label	S							6.99										5.79		
Redner's	no label	C					6.98														
Safeway	Ranchers Reserve								4.99												
	Ranchers Reserve	C	6.99						5.99												
	Buthcher's Cut	G											5.99						5.99		
	no label												3.99								
Save-a-Lot	no label						5.49						3.29								

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
PA (cont)	Shop'n Save	no label											2.88								
		no label	C		7.98																
	ShopRite	no label											2.99		3.69						
		Angus	C							2.99											
		Clayton's	O												5.99						
		Laura's Lean	A														6.49				
	Shurfine	Angus	C							3.99											
		no label			11.99				4.99						4.29	3.99					
	ShurSave	ShurSave								4.79		2.88									
	Target	Sutton & Dodge	C					20% off	20% off												
		no label											15% off		15% off		15% off			15% off	
	The Fresh Market	no label	C							14.35											
	Thorne's Market	1893 Angus	C			6.89	6.89														
		no label													2.99						
Thriftway	no label								8.99					2.99							
Tops	no label													2.99							
	no label	C							7.99												
Walmart	no label													2.99							
	no label	S	7.97																		
Weis	Angus													5.49					5.69		
	no label	C			5.98	5.98															
	no label													2.79							
Whole Foods MAL	no label									8.99				4.99							
RI	AGNE	no label	S					3.99											4.99		
	ALDI	no label	C					8.49	5.29												
		no label											4.39	3.29	4.99						
	Bravo	no label			9.99																
	Compare Foods	no label	C	7.99				6.99													
	Dave's Market	Dave's						8.99											3.99		
	no label	C						8.99													
Save-a-Lot	no label							5.49					3.29								

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
RI (cont)	Shaws	no label	C		9.99	9.99	9.99	9.99													
		no label																			
		Spring Crossing	G											BOGO							
		Verde Farms	O																		
		Stop & Shop	Stop & Shop	C	6.99		6.99	6.99													
		Stop & Shop	Stop & Shop	C										2.99						3.99	
		Nature's Promise	A					13.99													
	Target	Sutton & Dodge	C					20% off	20% off												
	Walmart	no label										15% off		15% off		15% off			15% off		
	Walmart	no label											2.99								
	Walmart	no label	S	7.97																	
	Whole Foods NATl	no label		12.99																	
VT	AGNE	no label	S					3.99											4.99		
	Hannaford	Hannaford	C					3.99													
		Hannaford	C					5.69													
		Taste of Inspiration							4.99				3.99								
		Price Chopper	Angus	C	7.99				8.49	7.99	4.99										
		Price Chopper	Price Chopper	S							6.99			4.99	4.69						
		Shaws	no label	C		9.99	9.99	9.99	9.99										5.79		
		Shaws	no label	C																	
		Shaws	no label	C																	
		Spring Crossing	Spring Crossing	G											BOGO						
	Verde Farms	Verde Farms	O																		
	Tops	no label											2.99								
	Tops	no label	C					7.99													

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
SOUTHEASTERN U.S. - AL,FL,GA,MS,NC,SC,TN,VA,WV																					
AL	ALDI	no label	C					8.49	5.29												
		no label																			
	Dollar General Mkt	no label							5.50				2.10			3.29					
	Food for Less	no label	S			5.85															
	Food Giant	no label											2.28						2.68		
		Black Canyon	S			7.58		7.98													
	Greer's	Angus	S			6.80															
	Ingle's	no label														2.98			w		
		no label														4.48			w/o		
		Ingles	C	8.98															w		
		Ingles	C	12.48															w/o		
		Harvest Farms	A	13.28															w		
		Harvest Farms	A	15.98															w/o		
	Kroger Nashville	no label	C					8.99													
		no label		6.99	9.99	9.99		9.99													
		Private Selection	C													3.49					
	Lucky	no label														2.98			3.49		
		Black Canyon				8.99															
	Piggly Wiggly AL	no label																			
		Angus				9.99															
	Piggly Wiggly FG	Black Canyon				5.98															
		no label											2.58								
	Piggly Wiggly JTM	no label	C	7.99															2.99		
	Publix	Greenwise	C					10.99											w		
		Greenwise	C					15.99											w/o		
		Publix													3.99				w		
		Publix													4.49				w/o		
		Publix	C	7.99	8.99														w		
		Publix	C	12.99	13.99														w/o		
	Ramey	Angus		6.98												3.49					
	Rouses	no label											1.99						2.99		
		Texas Star				7.99															
	Save-a-Lot	no label						5.49								3.29					

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
AL (cont)	Shop Rite Sprmkt	no label											2.79								
		Star Ranch			7.99																
	Target	Sutton & Dodge	C					20% off	20% off											15% off	
		no label											15% off								
	The Fresh Market	no label	C						14.35												
	Walmart	no label												2.99							
	Winn-Dixie	no label	S	7.97										2.99							
	no label												4.49								
	WD Brand	C		11.98																w	
	WD Brand	C		13.98																w/o	
FL	Albertsons	no label		7.98		7.98			BOGO	BOGO				2.98		3.68					
		no label	S	6.98																	
	ALDI	no label	C					8.49	5.29												
		no label												3.29							
	Bravo	no label									3.69	3.49									
	Dollar General Mrkt	no label																			
	Food Giant	no label																		2.68	
		Black Canyon	S			7.58	7.98														
	Greer's	Angus	S			6.80															
	Harris Teeter	no label											2.99								
		HT Naturals													5.99						w
		HT Naturals													6.99						w/o
		HT Rancher							9.97												w
		HT Rancher							11.99												w/o
	Hitchcock's	Hitchcock's			7.99									3.49							3.89
	Piggly Wiggly FG	Black Canyon				5.98															
	no label																				
Publix	Greenwise	C						10.99													w
	Greenwise	C						15.99													w/o
	Publix												3.99								w
	Publix												4.49								w/o
	Publix	C	7.99	8.99																	w
	Publix	C	12.99	13.99																	w/o

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
FL (cont)	Save-a-Lot	no label						5.49														
	Sedano's	no label	C			7.99							3.29									
	Target	Sutton & Dodge	C					20% off	20% off													
	The Fresh Market	no label	C					14.35				15% off		15% off		15% off				15% off		
	Walmart	no label											2.99									
	Whole Foods	no label	S	7.97																		
	Winn-Dixie	no label	C		13.99										4.99							
		no label												2.99								
		WD Brand	C		11.98					5.99												w
		WD Brand	C		13.98					7.99												w/o
GA	ALDI	no label	C					8.49	5.29													
		no label											3.29									
	Bi-Lo	Gold Star	C		11.99			5.99													w	
		Gold Star	C		13.99			7.99														w/o
		no label											2.99									w
		no label											4.49									w/o
	Dollar General Mkt	no label							5.50													
	Food Depot	no label									2.77	2.77	3.98	3.98								
		no label	S							4.95												
	Food Giant	no label										2.28									2.68	
		Black Canyon	S			7.58	7.98															
	Food Lion	no label										2.49										3.49
		no label										3.69										3.99
		no label	C						8.99													w
		no label	C						10.49													w/o
Galaxy Foods	no label				6.98							2.68	2.38									
Harris Teeter	no label										2.99											
	HT Naturals													5.99							w	
	HT Naturals													6.99							w/o	
	HT Rancher							9.97													5.50	
	HT Rancher							11.99														w/o

