state	Supermarket	Label		ut Hams e-in	Bone-ii	n/Semi-B	oneless		Boneless	3	Smoked Picnic	Ham Steak	Country	Conditions
iate	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
ODTI	LEACTEDNILLO OT				vvriole	Dull	Snank	vvnoie	пан	1/4	bone-in	bone-in		
		DC,DE,MA,MD,ME,NH,NJ	,NY,PA,RI,V	′ I				T						1
T	A&P Stores	Smithfield				2.09	1.89	4.99						
		Hormel Cure 81						4.99						
		Smithfield	1.99											w/ \$25 purchase; limit 1
	Adams IGA	Alexander & Hornung				2.19	1.99							
		Centurion	1.69											
		Vernon Manor	1.69											
		Triple M		3.99										
		n/i				2.79	2.59							
	AG New England	Shurfine		2.99		1.69	1.49	2.99						
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Balducci's	McKenzie of VT	6.99					7.99						
	Best Market	Cook's	2.97			2.57	2.47							
		Boar's Head	6.77											
	Big Y	Cook's				1.79	1.49							
		Big Y		1.99	2.98									
		Hatfield			2.99									
		Carando		2.99										locally grown
		Triple M		2.00				3.99						locally grown
		Hormel Cure 81						4.99						loodily grown
	Bravo	Cook's		3.69		2.19	1.99	4.00				3.99		
	C-Town	Cook's		3.69		2.19	1.99					3.99		
	Compare Foods	Cook's		3.09		2.19	1.99					3.99		
	Fairway Foods	n/i	3.99			2.19	1.99							
	-												4.00	
	Food Bazaar	Smithfield	2.99			0.40	0.00					0.70	4.29	
		Cook's				2.49	2.29					3.79		
	Food Emporium	ACR	3.99											
	Geissler's	Carando		2.49										
		Alexander & Hornung				2.49	2.49							
		Triple M			3.69									
	Highland Park	John Morrell						3.99						
		Highland Park	3.99											
	Key Food	Cook's		2.49		1.89	1.69					3.99		
		Carando		2.99										

_				Cut Hams	Bone-	n/Semi-Bo	oneless		Boneless	3	Smoked	Ham	Country	
State	Supermarket	Label		ne-in							Picnic	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in		
	King's	King's	3.99					3.99						locally grown
(cont)		Carando	3.99											
		McKenzie of VT	5.99											
	Marc's	Hormel Cure 81	2.49											
	Mrs. Green's	Garret Valley	5.49											ABF
	NSA Supermarkets	Cook's		2.99		2.49	1.79							
		n/i									1.99			
	Pioneer	Cook's	2.49			2.19	1.99							
		Hatfield							3.99					
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's	1.99			1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Save-a-Lot	n/i					1.29					2.49		
	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
		Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise		5.99										ABF
		Hatfield						3.49						
	Stew Leonard's	n/i	3.49											
	Stop & Shop	Stop & Shop	1.49	1.49										w/ store card; limit 1
		Stop & Shop				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Stop & Shop										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
	vvaimart	Smithfield	3.28							3.98				
		n/i	3.20				1.78			3.30				
	Whole Foods NAt	Wellshire Farms					1.70		5.99					ABF
	VVIIOIG I OOUS IVAL	Niman Ranch		6.99					3.33					ABF
	Whole Foods NE	Wellshire Farms	7.99	0.55										ABF
	AALIOIG LOOUS INC	AA GIISHII G L'AHHIS	7.99											
				1						1				

State	Supermarket	Label		ut Hams e-in	Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
DC	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Giant Food	Giant	1.49	1.49										w/ store card; limit 1
		Giant				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Giant										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	Safeway Eastern	Hormel Cure 81							3.99					w/ store card
		Safeway Select		2.99										w/ store card
		Safeway		1.99		1.89	1.89							w/ store card
		Smithfield		3.99										
	Save-a-Lot	n/i					1.29					2.49		
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
DE	A&P Stores	Smithfield				2.09	1.89	4.99						
		Hormel Cure 81						4.99						
		Smithfield	1.99											w/ \$25 purchase; limit 1

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless	i .	Smoked Picnic	Ham Steak	Country	Conditions
Otato	Capermarket	Lubei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
DE	ACME Markets	Hormel	2.49											
(cont)		Hormel Cure 81							3.99	3.99				
		Lancaster Brand	2.49					3.49	3.49					
		Cook's				1.99	1.79							
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Fresh Grocer	Cook's	1.99			1.49	1.29							w/ store card
		Hatfield						3.99						
	Giant Food	Giant	1.49	1.49										w/ store card; limit 1
		Giant				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Giant										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Great Valu Markets	Berks						1.99						w/ \$25 purchase
		Hatfield						1.99						w/ \$25 purchase
		Kunzler						1.99						w/ \$25 purchase
		Smithfield		2.99										
		Sugardale				2.19	1.99							
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	Pathmark	Smithfield	2.99											
		Smithfield				1.69	1.49							w/ \$25 purchase; limit 1

