

SUPERMARKET HOLIDAY FEATURING OF MEAT & POULTRY

prices in \$US per pound unless otherwise noted.

Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
NORTHEASTERN U.S. - CT,DC,DE,MA,MD,ME,NH,NJ,NY,PA,RI,VT															
CT	A&P Stores	Smithfield no label America's Choice Kentucky Legend Smokehouse	2.49		1.59	1.49	1.29					3.49	2.99		w/ store card
	Adams	Triple M Alex. & Hornung	1.99 1.99												
	AG New England	Shurfine		1.69		1.19	0.99			2.99		3.49			
	Aldi	Specially Selected Appleton Farms	1.99			1.49	1.19	0.99							
	Big Y	Big Y Carando Cook's Hatfield World Classics		1.79 2.99	1.98		1.08	0.78			BOGO				limit 1
	Bravo	Cook's Cook's				1.19	0.99					3.69			w/ \$100 purchase
	Compare Foods	Cook's		2.99											
	C-Town	Cook's Cook's				1.19	0.99					3.69			w/ \$100 purchase
	Fairway	Hormel	3.49												
	Geissler's	Carando Triple M Alex. & Hornung		1.99		2.49	1.99		2.49						
	Highland Park	John Morrell Highland Park	3.29			3.29	3.29		4.99	4.99					
	NSA Supermarkets	Sugardale Cook's				1.49	1.29								
	Pathmark	Smithfield Smithfield	1.99	1.29								3.49			w/ store card
	Price Chopper	Hormel Cook's Cook's Alex. & Hornung Hatfield	2.99	1.49 2.08		1.28	0.98		3.99	3.99					w/ store card w/o store card semi-boneless
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	ShopRite	Hatfield							3.00						

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
CT (cont)	Stop & Shop	Stop & Shop	1.49	1.49		1.19	0.99	2.79	3.29					w/ store card
		Carando		2.49										
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	Fresh Market	2.99											
	Walmart	Sam's Choice no label	1.98	1.58										
	Whole Foods	Wellshire Farms	6.99	6.99										
DC	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Giant Hyattsville	Giant Carando	1.59	1.59 2.49		1.19	0.99	2.79	3.29					w/ store card
	Harris Teeter	Harris Teeter					2.69					2.97		w/ store card
		Harris Teeter					2.99							w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
		H.T. Traders		2.29	1.49									w/ store card
		H.T. Traders		3.99	3.29									w/o store card
		Paula Deen			3.69									w/ store card
		Paula Deen			4.29									w/o store card
		Smithfield			2.99									w/ store card
		Smithfield			3.49									w/o store card
	Hormel	Hormel								4.99	4.99			w/ store card
		Hormel								6.69	6.69			w/o store card
no label												2.49	w/ store card	
no label												2.99	w/o store card	
Safeway	Safeway		1.49		1.29	0.99							limit 1	
Target	Archer Farms		1.89										limit 2	
DE	A&P Stores	Smithfield			1.59	1.49	1.29				3.49	2.99		
		no label												
		America's Choice Kentucky Legend Smokehouse	2.49					3.99	3.99	3.99				w/ store card
	ACME	Lancaster Lancaster	1.98			0.98	0.78				3.99			w/ store card; limit 1
		Hatfield Signature			2.99	2.99		2.75						w/ store card; limit 1
Food Lion	My Essentials		1.39			0.89							limit 2	
	Smithfield		1.79			1.19							limit 2	

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
DE (cont)	Fresh Grocer	Sugardale Smithfield	1.99 1.99			0.98	0.78							w/ \$50 purchase; limit 1
	Giant Hyattsville	Giant Carando	1.59	1.59 2.49		1.19	0.99	2.79	3.29					w/ store card
	Harris Teeter	Harris Teeter Harris Teeter Harris Teeter Harris Teeter H.T. Traders H.T. Traders Paula Deen Paula Deen Smithfield Smithfield Hormel Hormel no label no label				2.69 2.99					2.97			w/ store card w/o store card w/ store card; limit 2 w/o store card or limit w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card 2.49 2.99
	Pathmark	Smithfield Smithfield no label America's Choice Kentucky Legend	1.99 2.49		1.59	1.09	0.89					3.49	2.99	w/ store card; limit 2 w/ store card
	Redner's	Redner's Redner's Berk's Leidy's Hatfield Kunzler no label		1.58 2.68				1.88 3.28 2.68 2.68 2.68						w/ store card w/o store card
	Safeway	Safeway		1.49		1.29	0.99							limit 1
	Save-a-Lot	Sugardale				1.19	0.99					2.49		
	ShopRite	Hatfield						3.00						
	Shurfine	Shurfine Hatfield Kunzler		1.29	2.49			1.99						w/ store card w/ store card w/ store card
	Target	Archer Farms		1.89										limit 2

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
DE (cont)	Walmart	Sam's Choice no label	1.98	1.58											
MA	Adams	Triple M Alex. & Hornung	1.99												
	AG New England	Shurfine		1.69		1.19	0.99		2.99		3.49				
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
	Big Y	Big Y			1.79	1.98					BOGO				limit 1
		Carando			2.99		1.08	0.78							
		Cook's Hatfield				2.69									
		World Classics		4.49	4.49										
	Compare Foods	Cook's		2.99											
	Crosby's	Carando			2.29										w/ store card
		Carando			3.99										w/o store card
		Triple M Jones Dairy Boar's Head							4.99 5.99	5.60			3.69		
	C-Town	Cook's Cook's		2.69			1.19	0.99					3.69		w/ \$100 purchase
	Demoulas	Leidy's												3.99	
Market Basket				1.89									3.79	w/ store card	
Market Basket				2.29										w/o store card	
Carando				1.99										w/ store card	
Carando				2.39										w/o store card	
Smithfield						1.09	0.99					2.79		w/ store card	
Smithfield						1.49	1.39					2.99		w/o store card	
Sugardale						1.09	0.99					2.79		w/ store card	
Sugardale						1.49	1.39					2.99		w/o store card	
Glen Rock Glen Rock									2.49 2.99					w/ store card w/o store card	
Donelan's	Carando			1.99											
	Cook's					2.79									
	John Morrell								4.99						
	Triple M								2.99			4.99			
	Jones Dairy Vermont								5.20						
										6.99					

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MA (cont)	Geissler's	Carando Triple M Alex. & Hornung		1.99	2.49	1.99			2.49					
	Hannaford	My Essentials My Essentials Cook's Cook's Hillshire Farms Hormel Hormel Cumberland Gap Taste Inspiration Taste Inspiration	1.79	1.49 2.79 1.79 3.29 3.49		1.19 1.79 1.39	0.99 1.59 1.19							w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card
	NSA Supermarkets	Sugardale Cook's				1.49 1.49	1.29 1.29							
	Price Chopper	Hormel Cook's Cook's Alex. & Hornung Hatfield	2.99	1.49 2.08	2.49	1.28 2.69	0.98	3.99 2.99	3.99 3.29					w/ store card w/o store card semi-boneless
	Roche Bros.	Roche Bros. Roche Bros. Carando Kentucky Legend Jones Dairy Dietz & Watson Triple M Cook's	2.99 2.99	5.99 2.49				3.99 3.99	5.20					premium
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Shaw/Star	Dietz & Watson Shaw's Cook's Hormel	1.99 1.29 1.49			1.19	0.89		5.49	5.49				
	Stop & Shop	Stop & Shop Carando	1.49	1.49 2.49		1.19	0.99	2.79	3.29					w/ store card
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
MA (cont)	Trucchi's	Cook's		1.69		1.29	0.99					3.99			
		Carando		1.99											
		Triple M								3.99		4.99			
		Kayem		2.99				2.99							
		Jones Farms						4.99							
		Hormel		2.99						3.99					
		John Morrell								4.49					
		Hillshire Farms		2.99											
	Walmart	Sam's Choice no label	1.98	1.58											
Wegman's	Wegman's		1.99		1.99				3.99						
	Wegman Signature		5.99												
	Wegman Organic		7.99												
MD	A&P Stores	Smithfield no label			1.59	1.49	1.29					3.49	2.99		
		America's Choice	2.49												
		Kentucky Legend									3.99				
		Smokehouse						3.99	3.99	3.99				w/ store card	
	ACME	Lancaster				0.98	0.78					3.99			w/ store card; limit 1
		Lancaster Hatfield Signature	1.98		2.99	2.99		2.75							w/ store card; limit 1
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
	Food Lion	My Essentials		1.39			0.89								limit 2
		Smithfield		1.79			1.19								limit 2
	Giant Carlisle	Giant				1.19	0.99	2.79	3.29						w/ store card
		Kunzler						2.99							w/ store card
		Hatfield						2.99							w/ store card
Berk's							2.99							w/ store card	
Giant Eagle	Giant Eagle	1.99	2.99	0.98			2.39								
	Sugardale		2.99	1.19			2.79	3.19	3.39					limit 1	
	Hillshire Farms		3.39				4.69								
	Market District			3.49	3.49										
Giant Hyattsville	Giant	1.59	1.59		1.19	0.99	2.79	3.29						w/ store card	
	Carando		2.49												
Graul's	Kunzler Smithfield	2.49		2.29	2.29		2.99	2.99							

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MD (cont)	Great/VALU	Sugardale	1.99			1.29	1.09							
		Jerry's			2.29			2.69						
		Kunzler						2.79						
		Berk's						2.79						
		Hatfield						2.79						
		Smithfield		1.99	1.99									
		Mash			1.99									
		Esskay			1.99									
	Harris Teeter	Harris Teeter				2.69						2.97		w/ store card
		Harris Teeter				2.99								w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
		H.T. Traders	2.29	1.49										w/ store card
		H.T. Traders	3.99	3.29										w/o store card
		Paula Deen		3.69										w/ store card
		Paula Deen		4.29										w/o store card
		Smithfield		2.99										w/ store card
		Smithfield		3.49										w/o store card
		Hormel							4.99	4.99				w/ store card
		Hormel							6.69	6.69				w/o store card
		no label											2.49	w/ store card
		no label											2.99	w/o store card
	Mars	Smithfield				1.79	1.59							
		Hormel				1.79	1.59							
		Sugardale				1.29	1.09							
		Hatfield						2.49						
	Redner's	Redner's		1.58				1.88						w/ store card
		Redner's		2.68				3.28						w/o store card
		Berk's						2.68						
		Leidy's						2.68						
		Hatfield						2.68						
		Kunzler						2.68						
		no label				1.48								
Safeway	Safeway		1.49		1.29	0.99							limit 1	
Shopper's Food	Gwaltney		1.39		1.09	0.99								
	Smithfield		1.79											
	Smithfield		2.49		1.29	1.19							premium	

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MD (cont)	Shop'n Save	Sugardale			1.49			2.19						w/ \$25 purchase; limit 1
		Sugardale	1.99			1.39	1.29							
		Superior Hillshire Farms		2.99				2.49	2.69					
	ShopRite	Hatfield						3.00						
	Shurfine	Shurfine		1.29				1.99						w/ store card w/ store card w/ store card
		Hatfield			2.49									
		Kunzler						2.49						
	Stop Shop Save	Sugardale					0.78						w/ \$15 purchase; limit 1	
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											
	Walmart	Sam's Choice	1.98											
		no label		1.58										
Wegman's	Wegman's		1.99			1.99			3.99					
	Wegman Signature		5.99											
	Wegman Organic		7.99											
Weis	Weis	1.29				1.59	1.39	1.99				3.19	w/ store card	
	Smithfield	1.29											w/ store card	
	John F. Martin							1.99					w/ store card	
	Smokehouse							2.69	2.99	2.99			w/ store card	
	Berk's							3.29	3.59	3.59			w/ store card	
	Hatfield							3.29	3.59	3.59			w/ store card	
	Kunzler							3.29	3.59	3.59			w/ store card	
	Paula Deen	3.49											w/ store card	
	Hormel	2.49											w/ store card	
ME	AG New England	Shurfine		1.69		1.19	0.99		2.99			3.49		
	Hannaford	My Essentials	1.79	1.49		1.19	0.99							w/ store card
		My Essentials		2.79		1.79	1.59							w/o store card
		Cook's		1.79		1.39	1.19							w/ store card
		Cook's		3.29										w/o store card
		Hillshire Farms		3.49										
		Hormel						3.99	3.99					w/ store card
		Hormel						3.79	3.79					w/o store card
		Cumberland Gap				2.39								
	Taste Inspiration		2.29										w/ store card	
	Taste Inspiration		3.89										w/o store card	
Save-a-Lot	Sugardale				1.19	0.99				2.49				

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ME (cont)	Shaw	Dietz & Watson	1.99												
		Shaw's	1.29												
		Cook's Hormel	1.49			1.19	0.89			5.49	5.49				
	Target	Archer Farms		1.89										limit 2	
	Walmart	Sam's Choice no label	1.98	1.58											
NH	AG New England	Shurfine		1.69		1.19	0.99		2.99			3.49			
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
	Demoulas	Leidy's											3.99		
		Market Basket		1.89									3.79		w/ store card
		Market Basket		2.29											w/o store card
		Carando		1.99											w/ store card
		Carando		2.39											w/o store card
		Smithfield					1.09	0.99					2.79		w/ store card
		Smithfield					1.49	1.39					2.99		w/o store card
		Sugardale					1.09	0.99					2.79		w/ store card
		Sugardale					1.49	1.39					2.99		w/o store card
		Glen Rock Glen Rock								2.49 2.99					w/ store card w/o store card
	Hannaford	My Essentials		1.79	1.49		1.19	0.99							w/ store card
		My Essentials			2.79		1.79	1.59							w/o store card
		Cook's			1.79		1.39	1.19							w/ store card
		Cook's			3.29										w/o store card
		Hillshire Farms			3.49										
		Hormel								3.99	3.99				w/ store card
		Hormel								3.79	3.79				w/o store card
		Cumberland Gap Taste Inspiration Taste Inspiration					2.39								w/ store card w/o store card
Price Chopper	Hormel		2.99						3.99	3.99					
	Cook's			1.49		1.28	0.98							w/ store card	
	Cook's			2.08										w/o store card	
	Alex. & Hornung Hatfield				2.49	2.69			2.99	3.29				semi-boneless	
Save-a-Lot	Sugardale				1.19	0.99					2.49				