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
GA (cont)	IGA	no label			7.99																	
		IGA TableRite											3.59									
	Ingle's	no label																			w	
		no label																				w/o
		Ingles		C	8.98																	w
		Ingles		C	12.48																	w/o
		Harvest Farms		A	13.28																	w
		Harvest Farms		A	15.98																	w/o
	Piggly Wiggly FG	Black Canyon					5.98															
		no label											2.58									
	Piggly Wiggly JTM	no label		C	7.99																	2.99
	Piggly Wiggly Car	Angus			9.99	10.99	10.99		10.99	5.99												
		Pig's Pride											2.69									
		no label		S	7.99																	
	Publix	Greenwise		C					10.99													w
		Greenwise		C					15.99													w/o
		Publix												3.99								w
		Publix												4.49								w/o
		Publix		C	7.99	8.99																w
		Publix		C	12.99	13.99																w/o
	Quality Foods	no label											2.49									
		Black Angus			6.99	7.99																
	Save-a-Lot	no label							5.49													3.29
Shop Rite Sprmkt	no label																				2.79	
	Star Ranch				7.99																	
Target	Sutton & Dodge		C					20% off	20% off													
	no label												15% off	15% off	15% off						15% off	
The Fresh Market	no label		C					14.35														
Walmart	no label																				2.99	
	no label		S	7.97																		
Wayfield's	no label					4.99															2.99	

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
GA (cont)	Winn-Dixie	no label											2.99							w	
		no label											4.49							w/o	
		WD Brand	C		11.98															w	
		WD Brand	C		13.98															w/o	
MS	ALDI	no label	C					8.49	5.29												
		no label												3.29							
	Corner Market	no label												2.99						3.99	
		Angus				8.99															
	Dollar General Mrkt	no label							5.50			2.10									
	Food Giant	no label										2.28								2.68	
		Black Canyon	S			7.58	7.98														
	Greer's	Angus	S			6.80															
	Kroger - Delta	no label											2.99	3.49							
		Simple Truth	A										4.99								
		no label	C			9.99															
	Piggly Wiggly FG	Black Canyon				5.98															
		no label											2.58								
	Ramey	Angus			6.98										3.49						
	Rouses	no label											1.99								2.99
		Texas Star					7.99														
	Save-a-Lot	no label							5.49						3.29						
	Superlo	Angus			7.99										2.99						
	Target	Sutton & Dodge	C						20% off	20% off											
		no label												15% off		15% off		15% off			15% off
The Fresh Market	no label	C						14.35													
Walmart	no label													2.99							
	no label	S		7.97																	
Winn-Dixie	no label													2.99						w	
	no label													4.49						w/o	
	WD Brand	C			11.98				5.99											w	
	WD Brand	C			13.98				7.99											w/o	

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
NC	ALDI	no label	C					8.49	5.29													
		no label											3.29									
	Bi-Lo	Gold Star	C		11.99			5.99													w	
		Gold Star	C		13.99			7.99														w/o
		no label												2.99								w
		no label												4.49								w/o
	Bo's Food Stores	no label				5.99																
	Carlie C's IGA	no label				6.78																
	Compare Foods	no label				6.99	6.99					2.39										w
		no label				8.99	8.99					3.39										w/o
	Dollar General Mkt	no label								5.50		2.10										
	Food Lion	no label										2.49									3.49	w
		no label										3.69									3.99	w/o
		no label	C						8.99													w
		no label	C						10.49													w/o
	Galaxy Foods	no label				6.98							2.68	2.38								
	Harris Teeter	no label										2.99										
		HT Naturals													5.99							w
		HT Naturals													6.99							w/o
		HT Rancher							9.97													w
		HT Rancher							11.99													w/o
	IGA	no label				7.99									2.99							
		IGA TableRite												3.59								
Ingle's	no label													2.98							w	
	no label													4.48							w/o	
	Ingles	C		8.98																	w	
	Ingles	C		12.48																	w/o	
	Harvest Farms	A		13.28																	w	
	Harvest Farms	A		15.98																	w/o	
Just \$ave Foods	no label										2.49											
Kroger MidAtlntc	no label		C		7.99					3.99											w	
	no label													3.49								
Lowes Foods	no label				7.77												4.99					
Piggly Wiggly Rtl	no label							6.79		3.49	2.39											

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
NC (cont)	Piggly Wiggly Ctrl	Preferred Angus				6.99	7.29														
	Publix	Greenwise	C					10.99												w	
		Greenwise	C					15.99												w/o	
		Publix										3.99								w	
		Publix										4.49								w/o	
		Publix		C	7.99	8.99														w	
		Publix		C	12.99	13.99														w/o	
		Save-a-Lot	no label						5.49												w
		Target	Sutton & Dodge	C					20% off	20% off											w/o
		The Fresh Market	no label	C					14.35					15% off	15% off	15% off					15% off
	Walmart	no label																			
		no label	S	7.97																	
SC	ALDI	no label	C					8.49	5.29												
		no label																			
	Bi-Lo	Gold Star	C		11.99			5.99													w
		Gold Star	C		13.99			7.99													w/o
		no label																			w
		no label																			w/o
	Dollar General Mrkt	no label							5.50												w
	Food Lion	no label																			w
		no label																			w/o
		no label		C					8.99												w
		no label		C					10.49												w/o
	Galaxy Foods	no label				6.98							2.68	2.38							w
	Harris Teeter	no label										2.99									w/o
		HT Naturals													5.99						w
		HT Naturals													6.99						w/o
	HT Rancher							9.97												w	
	HT Rancher							11.99												w/o	
IGA	no label				7.99															w	
	IGA TableRite												3.59	2.99						w/o	

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prices in \$US per pound unless otherwise noted.

State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
SC (cont)	Ingle's	no label																		w		
		no label																			w/o	
		Ingles	C	8.98																		w
		Ingles	C	12.48																		w/o
		Harvest Farms	A	13.28																		w
		Harvest Farms	A	15.98																		w/o
	Lowes Foods	no label																				
	Piggly Wiggly Car	Angus		9.99	10.99	10.99		10.99	5.99													
		Pig's Pride									2.69											
	Publix	no label	S	7.99																		
		Greenwise	C					10.99														w
		Greenwise	C					15.99														w/o
		Publix										3.99										w
	Publix	Publix										4.49										w/o
		Publix	C	7.99	8.99																	w
		Publix	C	12.99	13.99																	w/o
		Quality Foods	no label									2.49										
	Reid's	no label																				
		Black Angus		6.99	7.99																	
	Save-a-Lot	no label																				
Target	Sutton & Dodge	C					5.49															
The Fresh Market	no label																					
	no label	C																				
Walmart	no label																					
	no label	S	7.97																			
TN	ALDI	no label	C					8.49	5.29													
	Bi-Lo	no label																				
		Gold Star	C		11.99				5.99													w
		Gold Star	C		13.99				7.99													w/o
	Dollar General Mkt	no label																				w
		no label																				w/o
		no label								5.50												
	E.W. James	no label									2.10											
E.W. James	no label																					
	no label	S		8.99																		

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card								
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties						
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value									
TN (cont)	Food City	Food City																									
		Angus	C	9.99																							
		no label	S	8.99																							
		Food Giant	no label								2.28										2.68						
			Black Canyon	S			7.58	7.98																			
		Food Lion	no label								2.49											3.49	w				
			no label								3.69												3.99	w/o			
			no label	C																				8.99	w		
			no label	C																					10.49	w/o	
		Food Rite	Food Rite										3.99	2.99												3.49	
			Black Canyon																								
		H.G. Hills	Black Canyon	S		8.99																					
			no label																								
		Harris Teeter	no label									2.99															
			HT Naturals												5.99												w
			HT Naturals												6.99												w/o
			HT Rancher						9.97																		w
			HT Rancher						11.99																		w/o
		IGA	Black Canyon											2.99													
			Laura's Lean	A																							
			Laura's Lean	O											7.99			6.49									6.79
		Ingle's	no label												2.98												w
			no label												4.48												w/o
			Ingles	C	8.98																						w
		Ingles	C	12.48																						w/o	
		Harvest Farms	A	13.28																						w	
		Harvest Farms	A	15.98																						w/o	
	Kroger - Delta	no label											2.99	3.49													
		Simple Truth	A										4.99														
		no label	C		9.99																						
	Kroger MidAtlntc	no label	C		7.99					3.99																w	
		no label												3.49													