State	Supermarket	Label		ut Hams e-in	Bone-	n/Semi-Bo	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country Ham	Conditions
	-		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
DE	Redner's	Redner's						1.78						w/ store card; limit 1
(cont)		Redner's						3.48						w/o store card
		Hormel		1.98										w/ store card; limit 1
		Hormel		3.98										w/o store card
		Berks						2.98						
		Leidy						2.98						
		Hatfield						2.98						
	Safeway Eastern	Hormel Cure 81							3.99					w/ store card
		Safeway Select		2.99										w/ store card
		Safeway		1.99		1.89	1.89							w/ store card
		Smithfield		3.99										
	Save-a-Lot	n/i					1.29					2.49		
	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
		Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise		5.99										ABF
		Hatfield						3.49						
	Shurfine	Shurfine	1.99					1.99						w/ store card
		Hatfield						2.99						w/ store card
		Kunzler						2.99						w/ store card
		Berks						2.99						w/ store card
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
MA	Adams IGA	Alexander & Hornung				2.19	1.99							
		Centurion	1.69											
		Vernon Manor	1.69											
		Triple M		3.99										
		n/i				2.79	2.59							
	AG New England	Shurfine		2.99		1.69	1.49	2.99						
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Big Y	Cook's				1.79	1.49							
		Big Y		1.99	2.98									
		Hatfield			2.99									

State	Supermarket	Label	Spiral Co Bon		Bone-i	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
MA	Big Y	Carando		2.99										locally grown
(cont)	(continued)	Triple M						3.99						locally grown
		Hormel Cure 81						4.99						
	C-Town	Cook's		3.69		2.19	1.99					3.99		
	Compare Foods	Cook's				2.19	1.99							
	Crosby's	Carando		4.99										
		Triple M							3.99					
	Donelan's	Cook's		1.99										
		Carando		2.79										
		Triple M							4.29					
	Geissler's	Carando		2.49										
		Alexander & Hornung				2.49	2.49							
		Triple M			3.69									
	Hannaford	Sugardale				1.39	1.19							w/ store card
		Sugardale				2.19	1.99							w/o store card
		My Essentials		2.29										w/ store card
		My Essentials		2.79										w/o store card
		Smithfield		2.69										
	Market Basket	Carando	2.29											w/ store card
		Carando	2.99											w/o store card
		Market Basket	2.19											
	Met Foods	Cook's	2.99			2.19	1.99							
		Hatfield							3.99					
	NSA Supermarkets	Cook's		2.99		2.49	1.79							
		n/i									1.99			
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's				1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Roche Bros.	Cook's	2.49			1.89	1.69							
		Alexander & Hornung	2.49											
		Roche Bros.	3.49											
		Triple M						4.49						
		Carando		3.49										

State	Supermarket	Label	Spiral Co Bon		Bone-i	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	паш	
MA	Shaw's	Smithfield		2.99						4.49				
(cont)		Hatfield								3.99				
		Kentucky Legend								5.99				
		Cook's		1.49										
		Morrell						4.99						
	Star Market	Cook's		1.59										
		Smithfield	2.99	2.99										
		Hatfield								3.99				
	Stop & Shop	Stop & Shop	1.49	1.49										w/ store card; limit 1
		Stop & Shop				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Stop & Shop										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Trucchi's	Carando		2.49										
		Cook's		2.29		1.89	1.69					3.79		
		Triple M		3.49					4.49					
		Hormel Cure 81							4.99					
		John Morrell							4.49					
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Wegman's	Wegman's	2.49	2.49					4.49	5.79				
		Wegman's Signature		6.99										
	Whole Foods NAt	Wellshire Farms							5.99					ABF
		Niman Ranch		6.99										ABF
MD	A&P Stores	Smithfield				2.09	1.89	4.99						
		Hormel Cure 81						4.99						
		Smithfield	1.99											w/ \$25 purchase; limit 1
	ACME Markets	Hormel	2.49											
		Hormel Cure 81							3.99	3.99				
		Lancaster Brand	2.49					3.49	3.49					
		Cook's				1.99	1.79							
	AG New England	Shurfine		2.99		1.69	1.49	2.99						
	_													

State	Supermarket	Label	1 -	Cut Hams	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
0.0			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
MD	ALDI	Specially Selected	2.19											
(cont)		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Balducci's	McKenzie of VT	6.99					7.99						
	Family Owned	Shurfine		2.99				1.99						
		Kunzler						2.99						
		John F Martin				1.99		2.99						
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Giant Eagle	Giant Eagle		3.99				2.29						
		Sugardale		3.59	1.79			3.29						
		Market District			4.99	4.99								
	Graul's	Kunzler						3.49	3.49					
	Great Valu Markets	Berks						1.99						w/ \$25 purchase
		Hatfield						1.99						w/ \$25 purchase
		Kunzler						1.99						w/ \$25 purchase
		Smithfield		2.99										
		Sugardale				2.19	1.99							
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	Mars	Sugardale		2.59		1.99	1.69					3.29		
		Hatfield						2.99						
		Smithfield		2.79										