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NH (cont)	Shaw	Dietz & Watson	1.99											
		Shaw's	1.29											
		Cook's	1.49			1.19	0.89							
		Hormel							5.49	5.49				
	Stop & Shop	Stop & Shop Carando	1.49	1.49 2.49		1.19	0.99	2.79	3.29					w/ store card
Target	Archer Farms		1.89										limit 2	
The Fresh Market	no label	2.99												
Walmart	Sam's Choice no label	1.98												
				1.58										
NJ	A&P Stores	Smithfield				1.49	1.29					3.49	2.99	
		no label			1.59									
		America's Choice Kentucky Legend Smokehouse	2.49					3.99	3.99	3.99				w/ store card
	ACME	Lancaster				0.98	0.78					3.99		w/ store card; limit 1
		Lancaster Hatfield Signature	1.98			2.99	2.99	2.75						w/ store card; limit 1
	Aldi	Specially Selected Appleton Farms	1.99			1.49	0.99							
	Associated	Cook's		2.99										
	Bravo	Cook's Cook's				1.19	0.99					3.69		w/ \$100 purchase
	2.69													
	Bottom Dollar	Smithfield My Essentials		1.27										w/ \$25 purchase; limit 2 w/ \$25 purchase; limit 2
	C-Town	Cook's Cook's				1.19	0.99					3.69		w/ \$100 purchase
	2.69													
	Fairway	Hormel	3.49											
	Fine Fare	Hatfield Cook's				1.49	1.39			3.99			3.99	
	2.59													
Food Basics	Smithfield Smithfield					0.88					2.48		limit 2	
1.98					1.48									
Food Bazaar	Cook's					1.49					3.99			
2.49					1.49	1.29							limit 1	
Foodtown	Cook's													
Fresh Grocer	Sugardale Smithfield	1.99			0.98	0.78							w/ \$50 purchase; limit 1	
1.99														

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NJ (cont)	Great/VALU	Sugardale	1.99			1.29	1.09							
		Jerry's			2.29			2.69						
		Kunzler						2.79						
		Berk's						2.79						
		Hatfield						2.79						
		Smithfield		1.99	1.99									
		Mash			1.99									
		Esskay			1.99									
	Key Food	Cook's no label Carando Hillshire Farms			1.99	1.39	1.19					3.99		
						1.29	1.49	1.39	2.99			1.99		
					2.99									
				2.99										
	King's	King's Carando McKenzie Vermont Leidy's Boar's Head Alderfer				2.99			3.99					
					2.99									
			4.99											
			4.99											
			3.49							6.99				
								4.79						
Met Foods	Cook's Hatfield Sugardale		2.49			1.59	1.49				3.99			
									2.99					
											3.49			
Pathmark	Smithfield Smithfield no label America's Choice Kentucky Legend		1.99			1.09	0.89				3.49	2.99	w/ store card; limit 2	
					1.59								w/ store card	
			2.49								3.99			
Save-a-Lot	Sugardale				1.19	0.99					2.49			
ShopRite	Hatfield						3.00							
Stop & Shop	Stop & Shop Carando		1.49	1.49		1.19	0.99	2.79	3.29				w/ store card	
				2.49										
Target	Archer Farms			1.89									limit 2	
The Fresh Market	no label		2.99											
Thriftway	Berk's Dietz & Watson Hatfield Hatfield							1.99	3.29				w/ \$15 purchase; limit 1	
									3.99					
								1.99					w/ \$15 purchase; limit 1	
				1.99					3.29					

SUPERMARKET HOLIDAY FEATURING OF MEAT & POULTRY

prices in \$US per pound unless otherwise noted.

Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
NJ (cont)	Walmart	Sam's Choice no label	1.98	1.58											
	Wegman's	Wegman's Wegman Signature Wegman Organic		1.99 5.99 7.99		1.99			3.99						
	Weis	Weis Smithfield John F. Martin Smokehouse Berk's Hatfield Kunzler Paula Deen Hormel	1.29 1.29			1.59	1.39	1.99				3.19		w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card	
	Whole Foods	Wellshire Farms	6.99	6.99											
	NY	A&P Stores	Smithfield no label America's Choice Kentucky Legend Smokehouse	2.49		1.59	1.49	1.29					3.49	2.99	
		Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
		Associated	Cook's		2.99										
		Best Yet	Alex. & Hornung										2.99		
Big M		Sugardale Hillshire Farms Triple M Superior	2.49	1.59		1.49		BOGO				3.69			
Bravo		Cook's Cook's	2.69			1.19	0.99					3.69		w/ \$100 purchase	
Budwey's		Sugardale Shurfine Vernon Manor Hormel			1.79	1.89		2.39 1.99				3.48	2.99		
Compare Foods		Cook's		2.99											
C-Town		Cook's Cook's	2.69			1.19	0.99					3.69		w/ \$100 purchase	

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NY (cont)	D'Agostino's	Cook's Triple M Dietz & Watson	2.99					5.99			4.99			
	Dash's Market	Smith's Smith's Sahlen's Sahlen's Amish Amish Camellia's Camellia's		1.99 2.99	3.69 4.49 3.69 4.49	3.69 4.49 3.69 4.49		3.99 4.99 3.99 4.99	3.99 4.99 3.99 4.99	3.99 4.99 3.99 4.99				w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card
	DeCiccio	Cook's	2.99			1.79	1.69							
	Fairway	Hormel	3.49											
	Fine Fare	Hatfield Cook's		2.59		1.49	1.39			3.99			3.99	
	Food Bazaar	Cook's					1.49					3.99		
	Food Emporium	America's Choice	1.99											w/ store card
	Foodtown	Cook's	2.49			1.49	1.29							limit 1
	Giunta's	Carando Cook's		2.99			1.99 1.79							
	Grand Union	Alex. & Hornung Sugardale	1.79	1.79	1.69	1.69 0.99	0.99		2.99					
	Gristede's	Hillshire Farms Hormel	3.99					5.99						
	Hannaford	My Essentials My Essentials Cook's Cook's Hillshire Farms Hormel Hormel Cumberland Gap Taste Inspiration Taste Inspiration	1.79	1.49 2.79 1.79 3.29 3.49		1.19 1.79 1.39 1.19	0.99 1.59 1.19		3.99 3.79	3.99 3.79				w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card
	Key Food	Cook's no label Carando Hillshire Farms		1.99 2.99	1.29	1.39 1.49	1.19 1.39	2.99				3.99 1.99		

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NY (cont)	King Kullen	Smithfield Hormel	1.69			1.49	1.29		4.49	4.99	3.99			
	Met Foods	Cook's Hatfield Sugardale	2.49			1.59	1.49		2.99		3.99	3.49		
	NSA Supermarkets	Sugardale Cook's				1.49 1.49	1.29 1.29							
	Pathmark	Smithfield Smithfield no label America's Choice Kentucky Legend	1.99 2.49		1.59	1.09	0.89				3.99	3.49	2.99	w/ store card; limit 2 w/ store card
	Peck's	Alex. & Hornung no label		1.99			1.89		2.29					
	Pioneer	Cook's Hatfield	2.49			1.59	1.49		2.99		3.99			
	Price Chopper	Hormel Cook's Cook's Alex. & Hornung Hatfield	2.99	1.49 2.08	2.49	1.28 2.69	0.98	3.99 2.99	3.99 3.29					w/ store card w/o store card semi-boneless
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Shop'n Save	Sugardale Sugardale Superior Hillshire Farms	1.99		1.49	1.39	1.29	2.19 2.49		2.69				w/ \$25 purchase; limit 1
	ShopRite	Hatfield						3.00						
	Stop & Shop	Stop & Shop Carando	1.49	1.49 2.49		1.19	0.99	2.79	3.29					w/ store card
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
NY (cont)	Tops	Tops	2.99					2.69	2.69						
		Smithfield		1.88	1.69	1.69									w/ store card
		Smithfield		3.49	2.99	2.99									w/o store card
		Paula Deen	3.99												
		Sugardale			1.69	1.69									w/ store card
		Sugardale			2.99	2.99									w/o store card
		Smith's			3.69	3.69									
		Sahlen's			3.69	3.69							4.99		
	Trade Fair	Cook's				1.69	1.49								
	Uncle Giuseppe's	Hormel	2.99												
	Walmart	Sam's Choice no label	1.98												
				1.58											
	Wegman's	Wegman's		1.99		1.99				3.99					
		Wegman Signature		5.99											
		Wegman Organic		7.99											
Weis	Weis	1.29				1.59	1.39	1.99					3.19	w/ store card	
	Smithfield	1.29												w/ store card	
	John F. Martin							1.99						w/ store card	
	Smokehouse							2.69	2.99	2.99				w/ store card	
	Berk's							3.29	3.59	3.59				w/ store card	
	Hatfield							3.29	3.59	3.59				w/ store card	
	Kunzler							3.29	3.59	3.59				w/ store card	
	Paula Deen	3.49												w/ store card	
	Hormel	2.49												w/ store card	
Whole Foods	Wellshire Farms	6.99	6.99												
PA	A&P Stores	Smithfield				1.49	1.29					3.49	2.99		
		no label			1.59										
		America's Choice	2.49												
		Kentucky Legend Smokehouse							3.99	3.99	3.99				w/ store card
	ACME	Lancaster				0.98	0.78						3.99		w/ store card; limit 1
		Lancaster	1.98												
Hatfield Signature				2.99	2.99			2.75						w/ store card; limit 1	
Aldi	Specially Selected	1.99													
	Appleton Farms		1.49		1.19	0.99									

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
PA (cont)	Big M	Sugardale		1.59		1.49		BOGO				3.69			
		Hillshire Farms Triple M Superior	2.49					1.99	BOGO 2.29	2.49					
	Bottom Dollar	Smithfield My Essentials		1.27										w/ \$25 purchase; limit 2 w/ \$25 purchase; limit 2	
	Boyer's	Smithfield	1.47												w/ \$25 purchase
		Smithfield	1.97												w/o additional purchase
		Sugardale				0.87									w/ \$25 purchase
		Sugardale				1.27									w/o additional purchase
		Berk's						1.97							w/ \$25 purchase
		Berk's						2.47							w/o additional purchase
		Kunzler						1.97							w/ \$25 purchase
		Kunzler						2.47							w/o additional purchase
		Hatfield						1.97							w/ \$25 purchase
		Hatfield						2.47							w/o additional purchase
	Bravo	Hazel Park				1.97									w/ \$25 purchase
		Hazel Park				2.47									w/o additional purchase
C-Town	Cook's				1.19	0.99								w/ \$100 purchase	
	Cook's	2.69									3.69				
Family Owned	Cook's				1.19	0.99								w/ \$100 purchase	
	Cook's	2.69									3.69				
Fine Fare	John F. Martin			1.99				1.78						w/ store card	
	Shurfine		1.69					1.99							
	Kunzler							2.49							
Food Basics	Hatfield									3.99					
	Cook's		2.59		1.49	1.39						3.99			
Food Lion	Smithfield					0.88								limit 2	
	Smithfield	1.98			1.48							2.48			
Foodland	My Essentials		1.39			0.89								limit 2	
	Smithfield		1.79			1.19								limit 2	
	Sugardale			0.99										w/ \$20 purchase; limit 1	
	Sugardale	1.99	1.99			1.39	1.89	1.98							
Foodtown	Superior						1.78								
	Farm Fresh Hillshire Farms		1.99 2.99												
	Cook's	2.49			1.49	1.29								limit 1	

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
PA (cont)	Fresh Grocer	Sugardale Smithfield	1.99 1.99			0.98	0.78							w/ \$50 purchase; limit 1	
	Giant Carlisle	Giant Kunzler Hatfield Berk's				1.19	0.99	2.79 2.99 2.99 2.99	3.29					w/ store card w/ store card w/ store card w/ store card	
	Giant Eagle	Giant Eagle Sugardale Hillshire Farms Market District	1.99 2.99 3.39	2.99	0.98 1.19 3.49			2.39 2.79 4.69	3.19	3.39				limit 1	
	GreatVALU	Sugardale Jerry's Kunzler Berk's Hatfield Smithfield Mash Esskay John F. Martin John F. Martin John F. Martin Karn's Berk's Mash Alderfer Kunzler Leidy's	1.99		2.29	1.29	1.09	2.69 2.79 2.79 2.79							
	Karn's			1.99	1.99 1.99 1.99 2.49 1.99							3.99		< 16 lbs. > 16 lbs.	
	Kuhn's	Sugardale Silver Star Black Diamond Hillshire Farm		2.29	0.99 3.29	1.29 3.49		1.99 3.49 2.19	2.19 3.69 2.29	2.99 4.29					
	Pathmark	Smithfield Smithfield no label America's Choice Kentucky Legend				1.09	0.89					3.49	2.99	w/ store card; limit 2 w/ store card	

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
PA (cont)	Price Chopper	Hormel	2.99					3.99	3.99					w/ store card w/o store card semi-boneless	
		Cook's		1.49		1.28	0.98								
		Cook's		2.08											
		Alex. & Hornung Hatfield			2.49	2.69		2.99	3.29						
	Redner's	Redner's			1.58			1.88						w/ store card w/o store card	
		Redner's			2.68			3.28							
		Berk's						2.68							
		Leidy's						2.68							
		Hatfield						2.68							
		Kunzler no label				1.48		2.68							
	Save-a-Lot	Sugardale				1.19	0.99				2.49				
	Shop'n Save	Sugardale			1.49			2.19						w/ \$25 purchase; limit 1	
		Sugardale Superior Hillshire Farms	1.99			1.39	1.29	2.49	2.69						
	ShopRite	Hatfield						3.00							
Shurfine	Shurfine						1.99						w/ store card w/ store card w/ store card		
	Hatfield			2.49			2.49								
	Kunzler						2.49								
ShurSave	Hatfield		2.49	1.49	1.99		2.49	2.79	2.99				w/ store card w/ store card w/ store card		
	Shurfine		1.99		1.79	1.49	1.69	2.49	2.79	3.49					
	Kunzler						2.99								
Target	Archer Farms		1.89										limit 2		
The Fresh Market	no label	2.99													
Thriftway	Berk's						1.99	3.29					w/ \$15 purchase; limit 1 w/ \$15 purchase; limit 1		
	Dietz & Watson							3.99							
	Hatfield Hatfield		1.99				1.99	3.29							
Tops	Tops	2.99					2.69	2.69					w/ store card w/o store card w/ store card w/o store card		
	Smithfield		1.88	1.69	1.69										
	Smithfield		3.49	2.99	2.99										
	Paula Deen	3.99													
	Sugardale			1.69	1.69										
	Sugardale			2.99	2.99										
	Smith's			3.69	3.69										
Sahlen's			3.69	3.69						4.99					