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
TN (cont)	Kroger Nashville	no label	C					8.99														
		no label		6.99	9.99	9.99		9.99														
		Private Selection	C										3.49									
	Osborne's	Black Canyon	S			7.99																
	Publix	Greenwise	C					10.99												w		
		Greenwise	C					15.99													w/o	
		Publix											3.99								w	
		Publix											4.49								w/o	
		Publix	C	7.99	8.99																w	
		Publix	C	12.99	13.99																	w/o
	Save-a-Lot	no label						5.49														
	Shop Rite Sprmkt	no label																				
		Star Ranch				7.99																
	Superlo	Angus		7.99										2.99								
	Super Dollar	no label									3.19	2.99									3.19	
	no label	S						4.99														
Target	Sutton & Dodge	C					20% off	20% off														
	no label											15% off	15% off	15% off						15% off		
The Fresh Market	no label	C					14.35															
T&C Grocers	no label										2.29											
	no label	S					5.88															
Walmart	no label												2.99									
	no label	S	7.97																			
VA	ALDI	no label	C					8.49	5.29													
		no label											3.29									
	Dollar General Mrkt	no label							5.50		2.10											
	Farm Fresh	no label	C	7.99									2.99									
		no label											3.98									
	Farmer's Foods	no label											3.49									
Food City	Food City																					
	Angus	C	9.99																			
	no label	S	8.99																			

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
VA (cont)	Food Lion	no label																	3.49	w	
		no label																	3.99	w/o	
		no label	C					8.99													w
		no label	C					10.49													w/o
	Galaxy Foods	no label				6.98							2.68	2.38							
		no label				6.98	6.99							2.99						3.99	
	Giant of Maryland	Giant	C	6.99																	
		Giant																			
	Giant Food Stores	Nature's Promise	A					13.99													
		Giant	C	40% off		40% off	40% off	9.99													w
		Giant	C					13.49													w/o
		Giant												3.49						4.49	w
	Grant's	Giant												4.29						4.79	w/o
		no label											2.29								
	GreatVALU	no label				7.99							2.89								
		no label	C								3.99										
	Harris Teeter	no label											2.99								
		HT Naturals													5.99						w
		HT Naturals													6.99						w/o
		HT Rancher						9.97										5.50			w
Ingle's	HT Rancher						11.99													w/o	
	no label												2.98							w	
	no label												4.48							w/o	
	Ingles	C	8.98																	w	
	Ingles	C	12.48																	w/o	
	Harvest Farms	A	13.28																	w	
Harvest Farms	Harvest Farms	A	15.98																	w/o	
	no label	C								3.99										w	
Kroger MidAtlntc	no label																				
	no label																				
Lowes Foods	no label																				
	no label																				
Piggly Wiggly Ctrl	Preferred Angus					6.99	7.29						3.49	3.29						4.99	
	no label																				
Piggly Wiggly Rtl	no label						6.79		3.49		2.39										

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
VA (cont)	Safeway	Ranchers Reserve							4.99												
		Ranchers Reserve	C	6.99					5.99												
		Buthcher's Cut	G											5.99						5.99	
		no label											3.99								
		Save-a-Lot	no label					5.49					3.29								
		Shoppers Food	no label										2.98								
		no label		C					6.99	4.99											
		Super Dollar	no label								3.19	2.99									
		no label		S																	
	Target	Sutton & Dodge	C				20% off	20% off													
	no label											15% off		15% off		15% off					
	The Fresh Market	no label	C					14.35													
	Walmart	no label												2.99							
	no label		S	7.97																	
	Whole Foods MAL	no label							8.99												
WV	ALDI	no label	C					8.49	5.29												
		no label																			
	Dollar General Mrkt	no label									2.10			3.29							
	Foodland	no label												2.88					3.99		
		Star Ranch	S					7.88	4.99												
	Food Fair	Black Canyon						7.88													
	Food Lion	no label										2.49							3.49		
		no label										3.69							3.99		
		no label		C					8.99											w	
		no label		C					10.49											w	
		Galaxy Foods	no label				6.98							2.68	2.38					w/o	
		Giant Eagle	no label	C					6.99	6.99	4.99										
		no label																		3.99	
		Market District		C					11.99	7.99											
		Giant Food Stores	Giant	C	40% off		40% off	40% off	9.99												
		Giant	C					13.49													
		Giant												3.49					4.49		
		Giant												4.29					4.79		
	Grant's	no label									2.29										

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
WV (cont)	Kroger Columbus	Angus						5.99													
		Private Selection	C		8.99																
	Kroger MidAtlntc	no label	C		7.99					3.99										w	
		no label											3.49								
	Piggly Wiggly Ctrl	Preferred Angus				6.99	7.29					3.49	3.29								
	Riesbeck's	Riesbeck's						8.99												3.29	
		Hereford						8.99													
	Save-a-Lot	no label						5.49						3.29							
	Shop'n Save	no label												2.88							
		no label	C		7.98																
	Sparkle	no label	C					6.99													w
		no label	C					9.79													w/o
	Target	Sutton & Dodge	C						20% off	20% off											
		no label											15% off		15% off		15% off				15% off
Walmart	no label												2.99								
	no label	S		7.97																	
Weis	Angus													5.49						5.69	
	no label	C				5.98	5.98														
	no label												2.79								

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value				
IL (cont)	Berkot's	Berkot's	C										2.99			3.69						
		no label			9.99																	
	Borowiak's IGA	IGA TableRite	C																			
		Borowiak's									2.68											
	Butera Markets	Angus	C		8.99	9.99	9.99		5.99					2.69				2.99	3.69	3.49		
		no label			6.29	5.99	5.99	4.99				2.29										
	County Market	no label	C																		3.49	
		Rancher's Legend			12.00																	4.50
	Cub Foods	Cub	C											2.49								w
		Cub												4.29								w/o
	Fairplay	Angus	C	6.99				8.99	5.99													3.69
		Fairplay Best	C												3.49							
	Fareway	no label							8.99				2.19	1.99								
		no label	C																			
	Food Pride	no label	C		5.99											2.69						
	Garden Fresh	no label			7.99													3.99				
	Hy-Vee	Angus Reserve	C						5.99													
		Choice Reserve			9.30	9.60																
		no label	S											2.99	4.77							
	IGA	IGA			8.99									2.99								
Jewel-Osco	no label	C													3.69		4.49					
	no label			9.99				9.99	5.99													
Jiminez	no label	C										2.59										
Joe Caputo & Sons	no label			8.99											3.19	2.89						
Kirby Foods IGA	IGA TableRite	C												2.99							3.19	
	IGA TableRite													3.95								w/o
	IGA TableRite					8.99	9.29															
Kroger Central	no label	C	6.99																			w
	Private Selection	C						8.99														
Kroger Louisville	Angus	C	6.99	9.99	9.99			9.99														
	no label	A										2.49		3.99								
Mariano's	Naturewell							9.99														
	Strauss	G															7.99					