State	Supermarket	Label	Spiral Co Bon		Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
MD	Martin's Food	Giant	1.49	1.49		1.39	1.19							w/ \$25 purchase & card; limit 1
(cont)		Smithfield	2.49											w/ \$25 purchase & card; limit 1
		Hatfield						3.99						limit 1
		Berks						3.99						limit 1
		Kunzler						3.99						limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Redner's	Redner's						1.78						w/ store card; limit 1
		Redner's						3.48						w/o store card
		Hormel		1.98										w/ store card; limit 1
		Hormel		3.98										w/o store card
		Berks						2.98						
		Leidy						2.98						
		Hatfield						2.98						
	Safeway Eastern	Hormel Cure 81							3.99					w/ store card
		Safeway Select		2.99										w/ store card
		Safeway		1.99		1.89	1.89							w/ store card
		Smithfield		3.99										
	Save-a-Lot	n/i		0.00			1.29					2.49		
	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
	Chiopratio	Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise	0.00	5.99		2.10	2.00							ABF
		Hatfield		0.00				3.49						/ 5
	Shoppers Food	Gwaltney		1.49		1.19	0.99	0.40						
	Опоррега г оод	Smithfield	2.29	2.29		1.69	1.49							
	Shop'n Save	Sugardale	2.48	2.48	1.98	1.88	1.49	3.99		3.39		3.99		
	Shop it Save	Sugardale	2.40	2.40	1.48	1.00	1.00	3.99		3.39		3.99		w/ \$25 purchase; limit 1
		Superior			1.40			2.78	3.19					w \$25 purchase, iiiiii i
		Hillshire Farm		3.49				2.70	3.19					
		CB Old Country	3.99	3.49										
	Ob	Shurfine						4.00						uu/ stana sand
	Shurfine		1.99					1.99						w/ store card
		Hatfield						2.99						w/ store card
		Kunzler						2.99						w/ store card
		Berks		4.00				2.99						w/ store card
	Target	Archer Farms	0 10	1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF

State	Supermarket	Label		ut Hams ne-in	Bone-	n/Semi-Bo	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
MD	Walmart	Sam's Choice	2.18											
(cont)		Smithfield	3.28							3.98				
		n/i					1.78							
	Wegman's	Wegman's	2.49	2.49					4.49	5.79				
		Wegman's Signature		6.99										
	Weis	n/i				1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69						w/ store card
		Sugardale	3.29											w/ store card
		Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
ME	AG New England	Shurfine		2.99		1.69	1.49	2.99						
	Hannaford	Sugardale				1.39	1.19							w/ store card
		Sugardale				2.19	1.99							w/o store card
		My Essentials		2.29										w/ store card
		My Essentials		2.79										w/o store card
		Smithfield		2.69										
	Market Basket	Carando	2.29											w/ store card
		Carando	2.99											w/o store card
		Market Basket	2.19											
	Save-a-Lot	n/i					1.29					2.49		
	Shaw's	Smithfield		2.99						4.49				
		Hatfield								3.99				
		Kentucky Legend								5.99				
		Cook's		1.49										
		Morrell						4.99						
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NAt	Wellshire Farms							5.99					ABF
		Niman Ranch		6.99										ABF

State	Supermarket	Label	I -	ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NH	AG New England	Shurfine		2.99		1.69	1.49	2.99						
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Hannaford	Sugardale				1.39	1.19							w/ store card
		Sugardale				2.19	1.99							w/o store card
		My Essentials		2.29										w/ store card
		My Essentials		2.79										w/o store card
		Smithfield		2.69										
	Market Basket	Carando	2.29											w/ store card
		Carando	2.99											w/o store card
		Market Basket	2.19											
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's				1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Save-a-Lot	n/i	0.00				1.29					2.49		
	Shaw's	Smithfield		2.99			20			4.49		20		
	onaw o	Hatfield		2.00						3.99				
		Kentucky Legend								5.99				
		Cook's		1.49						0.00				
		Morrell		1.10				4.99						
	Target	Archer Farms		1.99				4.00						
	The Fresh Market	n/i	3.49	1.55										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
	vvaiillait	Smithfield	3.28							3.98				
		n/i	0.20				1.78			5.55				
NJ	A&P Stores	Smithfield				2.09	1.89	4.99			+			
. 10	7.01 0.0100	Hormel Cure 81				2.00	1.00	4.99						
		Smithfield	1.99					4.00						w/ \$25 purchase; limit 1
	ACME Markets	Hormel	2.49											\$20 paronaco, mint
	TOME MAINOR	Hormel Cure 81	2.30						3.99	3.99				
		Lancaster Brand	2.49					3.49	3.49	0.00				
		Cook's	2.75			1.99	1.79	0.40	0.40					
		COOK S	L			1.99	1.79							

State	Supermarket	Label		ut Hams ne-in	Bone-in/Semi-Bo	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
	Сарсинания		Whole	Half	Whole Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NJ	ALDI	Specially Selected	2.19										
(cont)		Appleton Farms		1.99		1.59							
		Appleton Farms				1.39							w/ \$2.00 discount
	Best Market	Cook's	2.97		2.57	2.47							
		Boar's Head	6.77										
	Bottom Dollar	My Essentials				1.48							w/ \$25 purchase; limit 2
		Smithfield	1.98										w/ \$25 purchase; limit 2
	Bravo	Cook's		3.69	2.19	1.99					3.99		
	C-Town	Cook's		3.69	2.19	1.99					3.99		
	Compare Foods	Cook's			2.19	1.99							
	Extra Markets	Cook's			1.98	1.98							
	Fairway Foods	n/i	3.99										
	Fine Fare	Cook's	2.99		1.99	1.89							
	Food Basics	Smithfield			1.68	1.48							w/ \$25 purchase; limit 1
	Food Bazaar	Smithfield	2.99									4.29	
		Cook's			2.49	2.29					3.79		
	Foodtown	Cook's				free							w/ \$100 purchase & card; lmt 1
		Cook's	0.99										w/ \$400 purchase & card; lmt 1
		Cook's	2.99		1.99	1.79					3.79		
		Hormel Cure 81						5.99	5.99				
		Hatfield							3.99				
	Great Valu Markets	Berks					1.99						w/ \$25 purchase
		Hatfield					1.99						w/ \$25 purchase
		Kunzler					1.99						w/ \$25 purchase
		Smithfield		2.99									
		Sugardale			2.19	1.99							
	Key Food	Cook's		2.49	1.89	1.69					3.99		
		Carando		2.99									
	King's	King's	3.99				3.99						locally grown
		Carando	3.99										
		McKenzie of VT	5.99										
	Met Foods	Cook's	2.99		2.19	1.99							
		Hatfield						3.99					
	Morton Williams	n/i			2.59	2.49							
	Mrs. Green's	Garret Valley	5.49										ABF