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
PA (cont)	Walmart	Sam's Choice no label	1.98	1.58											
	Wegman's	Wegman's		1.99		1.99			3.99						
		Wegman Signature		5.99											
		Wegman Organic		7.99											
	Weis	Weis		1.29			1.59	1.39	1.99				3.19		w/ store card
		Smithfield		1.29											w/ store card
		John F. Martin							1.99						w/ store card
		Smokehouse							2.69	2.99	2.99				w/ store card
		Berk's							3.29	3.59	3.59				w/ store card
Hatfield								3.29	3.59	3.59				w/ store card	
Kunzler								3.29	3.59	3.59				w/ store card	
Paula Deen			3.49											w/ store card	
Hormel		2.49											w/ store card		
RI	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
	Bravo	Cook's				1.19	0.99								
		Cook's		2.69								3.69			w/ \$100 purchase
	Compare Foods	Cook's		2.99											
	Dave's Marketplace	Cook's		1.99											
		Carando Triple M		2.99 2.99					3.99	3.99					
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	Shaw	Dietz & Watson		1.99											
		Shaw's		1.29											
		Cook's		1.49			1.19	0.89							
Hormel									5.49	5.49					
Stop & Shop	Stop & Shop		1.49	1.49		1.19	0.99	2.79	3.29					w/ store card	
	Carando			2.49											
Target	Archer Farms		1.89											limit 2	
Walmart	Sam's Choice no label		1.98	1.58											
VT	AG New England	Shurfine		1.69		1.19	0.99		2.99			3.49			
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
		Grand Union	Alex.& Hornung Sugardale	1.79	1.79	1.69	1.69 0.99	0.99		2.99					

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
VT (cont)	Hannafood	My Essentials	1.79	1.49		1.19	0.99							w/ store card	
		My Essentials		2.79		1.79	1.59							w/o store card	
		Cook's		1.79		1.39	1.19							w/ store card	
		Cook's		3.29										w/o store card	
		Hillshire Farms		3.49											
		Hormel							3.99	3.99					w/ store card
		Hormel							3.79	3.79					w/o store card
		Cumberland Gap					2.39								
		Taste Inspiration			2.29										w/ store card
	Taste Inspiration			3.89										w/o store card	
	Price Chopper	Hormel	2.99						3.99	3.99					
		Cook's		1.49			1.28	0.98							w/ store card
		Cook's		2.08											w/o store card
		Alex. & Hornung			2.49	2.69									semi-boneless
		Hatfield							2.99	3.29					
	Shaw	Dietz & Watson	1.99												
		Shaw's	1.29												
		Cook's	1.49				1.19	0.89							
		Hormel								5.49	5.49				

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
SOUTHEASTERN U.S. - AL,FL,GA,MS,NC,SC,TN,VA,WV														
AL	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Belle Foods	no label no label Smithfield Smithfield		1.99 2.99	1.89 2.29	1.39 2.19	1.19 1.99							w/ \$20 purchase; limit 2 additional quantities w/ store card w/o store card
	Dollar General Mrkt	Corn King Smithfield		1.55					1.50					w/ \$15 purchase; limit 1
	Food for Less	Family Classic			0.98									
	Food Giant	Kentucky Legend Cumberland Gap			1.98				2.68	2.98				
	Greer's	Cook's Best Choice		2.19		1.29	1.19							
	Ingle's	Gwaltney Gwaltney Hormel		1.78 3.68			1.18 2.38			3.98				w/ store card w/o store card
	Kroger Atlanta	Kroger Smithfield Heartland Private Selection	2.49	1.99		1.59	1.49				1.99			
	Lucky's Supermarket	no label Kentucky Legend Carolina Pride Best Choice		1.99	1.39		1.19		2.99					
	Piggly Wiggly FdGnt	Gwaltney Gwaltney Jamestown Jamestown		1.48 1.99		1.18 1.89	0.98 1.69							w/ store card w/o store card w/ store card w/o store card
	Piggly Wiggly	Cook's					1.19							
	Piggly Wiggly Carl.	John Morrell no label Smithfield	1.99	2.19	1.79	1.79 1.19	0.99		2.00			3.19		
	Publix	Publix Publix	4.99	2.69 3.99	1.69 2.99	1.69 2.99								w/ store card w/o store card
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
AL (cont)	Walmart	Sam's Choice no label	1.98	1.58										
	Winn-Dixie	Hormel Smithfield Smithfield		1.99 3.99		1.59 1.99	1.39 1.79		BOGO					w/ store card; limit 2 w/o store card
FL	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Belle Foods	no label				1.39	1.19							w/ \$20 purchase; limit 2
		no label				2.19	1.99							additional quantities
		Smithfield Smithfield	1.99 2.99	1.89 2.29										w/ store card w/o store card
	Bravo Supermarket	Jamestown					1.39							
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1
	Food Lion	My Essentials		1.39			0.89							limit 2
		Smithfield		1.79			1.19							limit 2
	Greer's	Cook's Best Choice		2.19		1.29	1.19							
	Harris Teeter	Harris Teeter					2.69					2.97		w/ store card
		Harris Teeter					2.99							w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
H.T. Traders			2.29	1.49									w/ store card	
H.T. Traders			3.99	3.29									w/o store card	
Paula Deen				3.69									w/ store card	
Paula Deen				4.29									w/o store card	
Smithfield				2.99									w/ store card	
Smithfield				3.49									w/o store card	
Hormel Hormel									4.99 6.69	4.99 6.69			w/ store card w/o store card	
no label no label											2.49 2.99	w/ store card w/o store card		
Hitchcock's	Carolina Pride		1.89		1.19	0.99							limit 2	
J.H. Harvey's	Lee				1.19	0.99					2.49		w/ store card	
	Lee				2.19	1.99							w/o store card	
	Smithfield				1.19	0.99							w/ store card	
	Smithfield				1.69	1.49							w/o store card	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
FI (cont)	Publix	Publix	4.99	2.69	1.69	1.69								w/ store card	
		Publix		3.99	2.99	2.99								w/o store card	
	Save-a-Lot	Sugardale				1.19	0.99				2.49				
	Sedano's	Golden Boar						2.49							
		Cook's	2.49			1.39	1.39					2.99			
		Hormel		2.89											
		Carando													
	Sweetbay	My Essentials		1.79		1.17	0.97								w/ store card
		My Essentials		2.99		1.79	1.59								w/o store card
Target	Archer Farms		1.89											limit 2	
The Fresh Market	no label	2.99													
Walmart	Sam's Choice	1.98													
	no label		1.58												
Western Beef	Vernon Manor	7.99													
Winn-Dixie	Hormel								BOGO						
	Smithfield		1.99		1.59	1.39								w/ store card; limit 2	
	Smithfield		3.99		1.99	1.79								w/o store card	
GA	Aldi	Specially Selected	1.99												
		Appleton Farms		1.49		1.19	0.99								
	Belle Foods	no label				1.39	1.19							w/ \$20 purchase; limit 2	
		no label				2.19	1.99							additional quantities	
		Smithfield		1.99	1.89									w/ store card	
		Smithfield		2.99	2.29									w/o store card	
	Bi-Lo	Gold Star		1.49		1.29	1.19							w/ store card; limit 2	
	Gold Star		2.99		1.99	1.89							w/o store card		
Dollar General Mrkt	Corn King						1.50								
	Smithfield		1.55											w/ \$15 purchase; limit 1	
Food Depot	Gusto		1.24								1.44	1.77			
Food Lion	My Essentials		1.39			0.89								limit 2	
	Smithfield		1.79			1.19								limit 2	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
GA (cont)	Harris Teeter	Harris Teeter				2.69						2.97		w/ store card	
		Harris Teeter				2.99									w/o store card
		Harris Teeter		1.49											w/ store card; limit 2
		Harris Teeter		3.29											w/o store card or limit
		H.T. Traders	2.29	1.49											w/ store card
		H.T. Traders	3.99	3.29											w/o store card
		Paula Deen		3.69											w/ store card
		Paula Deen		4.29											w/o store card
		Smithfield		2.99											w/ store card
		Smithfield		3.49											w/o store card
		Hormel								4.99	4.99				w/ store card
		Hormel								6.69	6.69				w/o store card
		no label												2.49	w/ store card
		no label												2.99	w/o store card
			IGA Southeast	Table Rite no label				1.09	0.99		1.49				
	Ingle's	Gwaltney		1.78			1.18							w/ store card	
		Gwaltney		3.68			2.38							w/o store card	
		Hormel						3.98							
	J.H. Harvey's	Lee				1.19	0.99					2.49		w/ store card	
		Lee				2.19	1.99							w/o store card	
		Smithfield				1.19	0.99							w/ store card	
		Smithfield				1.69	1.49							w/o store card	
	Kroger Atlanta	Kroger		1.99											
		Smithfield				1.59	1.49								
		Heartland										1.99			
		Private Selection	2.49												
	Publix	Publix	4.99	2.69	1.69	1.69								w/ store card	
		Publix		3.99	2.99	2.99								w/o store card	
	Quality Foods	no label		1.79		1.39	1.29								
		Carolina Pride				1.59	1.49	2.99							
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	Shop Rite	Cook's					1.19								
		Kentucky Legend							3.29						
	Target	Archer Farms		1.89										limit 2	
	The Fresh Market	no label	2.99												
	Walmart	Sam's Choice	1.98												
		no label			1.58										

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
GA (cont)	Wayfield's	Smithfield				1.49									
	Winn-Dixie	Hormel							BOGO						
		Smithfield		1.99			1.59	1.39							w/ store card; limit 2
		Smithfield		3.99		1.99	1.79							w/o store card	
MS	Aldi	Specially Selected	1.99												
		Appleton Farms		1.49			1.19	0.99							
	Belle Foods	no label						1.39	1.19						w/ \$20 purchase; limit 2
		no label						2.19	1.99						additional quantities
		Smithfield			1.99	1.89									w/ store card
	Corner Market	Smithfield			1.99										w/o store card
		Cook's							1.49						
	Dollar General Mrkt	Corn King							1.50						
		Smithfield			1.55										w/ \$15 purchase; limit 1
	Food Giant	Kentucky Legend							2.68	2.98					
		Cumberland Gap					1.98								
	Greer's	Cook's						1.29	1.19						
		Best Choice			2.19										
	Kroger Delta	John Morrell			1.79	2.49									w/ store card
		Smithfield			1.79				1.29			2.49			w/ store card
	Piggly Wiggly FdGnt	Gwaltney						1.18	0.98						w/ store card
		Gwaltney						1.89	1.69						w/o store card
Jamestown				1.48										w/ store card	
Jamestown				1.99										w/o store card	
Ramey's	Carolina Pride					1.58	1.28								
	Best Choice			1.59											
Rouse's	Sugardale			1.77				0.97							
	Hormel			1.77											
Save-a-Lot	Sugardale					1.19	0.99				2.49				
Target	Archer Farms			1.89										limit 2	
The Fresh Market	no label		2.99												
Walmart	Sam's Choice		1.98												
	no label			1.58											
Winn-Dixie	Hormel									BOGO					
	Smithfield			1.99			1.59	1.39						w/ store card; limit 2	
	Smithfield			3.99			1.99	1.79						w/o store card	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NC	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Bi-Lo	Gold Star Gold Star		1.49 2.99		1.29 1.99	1.19 1.89							w/ store card; limit 2 w/o store card
	Carlie C's IGA	no label				1.38	1.28							
	Compare Foods	no label			1.39	1.39	1.39							
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1
	Farm Fresh	Smithfield		1.38										limit 1
		Smithfield Smithfield Red Eye				1.59	1.59						9.99	limit 1
		Farm Fresh Signature		1.28	2.99	2.99								limit 1
	Food Lion	My Essentials		1.39			0.89							limit 2
		Smithfield		1.79			1.19							limit 2
	Harris Teeter	Harris Teeter					2.69					2.97		w/ store card
		Harris Teeter					2.99							w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
		H.T. Traders		1.49										w/ store card
		H.T. Traders		3.29										w/o store card
		Paula Deen		3.69										w/ store card
		Paula Deen		4.29										w/o store card
		Smithfield		2.99										w/ store card
		Smithfield		3.49										w/o store card
Hormel								4.99	4.99				w/ store card	
Hormel								6.69	6.69				w/o store card	
no label			2.29	1.49								2.49	w/ store card	
no label		3.99	3.29								2.99	w/o store card		
IGA Southeast	Table Rite no label				1.09	0.99			1.49					
Ingle's	Gwaltney		1.78			1.18							w/ store card	
	Gwaltney		3.68			2.38							w/o store card	
	Hormel							3.98						
Just\$ave	Gwaltney					0.87						w/ \$20 purchase; limit 2		
Kroger Mid-Atlantic	Gwaltney		1.39										w/ store card; limit 2	
	Cumberland Gap			1.99				2.49					w/ store card	

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NC (cont)	Lowe's Foods	Gwaltney	1.47	1.47										w/ store card
		Hormel						3.99						
		Smithfield						2.99						
		Paula Deen	3.99											
	Piggly Wiggly	Smithfield		1.99	1.89	1.49	1.29			2.79				
		Paula Deen		2.99									2.29	
		Felt's												
	Piggly Wiggly Cntrl	Smithfield		1.99	1.19	1.29	1.19							
	Piggly Wiggly Birmg.	Cook's				1.69	1.39					2.99		
		John Morrell		1.99										
Publix	Publix	Publix	4.99	2.69	1.69	1.69							w/ store card	
		Publix		3.99	2.99	2.99							w/o store card	
Save-a-Lot	Sugardale				1.19	0.99					2.49			
Target	Archer Farms		1.89										limit 2	
The Fresh Market	no label	2.99												
United Grocery	Jamestown		1.19				1.49							
Walmart	Sam's Choice	no label	1.98											
		no label		1.58										
SC	Aldi	Specially Selected	1.99											
		Appleton Farms		1.49		1.19	0.99							
	Bi-Lo	Gold Star		1.49		1.29	1.19							w/ store card; limit 2
		Gold Star		2.99		1.99	1.89							w/o store card
	Food Lion	My Essentials		1.39			0.89							limit 2
		Smithfield		1.79			1.19							limit 2
	Harris Teeter	Harris Teeter				2.69						2.97		w/ store card
		Harris Teeter				2.99								w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
		H.T. Traders	2.29	1.49										w/ store card
		H.T. Traders	3.99	3.29										w/o store card
		Paula Deen		3.69										w/ store card
Paula Deen			4.29										w/o store card	
Smithfield			2.99										w/ store card	
Smithfield			3.49										w/o store card	
Hormel								4.99	4.99				w/ store card	
Hormel							6.69	6.69				w/o store card		
no label											2.49	w/ store card		
no label											2.99	w/o store card		