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
IL (cont)	Meijer	Angus											2.49								
		Angus	C		9.99				6.99												
		Meijer																	4.99		
		Pete's Fresh	Angus	C		6.99	6.99	7.49													
		Piggly Wiggly	no label			5.99	4.99							2.79	2.49						4.29
			Angus			8.99															
		Save-a-Lot	no label												3.29						
		Shop'n Save	no label									2.99									
		Shop & Save	no label	C		5.99	7.99	7.99	5.99												
			no label											2.69							
		Strack&VanTil	Angus	C		8.99			6.99												
		Sullivan's	no label	C			7.99														
			no label												3.49						
		Target	Sutton & Dodge	C					20% off	20% off											
			no label											15% off		15% off		15% off			15% off
	The Fresh Market	no label	C					14.35													
	Tony's Finer Food	Angus	C		4.49			7.99													
		no label																		4.39	
	Ultra Foods	Angus	C	6.98		7.99	8.49														
		no label									2.99									3.49	
	Valli Produce	no label	C			6.79	6.99														
		no label													3.79					3.99	
	Walmart	no label											2.99								
		no label	S	7.97																	
	Walt's Food	no label			9.99			8.99												3.49	
IN	ALDI	no label	C					8.49	5.29												
		no label											3.29								
		Al's Supermarket	no label										2.88					4.48			
			Chairman Reserve	S					6.88												w
			Chairman Reserve	S					10.99												w/o
		Dollar General Mrkt	no label							5.50			2.10								
	Harvest Supermrkt	no label			6.99			5.99					2.99								
	IGA	no label											2.99							3.49	
		IGA	S		8.99																

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
KY (cont)	Piggly Wiggly FG	Black Canyon				5.98																
		no label									2.58											
	Remke Markets	no label											2.99								w	
		no label											3.99								w/o	
		Star Ranch	C					8.99		3.99											w	
		Star Ranch	C					12.99		5.49											w/o	
	Save-a-Lot	no label						5.49						3.29								
	Target	Sutton & Dodge	C					20% off	20% off													
		no label											15% off		15% off		15% off					15% off
	The Fresh Market	no label	C					14.35														
	T&C Grocers	no label										2.29										
		no label	S																			5.88
ValuMarket	no label	S			6.99	6.99	6.99														w	
	no label	S			9.99	9.99	9.99														w/o	
	no label										2.49										w	
	no label										3.99										w/o	
Walmart	no label												2.99									
	no label	S		7.97																		
MI	Affiliated Midwest	no label											2.99									
		Star Ranch	C			7.99																
	ALDI	no label	C					8.49	5.29													
		no label												3.29								
	Busch's	Busch's				12.99									2.99						4.99	
		no label	C					6.99														
	D&W Fresh Markt	Preferred Angus	S			7.99																
		no label																				
	Family Fare	no label												3.49								
		Tender Ridge	C							5.99												
Food Pride	no label										2.79										3.49	
Harding's	Harding's									2.99	2.77											
	Tender Ridge	C			7.77				6.99													
	Naturewell	A						9.99														
	Cargill										2.66											

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
MI (cont)	Hiller's	Hiller's	C		8.99	8.99	8.99	8.99					2.99							w	
		Hiller's	C		12.19	12.19	12.19	12.19					3.99							w/o	
		Hiller's	P		16.99		16.99	16.99												w	
		Hiller's	P		21.99		21.99	21.99												w/o	
	Hollywood Mrkt	no label									2.99										
		Chairman Reserve	C					9.99													
	Kroger - Michigan	no label															4.49				
		no label	C			8.99	8.99														w
	Martin's	Martin's											2.99								w
		Martin's											3.48								w/o
		Martin's	C			7.99	8.49														w
	Meijer	Martin's	C			11.68	12.08														w/o
		Angus											2.49								
		Angus	C		9.99					6.99											
	Plumb's/Duthler's	Meijer															4.99				
		no label						3.49				2.49									w
		no label						7.99				4.29									w/o
	Polly's Market	Tender Ridge	C			8.99															w
		Tender Ridge	C			12.99															w/o
		no label	C			6.80	7.49						2.80								w
	Ric's Food Center	no label	C			9.80	9.99						4.19								w/o
		Ric's													3.99						
		no label	C		9.99																
Super One Foods	Save-a-Lot						5.49					3.29									
	Spartan Stores	C					8.99														
	no label											2.99								w	
Tadych's	no label											4.29								w/o	
	no label													2.97							
	Angus	C		8.98																	
Target	Econofoods								6.49			2.79								3.19	
	Naturewell	C																			
Tom's/Oleson's	Sutton & Dodge	C					20% off	20% off													
	no label											15% off	15% off	15% off	15% off					15% off	

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
MI (cont)	Valuland	no label											3.29								
		no label	S				4.99														
	VG's Grocery	no label											3.49								
		VG's	C						5.99												
	Walmart	no label											2.99								
		no label	S	7.97																	
MN	Affiliated Midwest	no label											2.99								
		Star Ranch	C		7.99			7.98													
	ALDI	no label	C					8.49	5.29												
		no label											3.29								
	Cash Wise	Mussilami	G													5.98					
	Coborn's	Hereford						6.67													
	Cub Foods	Cub											2.49							w	
		Cub											4.29							w/o	
	Econofoods	no label											2.77							3.39	
		Angus Pride	C		9.60																
	Fareway	no label											2.19	1.99							3.99
		no label	C						8.99												
	Festival	Angus	C			7.99													3.99		w
		Angus	C			12.99															w/o
	Food Pride	no label										2.79									3.49
	Hornbacher's	no label												2.68							
	Hugo's	Angus Pride	C																		
	Hy-Vee	Angus Reserve								5.99											
		Choice Reserve	C		9.30	9.60															
		no label												2.99	4.77						
Kowalski's	Kowalski's CH	A					11.99													w	
	Kowalski's CH	A					15.99													w/o	
	Kowalski's PR	A					16.99													w	
	Kowalski's PR	A					19.99													w/o	
Lunds/Byerly's	no label															3.99					
Marketplace Foods	no label															2.98					
Maynard Foods	Star Ranch	S		8.99																	

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card					
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value		
MN (cont)	Rainbow Foods	no label			8.99	8.99							3.49							w			
		no label			11.49	11.49														w/o			
		Angus Pride	C				9.99																
	Save-a-Lot	no label					5.49						3.29										
	Sunshine Foods	no label	C		9.99																		
	Sun Mart	no label											2.77								3.39		
		Blackwell				7.99																	
	Super One Foods	no label													2.97								
		Angus	C			8.98																	
Target	Sutton & Dodge	C					20% off	20% off															
	no label											15% off		15% off		15% off					15% off		
	Teals Market	Angus Pride	C		7.99																		
	Walmart	no label											2.99										
		no label	S	7.97																			
ND	Cash Wise	Mussilami	G														5.98						
	Coborn's	Hereford					6.67																
	Dan's	no label																					
		Angus	C		9.99																		
	Food Pride	no label									2.79											3.49	
	Hornbacher's	no label											2.68										
	Hugo's	Angus Pride	C											2.50									
	Leevers Foods	no label																					
		Angus Pride	C		9.98																		
	Marketplace Foods	no label													2.98								
	Sun Mart	no label												2.77								3.39	
		Blackwell				7.99																	
	Super One Foods	no label														2.97							
		Angus	C			8.98																	
Target	Sutton & Dodge	C					20% off	20% off															
	no label											15% off		15% off		15% off						15% off	
	Teals Market	Angus Pride	C		7.99																		
	Walmart	no label											2.99										
		no label	S	7.97																			