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
0.0.0	Cupoa.		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NJ	Murphy's	Dietz & Watson						4.99						
(cont)		Boar's Head							5.99					
		Hatfield		3.99										
	Pathmark	Smithfield	2.99											
		Smithfield				1.69	1.49							w/ \$25 purchase; limit 1
	Pioneer	Cook's	2.49			2.19	1.99							
		Hatfield							3.99					
	Save-a-Lot	n/i					1.29					2.49		
	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
		Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise		5.99										ABF
		Hatfield						3.49						
	Stop & Shop	Stop & Shop	1.49	1.49										w/ store card; limit 1
		Stop & Shop				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Stop & Shop										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Thriftway	Berk's						2.99						
		Hatfield						1.99					1.99	w/ \$15 purchase; limit 2
		Hatfield						2.99					2.99	additional quantities
		Hormel		1.99										w/ \$15 purchase; limit 2
		Hormel		2.99										additional quantities
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Wegman's	Wegman's	2.49	2.49					4.49	5.79				
		Wegman's Signature		6.99										
	Weis	n/i				1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69						w/ store card
		Sugardale	3.29											w/ store card
		Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-B	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NJ	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
(cont)		n/i						7.49						spiral-cut
	Whole Foods NE	Wellshire Farms	7.99											ABF
NY	A&P Stores	Smithfield				2.09	1.89	4.99						
		Hormel Cure 81						4.99						
		Smithfield	1.99											w/ \$25 purchase; limit 1
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Balducci's	McKenzie of VT	6.99					7.99						
	Best Market	Cook's	2.97			2.57	2.47							
		Boar's Head	6.77											
	Big M	Sugardale	2.59		2.29	2.39								
		Superior						1.99						
	Bravo	Cook's		3.69		2.19	1.99					3.99		
	C-Town	Cook's		3.69		2.19	1.99					3.99		
	Compare Foods	Cook's				2.19	1.99							
	D'Agostino's	Cook's	2.99			1.99	1.99							
		Triple M								4.99				
	DeCiccio's	Cook's		3.69										
	Fairway Foods	n/i	3.99											
	Fine Fare	Cook's	2.99			1.99	1.89							
	Food Basics	Smithfield				1.68	1.48							w/ \$25 purchase; limit 1
	Food Bazaar	Smithfield	2.99										4.29	
		Cook's				2.49	2.29					3.79		
	Food Emporium	ACR	3.99											
	Foodtown	Cook's					free							w/ \$100 purchase & card; lmt 1
		Cook's	0.99											w/ \$400 purchase & card; lmt 1
		Cook's	2.99			1.99	1.79					3.79		
		Hormel Cure 81							5.99	5.99				
		Hatfield								3.99				
	Giunta's	Carando		3.99										
	Great American	Sugardale				1.79	1.59							
		Alexander & Hornung		2.39										
		Cumberland Gap							2.99					
	Gristede's	Cook's	3.99			2.49	2.49							
		Hormel Cure 81	4.49											

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ilalli	
NY	Hannaford	Sugardale				1.39	1.19							w/ store card
(cont)		Sugardale				2.19	1.99							w/o store card
		My Essentials		2.29										w/ store card
		My Essentials		2.79										w/o store card
		Smithfield		2.69										
	Key Food	Cook's		2.49		1.89	1.69					3.99		
		Carando		2.99										
	King's	King's	3.99					3.99						locally grown
		Carando	3.99											
		McKenzie of VT	5.99											
	King Kullen	Hormel Cure 81							4.99	5.49				
		Alexander & Hornung	1.99											w/ \$25 purchase; limit 1
		Alexander & Hornung	2.99											additional quantities
		n/i				1.99	1.79							
	Met Foods	Cook's	2.99			2.19	1.99							
		Hatfield							3.99					
	Metropolitan	Cook's	2.99			2.19	1.99							
	Morton Williams	n/i				2.59	2.49							
	Mrs. Green's	Garret Valley	5.49											ABF
	NSA Supermarkets	Cook's		2.99		2.49	1.79							
		n/i									1.99			
	North Shore	Cook's	2.99											
	Pathmark	Smithfield	2.99											
		Smithfield				1.69	1.49							w/ \$25 purchase; limit 1
	Peck's	Alexander & Hornung		2.29				2.99	3.19			3.79		
	Pioneer	Cook's	2.49			2.19	1.99							
		Hatfield							3.99					
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's				1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Save-a-Lot	n/i					1.29					2.49		