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
SC (cont)	IGA Southeast	Table Rite no label				1.09	0.99		1.49					
	Ingle's	Gwaltney Gwaltney Hormel		1.78 3.68			1.18 2.38				3.98			w/ store card w/o store card
	J.H. Harvey's	Lee Lee Smithfield Smithfield				1.19 2.19 1.19 1.69	0.99 1.99 0.99 1.49					2.49		w/ store card w/o store card w/ store card w/o store card
	Kroger Atlanta	Kroger Smithfield Heartland Private Selection		1.99			1.59 1.49					1.99		
	Lowe's Foods	Gwaltney Hormel Smithfield Paula Deen	1.47	1.47					3.99 2.99					w/ store card
	Piggly Wiggly Carl.	John Morrell no label Smithfield			1.79	1.79			2.00					
	Publix	Publix Publix	4.99	2.69 3.99	1.69 2.99	1.69 2.99								w/ store card w/o store card
	Quality Foods	no label Carolina Pride		1.79		1.39 1.59	1.29 1.49		2.99					
	Save-a-Lot	Sugardale				1.19	0.99					2.49		
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											
	Walmart	Sam's Choice no label	1.98	1.58										
	TN	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99						
Bi-Lo		Gold Star Gold Star		1.49 2.99		1.29 1.99	1.19 1.89							w/ store card; limit 2 w/o store card
Country Mart		Kretschmar Cook's			1.39	1.39	1.29		1.99					
Dollar General Mrkt		Corn King Smithfield		1.55					1.50					w/ \$15 purchase; limit 1

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
TN (cont)	Food City	Kentucky Legend Hormel Food City	2.29	1.69	1.79			3.49	3.49	3.99				
	Food Country USA	Smithfield Smithfield Hormel Hormel Clifty Farms		1.99 2.49					2.99 4.99			5.99	w/ store card w/o store card w/ store card w/o store card spiral sliced	
	Food Giant	Kentucky Legend Cumberland Gap			1.98			2.68	2.98					
	Food Lion	My Essentials Smithfield		1.39 1.79			0.89 1.19							limit 2 limit 2
	Food Rite	Corn King John Morrell Cook's Carolina Pride Best Choice	1.99	1.99			1.19 1.19	1.50 2.69	2.69					
	H.G. Hill	Best Choice Cook's Smithfield Kentucky Legend no label	1.99	1.99			1.19 1.19	2.99	2.99					
	Harris Teeter	Harris Teeter Harris Teeter Harris Teeter Harris Teeter H.T. Traders H.T. Traders Paula Deen Paula Deen Smithfield Smithfield Hormel Hormel no label no label	2.29 3.99	1.49 3.29 1.49 3.29 3.69 4.29 2.99 3.49			2.69 2.99					2.97	2.49 2.99	w/ store card w/o store card w/ store card; limit 2 w/o store card or limit w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
TN (cont)	Hometown IGA	Kentucky Legend Smithfield Hormel		2.49 2.49			0.99	2.99						limit 1
	Ingle's	Gwaltney Gwaltney Hormel		1.78 3.68			1.18 2.38				3.98			w/ store card w/o store card
	Kroger Atlanta	Kroger Smithfield Heartland Private Selection		1.99		1.59	1.49					1.99		
	Kroger Delta	John Morrell Smithfield		1.79 1.79	2.49		1.29					2.49		w/ store card w/ store card
	Kroger Mid-Atlantic	Gwaltney Cumberland Gap		1.39	1.99			2.49						w/ store card; limit 2 w/ store card
	Kroger Mid-South	Private Selection Smithfield Kentucky Legend Cumberland Gap		1.79		1.59		2.99						w/ store card; limit 2 w/ store card w/ store card w/ store card
	Osborne's	Carolina Pride Best Choice Kentucky Legend Cook's	1.89	1.89	1.29		1.29	2.99	2.99			2.99		
	Publix	Publix Publix	4.99	2.69 3.99	1.69 2.99	1.69 2.99								w/ store card w/o store card
	Save-a-Lot	Sugardale				1.19	0.99					2.49		
	Shop Rite	Cook's Kentucky Legend					1.19				3.29			
	Superlo Foods	Cook's					1.19							
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											
	Town & Country/ Country Mart	Kretschmar Corn King Cook's				1.39	1.39	1.29	1.99 1.65					
	United Grocery	Jamestown		1.19				1.49						
	Walmart	Sam's Choice no label	1.98	1.58										

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
VA	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1
	Farmer's Foods	Gusto Smithfield		1.39										w/ store card
		Sugardale Clifty Farms		1.99		1.39	1.19						2.39	w/ store card
		Felt's											2.39	w/ store card
	Farm Fresh	Smithfield		1.38										limit 1
		Smithfield Smithfield Red Eye				1.59	1.59						9.99	
		Farm Fresh Signature		1.28	2.99	2.99								limit 1
	Food City	Kentucky Legend Hormel	2.29					3.49	3.49					
		Food City		1.69	1.79				3.99					
	Food Country USA	Smithfield		1.99										w/ store card
		Smithfield		2.49										w/o store card
		Hormel							2.99					w/ store card
Hormel Clifty Farms								4.99				5.99	w/o store card spiral sliced	
Food Lion	My Essentials		1.39			0.89							limit 2	
	Smithfield		1.79			1.19							limit 2	
Giant Carlisle Martin's	Giant				1.19	0.99	2.79	3.29					w/ store card	
	Kunzler						2.99						w/ store card	
	Hatfield						2.99						w/ store card	
	Berk's						2.99						w/ store card	
Giant Hyattsville	Giant	1.59	1.59		1.19	0.99	2.79	3.29					w/ store card	
	Carando		2.49											
Grant's	Smithfield	1.79												
GreatVALU	Sugardale		1.79		1.19	0.99								
	Felt's											2.19		

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
VA (cont)	Harris Teeter	Harris Teeter				2.69						2.97		w/ store card
		Harris Teeter				2.99								w/o store card
		Harris Teeter		1.49										w/ store card; limit 2
		Harris Teeter		3.29										w/o store card or limit
		H.T. Traders	2.29	1.49										w/ store card
		H.T. Traders	3.99	3.29										w/o store card
		Paula Deen		3.69										w/ store card
		Paula Deen		4.29										w/o store card
		Smithfield		2.99										w/ store card
		Smithfield		3.49										w/o store card
		Hormel								4.99	4.99			w/ store card
		Hormel								6.69	6.69			w/o store card
		no label											2.49	w/ store card
		no label											2.99	w/o store card
			Hometown IGA	Kentucky Legend						2.99				
		Smithfield		2.49			0.99							limit 1
		Hormel		2.49										
	Ingle's	Gwaltney		1.78			1.18							w/ store card
		Gwaltney		3.68			2.38							w/o store card
		Hormel							3.98					
	Kroger Mid-Atlantic	Gwaltney		1.39										w/ store card; limit 2
		Cumberland Gap			1.99			2.49						w/ store card
	Lowe's Foods	Gwaltney	1.47	1.47										w/ store card
		Hormel						3.99						
		Smithfield						2.99						
		Paula Deen	3.99											
	Piggly Wiggly	Smithfield		1.99	1.89	1.49	1.29				2.79			
		Paula Deen		2.99									2.29	
		Felt's												
	Safeway	Safeway		1.49		1.29	0.99							limit 1
	Save-a-Lot	Sugardale				1.19	0.99					2.49		
	Shopper's Food	Gwaltney		1.39		1.09	0.99							
		Smithfield		1.79										
		Smithfield		2.49		1.29	1.19							premium
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											
	Walmart	Sam's Choice	1.98											
		no label		1.58										

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
VA (cont)	Wegman's	Wegman's		1.99		1.99			3.99					
		Wegman Signature		5.99										
		Wegman Organic		7.99										
WV	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Fas-Chek	Superior Sugardale Farm Fresh	2.49				1.39	1.79	2.19					
	Food Fair	Superior Sugardale Walnut Creek	2.19	2.59		1.69	1.69	1.89	1.99					
	Food Lion	My Essentials Smithfield		1.39 1.79			0.89 1.19							limit 2 limit 2
	Foodland	Sugardale Sugardale Superior Farm Fresh Hillshire Farms	1.99	1.99 1.99 2.99	0.99		1.39	1.89 1.78	1.98					w/ \$20 purchase; limit 1
	Giant Carlisle/ Martin's	Giant Kunzler Hatfield Berk's				1.19	0.99	2.79 2.99 2.99 2.99	3.29					w/ store card w/ store card w/ store card w/ store card
	Giant Eagle	Giant Eagle Sugardale Hillshire Farms Market District	1.99	2.99 2.99 3.39	0.98 1.19			2.39 2.79 4.69	3.19	3.39				limit 1
	Grant's	Smithfield	1.79											
	Kroger Columbus	Cumberland Gap Paula Deen Private Selection Kroger Sugardale	3.69 2.99	1.69	1.38		0.99							w/ store card; \$10 purchase; limit 1 w/ store card; \$10 purchase; limit 1 w/ store card; \$10 purchase; limit 1
	Kroger Mid-Atlantic	Gwaltney Cumberland Gap		1.39	1.99			2.49						w/ store card; limit 2 w/ store card
	Riesbeck's	Superior Smithfield		2.49				1.69						
Save-a-Lot	Sugardale				1.19	0.99					2.49			

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
WV (cont)	Shop'n Save	Sugardale			1.49			2.19						w/ \$25 purchase; limit 1
		Sugardale	1.99			1.39	1.29							
		Superior Hillshire Farms		2.99				2.49	2.69					
	Sparkle	Sparkle						1.49						w/ store card w/o store card w/ store card w/o store card
		Sparkle						2.99						
		Sugardale		1.99										
		Sugardale		3.59										
		Hillshire Farms		3.49										
	Target	Archer Farms												limit 2
				1.89										
	Walmart	Sam's Choice no label		1.98										
					1.58									
	Weis	Weis		1.29			1.59	1.39	1.99				3.19	w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card w/ store card
		Smithfield		1.29										
		John F. Martin							1.99					
Smokehouse								2.69	2.99	2.99				
Berk's								3.29	3.59	3.59				
Hatfield								3.29	3.59	3.59				
Kunzler								3.29	3.59	3.59				
Paula Deen			3.49											
Hormel			2.49											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MIDWESTERN U.S. - IA,IL,IN,KY,MI,MN,ND,NE,OH,SD,WI														
IA	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99	1.89 2.19			2.99 2.00	3.29				
	County Market	Farmland Kretschmar Double G						1.25 1.67 3.49		3.69				w/ \$25 purchase; limit 1
	Dahl's	Best Choice		1.79										
	Family Foods	Our Family		2.19	1.89	1.49								
	Fareway	Farmland Fareway John Morrell						1.99 2.99	2.39 2.99			3.49		
	Food Pride	Our Family Cracker Barrel Farmland		1.99 3.69		1.49	1.29	1.79	1.99					
	Hometown Foods	John Morrell Hormel Cook's		1.88		1.99	1.69	1.39						
	Hy-Vee	Hormel Farmland Hillshire Farms Hy-Vee	1.98	1.98	1.99	2.29		3.99 1.49	3.99					
	No Frills	Farmland Cook's		1.88			1.79	1.49	1.69					
	Quillin's	Cook's John Morrell			1.89	1.29 1.99								
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice no label	1.98	1.58										
IL	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
IL (cont)	Berkot's	Hillshire Farms				2.79								
		Berkot's			2.89	2.99								
		Kentucky Legend Centrella				1.19	0.99	3.69						
	Borowiak's	Frick's				1.39								
		Cumberland Gap Kretschmar		2.49	1.99									
	Butera Market	Gusto	1.29											
		Farmland	1.99											
		Bobak's			2.89	2.99								
		Cook's				0.79	0.49							
		Cook's			2.49	1.59	1.49							
		Nottingham				0.79	0.49							
		Nottingham				1.59	1.49							
	Hillshire Farms Kentucky Legend	2.99	3.19	2.69	2.89			3.49	3.69					w/ coupon; limit 1 additional quantities w/ coupon; limit 1 additional quantities
Caputo's	Farmland		2.69											
	Centrella		1.99		1.29	1.09						3.99		
	Sherwood Hillshire	2.59	2.89		1.29	1.09								
County Market	Farmland						1.25							
	Kretschmar						1.67							
	Double G						3.49	3.69					w/ \$25 purchase; limit 1	
Cub Foods	Signature			2.99	2.99									
	Cub				0.87									
	Cub				2.49									
	Cub		1.99											
	Cub		2.99											
Frick's								4.49						
Dierberg's	Dierberg's		1.89				2.29							
	Double-G			2.19	2.29	2.19	2.49							
	Frick's			2.19	2.29	2.19							w/ \$25 purchase; limit 1	
Dominick's	Safeway		2.49		1.29	1.79	3.49	3.99						
	Paula Deen		3.99										limit 1 w/ store card	
Fairplay Foods	Centrella		1.99	1.69	0.89	0.79								
	Cook's				1.59	1.49								
	Farmland		2.69											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
IL (cont)	Fareway	Farmland						1.99	2.39						
		Fareway						2.99	2.99						
		John Morrell		1.79	1.79							3.49			
	Food4Less	Cook's					0.67							w/ \$25 purchase; limit 1	
	Food Pride	Our Family		2.19	1.79	1.49	1.29	1.79	1.99						
		Cracker Barrel		3.69											
		Hormel						4.59							
		Farmland						1.69							
	Hy-Vee	Hormel						3.99	3.99						
		Farmland						1.49							
		Hillshire Farms Hy-Vee	1.98	1.98	1.99	2.29									
	Hometown IGA	Best Choice		1.69											w/ \$15 purchase; limit 1
Cumberland Gap							1.69	1.89						w/ \$15 purchase; limit 1	
Kentucky Legend							2.49	2.59						w/ \$15 purchase; limit 1	
Emge							2.79								
Corn King							1.65								
Jewel	Jewel		1.29											w/ coupon	
	Amish Pride		2.99												
Kirby Foods IGA	Kretschmar						1.99	2.49						w/ store card	
	Kretschmar						3.59							w/o store card	
	Frick's				1.39	1.19								w/ store card	
	Frick's					2.19								w/o store card	
Kroger Central	Cook's													w/ store card; limit 2	
	Cumberland Gap			1.99										w/ store card	
	Hickory Hills							2.49						w/ store card	
	Kroger		1.47											w/ store card; limit 2	
	Private Selection	2.49												w/ store card	
Kroger Mid-South	Private Selection		1.79											w/ store card; limit 2	
	Smithfield				1.59									w/ store card	
	Kentucky Legend						2.99							w/ store card	
	Cumberland Gap			1.69										w/ store card	
Meijer	Cook's		1.47											w/ store card	
	Cook's		2.49			1.19								w/o store card	
	Hormel		1.47			1.79					3.69			w/ store card	
	Hormel		2.49											w/o store card	
	Dearborn		3.99												