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
NE	Affiliated Midwest	no label																				
		Star Ranch	C		7.99			7.98						2.99								
	ALDI	no label	C					8.49	5.29													
		no label												3.29								
	Apple Market	Heartland Pride	S					7.99						2.48								
	Bag'n Save	no label						4.88						1.99								
	Baker's	no label	C	6.99										3.49								
		no label												2.19	1.99						3.99	
	Fareway	no label	C					8.99														
	Food Pride	no label									2.79											3.49
	Hy-Vee	Angus Reserve								5.99												
		Choice Reserve	C		9.30	9.60									2.99	4.77						
	Russ's Market	no label															3.99					4.99
		Platte River	L					10.00														
	Safeway	Butcher's Cut	G												3.99							5.99
	no label													3.99								
Sun Mart	Ranchers Reserve	C	6.99				9.99							2.77							3.39	
	no label																					
Target	Blackwell			7.99																		
	Sutton & Dodge	C					20% off	20% off														
	no label												15% off		15% off		15% off				15% off	
Walmart	no label													2.99								
	no label	S	7.97																			
OH	Acme Fresh	Angus			12.99					4.99											w	
		Angus			15.99					5.99												w/o
		no label												3.79							w	
		no label												3.99							w/o	
	ALDI	no label	C					8.49	5.29													
	no label													3.29								
Bottom Dollar	no label										1.99											

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card					
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties			
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value		
OH (cont)	Buehler's	Angus																	3.99				
		no label					9.99												2.99		w		
		no label					15.99														w/o		
	Chief	Chief	C			6.99		5.99													w		
		Chief	C			11.29		6.49													w/o		
		no label												2.99							3.99	w	
		no label												4.49							5.19	w/o	
	Dave's Market	no label	C			8.99																w	
		no label	C			10.99																w/o	
	Dollar General Mkt	no label							5.50				2.10										
	Fishers	Fishers												2.99								w	
		Fishers												4.59								w/o	
	Food Fair	Black Canyon						7.88															
	Foodland	no label																				3.99	
		Star Ranch	S					7.88	4.99														
	Fresh Encounter	no label						6.99				2.99	2.79										
		Angus						5.99														w	
		Angus						7.99														w/o	
	Geyer's	Star Ranch	C			8.98																	
	Giant Eagle	no label	C					6.99	6.99	4.99													
		no label																				3.99	
		Market District	C					11.99	7.99													5.99	
	Heinen's	Heinen's							9.49													5.29	w
		Heinen's							9.99														
IGA	no label												2.99								3.49		
	IGA	S			8.99																		
Kroger Central	no label	C		6.99																		w	
	Private Selection	C					8.99																
Kroger Cincinnati	no label	C		6.99																			
Kroger Columbus	Angus							5.99															
	Private Selection	C			8.99																		
Kroger MidAtlntc	no label	C			7.99					3.99												w	
	no label												3.49										

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value					
OH (cont)	Marc's	Pinebrook																	3.99	3.99			
	(cont)	Black Canyoon	C																				
	Marsh	Marsh		C																		w	
		Marsh		C																			w/o
	Meijer	no label									20% off	20% off	20% off	20% off	20% off	20% off	20% off	20% off	20% off	20% off	20% off		
		Angus		C		9.99								2.49									
	Remke Markets	Angus		C														4.99					
		Meijer																					
		no label												2.99									w
	Star Ranch	no label												3.99									w/o
		Star Ranch		C				8.99			3.99												w
	Riesbeck's	Star Ranch		C				12.99			5.49												w/o
		Riesbeck's																				3.29	
	Save-a-Lot	Hereford									8.99												
		no label									5.49												
	Shop'n Save	no label																					
		no label		C		7.98																	
	Sparkle	no label		C							6.99												w
		no label		C							9.79												w/o
	Target	no label																					
		Sutton & Dodge		C					20% off	20% off													
	Thorne's Market	no label																					
1893 Angus			C			6.89	6.89						15% off		15% off		15% off				15% off		
Walmart	no label																						
	no label													2.99									
	no label		S	7.97										2.99									
SD	Affiliated Midwest	no label												2.99									
	Star Ranch	Star Ranch	C		7.99						7.98												
		Hereford									6.67												
	Fareway	no label												2.19	1.99							3.99	
		no label		C							8.99												
Hy-Vee	Angus Reserve																				5.99		
	Choice Reserve		C		9.30	9.60																	
	no label													2.99	4.77								

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
SD (cont)	Ken's Super Fair	no label	C		8.99																	
		Ken's																			w	
		Ken's																			w/o	
	Lynns Dakotamart	no label	C					4.98														
		no label										2.79	2.59									
	Maynard Foods	Star Ranch	S		8.99																	
	Safeway	Butcher's Cut	G																		5.99	
		no label																				
	Sunshine Foods	Ranchers Reserve	C	6.99				9.99														
	Target	no label	C		9.99																	
	Sutton & Dodge	C					20% off	20% off														
	no label											15% off		15% off		15% off					15% off	
Teals Market	Angus Pride	C		7.99																		
Walmart	no label												2.99									
	no label	S	7.97																			
WI	Affiliated Midwest	no label											2.99									
		Star Ranch	C		7.99			7.98														
	ALDI	no label	C					8.49	5.29													
		no label												3.29								
	Econofoods	no label											2.77								3.39	
		Angus Pride	C		9.60																	
	Festival Foods	Angus							5.98					3.48								w
		Angus							7.99					4.49								w/o
	Gordy's	Gordy's											2.98									
	Hy-Vee	Angus Reserve							5.99													
		Choice Reserve	C		9.30	9.60								2.99	4.77							
		no label												2.99								
	Marketplace Foods	no label													2.98							
Pick'n Save/Copps	Angus	C			8.99	8.99	9.99														w	
	Angus	C			11.49	11.49															w/o	
	no label												3.49									
Piggly Wiggly	no label			5.99	4.99							2.79	2.49								4.29	
	Angus			8.99											3.29							
Save-a-Lot	no label						5.49						3.29									

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
WI (cont)	Sendik's	Sendik's					9.99						2.99								
	Sentry Foods	Sentry																		3.99	
	Super One Foods	no label	C				8.99														
		Angus	C		8.98																
	Tadych's	Econofoods	C										2.79							3.19	
		Naturewell	C						6.49												
	Target	Sutton & Dodge	C				20% off		20% off												
		no label	C									15% off		15% off		15% off					15% off
The Fresh Market	no label	C					14.35														
Walmart	no label	S		7.97									2.99								

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
SOUTH CENTRAL U.S. - AR,AZ,CO,KS,LA,MO,NM,OK,TX,UT																					
AR	Affiliated Midwest	no label																			
	Star Ranch		C		7.99									2.99							
	Albertsons Sthrn	no label										2.88				3.68				3.98	
	Open Prairie		A	20% off				20% off	BOGO												
	Steakhouse Choice		C			7.99		7.99													
	ALDI	no label	C					8.49	5.29												
	no label													3.29							
	Bill's Market	Angus	C		9.98															3.48	
	Brookshire's	no label											3.49	3.49							
	no label		S		6.99															w	
	no label		S		9.99															w/o	
	CV's Foods	Chairman Reserve							4.99												
	no label											2.99									
	Edwards FG	Angus	C		8.98							2.98									
	E.W. James	no label												2.69							
	no label		S		8.99																
	Food Giant	no label										2.28								2.68	
	Black Canyon		S			7.58	7.98														
	G&W Foods	no label	C		8.98				6.49												
	no label													3.48							
	Harp's	no label												2.99						3.79	
	Hay's	Black Canyon			8.98															3.38	
	no label																				
	Kroger - Delta	no label											2.99	3.49							
	Simple Truth		A										4.99								
	no label		C		9.99																
	Mac's Fresh	no label										2.99								3.69	
	Black Canyon		S			7.99			4.99												
	Marvin's	no label												2.99							
	Chairman Reserve								4.99												
	Piggly Wiggly FG	Black Canyon				5.98															
	no label											2.58									