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
NY	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
(cont)		Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise		5.99										ABF
		Hatfield						3.49						
	Shop'n Save	Sugardale	2.48	2.48	1.98	1.88	1.88	3.99		3.39		3.99		
		Sugardale			1.48									w/ \$25 purchase; limit 1
		Superior						2.78	3.19					
		Hillshire Farm		3.49										
		CB Old Country	3.99											
	Stew Leonard's	n/i	3.49											
	Stop & Shop	Stop & Shop	1.49	1.49										w/ store card; limit 1
		Stop & Shop				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Stop & Shop										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Tops Market	Sugardale		2.49	1.79	1.79	1.79							
		Smithfield	3.49	2.49										
		Tops	3.49					2.99						
		Smith's			4.49	4.49								
		Sahlen's			4.49	4.49								
		Hormel Cure 81	5.99											
	Trade Fair	Cook's					1.99							
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Wegman's	Wegman's	2.49	2.49					4.49	5.79				
		Wegman's Signature		6.99										
	Weis	n/i				1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69						w/ store card
		Sugardale	3.29											w/ store card
		Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card
	Whole Foods NE	Wellshire Farms	7.99											ABF

			Spiral C	ut Hams	Bone-i	n/Semi-Bo	noloss		Boneless		Smoked	Ham	Country	
State	Supermarket	Label	Bon	e-in	Borie-i	II/SeIIII-DO	nieless		Doneless)	Picnic	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	114111	
PA	A&P Stores	Smithfield				2.09	1.89	4.99						
		Hormel Cure 81						4.99						
		Smithfield	1.99											w/ \$25 purchase; limit 1
	ACME Markets	Hormel	2.49											
		Hormel Cure 81							3.99	3.99				
		Lancaster Brand	2.49					3.49	3.49					
		Cook's				1.99	1.79							
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Big M	Sugardale	2.59		2.29	2.39								
		Superior						1.99						
	Bottom Dollar	My Essentials					1.48							w/ \$25 purchase; limit 2
		Smithfield	1.98											w/ \$25 purchase; limit 2
	Boyer's	Sugardale				1.47	1.47							w/ \$25 purchase
		Sugardale				1.97	1.97							
		Smithfield	1.97											w/ \$25 purchase
		Smithfield	2.47											
		Berkshire						2.47						w/ \$25 purchase
		Berkshire						2.97						
		Kunzler						2.47						w/ \$25 purchase
		Kunzler						2.97						
		Hazel Park			2.97									w/ \$25 purchase
		Hazel Park			3.47									
	Bravo	Cook's		3.69		2.19	1.99					3.99		
	C-Town	Cook's		3.69		2.19	1.99					3.99		
	Family Owned	Shurfine		2.99				1.99						
		Kunzler						2.99						
		John F Martin				1.99		2.99						
	Fine Fare	Cook's	2.99			1.99	1.89							
	Food Basics	Smithfield				1.68	1.48							w/ \$25 purchase; limit 1
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Foodland	Sugardale			1.49									w/ \$20 purchase; limit 1
		Sugardale	2.69	2.69				2.49	2.59					

State	Supermarket	Label		Cut Hams ne-in	Bone-i	in/Semi-Be	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
PA	Foodtown	Cook's					free							w/ \$100 purchase & card; lmt 1
(cont)		Cook's	0.99											w/ \$400 purchase & card; lmt 1
		Cook's	2.99			1.99	1.79					3.79		
		Hormel Cure 81							5.99	5.99				
		Hatfield								3.99				
	Fresh Grocer	Cook's	1.99			1.49	1.29							w/ store card
		Hatfield						3.99						
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Giant Eagle	Giant Eagle		3.99				2.29						
		Sugardale		3.59	1.79			3.29						
		Market District			4.99	4.99								
	Giant Food Stores	Giant	1.49	1.49		1.39	1.19							w/ \$25 purchase & card; limit 1
		Smithfield	2.49											w/ \$25 purchase & card; limit 1
		Hatfield						3.99						limit 1
		Berks						3.99						limit 1
		Kunzler						3.99						limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Great Valu Markets	Berks						1.99						w/ \$25 purchase
		Hatfield						1.99						w/ \$25 purchase
		Kunzler						1.99						w/ \$25 purchase
		Smithfield		2.99										
		Sugardale				2.19	1.99							
	Karn's	Karns			3.49			3.49						
		Berk's						3.49						
		Kunzler						3.49						
		Leidy's	3.99		2.99			3.49						
		Alderfer						3.49						
		John F Martin			3.49			3.49						
		Mash			2.99	3.49								
		Kessler's						4.49	4.99					
	Key Food	Cook's		2.49		1.89	1.69					3.99		
		Carando		2.99										
	Kuhn's	Sugardale		2.99	1.49	1.79	1.79	2.69	2.89	3.49				w/ \$25 purchase; limit 1
		Silver Star		3.99				4.29	4.49	4.99				
		Hillshire Farm		3.49										