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
IL (cont)	Pete's Fresh	Centrella Cook's	1.99			1.19	0.99					3.49		
	Piggly Wiggly	Cook's Cook's Farmland Maple River Hillshire Farms Badger		1.99		0.89	0.69					3.59		limit 1 w/ coupon
	Save-a-Lot	Sugardale				1.19	0.99					2.49		
	Schnuck's	Cook's Schnuck's Kretschmar Sugardale		1.69								3.49		w/ \$25 purchase; limit 1 w/ \$25 purchase; limit 1
	Shop & Save	Dutch Farms Shop & Save Amish Valley Hillshire Farms	2.19 2.79			1.19	0.99		3.49					
	Shop'n Save	Frick's Kretschmar			1.79				1.79					w/ \$25 purchase; limit 1 w/ \$25 purchase; limit 1
	Strack & VanTil	Kentucky Legend Kentucky Legend Centrella Centrella Centrella	1.29 1.99						2.99 4.99	2.99 4.99				w/ store card w/o store card w/\$25 purchase; store card; limit 1 additional quantities
	Sullivan's	Centrella Hillshire Farms Kentucky Legend			1.49 2.29	1.09 2.39	0.99		2.99	3.49				\$2.00 off w/ coupon
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											
	Tom's Market	Tom's Kretschmar Best Choice	1.99		1.79		1.79		1.99	2.99	3.29			w/ \$30 purchase
	Tony's Finer Foods	Cook's Hormel Kentucky Legend Centrella Centrella	1.99	1.99			1.49		3.49	3.59				limit 1 additional quantities

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
IL (cont)	Ultra Foods	Centrella Centrella		1.69		0.88 1.39	0.68 1.19							w/ \$25 purchase; limit 1 additional quantities	
	Walmart	Sam's Choice no label	1.98	1.58											
	Walt's Food Center	Centrella				0.89	0.69								w/ \$20 purchase; limit 1
		Centrella													
		Sugardale													
		Hillshire Farms		2.69	2.79	2.29	2.49								
		Walt's Krakus Dubuque Hormel				3.29	3.39		2.98 3.49						semi-boneless
IN	Al's Supermarket	Frick			1.99	1.08	0.88							w/ store card and \$25 purchase	
		Frick			1.39	1.48	1.28							w/o store card	
		Farm Fresh		1.88										w/ store card	
		Farm Fresh		2.49										w/o store card	
		Hillshire	2.79											w/ store card	
		Hillshire	3.49											w/o store card	
		Hickory Hills						1.99	2.19					w/ store card	
		Hickory Hills						3.09	3.29					w/o store card	
		Kentucky Legend						3.49						w/ store card	
		Kentucky Legend						3.79						w/o store card	
		Cumberland Gap				2.19	2.29							w/ store card	
		Cumberland Gap				2.69	2.79							w/o store card	
		Paula Deen			3.49									w/ store card	
	Paula Deen			4.19									w/o store card		
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99								
	Buehler Buy Low	Best Choice	1.99												w/ \$15 purchase; limit 1
		Kentucky Legend						2.49	2.69						w/ \$15 purchase; limit 1
		Cumberland Gap			1.99	2.19									w/ \$15 purchase; limit 1
		Kretschmar						1.89	2.09						w/ \$15 purchase; limit 1
		Emge Corn King						2.79 1.65							
Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1		
Double 8 Foods	Double 8					1.69									
	Gusto			1.59											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
IN (cont)	Harvest	Kentucky Legend						2.99						
	Hometown IGA	Best Choice		1.69										w/ \$15 purchase; limit 1
		Cumberland Gap						1.69	1.89					w/ \$15 purchase; limit 1
		Kentucky Legend						2.49	2.59					w/ \$15 purchase; limit 1
		Emge						2.79						
		Corn King						1.65						
	Jay C	Kentucky Legend						2.68	2.68					w/ store card
		Kentucky Legend						4.49	4.49					w/o store card
		Private Selection		1.88										w/ store card
	Jewel	Private Selection		3.19										w/o store card
		Jewel	Jewel		1.29									w/ coupon
	Kirby Foods IGA	Amish Pride		2.99			0.59							
		Kretschmar	Kretschmar					1.99	2.49					
	Kretschmar						3.59							w/o store card
Frick's					1.39	1.19							w/ store card	
Frick's						2.19							w/o store card	
Kroger Central	Cook's												w/ store card; limit 2	
	Cumberland Gap			1.99									w/ store card	
	Hickory Hills							2.49					w/ store card	
	Kroger		1.47										w/ store card; limit 2	
Kroger Cincinnati	Private Selection	2.49											w/ store card	
	Kroger		1.99										w/ store card	
Kroger Cincinnati	Smithfield												w/ store card	
	Cumberland Gap			1.69	1.59	1.49							w/ store card	
	Private Selection		2.49				1.79						w/ store card	
Kroger Mid-South	Private Selection		1.79										w/ store card; limit 2	
	Smithfield				1.59								w/ store card	
	Kentucky Legend						2.99						w/ store card	
Marsh	Cumberland Gap			1.69									w/ store card	
	Cumberland Gap				1.18		2.49	2.49					w/o store card	
	Sugardale				3.29		3.49	3.49					w/ store card	
	Sugardale				1.19	0.97					3.49		w/o store card	
	Marsh	\$20 off	\$10 off			1.79							w/ store card	
	Hormel							4.99	4.99					
	Indiana Kitchen		1.99										w/ store card	
Indiana Kitchen		2.99										w/o store card		

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
IN (cont)	Meijer	Cook's		1.47		1.19								w/ store card	
		Cook's		2.49		1.79								w/o store card	
		Hormel		1.47					3.69					w/ store card	
		Hormel		2.49										w/o store card	
		Dearborn		3.99											
	New Market	Hickory Hills						1.59	1.99						
		John Morrell no label		1.99		1.28									
	Owen's	Cook's					0.97								w/ store card; limit 2
		Cumberland Gap			1.99										w/ store card
		Hickory Hills							2.49						w/ store card
		Kroger Private Selection	2.49	1.47											w/ store card; limit 2 w/ store card
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	Schnuck's	Cook's										3.49			
		Schnuck's		1.69											w/ \$25 purchase; limit 1
Kretschmar Sugardale							1.69				3.49			w/ \$25 purchase; limit 1	
Strack & VanTil	Kentucky Legend						2.99	2.99						w/ store card	
	Kentucky Legend						4.99	4.99						w/o store card	
	Centrella	1.29												w/ \$25 purchase; store card; limit 1	
	Centrella Centrella	1.99				0.89								additional quantities	
Target	Archer Farms		1.89											limit 2	
The Fresh Market	no label	2.99													
Walmart	Sam's Choice	1.98													
	no label		1.58												
Walt's Food Center	Centrella				0.89	0.69								w/ \$20 purchase; limit 1	
	Centrella		1.99												
	Sugardale		1.99												
	Hillshire Farms	2.69	2.79	2.29	2.49										
	Walt's			3.29	3.39									semi-boneless	
	Krakus						2.98								
	Dubuque Hormel	2.49	2.49				3.49								

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
IN (cont)	Wesselman's	Kentucky Legend			1.79	1.99		1.99	2.99					limit 1
		Cumberland Gap						2.79	2.99					
		Emge Double G						2.79	2.99					
KY	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1
	Food City	Kentucky Legend Hormel Food City	2.29	1.69	1.79			3.49	3.49 3.99					
	Food Fair	Superior Sugardale Walnut Creek		2.59		1.69		1.89	1.99					
	Food Giant	Kentucky Legend Cumberland Gap			1.98			2.68	2.98					
	Food Lion	My Essentials Smithfield		1.39 1.79			0.89 1.19							limit 2 limit 2
	Foodland	Sugardale Sugardale Superior Farm Fresh Hillshire Farms	1.99	1.99 1.99 2.99	0.99		1.39	1.89 1.78	1.98					w/ \$20 purchase; limit 1
	Houchen's Markets	Kentucky Legend Smithfield Hormel		2.49 2.49			0.99	2.99						limit 1
	Kroger Cincinnati	Kroger Smithfield Cumberland Gap Private Selection		1.99 2.49	1.69	1.59	1.49	1.79						w/ store card w/ store card w/ store card
	Kroger Delta	John Morrell Smithfield		1.79 1.79	2.49	1.29					2.49			w/ store card w/ store card
	Kroger Mid-Atlantic	Gwaltney Cumberland Gap		1.39	1.99			2.49						w/ store card; limit 2 w/ store card
	Kroger Mid-South	Private Selection Smithfield Kentucky Legend Cumberland Gap		1.79		1.59		2.99						w/ store card; limit 2 w/ store card w/ store card w/ store card

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
KY (cont)	Meijer	Cook's		1.47		1.19								w/ store card	
		Cook's		2.49		1.79								w/o store card	
		Hormel		1.47					3.69					w/ store card	
		Hormel		2.49										w/o store card	
		Dearborn		3.99											
	Remke's	Kentucky Legend		3.49											\$2 off w/ coupon
		Hillshire Farms		2.79					2.99						
		Blue Grass													
		Sugardale					1.39								w/ store card
		John Morrell		1.99											w/o store card
	Save-a-Lot	Sugardale				1.19	0.99						2.49		
		Target	Archer Farms		1.89										limit 2
The Fresh Market	no label	2.99													
Town & Country	Kretschmar							1.99							
	Cook's			1.39	1.39	1.29									
Value Market	Best Choice	1.99	1.99												
	Fischer's							1.99	2.19						
	Kentucky Legend							2.99	3.19						
	Cook's				1.29										
	Carolina Pride			1.39									1.99		
Walmart	Clifty Farms												1.99		
	Harper's												1.99		
	Sam's Choice	1.98													
	no label		1.58												
MI	Aldi	Specially Selected	1.99												
		Appleton Farms		1.49		1.19	0.99								
	Busch's	Dearborn		3.89								5.49			
		Busch's	2.49												
D&W Fresh	Smithfield				1.59	1.49					3.99				
	Kentucky Legend														
		Paula Deen		2.77											
		Spartan		1.99					1.99						
		Smithfield		1.27											
		Winter's		3.99										limit 2	

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MI (cont)	Family Fare	Spartan		\$15 off				\$15 off						w/ \$20 purchase; limit 1 w/ \$20 purchase; limit 1 w/ \$20 purchase; limit 1
		Quincy Street		\$15 off				\$15 off						
		Smithfield		\$15 off						3.99	3.99			
		Kentucky Legend												
	Food Pride	Our Family	2.39					1.89	2.19					
		Cumberland Gap				2.29								
	Glen's	Spartan		\$15 off				\$15 off						w/ \$20 purchase; limit 1 w/ \$20 purchase; limit 1 w/ \$20 purchase; limit 1
		Quincy Street		\$15 off				\$15 off						
		Smithfield		\$15 off						3.99	3.99			
		Kentucky Legend												
	Harding's	Sugardale					0.99	1.69						
		Kentucky Legend									3.99			
	Hiller's	Hiller's	2.49											w/ store card
Hiller's		3.49											w/o store card	
Kentucky Legend										3.79				
Dearborn		3.99			2.69								w/ store card	
Dearborn		5.99			3.89								w/o store card	
Winter's		2.99											w/ store card	
Hollywood	Winter's	5.99											w/o store card	
	Dearborn	2.99	2.99											
Kroger Michigan	Private Selection	2.99											w/ store card	
	Smithfield												w/ store card	
	Kroger		1.37			1.17							w/ \$10 purchase; limit 2	
	Cumberland Gap Hickory Hills			1.67			2.49						w/ store card	
Martin's	Smithfield		1.57										w/ store card; limit 2	
	Smithfield		2.89										w/o store card	
	Troyer's						1.57						w/ store card; limit 2	
	Troyer's						2.49						w/o store card	
	Frick's				1.49	1.39							w/ store card	
	Frick's				1.99	1.89							w/o store card	
Meijer	Cook's		1.47		1.19								w/ store card	
	Cook's		2.49		1.79								w/o store card	
	Hormel		1.47					3.69					w/ store card	
	Hormel		2.49										w/o store card	
	Dearborn		3.99											
Plumb's	Sugardale		1.79		1.19	0.99	1.69						w/ store card	
	Sugardale		3.19		2.19	1.99	2.89						w/o store card	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions		
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless				
MI (cont)	Ric's Food Center	Frick's Cumberland Gap Amish Valley		1.99		1.38			1.99							
	Save-a-Lot	Sugardale				1.19	0.99				2.49					
	Spartan Stores	Smithfield Smithfield				0.97 1.99								w/ store card; limit 4 w/o store card		
	Super One/U-Save	Elliot's Elliot's Hormel Hormel Farmland Cloverdale Hillshire Farms		1.99	1.99						3.69				w/ store card	
				3.98	3.09										w/o store card	
						0.88				2.99						w/ store card
						2.49										w/o store card
																w/ \$25 purchase; limit 1
	Tadych's	Our Family Farmland Hillshire Farms		2.29	1.79	1.79				2.99						
	Target	Archer Farms		1.89											limit 2	
	Tom's Market/Oleson	Spartan Quincy Street Smithfield Kentucky Legend		\$15 off					\$15 off						w/ \$20 purchase; limit 1	
				\$15 off						3.99	3.99				w/ \$20 purchase; limit 1 w/ \$20 purchase; limit 1	
	Valuland	Smithfield		1.49			0.99									
VG's Grocery	Smithfield Smithfield Superior Dearborn Dearborn Spartan					0.99								w/ store card; limit 2		
						1.99								w/o store card		
			3.99											w/ store card		
			4.99											w/o store card		
									1.99							
Walmart	Sam's Choice no label	1.98	1.58													
MN	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99									
	Cash Wise	Buckley Farms Cash Wise					1.38							limit 1		
						1.98										
	Coborn's	Coborn's Hormel		2.19		1.99			3.19	3.19						

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MN (cont)	Cub Foods	Signature			2.99	2.99								w/ \$25 purchase; limit 1 additional quantities w/ store card w/o store card
		Cub				0.87								
		Cub				2.49								
		Cub		1.99										
		Cub		2.99										
	Econo Foods	Our Family		1.99	1.58	1.68								
		Hillshire Farms			2.49	2.49			4.49	4.49				
		Hormel												
	Family Fresh	Our Family		1.99	1.58	1.68								
	Fareway	Farmland						1.99	2.39					
		Fareway						2.99	2.99					
		John Morrell		1.79	1.79						3.49			
	Festival	Festival			1.99	1.99								w/ store card/\$25 purchase/limit 1 additional quantities w/ store card/\$25 purchase/limit 1 additional quantities w/ store card w/o store card w/ store card w/o store card
		Festival			3.79	3.79								
		Hormel		1.99										
Hormel			3.99											
Cook's					1.79									
Cook's					1.99									
Elliot's					1.79									
Food Pride	Our Family		2.39				1.89	2.19						
	Cumberland Gap				2.29									
Hugo's	Our Family			0.87									w/ \$30 purchase; coupon; limit 1 w/ \$30 purchase; coupon; limit 1	
	Cloverdale							1.98						
	Hormel							2.98						
	John Morrell						3.38							
Hy-Vee	Hormel						3.99	3.99						
	Farmland						1.49							
	Hillshire Farms			1.99	2.29									
	Hy-Vee		1.98	1.98										
Lund's and Byerly's	Lund's/Byerly's		5.99										w/ store card w/o store card w/ store card w/o store card w/ store card w/o store card	
	Lund's/Byerly's		6.99											
	Hormel			1.99			BOGO	BOGO						
	Hormel			4.59										
	Kentucky Legend						5.29							
	Kentucky Legend						5.99							