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
AR (cont)	Rehkopf's	no label																				
		no label	C		8.99									2.99								
	Save-a-Lot	no label						5.49						3.29								
	Target	Sutton & Dodge	C					20% off	20% off													
		no label											15% off		15% off		15% off				15% off	
	The Fresh Market	no label	C					14.35														
	T&C Grocers	no label	S					5.88				2.29										
Walmart	no label	S												2.99								
	no label	S		7.97																		
AZ	Albertsons SW	no label																				
		no label	C	8.99		8.99		8.99	BOGO						2.99	2.99	4.29	4.29				
	Basha's	no label												2.88								
		no label	C		11.85	6.77		11.85	7.85													
	EI Super	no label		4.99													3.69					
	Food City	no label									1.99											
	Fry's	no label	C	5.87																		
		no label													3.79							
	Lowe's	no label							3.99													2.69
	Pro's Ranch	no label										1.99										
	Safeway	no label																2.99				
		Ranchers Reserve	C	5.99	7.99			5.99														
	Save-a-Lot	no label						5.49							3.29							
	Smart & Final	Cattlemens Finest						6.49														
	Smith's	no label	C	5.99																		
		Private Selection																				
Sprout's	no label																					2.99
	Sprout's	C					10.99	5.49														
Target	Sutton & Dodge	C					20% off	20% off														
	no label												15% off		15% off		15% off					15% off
Walmart	no label																					
	no label	S		7.97										2.99								

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				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
CO	Affiliated Foods	no label						3.59		2.39	1.99										
	Affiliated Midwest	no label											2.98								
	Star Ranch					7.98															
	Albertsons SW	no label											2.99	2.99	4.29	4.29					
	no label	C	8.99		8.99		8.99	BOGO													
	Clark's	Angus	C	12.99																	
	King Soopers	no label	C	6.99																	
	Private Selection													3.99							
	Lowe's	no label							3.99			1.99								2.69	
	Safeway	Butcher's Cut	G																	5.99	
	no label													3.99							
	Ranchers Reserve	C	6.99				9.99														
	Save-a-Lot	no label					5.49														
	Sprout's	no label													2.99						
Sprout's		C				10.99	5.49														
Sun Mart	no label																		3.39		
Blackwell				7.99																	
Target	Sutton & Dodge	C				20% off	20% off														
no label												15% off		15% off		15% off			15% off		
Walmart	no label																				
no label		S	7.97										2.99								
Whole Foods	no label						14.99														
KS	Affiliated Foods	no label						3.59		2.39	1.99										
	Affiliated Midwest	no label											2.98								
	Star Ranch					7.98															
	ALDI	no label	C			8.49	5.29														
	no label												3.29								
	Apple Market	Heartland Pride	S				7.99						2.48								
	Naturewell		A				7.99														
	Dillon's	no label	C	6.99																	
	no label													3.49							
	G&W Foods	no label	C		8.98																
no label													3.48								

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
KS (cont)	Hen House	Hereford										3.49									
		Hereford	C				9.60														
		Good Natured	L					9.29								5.79					
	Homeland Stores	Red River Ranch						4.99													
	Hy-Vee	Angus Reserve						5.99													
		Choice Reserve	C		9.30	9.60															
		no label											2.99	4.77							
	Marvin's	no label											2.99								
		Chairman Reserve							4.99												
	Price Chopper	KC Pride						7.99							2.48						
	Save-a-Lot	no label						5.49							3.29						
	Sprout's	no label														2.99					
		Sprout's	C					10.99	5.49												
	Sun Fresh	no label	C					7.99													
	Target	Sutton & Dodge	C					20% off	20% off												
		no label											15% off		15% off		15% off				15% off
The Fresh Market	no label	C					14.35														
Walmart	no label													2.99							
	no label	S		7.97																	
Whole Foods	no label						14.99														
Woods	Butcher's Pride	C					10.00	4.99												3.99	
	no label															3.69					
	no label	S		8.98																	
LA	Albertsons Sthrn	no label									2.88					3.68				3.98	
		Open Prairie	A	20% off				20% off	BOGO												
		Steakhouse Choice	C			7.99		7.99													
	Breaux Mart	no label	S		7.99																
		no label												2.99							
	Brookshire's	no label										3.49	3.49								
		no label	S		6.99																w
	no label	S		9.99																w/o	
Kroger Southwest	Kroger	C		4.99																w	
	no label												3.49								

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card					
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties			
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value						
LA (cont)	LeBlanc's	Angus	C		8.99																			
		no label											2.69											
	Mac's Fresh	no label									2.99										3.69			
		Black Canyon	S			7.99			4.99															
	Market Basket	MB Premium	S			7.99																		
	Piggly Wiggly	Angus							4.99						2.79									
	Rouses	no label									1.99											2.99		
		Texas Star				7.99																		
	Save-a-Lot	no label												3.29										
	Target	Sutton & Dodge	C						5.49 20% off	20% off														
	no label											15% off		15% off		15% off						15% off		
Walmart	no label												2.99											
	no label	S		7.97																				
Winn-Dixie	no label												2.99									w		
	no label												4.49									w/o		
	WD Brand	C			11.98				5.99													w		
	WD Brand	C			13.98				7.99													w/o		
MO	Affiliated Midwest	no label											2.98											
		Star Ranch							7.98															
	ALDI	no label	C						8.49	5.29														
		no label												3.29										
	Apple Market	Heartland Pride	S						7.99					2.48										
	C&R Market	no label												2.68									3.29	
		Star Ranch	S						7.99															
	County Market	no label										2.88											3.49	
		Rancher's Legend				12.00																	4.50	
	Country Mart	no label											2.28										3.49	
		Naturewell	A						7.99															
	Food Giant	no label											2.28										2.68	
		Black Canyon	S				7.58	7.98																
G&W Foods	no label	C			8.98																			
	no label													3.48										
Gerbe's	no label	C		6.99																				
	no label													3.49										

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
MO (cont)	Harp's	no label											2.99						3.79		
	Hay's	Black Canyon			8.98														3.38		
	Hen House	no label																			
		Hereford											3.49								
	Hy-Vee	Hereford	C					9.60													
		Good Natured	L							9.29									5.79		
	Kroger Central	Angus Reserve								5.99											
		Choice Reserve	C		9.30	9.60								2.99	4.77						
	Moser's	no label			6.99																w
		Private Selection	C					8.99													
	Patricia's	no label	S					5.99						2.49							w
		no label	S					6.77													w/o
	Piggly Wiggly FG	no label											2.39								w
		Black Canyon				5.98							4.09								w/o
	Price Chopper	no label												2.58							
		KC Pride						7.99													
	Pyramid Foods	no label	C			6.99				4.99											
		Creekstone Farms	A							6.99									4.99		
	Save-a-Lot	no label								5.49											
		no label												3.29							
	Shop'n Save	no label											2.99								
		no label	C					7.99													
	Sun Fresh	no label																			
Sutton & Dodge		C					20% off	20% off													
T&C Grocers	no label													15% off	15% off	15% off				15% off	
	no label	S					5.88					2.29									
Town & Country	no label																				
	Top Choice	C					9.99					2.28									
Walmart	no label																				
	no label	S		7.97									2.99								
Woods	Butcher's Pride	C					10.00	4.99												3.99	
	no label														3.69						
	no label	S			8.98																