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
PA	Martin's Food	Giant	1.49	1.49		1.39	1.19							w/ \$25 purchase & card; limit 1
(cont)		Smithfield	2.49											w/ \$25 purchase & card; limit 1
		Hatfield						3.99						limit 1
		Berks						3.99						limit 1
		Kunzler						3.99						limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Pathmark	Smithfield	2.99											
		Smithfield				1.69	1.49							w/ \$25 purchase; limit 1
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's				1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Redner's	Redner's						1.78						w/ store card; limit 1
		Redner's						3.48						w/o store card
		Hormel		1.98										w/ store card; limit 1
		Hormel		3.98										w/o store card
		Berks						2.98						
		Leidy						2.98						
		Hatfield						2.98						
	Save-a-Lot	n/i					1.29					2.49		
	ShopRite	Cook's	2.49			1.59	1.49							w/ store card; limit 1
		Cook's	3.38			2.49	2.39							w/ store card
		Farm Promise		5.99										ABF
		Hatfield						3.49						
	Shop'n Save	Sugardale	2.48	2.48	1.98	1.88	1.88	3.99		3.39		3.99		
		Sugardale			1.48									w/ \$25 purchase; limit 1
		Superior						2.78	3.19					
		Hillshire Farm		3.49										
		CB Old Country	3.99											
	Shurfine	Shurfine	1.99					1.99						w/ store card
		Hatfield		3.79				2.99						w/ store card
		Kunzler		2				2.99						w/ store card
		Berks						2.99						w/ store card
														2.0.0 00.0

State	Supermarket	Label	Spiral Cu Bone		Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
Otate	Oupermarket	Laber	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
PA	ShurSave	ShurSave		2.99				1.99						w/ store card
(cont)		Shurfine						1.99						w/ store card
. ,		Hatfield		3.49	1.99	1.99	1.99	2.79	3.49					w/ store card
		Kunzler						3.49						w/ store card
		Smithfield				2.59	2.29					3.99		w/ store card
	Sparkle	Sparkle						1.99						
	,	Sugardale		2.69										
		Hillshire Farm		4.49										
		Kentucky Legend						4.99						
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Thorne's Market	Sugardale	2.99		2.49	2.59								
		Sugardale				1.68	1.48							w/ \$25 purchase
		Superior						2.59	2.69					, 42 6 pa.eace
		n/i				1.68	1.48		2.00					w/ \$25 purchase
	Thriftway	Berk's						2.99						, 42 6 pa.eace
		Hatfield						1.99					1.99	w/ \$15 purchase; limit 2
		Hatfield						2.99					2.99	additional quantities
		Hormel		1.99										w/ \$15 purchase; limit 2
		Hormel		2.99										additional quantities
	Tops Market	Sugardale		2.49	1.79	1.79	1.79							addinorial qualities
	r ope mamer	Smithfield	3.49	2.49	0									
		Tops	3.49					2.99						
		Smith's	00		4.49	4.49								
		Sahlen's			4.49	4.49								
		Hormel Cure 81	5.99											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i	0.20				1.78			0.00				
	Wegman's	Wegman's	2.49	2.49			1.70		4.49	5.79				
	29	Wegman's Signature		6.99						0.70				
	Weis	n/i		0.00		1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69	0.00					w/ store card
		Total Markin						2.00						store dard

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
PA	Weis	Sugardale	3.29											w/ store card
(cont)	(continued)	Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
RI	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Bravo	Cook's		3.69		2.19	1.99					3.99		
	Compare Foods	Cook's				2.19	1.99							
	Dave's	Triple M	3.99					3.99	3.99					
		Alexander & Hornung				2.99								
		Carando		3.99										
	Save-a-Lot	n/i					1.29					2.49		
	Shaw's	Smithfield		2.99						4.49				
		Hatfield								3.99				
		Kentucky Legend								5.99				
		Cook's		1.49										
		Morrell						4.99						
	Stop & Shop	Stop & Shop	1.49	1.49										w/ store card; limit 1
		Stop & Shop				1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Stop & Shop										2.99		
		Carando		2.49										w/ \$25 purchase & card; limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NAt	Wellshire Farms							5.99					ABF
		Niman Ranch		6.99										ABF

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone-ir	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
VT	AG New England	Shurfine	TTHOIS	2.99	***************************************	1.69	1.49	2.99	Tian	.,,,	20110 111	20110 111		
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Hannaford	Sugardale				1.39	1.19							w/ store card
		Sugardale				2.19	1.99							w/o store card
		My Essentials		2.29										w/ store card
		My Essentials		2.79										w/o store card
		Smithfield		2.69										
	Price Chopper	Hatfield						3.69	3.99					
		Alexander & Hornung			2.99	3.29								
		Carando	3.49											
		Cook's				1.99	1.69							
		Hormel Cure 81	3.49											
		Hillshire Farm	3.99											
	Shaw's	Smithfield		2.99						4.49				
		Hatfield								3.99				
		Kentucky Legend								5.99				
		Cook's		1.49										
		Morrell						4.99						
	Tops Market	Sugardale		2.49	1.79	1.79	1.79							
		Smithfield	3.49	2.49										
		Tops	3.49					2.99						
		Smith's			4.49	4.49								
		Sahlen's			4.49	4.49								
		Hormel Cure 81	5.99											
	Trader Joe's	Trader Joe's	4.99											ABF