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MN (cont)	Marketplace Foods	Farmland						2.00				3.49		w/ \$50 purchase; limit 1
		Hormel	1.99					3.99	3.99					
		Hillshire Farms			2.29									
		John Morrell			0.98									
		Klondike									2.99			
	Maynard's Foods	Double-G				1.69				3.49				
		John Morrell		2.18	1.88			1.50						
	Polly's	Frick's				1.39								
		Kowalski	3.29	3.49										
	Rainbow Foods	Sugardale				0.99								w/ \$25 purchase; limit 1 additional quantities w/ store card w/o store card
		Sugardale				2.29								
		Cook's		2.69		1.29					2.99			
		Cook's									3.49			
		Hillshire Farms		3.49	2.49									
	Roundy's		3.99	2.99				2.99	2.99					
		Quillin's				1.29								
John Morrell				1.89	1.99									
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
Spartan Stores	Spartan no label		\$13 off					\$13 off					w/ \$25 purchase; limit 1	
0.99	Sun Mart	Our Family		1.99	1.58	1.68								
		Hillshire Farms			2.49			4.49	4.49					
Sunshine Foods	Double-G				1.88									
	John Morrell		2.29	1.99	2.29		2.99	2.99						
Super One/U-Save	Elliot's			1.99						3.69			w/ store card w/o store card w/ store card w/o store card w/ \$25 purchase; limit 1	
	Elliot's			3.09										
	Hormel	1.99												
	Hormel	3.98												
	Farmland				0.88									
	Cloverdale						2.99							
Hillshire Farms					2.49									
	Target	Archer Farms		1.89									limit 2	
Teals Market	Our Family Hormel				1.38			3.99	3.99				limit 1	
Walmart	Sam's Choice	1.98												
	no label		1.58											

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
ND	Cash Wise	Buckley Farms Cash Wise					1.38							limit 1	
	Dan's	Cloverdale						2.39	2.49						
	Hornbacher's	John Morrell		1.99	1.69	1.79									
		John Morrell			1.48	1.48									
		Farm Fresh		1.98	1.48	1.48				2.98					
		Cloverdale								2.48					
		Hormel							2.98	2.98					
	Hornbacher's							2.98							
	Hugo's	Our Family			0.87										w/ \$30 purchase; coupon; limit 1
		Cloverdale								1.98					w/ \$30 purchase; coupon; limit 1
		Hormel								2.98					
		John Morrell							3.38						
	Leevers Foods	Our Family								2.88					
Cloverdale									2.98						
John Morrell				1.85	1.85				3.38						
Marketplace Foods	Farmland		1.99					2.00				3.49			
	Hormel							3.99	3.99						
	Hillshire Farms				2.29										
	John Morrell				0.98									w/ \$50 purchase; limit 1	
	Klondike										2.99				
Sun Mart	Our Family			1.99	1.58	1.68									
	Hillshire Farms				2.49			4.49	4.49						
Super One/U-Save	Elliot's				1.99						3.69			w/ store card	
	Elliot's				3.09									w/o store card	
	Hormel		1.99											w/ store card	
	Hormel		3.98											w/o store card	
	Farmland					0.88								w/ \$25 purchase; limit 1	
	Cloverdale							2.99							
Target	Archer Farms			1.89										limit 2	
Teals Market	Our Family					1.38								limit 1	
	Hormel							3.99	3.99						
Walmart	Sam's Choice		1.98												
	no label			1.58											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
NE	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99	1.89 2.19			2.99 2.00	3.29				
	Apple Market	Farmland Best Choice Cook's Frick's Hormel Kretschmar	1.69	2.29 1.79		1.49 2.19	1.59		1.75					
	B&R Stores	Hormel Hormel	1.89 2.99	1.99					3.49 4.59	3.49 4.59				w/ store card w/o store card
	Baker's	Kroger Private Selection Hormel Cook's		1.99 2.69							3.99 3.99			w/ store card
	Fareway	Farmland Fareway John Morrell				1.79			1.99 2.99	2.39 2.99			3.49	
	Food Pride	Our Family Cumberland Gap	2.39				2.29		1.89	2.19				
	Hy-Vee	Hormel Farmland Hillshire Farms Hy-Vee				1.99	2.29		3.99 1.49	3.99				
	No Frills	Farmland Cook's		1.88			1.79	1.49	1.69					
	Safeway	Safeway		1.99			1.29	0.99						limit 1
	Sun Mart	Our Family Hillshire Farms		1.99	1.58 2.49	1.68			4.49	4.49				
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice no label	1.98											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
OH	Acme Fresh	Sugardale				0.99								w/ store card	
		Sugardale				2.19								w/o store card	
		Acme Gold		2.79										w/ store card	
		Acme Gold		4.99										w/o store card	
		Acme		1.69				1.99	2.79	2.99				w/ store card	
		Acme		3.99				2.99	3.59	3.99				w/o store card	
	Aldi	Specially Selected	1.99												
		Appleton Farms		1.49		1.19	0.99								
	Bigg's	Kentucky Legend		3.49											\$2 off w/ coupon
		Hillshire Farms		2.79					2.99						
		Blue Grass													
		Sugardale					1.39								w/ store card
		John Morrell		1.99											w/o store card
	Bottom Dollar	Smithfield		1.27											w/ \$25 purchase; limit 2
		My Essentials				0.77	0.67								w/ \$25 purchase; limit 2
	Buehler's	Buehler's		1.99											w/ store card
		Buehler's		3.49											w/o store card
		Superior						1.99							w/ store card
		Superior						3.49							w/o store card
	Chief Supermarkets	Berk's						2.99							w/ store card
Superior							1.69							w/ store card	
John Morrell			1.79											w/o store card	
John Morrell			2.99											w/ store card	
Cub Foods	Chief		3.99											w/ store card	
	Chief		4.29											w/o store card	
	Signature			2.99	2.99									w/ \$25 purchase; limit 1	
	Cub				0.87									additional quantities	
	Cub		1.99		2.49									w/ store card	
	Cub		2.99											w/o store card	
Dave's Markets	Frick's									4.49					
	Superior			1.29											
Dollar General Mrkt	Sugardale		1.99												
	Corn King						1.50								
														w/ \$15 purchase; limit 1	

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
OH (cont)	Fisher's	Sugardale			1.27			1.99						w/ store card
		Sugardale			2.37			3.09						w/o store card
		Superior			1.27			1.99						w/ store card
		Superior			2.37			3.09						w/o store card
		Amish Valley		2.29										w/ store card
		Amish Valley		2.99										w/o store card
	Food Fair	Superior						1.89	1.99					
		Sugardale		2.59		1.69								
		Walnut Creek	2.19											
	Foodland	Sugardale			0.99									w/ \$20 purchase; limit 1
		Sugardale	1.99	1.99			1.39	1.89						
		Superior						1.78	1.98					
		Farm Fresh		1.99										
		Hillshire Farms		2.99										
	Fresh Encounter	Cumberland Gap						2.49						
		Heartland						1.69						
		Sugardale				0.99								
		John Morrell		1.98										
	Geyer's	Farm Fresh		1.88		1.18		1.98	2.18					
		Sugardale			1.78			1.88						
Giant Eagle	Giant Eagle	1.99	2.99	0.98			2.39							
	Sugardale		2.99	1.19			2.79	3.19	3.39				limit 1	
	Hillshire Farms		3.39				4.69							
	Market District			3.49	3.49									
Heinen's	Heinen's	4.99		2.99										
Hometown IGA	Best Choice		1.69										w/ \$15 purchase; limit 1	
	Cumberland Gap						1.69	1.89					w/ \$15 purchase; limit 1	
	Kentucky Legend						2.49	2.59					w/ \$15 purchase; limit 1	
	Emge						2.79							
	Corn King						1.65							
Kroger Cincinnati	Kroger		1.99										w/ store card	
	Smithfield				1.59	1.49							w/ store card	
	Cumberland Gap			1.69			1.79						w/ store card	
	Private Selection		2.49											

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
OH (cont)	Kroger Columbus	Cumberland Gap			1.38									w/ store card; \$10 purchase; limit 1	
		Paula Deen	3.69												
		Private Selection	2.99												
	Kroger Mid-Atlantic	Kroger Sugardale		1.69			0.99								w/ store card; \$10 purchase; limit 1 w/ store card; \$10 purchase; limit 1
		Gwaltney Cumberland Gap		1.39		1.99		2.49							w/ store card; limit 2 w/ store card
	Marc's	Hormel		1.99											
		Sugardale		1.88											
	Marsh	Cumberland Gap					1.18	2.49	2.49						w/ store card
		Cumberland Gap					3.29	3.49	3.49						w/o store card
		Sugardale					1.19					3.49			w/ store card
		Sugardale													w/o store card
		Marsh	\$20 off	\$10 off											w/ store card
		Hormel							4.99	4.99					w/ store card
	Meijer	Indiana Kitchen		1.99											w/ store card
		Indiana Kitchen		2.99											w/o store card
		Cook's		1.47			1.19								w/ store card
		Cook's		2.49			1.79								w/o store card
Hormel			1.47						3.69					w/ store card	
Riesbeck's	Hormel		2.49											w/ store card	
	Dearborn		3.99											w/o store card	
Save-a-Lot	Superior						1.69								
Shop'n Save	Smithfield		2.49												
	Sugardale					1.19	0.99				2.49				
	Sugardale	1.99			1.49	1.39	1.29	2.19						w/ \$25 purchase; limit 1	
Sparkle	Superior							1.88	2.19						
	Hillshire Farms		2.99												
	Sparkle							1.49						w/ store card	
	Sparkle							2.99						w/o store card	
	Sugardale		1.99											w/ store card	
Target	Sugardale		3.59											w/o store card	
	Hillshire Farms		3.49												
	Amish Pride							3.29							
	Archer Farms		1.89											limit 2	

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
OH (cont)	The Fresh Market	no label	2.99											
	Walmart	Sam's Choice no label	1.98	1.58										
SD	Affiliated Midwest	Double-G				1.89								
		John Morrell		2.19	1.99	2.19								
		Kretschmar						2.99	3.29					
		Farmland						2.00						
		Cook's				1.48	1.28							
	Coborn's	Coborn's Hormel		2.19				3.19	3.19					
	Family Thrift	Our Family Hillshire Farms Hormel		1.99	1.58 2.49	1.68 2.49		4.49	4.49					
	Hy-Vee	Hormel						3.99	3.99					
		Farmland Hillshire Farms Hy-Vee	1.98	1.98	1.99	2.29		1.49						
	Ken's Super Fair	John Morrell		2.19	1.99	2.19		2.39	2.69					w/ store card
		John Morrell				3.09			3.89					w/o store card
		Kretschmar						2.39	2.69					w/ store card
		Kretschmar							3.89					w/o store card
		Double G				1.99					4.19			w/ store card
Double G Cloverdale					2.59				2.99				w/o store card	
Lynn's Dakotamart	Cloverdale							2.79						
	John Morrell		1.99				1.79	1.89						
	Farmland						1.89							
Maynard's Foods	Double-G				1.69			3.49						
	John Morrell		2.18	1.88			1.50							
Safeway	Safeway		1.99			1.29	0.99						limit 1	
Sunshine Foods	Double-G					1.88								
	John Morrell		2.29	1.99	2.29		2.99	2.99						
Target	Archer Farms		1.89										limit 2	
Teals Market	Our Family Hormel				1.38			3.99	3.99				limit 1	
Walmart	Sam's Choice	1.98												
	no label		1.58											

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
WI	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99	1.89 2.19			2.99 2.00	3.29				
	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Cub Foods	Signature Cub Cub Cub Cub Frick's			2.99	2.99 0.87 2.49								w/ \$25 purchase; limit 1 additional quantities w/ store card w/o store card
	Econo Foods	Our Family Hillshire Farms Hormel		1.99	1.58 2.49	1.68 2.49		4.49	4.49					
	Family Fresh	Our Family		1.99	1.58	1.68								
	Festival	Festival Festival Hillshire Farms Hillshire Farms						2.68 3.89	2.68 3.89	2.68 3.89				w/ store card w/o store card w/ store card w/o store card
	Gordy's	John Morrell John Morrell Hormel				0.98 3.13								w/ \$25 purchase and store card w/o store card
	Marketplace Foods	Farmland Hormel Hillshire Farms John Morrell Klondike	1.99			2.29 0.98		2.00 3.99	3.99			3.49		w/ \$50 purchase; limit 1
	Mega Foods	Patrick Cudahy Hillshire Farms			*	*				3.48				\$0.05/lb under competitor's price
	Pick'n Save/Copps	Sugardale Sugardale Cook's Hillshire Farms Roundy's				0.99 2.29 1.29 2.49	0.99 2.29 1.29 2.49		2.99	2.99				w/ store card w/o store card w/ store card w/ store card w/ store card

SUPERMARKET HOLIDAY FEATURING OF MEAT & POULTRY

prices in \$US per pound unless otherwise noted.

Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
WI (cont)	Piggly Wiggly	Cook's				0.89	0.69							limit 1 w/ coupon	
		Cook's									3.59				
		Farmland		1.99					1.99						
		Maple River							2.79	2.99					
		Hillshire Farms					2.49	2.69							
	Badger							3.89	3.99	4.29					
	Quality Foods IGA	Hillshire Farms				1.99								w/ \$25 purchase; limit 1	
		Farmland		2.39											
		Kretschmar						2.99	2.99						
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	Sendik's	Hillshire Farms				2.49									
	Sendik's	4.99													
Sentry	Cook's				0.69								w/ \$25 purchase; limit 1		
	Hormel		1.79										w/ \$25 purchase; limit 1		
Super One/U-Save	Elliot's			1.99						3.69			w/ store card		
	Elliot's			3.09									w/o store card		
	Hormel	1.99											w/ store card		
	Hormel	3.98											w/o store card		
	Farmland				0.88								w/ \$25 purchase; limit 1		
	Cloverdale						2.99								
	Hillshire Farms				2.49										
Target	Archer Farms		1.89										limit 2		
The Fresh Market	no label	2.99													
Walmart	Sam's Choice	1.98													
	no label		1.58												

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
SOUTH CENTRAL U.S. - AR,AZ,CO,KS,LA,MO,NM,OK,TX,UT														
AR	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Bill's Market	Cook's Best Choice Petite Jean	1.98		2.68	1.28	1.28							
	Cranford's	Best Choice Kretschmar John Morrell Hormel Corn King Cook's Cook's	1.89	1.89	2.49 2.79			3.99 1.50	3.99					w/ \$20 purchase; limit 1 w/o purchase
	CV's Foods	Frick's Kretschmar				1.19	0.99	2.49						w/ \$15 purchase; limit 1
	G&W Foods	Sugardale				1.48	1.28							
	Harp's	Corn King Cook's Hormel Sugardale	1.99	2.19		1.49	1.29	1.75						
	Hays	Cook's Best Choice Ozark Pride Kretschmar	1.77	1.77			1.07	1.97	3.48					
	Kroger Delta	John Morrell Smithfield		1.79 1.79	2.49		1.29				2.49			w/ store card w/ store card
	Piggly Wiggly FdGnt	Gwaltney Gwaltney Jamestown Jamestown				1.18 1.89	0.98 1.69							w/ store card w/o store card w/ store card w/o store card
	Price Chopper	Kretschmar Cook's			1.39	1.39	1.29	1.99						
	Save-a-Lot	Sugardale				1.19	0.99				2.49			
	Super1Foods	Smithfield								3.99				
	Target	Archer Farms		1.89										limit 2
	The Fresh Market	no label	2.99											

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
AL (cont)	Town & Country/ Country Mart	Kretschmar Corn King Cook's			1.39	1.39	1.29	1.99 1.65						
	Walmart	Sam's Choice no label	1.98	1.58										
	Whole Foods	no label	5.99											
AZ	Albertsons Market	Hormel Hormel Cook's American Chef	0.88				1.29		3.99					w/ \$100 purchase; limit 1
	Basha's	Cook's Hormel		1.79				BOGO						
	Food City	Cook's					0.99							limit 1
	Fresh & Easy	Farmer John Fresh & Easy		1.47			0.88							
	Fry's	Cook's Hormel Private Selection Kroger	2.99 2.69	1.47				2.79	2.79		3.99			w/ store card
	Pro's Ranch	Smithfield Smithfield					0.99 1.99							w/ store card w/o store card
	Safeway	Safeway		1.99			1.19 0.99							limit 1
	Save-a-Lot	Sugardale					1.19 0.99					2.49		
	Smart & Final	Farmer John	1.59	1.59										w/ \$25 purchase; limit 1
	Smith's	Cook's John Morrell	1.79				1.49							
	Sprout's	Sprout's	1.99											
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice no label	1.98	1.58										
	CO	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99	1.89 2.19		2.99 2.00	3.29				
						1.48 1.28								

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
CO (cont)	Albertsons Market	Hormel Hormel Cook's American Chef	0.88				1.29					3.99			w/ \$100 purchase; limit 1
	Clark's Market	Sugardale				1.39	1.19								
	King Soopers	Cook's Kroger Private Selection Hormel Farmland	1.49 2.49				1.39 0.99								w/ store card w/ store card w/ store card
	Lowes Pay-N-Save	Cook's					1.39 1.19								
	Safeway	Safeway		1.99			1.29 0.99								limit 1
	Save-a-Lot	Sugardale					1.19 0.99					2.49			
	Sprout's	Sprout's	1.99												
	Sun Mart	Our Family Hillshire Farms		1.99	1.58 2.49		1.68		4.49	4.49					
	Target	Archer Farms		1.89											limit 2
	Walmart	Sam's Choice no label	1.98				1.58								
KS	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99		1.89 2.19		2.99 2.00	3.29					
	Aldi	Specially Selected Appleton Farms	1.99				1.48 1.28								
	Apple Market	Farmland Best Choice Cook's Frick's Hormel Kretschmar	1.69	2.29 1.79			1.49 2.19 2.19	1.59	1.75						
	Country Mart	Cook's			1.69		1.48	1.29							
		Best Choice Maple River	1.58	1.78					2.89	2.99					
Hormel Kentucky Legend Corn King Farmland		1.98	1.98					3.99 3.59 1.50 1.75	3.79 3.59	3.59					

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
KS (cont)	Dillon's	Kroger		1.99										w/ store card	
		Private Selection		2.69											
		Hormel								3.99					
		Cook's					1.49			3.99					
	G&W Foods	Sugardale				1.48	1.28								
	Hen House	Ball's			3.99										
		Hormel			2.49				3.99	3.99	3.99				
		Farmland	3.29						3.49	3.49					
		Cook's				1.79	1.69								
	Hy-Vee	Hormel							3.99	3.99					
		Farmland							1.49						
		Hillshire Farms			1.99	2.29									
		Hy-Vee	1.98	1.98											
Price Chopper	Cook's			1.49		1.69									
	Best Choice	1.68	1.78												
	Hormel	2.29													
	Frick's			2.29		2.39									
	Farmland						1.75								
	Farmland Burger						3.49						2.79		
Save-a-Lot	Sugardale				1.19	0.99					2.49				
Sun Fresh	Hormel	1.79	1.89												
	Cook's			1.49	1.59										
Target	Archer Farms		1.89										limit 2		
The Fresh Market	no label	2.99													
Walmart	Sam's Choice	1.98													
	no label		1.58												
Wood's	Best Choice	1.78	1.78												
	Hillshire Farms		2.68												
	Sugardale			1.38	1.19	0.99									
	Cook's				1.58	1.38									
	Farmland				1.99		2.00	1.98							
	Kretschmar						2.68								
LA	Albertsons Market	Cook's				1.79								w/ \$10 purchase; limit 1 w/ \$10 purchase; limit 1	
		Cook's					0.97								
		Hormel	1.47												
Associated Food	Smoky Hollow						2.99	3.29							
Breaux	Tyson		1.99												

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
LA (cont)	Kroger Southwest	Cook's				1.69	1.49							w/ store card	
		Private Selection	2.69											w/ store card	
		Kroger	1.99											w/ \$10 purchase; limit 1	
	LeBlanc's	Smithfield		1.99			1.19								
	Mac's Fresh	Corn King Best Choice Smithfield							1.49						
					1.77			0.97							
	Piggly Wiggly	Smithfield	0.99												
	Rouse's	Sugardale Hormel					0.97								
					1.77										
	Save-a-Lot	Sugardale				1.19	0.99					2.49			
	Super1Foods	Smithfield									3.99				
	Target	Archer Farms		1.89											limit 2
The Fresh Market	no label	2.99													
Walmart	Sam's Choice	1.98													
	no label		1.58												
Whole Foods	Homestead	4.99													
	Wellshire	4.99													
Winn-Dixie	Hormel								BOGO						
	Smithfield		1.99		1.59	1.39								w/ store card; limit 2	
	Smithfield		3.99		1.99	1.79								w/o store card	
MO	Aldi	Specially Selected Appleton Farms	1.99			1.19	0.99								
	Apple Market	Farmland		2.29				1.75							
		Best Choice	1.69	1.79											
		Cook's			1.49		1.59								
		Frick's			2.19	2.19									
		Hormel						3.99							
	Kretschmar						2.99	2.99							
C&R Supermarkets	Double-G					1.69									
	Cook's					1.48	1.28								
	John Morrell Kretschmar		1.68					1.50							
County Market	Farmland							1.25							
	Kretschmar							1.67							
	Double G							3.49	3.69					w/ \$25 purchase; limit 1	

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HAMS

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MO (cont)	Country Mart	Cook's			1.69	1.48	1.29							
		Maple River						2.89	2.99					
		Hormel	1.98	1.98				3.99	3.79					
		Kentucky Legend						3.59	3.59	3.59				
		Corn King						1.50						
		Farmland						1.75	2.00					
	Food Giant	Kentucky Legend						2.68	2.98					
		Cumberland Gap			1.98									
	Dierberg's	Dierberg's		1.89				2.29						w/ \$25 purchase; limit 1
		Double-G			2.19	2.29	2.19	2.49						
		Frick's			2.19	2.29	2.19							
	G&W Foods	Sugardale				1.48	1.28							
	Gerbes	Kroger		1.99										w/ store card
		Private Selection		2.69						3.99				
		Hormel					1.49			3.99				
Harp's	Corn King						1.75							
	Cook's				1.49	1.29								
	Hormel	1.99	2.19		1.59	1.49								
Harter House	Harter House			1.99										
	Hormel	1.99					2.99							
Hickman's IGA	Kretschmar	2.49					1.97	2.49					limit 1	
	Frick's				1.39	1.19							w/ store card	
	Frick's				2.39	2.19							w/o store card	
Hy-Vee	Hormel						3.99	3.99						
	Farmland						1.49							
	Hillshire Farms			1.99	2.29									
	Hy-Vee	1.98	1.98											
Kroger Central	Cook's					0.97							w/ store card; limit 2	
	Cumberland Gap			1.99									w/ store card	
	Hickory Hills							2.49					w/ store card	
	Kroger		1.47										w/ store card; limit 2	
	Private Selection	2.49											w/ store card	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MO (cont)	Moser's	Best Choice	1.79	1.89										limit 1
		Cook's			1.39		1.49							
		Cook's	1.19											
		Corn King						1.50						
		Frick's			2.19		2.39							
		Hormel						3.99	3.99					
		Farmland						3.59						
	Patricia's	Cook's			1.37		2.17							w/ store card w/o store card w/ store card w/o store card w/ \$35 purchase w/ store card
		Cook's			3.17									
		Best Choice	1.89	1.99										
		Best Choice	3.99	3.79										
		Best Choice		1.47										
		Frick's			2.17		2.37							
		Hormel						3.97	3.97					
	Price Chopper	Cook's			1.49		1.69							premium 2.79
		Best Choice	1.68	1.78										
		Hormel	2.29											
		Frick's			2.29		2.39							
		Farmland						1.75						
		Farmland Burger						3.49						
Pyramid Foods	Kretschmar						1.99	2.29						
	Cook's			1.59	1.69	1.49								
	Best Choice	1.89	1.89											
	Hormel		1.99				3.69	3.69						
	Burger's						2.69	3.69						
	Corn King						1.75							
	Hillshire Farms	2.69												
Save-a-Lot	Sugardale										2.49			
	Schnuck's										3.49		w/ \$25 purchase; limit 1 w/ \$25 purchase; limit 1	
Schnuck's	Cook's													
	Schnuck's		1.69											
Schnuck's	Kretschmar						1.69							
	Sugardale										3.49			

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State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MO (cont)	Shop'n Save	Frick's Kretschmar			1.79									w/ \$25 purchase; limit 1 w/ \$25 purchase; limit 1
	Sun Fresh	Hormel Cook's	1.79	1.89	1.49	1.59								
	Target	Archer Farms		1.89										limit 2
	Town & Country	Sugardale Farmland Kretschmar				1.49	1.29				2.17			
	Town & Country/ Country Mart	Kretschmar Corn King Cook's						1.99						
	Walmart	Sam's Choice no label	1.98	1.58										
	Wood's	Best Choice Hillshire Farms Sugardale Cook's Farmland Kretschmar	1.78	1.78 2.68	1.38	1.19 1.58 1.99	0.99 1.38							
NM	Albertsons Market	Hormel Hormel Cook's American Chef	0.88											w/ \$100 purchase; limit 1
	John Brooks	Cook's Hormel Farmland		2.19		1.39	1.19							
	Lawrence Bros.	Cook's Cook's					0.99 1.19							w/ \$10 purchase; limit 1 without purchase
	Lowe's Pay-N-Save	Cook's				1.39	1.19							
	Pro's Ranch	Smithfield Smithfield					0.99 1.99							w/ store card w/o store card
	Safeway	Safeway		1.99		1.29	0.99							limit 1
	Smith's	Cook's John Morrell	1.79			1.49								
	Sprout's	Sprout's	1.99											
	Target	Archer Farms		1.89										
	Walmart	Sam's Choice no label	1.98	1.58										

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
OK	Aldi	Specially Selected Appleton Farms	1.99	1.49		1.19	0.99							
	Country Mart	Kentucky Legend Frick's Hormel Cook's Corn King	1.69	1.69		1.79	1.69	3.59		3.69				
	Country Mart	Cook's Maple River Hormel Kentucky Legend Corn King Farmland	1.98	1.98	1.69	1.48	1.29	2.89	2.99					
	Harp's	Corn King Cook's Hormel Sugardale	1.99	2.19		1.49	1.29	1.75						
	Homeland	Hormel Cook's Farmland	1.99			1.69	1.49							
	Market Square	Cook's Hormel Farmland		2.19		1.39	1.19	3.99	3.99					
	Pyramid Foods	Kretschmar Cook's Best Choice Hormel Burger's Corn King Hillshire Farms Frick's Double G	1.89	1.89 1.99	1.59	1.69	1.49	1.99	2.29					
	Reasor's	Cook's Farmland Kretschmar		1.78				1.75						
	Save-a-Lot	Sugardale				1.19	0.99	2.99	2.99			2.49		
	Sprout's	Sprout's	1.99											
	Target	Archer Farms		1.89										limit 2

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
OK (cont)	The Fresh Market	no label	2.99												
	Walmart	Sam's Choice	1.98												
		no label		1.58											
	Warehouse Market	Sugardale		1.79			1.39								
	Whole Foods	Homestead	4.99												
Wellshire		4.99													
Williams	Cook's				1.69	1.19									
	Best Choice			1.79											
	Frick's				1.99										
	Hormel						3.99								
	Corn King John Morrell			2.39				1.50							
TX	Albertsons Market Dallas Division	Hormel	0.88											w/ \$100 purchase; limit 1	
		Hormel							3.99						
		Cook's American Chef					1.29		BOGO						
	Albertsons Market Southwest	Cook's					1.79								w/ \$10 purchase; limit 1
		Cook's Hormel		1.47				0.97							w/ \$10 purchase; limit 1
	Aldi	Specially Selected Appleton Farms	1.99												
	Brookshire Bros.	Cook's													
		Hormel Corn King		3.19			1.89	1.79			4.49				
	Brookshires	Hormel							3.59	3.59					w/ store card
		Hormel							5.49	5.49					w/o store card
	David's Supermarket	Double G					1.99	1.79					3.99		
	Diamond IGA	Best Choice													
Cook's				1.99											
Foodtown	Sugardale	2.49													
Homeland	Hormel	1.99													
	Cook's						1.69	1.49							
	Farmland								1.75						
Kroger Southwest	Cook's						1.69	1.49						w/ store card	
	Private Selection	2.69												w/ store card	
	Kroger	1.99												w/ \$10 purchase; limit 1	
Lawrence Bros.	Cook's							0.99						w/ \$10 purchase; limit 1	
	Cook's						1.39	1.19						without purchase	