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
NM	Affiliated Foods	no label						3.59		2.39	1.99										
	Albertsons SW	no label												2.99	2.99	4.29	4.29				
	Basha's	no label	C	8.99		8.99		8.99	BOGO				2.88								
	King Soopers	no label	C		11.85	6.77		11.85	7.85												
		Private Selection		C	6.99																
	John Brooks	no label							4.99		2.39	2.29									
	Lawrence Bros.	no label							4.99												
	Lowe's	no label							3.99			1.99								2.69	
	Pro's Ranch	no label										2.69									
	Safeway	Butcher's Cut	G																	5.99	
		no label												3.99							
	Smith's	Ranchers Reserve	C	6.99				9.99													
		no label	C	5.99																	
		Private Selection																			
	Sprout's	no label																			
		Sprout's	C					10.99	5.49												
	Target	Sutton & Dodge	C					20% off	20% off												
	no label											15% off		15% off		15% off			15% off		
Walmart	no label												2.99								
	no label	S	7.97																		
	Whole Foods	no label						14.99													
OK	Affiliated Foods	no label						3.59		2.39	1.99										
	Affiliated Midwest	no label											2.98								
		Star Ranch						7.98													
	ALDI	no label	C					8.49	5.29												
		no label												3.29							
	Buy For Le\$\$	SuKarne			5.99																
	Country Mart	no label									2.28								3.49		
		Naturewell	A					7.99													
Harp's	no label												2.99					3.79			
Homeland Stores	Red River Ranch							4.99													
Market Square	no label							3.99		2.39	1.99										

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card					
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties			
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value						
OK (cont)	Marvin's	no label																						
	Chairman Reserve																							
	Nichols	no label	S			7.99																		
	Pyramid Foods	no label	C			6.99																		
	Creekstone Farms		A																					
	Reasor's	no label	P																					
	no label																							
	Rehkopf's	no label																						
	no label		C			8.99																		
	Save-a-Lot	no label																						
	Sprout's	no label																						
	Sprout's		C																					
	Target	Sutton & Dodge		C																				
no label																								
The Fresh Market	no label		C																					
Walmart	no label																							
no label			S			7.97																		
Warehouse Mrkt	no label																							
Williams	Angus		C																					
TX	Affiliated Foods	no label																						
	Albertsons Sthrn	no label																						
	Open Prairie		A			20% off																		
	Steakhouse Choice		C																					
	Albertsons SW	no label																						
	no label		C			8.99																		
	ALDI	no label		C																				
	no label																							
	Arlan's Market	no label																						
	Brookshire's	no label																						
	no label			S			6.99																	
	no label			S			9.99																	
	Brookshire Bros.	no label																						
Diamond IGA	no label																							
no label			S			7.99																		

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
TX (cont)	El Ahorro	no label										2.59									
	El Rancho	no label										2.59									
	El Rio Grande	no label													3.69						
	Fiesta Mart	Lone Star			5.99				3.99												
	Foodarama/Lafiesta	no label										1.77									
	Food Town	no label										2.88									
	H-E-B	no label	C		8.97															2.97	
	Homeland Stores	Red River Ranch							4.99												
	Kroger Southwest	Kroger	C	4.99																	
		no label													3.49						
	Lawrence Bros.	no label							4.99												
	Lowe's	no label							3.99				1.99								
	Market Basket	MB Premium	S			7.99															
	Market Place	no label			8.99								2.99								
	Market Square	no label							3.99		2.39		1.99								
	Minyard's	no label				3.98								2.99							
	Pro's Ranch	no label											2.69								
	Randall/Tom Thumb	no label													3.49						
		Ranchers Reserve	C	5.99	7.99				5.99												
	Rehkopf's	no label													2.99						
	no label	C		8.99																	
Save-a-Lot	no label							5.49						3.29							
Sprout's	no label														2.99						
	Sprout's	C						10.99	5.49												
Target	Sutton & Dodge	C						20% off	20% off												
	no label												15% off		15% off		15% off		15% off		
Terry	no label											1.98									
The Fresh Market	no label	C						14.35													
United/Market St	no label			6.97																	
Vista Markets	Hereford												3.69								
	no label														2.99						
Walmart	no label	S	7.97																		
	no label																				

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State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card				
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties		
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value	
UT	Albertsons SW	no label												2.99	2.99	4.29	4.29					
		no label	C	8.99		8.99		8.99	BOGO													
	Albertsons Mtn	no label	C	6.99	8.99			5.99	4.99													
		no label													3.49							
	Associated Food	no label		6.99	8.00				4.99	3.49							3.99					
		Stone's													4.00						2.79	
	Clark's	Angus	C	12.99																		
	Harmon's	no label																			3.99	
		no label	C	8.99						5.79												
	King Soopers	no label	C	6.99																		
		Private Selection																				
	Ream's	no label								3.99			2.39									
	Smith's	no label	C	5.99																		
		Private Selection																				
Sprout's	no label																					
	Sprout's	C						10.99	5.49													
Target	Sutton & Dodge	C						20% off	20% off													
	no label											15% off		15% off		15% off				15% off		
Walmart	no label												2.99									
	no label	S	7.97																			
Whole Foods	no label							14.99														

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State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
SOUTHWESTERN U.S. - CA,HI,NV																					
CA	Albertsons	no label		5.88	7.99	8.99		7.99	BOGO							3.99					
		Laura's Lean	A														6.99				
		Laura's Lean	O												7.99						
	Baja Ranch	Harris Ranch											3.29								
	Big Saver	no label	S			5.99	5.99												3.99		
	Buy Low	no label																			
	Dollar General Mkt	no label							5.50			2.10									
	El Super	no label		4.99												3.69					
	El Tapatio	no label										1.99									
	Food4Less	no label		5.79																	
	Foodland IGA	no label												3.39							
	Holiday Market	Sterling Silver							5.99					3.49							
	Jon's Marketplace	Black Canyon								3.49											
		no label				4.99	4.99	4.99													
	K.V. Mart	no label				4.99		4.99													
	Lucky	Harris Ranch	C		9.99		7.99	5.99													
		no label													3.99				3.99		
	Lunardi's	Lunardi's											4.89								
		no label			13.99			14.99													
	Mollie Stone's	no label	C	12.99															6.49		
	Northgate	no label		5.99		5.99	5.99														
	Nugget Market	no label												2.99							
	Raley's	no label	C	10.99		10.99	9.98	9.98	6.99	5.99											
		no label			9.98									3.69			5.99		5.29		
		no label	A														6.49				
	Ralph's	no label	C						4.99												
		Sunfed Grass-fed	O														6.99				
		Simple Truth	O														8.99				
	Ray's Food Place	no label											3.69								
		Angus	C		8.77			8.77	6.99												
	R-Ranch	no label																3.99			
	Rio Ranch	no label			6.99							1.99									

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
CA (cont)	Safeway	no label											3.99								
		Open Nature	G						6.99												
		Ranchers Reserve	C	6.99					5.99												
	Save Mart	Master Cut			7.99																
		Harris Ranch		8.99																	
	Smart & Final	Cattlemens Finest					6.49														
	Sprout's	no label												2.99							
		Sprout's	C					10.99	5.49												
	Stater Bros.	no label		5.99													3.99				
		Stater Bros.												2.99							
	Super A Foods	Harris Ranch					7.99				2.99										
	Superior	no label							5.49		2.79										
	Target	Sutton & Dodge	C					20% off	20% off												
		no label											15% off		15% off		15% off				
The Fresh Market	no label	C					14.35												15% off		
Vallarta	no label											3.59									
Vons/Pavillion	no label															4.79	4.79	4.99			
	Open Nature	G					12.99														
	Ranchers Reserve	C	5.99		9.99		9.99														
Walmart	no label												2.99								
	no label	S	7.97																		
Whole Foods	Panorama	O							9.99												
HI	Foodland	no label			6.99	7.49															
		Angus	C	12.99					7.99					3.99				6.29			
	Safeway	no label												4.99							
		Open Nature	G							7.99											
		Ranchers Reserve	C	6.99					6.99												
	Target	Sutton & Dodge	C				10% off	10% off													
		no label										10% off		10% off		10% off			10% off		
Times	Sterling Silver		7.99																		
	no label											3.99									
	no label	C	7.99						7.69												
	no label	P	9.99																		