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
SOUT	HEASTERN U.S AL,FL	,GA,MS,NC,SC,TN,VA,			•		•		•		•			
AL	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Dollar General Market	Smithfield		2.25										limit 1
	Food for Le\$\$	Carolina Pride					1.48							
		Smithfield								3.66				
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	Greer's Market	Carolina Pride			1.59	1.69	1.69							
		Hormel		2.69										
	Hometown Market	Cook's					1.19							
	Ingle's	Gwaltney					1.38							w/ store card
		Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card
		Hormel Cure 81						6.48	6.48					w/o store card
		Cades Cove			2.78									w/ store card
		Cades Cove			3.68									w/o store card
	Kroger Atlanta	Smithfield					1.49							w/ store card
		Kroger	2.49											
	Kroger Nashville	Private Selection	1.99											w/ store card; limit 1
		Smithfield				1.29	1.29							
		Cumberland Gap			1.99									w/ store card
		Kentucky Legend						2.99						
		Clifty Farm											3.19	
	Lucky's	Carolina Pride			1.59									
		Cook's					1.49					2.99		
		Best Choice	2.29											
		Kentucky Legend							3.69					
		Clifty Farm											2.79	

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-in	/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
Jiaic	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
\L	Piggly Wiggly HAC	Cook's				1.99	1.79			.,,,,				w/ store card
cont)	007 007	Cook's				2.19	1.99							w/o store card
,		Best Choice		1.99										w/ store card
		Best Choice		3.29										w/o store card
	Piggly Wiggly Hchn	Kentucky Legend								3.98				
	007 007	Carolina Pride				1.78	1.58							
	Piggly Wiggly Inc	Hormel Cure 81							3.99					
	337 337	Smithfield				1.99	1.79							
		Cook's				1.99	1.79							
		John Morrell		2.49										
		Carolina Pride			1.99									
	Piggly Wiggly JTM	Carolina Pride			1.69		1.69							
	Publix	Publix		2.19		1.79	1.79							w/ store card
	T GOILX	Publix		4.49		3.69	3.69							w/o store card
	Ramey's	Cook's		1.10		1.88	1.58							W/O Oloro Gara
	rancy o	Hormel Cure 81		2.78		1.00	1.00							
		Best Choice		1.99										
	Rouses	Cook's		1.00			1.69					3.49		
	1100000	Hormel	1.97				1.00					0.40		limit 2
	Save-a-Lot	n/i	1.07				1.29					2.49		
	Shop Rite	Cook's			1.99		1.59					2.40		
	Shop Rite	Sugartree		2.19	1.33		1.55							
		Smithfield		2.19	1.99									
		Kentucky Legend			1.33				3.99					
	Target	Archer Farms		1.99					5.55					
	The Fresh Market	n/i	3.49	1.33										
	Trader Joe's	Trader Joe's	4.99											ABF
	United Grocery	n/i	4.99				1.49							ADI
	Vowell's	Cook's			1.79	1.87	1.49							
	vowell's	Best Choice		2.49	1.79	1.07	1.07							
		Clifty Farms		2.49									2.89	
		Kentucky Legend							3.79	4.89			2.09	
	Walmart	Sam's Choice	2.18						3.79	4.09				
	vvaiiilall	Smithfield	3.28							3.98				
		n/i	3.20				1.78			3.96				
		11/1					1.70							

State	Supermarket	Label		ut Hams	Bone-i	n/Semi-B	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
AL	Western Markets	Cook's					1.99							
(cont)		Hormel Cure 81		2.59						4.99				
		Royal Premium			2.59									
		Zeigler			3.49									
		Carolina Pride			1.79					3.99				
	Whole Foods South	n/i	3.99											ABF
	Winn-Dixie	Hormel Cure 81						BOGO						
		Kentucky Legend								4.99				
		Smithfield		2.49		1.79	1.49							
FL	Albertson's Sthrn	Cook's	1.97			1.99	1.47							
		Smithfield	3.99											
		Hormel Cure 81						4.99						
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Dollar General Market	Smithfield		2.25										limit 1
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Greer's Market	Carolina Pride			1.59	1.69	1.69							
		Hormel		2.69										
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card

State	Supermarket	Label		ut Hams ne-in	Bone-	n/Semi-Be	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
FL	Hitchcock's	Cook's	2.99			1.69	1.59							
(cont)		Lee's									1.99			
		n/i									2.19			
	J.H. Harvey's	Lee's				1.79	1.49					3.49		w/ store card
	•	Lee's				2.19	1.89							w/o store card
		Smithfield	2.69			1.79	1.49							w/ store card
		Smithfield				2.19	1.89							w/o store card
	Piggly Wiggly Hchn	Kentucky Legend								3.98				
		Carolina Pride				1.78	1.58							
	Presidente	n/i									2.18			
	Publix	Publix		2.19		1.79	1.79							w/ store card
		Publix		4.49		3.69	3.69							w/o store card
	Save-a-Lot	n/i					1.29					2.49		
	Sedano's	Carando		3.29										
		Farmland		0.20				4.99						
		Sugardale		2.99		2.99	2.99					4.29		
	Target	Archer Farms		1.99		2.00	2.00					0		
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											[, _
	Trainiant	Smithfield	3.28							3.98				
		n/i	0.20				1.78			0.00				
	Western Beef	Cook's				1.89	1.79							
	Whole Foods - FL	Wellshire Farms	5.99			1.00	10							ABF
	Winn-Dixie	Hormel Cure 81	0.55					BOGO						
	Willin Bixic	Kentucky Legend						5000		4.99				
		Smithfield		2.49		1.79	1.49			4.55				
GA	ALDI	Specially Selected	2.19	2.40		1.73	1.40							
OA.	ALDI	Appleton Farms	2.10	1.99			1.59							
		Appleton Farms		1.33			1.39							w/ \$2.00 discount
	Bi-Lo	Hormel Cure 81					1.55	BOGO						W/ \$2.00 discount
	BI-LO	Lay's			2.99	3.29		ВОСО						
		Smithfield		2.49	2.99	1.79	1.49							
	Dollar General Market	Smithfield		2.49		1.73	1.43							limit 1
	Dollar General Market	Gillianiela		2.20										
	1	1					1				<u> </u>			l