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
TX (cont)	Lowes Pay-N-Save	Cook's				1.39	1.19							
	Market Place	Cook's Hormel Farmland		2.29					3.99 2.00	3.99				limit 2
	Market Square	Cook's Hormel Farmland		2.19		1.39	1.19		3.99 2.00	3.99				
	Pro's Ranch	Smithfield Smithfield				0.99 1.99								w/ store card w/o store card
	Randall's/Tom Thmb	Safeway		1.79		1.69	1.59							limit 1
	Rehkopf's	Cook's					1.19							
	Save-a-Lot	Best Choice Sugardale		1.99			1.19	0.99				2.49		
	Sprout's	Sprout's	1.99											
	Super1Foods	Smithfield									3.99			
	Target	Archer Farms		1.89										limit 2
	United/Market St.	Cook's Hormel		2.39			0.97							
	Vista	John Morrell Cook's	2.19			1.49	1.29							
	Walmart	Sam's Choice no label	1.98	1.58										
	Whole Foods	Homestead Wellshire	4.99 4.99											
UT	Albertson's	Albertson's Albertson's Signature Hormel Amish Pride		1.88		2.99	1.49 2.99	0.99				BOGO 2.99		limit 2 limit 1 spiral-sliced
	Albertsons Market	Hormel Hormel Cook's American Chef	0.88					1.29	BOGO		3.99			w/ \$100 purchase; limit 1
	Associated Grocer	Dubuque Sugardale John Morrell		1.49 1.99			1.39	1.19		2.99	3.19			
	Clark's Market	Sugardale				1.39	1.19							

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Easter 2013

HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
UT (cont)	Fresh Market	Dubuque		1.49					2.49					w/ store card	
		Dubuque		2.49										w/o store card	
		Sugardale				1.39	1.19								
		John Morrell		1.99				2.99	3.19						w/ store card
		John Morrell		2.99											w/o store card
	Harmon's	Harmon's	2.29												
	Macey's	Dubuque		1.49					2.49						
		Sugardale				1.39	1.19								
		John Morrell		1.99				2.99	3.19						
	Ream's	Sugardale				1.29	0.99								
Farmland							1.89								
Ridley's	Dubuque		0.38											limit 1 w/ Coke purchase	
	Dubuque							2.48							
	John Morrell		1.98												
	Sugardale				1.39	1.18									
Smith's	Cook's				1.49										
	John Morrell	1.79													
Sprout's	Sprout's	1.99													
Target	Archer Farms		1.89											limit 2	
Walmart	Sam's Choice	1.98													
	no label		1.58												

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
SOUTHWESTERN U.S. - CA,HI,NV															
CA	Albertson's	Albertson's Albertson's Hormel Signature		1.88		1.08	0.88					2.99			w/ \$25 purchase; limit 1
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50							w/ \$15 purchase; limit 1
	Food4Less	Farmer John Farmer John				0.87									w/ \$25 purchase; limit 1
	Fresh & Easy	Farmer John Fresh & Easy		2.18		0.88									
	Holiday Markets	Cook's Cook's Premiere				1.99 2.89	1.99 2.89				4.29 4.29				w/ store card w/o store card
	Jon's Marketplace	Cook's				1.39	1.29								
	Lucky's	Cook's Hormel	1.99				0.98		3.99						
	Lunardi's	Lunardi's Bell's Mill no label	3.69		3.89				4.89				5.89		
	Mar-Val Stores	Cook's Gusto	1.99 1.99												
	Mollie Stone	Mollie Stone Snake River	4.99		3.79 6.99			5.49							Kurobuta (Berkshire)
	Northgate	Farmer John	1.99												
	Nugget Markets	Sunny Valley Sunny Valley		1.99 2.99		1.99 2.99									w/ store card w/o store card
	Raley's	Full Circle Raley's Sunny Valley Sunny Valley	2.49	4.99											ABF w/ store card w/o store card
	Ralph's	Farmer John Farmer John Cook's Private Selection	1.99 1.99			0.88 0.88									w/ \$25 purchase; limit 1 w/ card w/ \$25 purchase; limit 1 w/ card
	Ray's Food Place	Farm Fresh					1.29								
	Safeway	Safeway	1.79	1.99	0.99	1.29	0.99								limit 1
	Save-a-Lot	Sugardale				1.19	0.99					2.49			

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
CA (cont)	Save Mart	Cook's Hormel	1.99				0.98								
	Smart & Final	Farmer John	1.59	1.59										w/ \$25 purchase; limit 1	
	Sprout's	Sprout's	1.99												
	Stater Bros.	Smithfield					0.87								w/ store card; limit 1
		Smithfield					1.49								w/o store card
		Smithfield		1.69											
		Heartland		1.69											
		Kruse					0.87								w/ store card; limit 1
		Kruse					1.49								w/o store card
	Farmer John						0.87								w/ store card; limit 1
		Farmer John					1.49								w/o store card
	Super-A-Foods	Farmer John	1.99												
	Superior Grocers	Cook's					0.99	0.99							limit 2
Target	Archer Farms		1.89											limit 2	
The Fresh Market	no label	2.99													
Von's	Farmer John					0.98	0.88							limit 1	
	Safeway		1.99											limit 1	
Walmart	Sam's Choice	1.98													
	no label		1.58												
HI	KTA	Farmer John				1.99	1.99								
	Safeway	Safeway		2.49	0.99	1.29	0.99							limit 1	
	Target	Archer Farms		1.89										limit 2	
	Times	Cook's				1.99	1.79								
Farmer John				1.99		2.59	2.29							limit 2	
NV	Albertson's	Albertson's		1.88		1.08	0.88							w/ \$25 purchase; limit 1	
		Albertson's Hormel Signature			2.99	2.99			2.99						
	Dollar General Mrkt	Corn King Smithfield		1.55				1.50						w/ \$15 purchase; limit 1	
	Fresh & Easy	Farmer John				0.88									
Fresh & Easy			1.47												

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
NV (cont)	Raley's	Full Circle		4.99										ABF w/ store card w/o store card	
		Raley's	2.49												
		Sunny Valley Sunny Valley				1.29 3.29	0.99 2.99								
	Ralph's	Farmer John				0.88								w/ \$25 purchase; limit 1 w/ card w/ \$25 purchase; limit 1 w/ card	
		Farmer John	1.99												
		Cook's Private Selection	1.99			0.88									
	Safeway	Safeway	1.79	1.99	0.99	1.29	0.99							limit 1	
	Scolari's	Sunny Valley					0.99								limit 1
		Hormel Kentucky Legend						3.59	3.99						
	Smart & Final	Farmer John	1.59	1.59											w/ \$25 purchase; limit 1
	Smith's	Cook's				1.49									
		John Morrell	1.79												
Sprout's	Sprout's	1.99													
Target	Archer Farms		1.89											limit 2	
Von's	Farmer John				0.98	0.88								limit 1	
	Safeway		1.99											limit 1	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions	
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
NORTHWESTERN U.S. - AK,ID,MT,OR,WA,WY															
AK	Carr's	Safeway	2.29	2.29		1.79	1.29							limit 1	
	Fred Meyer	Kroger		1.99											
		F.G. Meyer	\$10 off						\$5 off						w/ coupon; limit 2
	Target	Archer Farms		1.89										limit 2	
Walmart	Sam's Choice no label		1.98												
				1.58											
ID	Albertson's	Albertson's		1.99										limit 2	
		Albertson's			2.99	1.49	0.99							limit 1	
		Signature Hormel Amish Pride				2.99				BOGO 2.99				spiral-sliced	
	Broulim's	no label	1.69												w/ store card
		no label	2.69												w/o store card
		John Morrell Dubuque Farmland Sugardale		1.99					1.89	2.49					
	Family Foods	Cook's		1.98											
	Fred Meyer	Kroger		1.79											
		F.G. Meyer	\$10 off						\$5 off						w/ coupon; limit 2
	Harvest Foods	Maple River								3.19					
John Morrell Western Family			1.98					2.98	2.98						
Paul's	Sugardale				1.39	1.19									
	John Morrell		1.99												
	Dubuque Farmland		1.49					1.88	1.99						
Ridley's	Dubuque		0.38												
	Dubuque								2.48						
	John Morrell Sugardale Farmland		1.98		1.39	1.18		1.88						limit 1 w/ Coke purchase	

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
ID (cont)	Rosauer's	John Morrell		2.29					2.69					
		Longhorn		1.99										
		Hempler's						3.00						
		Kretschmar								2.69				
		Cook's					1.49					2.89		
		Farmland							2.49					
	Hormel							3.99	3.99					
	Safeway	Safeway	1.97	1.97		1.49	0.99							limit 1
	Smith's	Cook's				1.49								
		John Morrell	1.79											
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice	1.98											
		no label		1.58										
	Yoke's Foods	Longhorn	1.97											w/ store card
		Longhorn	2.97											w/o store card
		Kretschmar							2.89	2.89				
		John Morrell		2.59		2.49			2.89	2.89				
		Hempler's						2.75	3.59					
MT	Albertson's	Albertson's		1.99										limit 2
		Albertson's												limit 1
		Signature			2.99	1.49	0.99							
		Hormel				2.99								
		Amish Pride								BOGO				spiral-sliced
	Family Foods	Cook's		1.98										
	Harvest Foods	Maple River							3.19					
		John Morrell		1.98										
		Western Family						2.98	2.98					
	Reynold's	Dubuque	1.79						2.49					
		John Morrell		1.99										
		Farmland						1.99						
		Sugardale				1.59	1.29							
	Rosauer's	John Morrell		2.29					2.69					
		Longhorn		1.99										
		Hempler's						3.00						
		Kretschmar								2.69				
		Cook's					1.49					2.89		
		Farmland						2.49						
		Hormel					3.99	3.99						

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HAMS

State	Supermarket	Label	Bone-in Spiral-Cut		Bone-in/Semi-Boneless			Boneless			Steaks		Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
MT (cont)	Safeway	Safeway	1.97	1.97		1.49	0.99							limit 1
	Smith's	Cook's John Morrell	1.79			1.49								
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice no label	1.98	1.58										
OR	Albertson's	Albertson's Albertson's Signature Hormel Amish Pride		1.99		1.49 2.99	0.99					BOGO 2.99		limit 2 limit 1 spiral-sliced
	Family Foods	Cook's		1.98										
	Fred Meyer	Kroger F.G. Meyer	\$10 off	1.79					\$5 off					w/ coupon; limit 2
	Haggen/Top Food	Cook's Cook's Hempler's		1.97 3.99 3.99		3.79 3.79			2.99	4.99				w/ store card; limit 1 w/o store card
	Market of Choice	Beeler's		5.99										
	McKay's	Cook's Kentucky Legend Western Family John Morrell		1.99		1.49	1.29				3.99			
	New Seasons	Beeler's	5.99		3.69									
	QFC	Gusto Hormel		1.79			0.99			3.99				w/ store card w/ store card
	Roth's	Cook's Hempler's Beeler's Farmland Fletcher's	1.99			1.69 3.99	1.49		5.99 5.99 2.88 BOGO	2.99				
	Safeway	Safeway		1.97		1.39	0.99							limit 1
	Target	Archer Farms		1.89										limit 2
	Thriftway of OR	John Morrell Cook's Hempler's		1.99		1.49 2.99			2.99					
	Walmart	Sam's Choice no label	1.98	1.58										
	Whole Foods	Wellshire Farms	4.99											

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HAMS

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless			
WA	Albertson's	Albertson's Albertson's Signature Hormel Amish Pride		1.99		1.49 2.99	0.99					BOGO 2.99			limit 2 limit 1 spiral-sliced
	Family Foods	Cook's		1.98											
	Fred Meyer	Kroger F.G. Meyer	\$10 off	1.79					\$5 off						w/ coupon; limit 2
	Haggen/Top Food	Cook's Cook's Hempler's		1.97 3.99 3.99											w/ store card; limit 1 w/o store card
	Harvest Foods	Maple River John Morrell Western Family		1.98						3.19					
	Metropolitan	Kurobuta Hempler's Kentucky Legend	5.99		4.99	4.99			6.99 3.99 4.99						
	PCC Natural	Beeler's								4.49					
	Red Apple	John Morrell Cook's Hempler's		1.99		1.49 2.99				2.99					
	Rosauer's	John Morrell Longhorn Hempler's Kretschmar Cook's Farmland Hormel		2.29 1.99						2.69				2.89	
	Saar's	Ripple Creek		1.49											
	Safeway Portland	Safeway	1.97	1.97		1.49	0.99								limit 1
	Safeway Seattle	Safeway		1.97		1.39	0.99								limit 1
	Super1Foods	John Morrell		1.96											
	Target	Archer Farms		1.89											limit 2
	The Markets LLC	Hempler's no label Farm Fresh Gusto Snake River		3.98 1.98			1.48	1.48		3.98					limit 1 limit 1 Kurobuta (Berkshire)

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
WA (cont)	Thriftway	John Morrell Cook's Hempler's		1.99		1.49 2.99			2.99					
	Walmart	Sam's Choice no label	1.98	1.58										
	Whole Foods	Wellshire Farms	4.99											
	Yoke's Foods	Longhorn Longhorn Kretschmar John Morrell Hempler's	1.97 2.97				2.49		2.75	2.89 2.89 3.59	2.89			w/ store card w/o store card
WY	Albertson's	Albertson's Albertson's Signature Hormel Amish Pride		1.99		1.49 2.99	0.99			BOGO 2.99				limit 2 limit 1 spiral-sliced
	Affiliated Midwest	Double-G John Morrell Kretschmar Farmland Cook's		2.19	1.99	1.89 2.19 1.48			2.99 2.00	3.29				
	Broulim's	no label no label John Morrell Dubuque Farmland Sugardale	1.69 2.69	1.99					1.89	2.49				w/ store card w/o store card
	King Soopers	Cook's Kroger Private Selection Hormel Farmland	1.49 2.49			1.39	0.99		3.99 1.99					w/ store card w/ store card w/ store card
	Ridley's	Dubuque Dubuque John Morrell Sugardale Farmland		0.38 1.98			1.39	1.18	1.88	2.48				limit 1 w/ Coke purchase
	Safeway	Safeway		1.99		1.29	0.99							limit 1

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			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	boneless		
WY (cont)	Smith's	Cook's John Morrell	1.79			1.49								
	Target	Archer Farms		1.89										limit 2
	Walmart	Sam's Choice no label	1.98	1.58										