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value				
NV	Albertsons	no label		5.88	7.99	8.99		7.99	BOGO						3.99							
		Laura's Lean	A													6.99						
		Laura's Lean	O											7.99								
	Associated Food	no label		6.99	8.00				4.99	3.49						3.99						
		Stone's													4.00							2.79
	El Super	no label		4.99											3.69							
	Food4Less	no label		5.79																		
	Marketon	no label																3.89				
	Raley's	no label	C	10.99		10.99	9.98	9.98	6.99	5.99												
		no label			9.98									3.69								5.29
		no label	A																			
	Ralph's	no label	C						4.99													
		Sunfed Grass-fed	O																			
		Simple Truth	O																			
	Safeway	no label												3.99								
		Open Nature	G							6.99												
		Ranchers Reserve	C	6.99						5.99												
	Scolari's	Harris Ranch	S						4.99													
	Smart & Final	Cattlemens Finest							6.49													
	Smith's	no label	C	5.99																		
		Private Selection														2.99						
	Sprout's	no label														2.99						
		Sprout's	C						10.99	5.49												
	Target	Sutton & Dodge	C						20% off	20% off												
	no label																					
Vons/Pavillion	no label											15% off		15% off		15% off					15% off	
	Open Nature	G						12.99														
	Ranchers Reserve	C	5.99		9.99			9.99														
Walmart	no label												2.99									
	no label	S	7.97																			
Whole Foods	Panorama	O							9.99													

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				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
NORTHWESTERN U.S. - AK,ID,MT,OR,WA,WY																					
AK	AC Value Center	no label						8.48													
	Carr's	Open Nature	G							7.99											
	Fred Meyer	no label	C	7.99		7.99		9.99	6.99												
	Kroger	no label							4.99	4.99					3.98						
	Three Bears	no label	C			8.79															
	Walmart	no label	S			7.99									2.25						
		no label	S	10.98																	
ID	Albertsons Mtn	no label	C	6.99	8.99			5.99	4.99												
	Albertsons NW	no label													3.49						
	Steakhouse Choice	no label	C	7.99	10.99	9.99		7.99	BOGO	5.99						3.99					
	Associated Food	no label		6.99	8.00				4.99	3.49							3.99				
	Stone's	no label													4.00					2.79	
	Family Foods	no label							4.98						2.58						
	Fred Meyer	no label							3.99	3.99											
	Kroger	no label												3.48							
	Harvest Foods	Northwest Premium	C					5.98		4.98											
	no label																		3.98		
	Paul's Market	no label				7.98			4.59					2.48							
	Rosauer's	St Helens	C			5.99				3.49											
	no label												2.89	2.89							
	Safeway	Open Nature	G								6.99										
	no label		C	6.99		6.99			8.99	5.99											
	Smith's	no label	C	5.99																	
Private Selection														2.99							
Super 1 Foods	Angus	C					5.98														
Open Prairie		A										4.48									
Target	Sutton & Dodge	C					20% off	20% off													
no label													15% off	15% off	15% off				15% off		
Walmart	no label													2.99							
		no label	S	7.97																	

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BEEF

State	Supermarket	Brand	Key	Steaks for Grilling							Ground Beef (lean % where noted)								Store Card		
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%			Sirloin	Patties
				bone-in	bnls						reg	value	reg	value	reg	value	reg	value			
ID (cont)	Yokes Market	Hereford						5.99						2.17						w	
		Hereford						9.99						3.97						w/o	
MT	Albertsons Mtn	no label	C	6.99	8.99			5.99	4.99												
	Associated Food	no label		6.99	8.00				4.99	3.49					3.49						
	Family Foods	Stone's							4.98					4.00		3.99				2.79	
	Harvest Foods	Northwest Premium	C					5.98		4.98											
	Rosauer's	St Helens	C			5.99															
	Safeway	Open Nature	G							6.99			2.89	2.89							
	Smith's	no label	C	6.99		6.99		8.99	5.99												
	Smith's	Private Selection	C	5.99																	
	Super 1 Foods	Angus	C					5.98													
	Three Bears	Open Prairie	A										4.48								
	Walmart	no label	S			8.79															
	Walmart	no label	S			7.99															
	Walmart	no label	S	7.97																	
OR	Albertsons NW	no label												3.49			3.99				
	Albertsons NW	Steakhouse Choice	C	7.99	10.99	9.99		7.99	BOGO	5.99											
	Family Foods	no label							4.98						2.58						
	Fred Meyer	no label							3.99	3.99											
	Haggen/Tops	Kroger											3.48								
	Haggen/Tops	Double R Ranch	C	6.99					5.99	3.99				3.49						3.99	
	Harvest Foods	Bartel Farms	G																	5.66	
	Harvest Foods	Northwest Premium	C					5.98		4.98											
Market of Choice	no label																		3.98		
Market of Choice	Painted Hills	A		13.99						5.99				3.99						w	
Market of Choice	Painted Hills	A		19.99						6.99				5.49						w/o	
McKay's Market	no label						4.99														

SUPERMARKET HOLIDAY FEATURING OF MEAT, POULTRY, FRUITS, & VEGETABLES

Memorial Day 2014

prices in \$US per pound unless otherwise noted.

BEEF

State	Supermarket	Brand	Key	Steaks for Grilling						Ground Beef (lean % where noted)								Store Card			
				Ribeye		T-Bone	Porter House	Bnls Strips	Top Sirloin	London Broil	73-75%		80% & Chuck		85-90%		93-95%		Sirloin	Patties	
				bone-in	bnls						reg	value	reg	value	reg	value	reg				value
OR (cont)	New Seasons	no label	A						6.99												
	QFC	no label	C	6.99																	
		Angus	C		10.99				10.99	7.99											
		no label																			
	Ray's Food Place	no label											3.69				4.99				
		Angus	C		8.77				8.77	6.99											
	Red Apple	St Helens	L	8.99						4.99	4.49										
		no label												3.49							
	Rosauer's	St Helens	C			5.99															
		no label											2.89	2.89							
	Roth's	no label													2.99			3.88			
	Painted Hills	A		14.99																	
Safeway	Open Nature	A								6.99											
	no label	C	6.99		6.99			8.99	5.99												
Target	Sutton & Dodge	C						20% off	20% off												
	no label												15% off		15% off		15% off			15% off	
Walmart	no label																				
	no label	S	7.97																		
WA	Albertsons NW	no label																			
		Steakhouse Choice	C	7.99	10.99	9.99		7.99	BOGO	5.99					3.49		3.99				
	Family Foods	no label							4.98							2.58					
	Fred Meyer	no label							3.99	3.99											
		Kroger											3.48								
	Haggen/Tops	Double R Ranch	C	6.99					5.99	3.99			3.49							3.99	
		Bartel Farms	G																		5.66
	Harvest Foods	Northwest Premium	C					5.98		4.98											
		no label																			3.98
	Metropolitan	no label	L														5.49				5.99
		Wheeler County	L						12.99												
	Wagyu	L						19.99													
	Mitchell, OR	L						19.99													
QFC	no label	C	6.99																		
	Angus	C		10.99				10.99	7.99												
	no label																			4.99	