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Hain	
GA	Food Depot	Carolina Pride					0.95							
(cont)		Jamestown		1.77										
		Smithfield								2.98				
		John Morrell	2.55											
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Galaxy Food Center	John Morrell		1.58										w/ \$25 purchase; limit 1
		Hormel Cure 81						4.98						
		n/i				1.38	1.38							
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	IGA	n/i					1.29							limit 2
		Smithfield								4.29				
	Ingle's	Gwaltney					1.38							w/ store card
	Ŭ	Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card

State	Supermarket	Label		ut Hams ie-in	Bone-ir	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
SA .	Ingle's	Hormel Cure 81	1111010		***************************************			6.48	6.48	., .	20110 111	20.10		w/o store card
	(continued)	Cades Cove			2.78									w/ store card
,		Cades Cove			3.68									w/o store card
	J.H. Harvey's	Lee's				1.79	1.49					3.49		w/ store card
	·	Lee's				2.19	1.89							w/o store card
		Smithfield	2.69			1.79	1.49							w/ store card
		Smithfield				2.19	1.89							w/o store card
	Kroger Atlanta	Smithfield					1.49							w/ store card
	-	Kroger	2.49											
	Piggly Wiggly Carolina		2.49	2.79										
	Piggly Wiggly HAC	Cook's				1.99	1.79							w/ store card
		Cook's				2.19	1.99							w/o store card
		Best Choice		1.99										w/ store card
		Best Choice		3.29										w/o store card
	Piggly Wiggly Hchn	Kentucky Legend								3.98				
		Carolina Pride				1.78	1.58							
	Piggly Wiggly JTM	Carolina Pride			1.69		1.69							
		Publix		2.19		1.79	1.79							w/ store card
		Publix		4.49		3.69	3.69							w/o store card
	Shop Rite	Cook's			1.99		1.59							
		Sugartree		2.19										
		Smithfield			1.99									
		Kentucky Legend							3.99					
		Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	United Grocery	n/i					1.49							
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Wayfield's	Sugardale					1.29							
	-	Smithfield	2.69											
	Whole Foods South	n/i	3.99											ABF
	Winn-Dixie	Hormel Cure 81						BOGO						
		Kentucky Legend								4.99				
		Smithfield		2.49		1.79	1.49							

State	Supermarket	Label	1 -	ut Hams e-in	Bone-i	n/Semi-B	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
01410			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
MS	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	AG Baton Rouge	John Morrell		2.49	1.79			2.99						
		Smithfield				1.89	1.79							
	Corner Market	Smithfield		2.69										
		Carolina Pride				1.99	1.79							
	Dollar General Market	Smithfield		2.25										limit 1
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	Greer's Market	Carolina Pride			1.59	1.69	1.69							
		Hormel		2.69										
	Kroger Delta	Smithfield	2.49	2.19			1.59							limit 2
		John Morrell	2.49	2.19										limit 2
		Kroger						3.49						
	Mac's Fresh	Carolina Pride					1.79							
		Farmland						2.00						
		Carolina Pride				9.77	9.77							each; w/ \$50 purchase; limit 1
		Best Choice		2.39										
		Smithfield								3.99				
	Piggly Wiggly Hchn	Kentucky Legend								3.98				
		Carolina Pride				1.78	1.58							
	Ramey's	Cook's				1.88	1.58							
		Hormel Cure 81		2.78										
		Best Choice		1.99										
	Rouses	Cook's					1.69					3.49		
		Hormel	1.97											limit 2
	Save-a-Lot	n/i					1.29					2.49		
	Superlo Foods	Best Choice		1.99										
		Cook's					1.49							
		Frick's					1.49							
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
Otate	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Oonditions
MS	Vowell's	Cook's	1		1.79	1.87	1.67				1			
(cont)		Best Choice		2.49										
, ,		Clifty Farms											2.89	
		Kentucky Legend							3.79	4.89				
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods South	n/i	3.99											ABF
	Winn-Dixie	Hormel Cure 81						BOGO						
		Kentucky Legend								4.99				
		Smithfield		2.49		1.79	1.49							
NC	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Bi-Lo	Hormel Cure 81						BOGO						
		Lay's			2.99	3.29								
		Smithfield		2.49		1.79	1.49							
	Bo's Foods	Jamestown				0.99	0.99							
		n/i			2.29									
	Carlie C's IGA	John Morrell		2.18										
		n/i				1.38	1.28							
	Dollar General Market	Smithfield		2.25										limit 1
	Farm Fresh	Smithfield	1.99											w/ store card; limit 1
		Smithfield	2.79											additional quantities
		Smithfield				1.89	1.89							
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Food Pride	Jamestown	2.49				1.29							
		Superior						2.99						
		Harpers											2.99	
	Galaxy Food Center	John Morrell		1.58										w/ \$25 purchase; limit 1
		Hormel Cure 81						4.98						
		n/i				1.38	1.38							
	Great Valu Markets	Sugardale				1.89	1.78							
		Smithfield		2.18										w/ \$25 purchase; limit 1

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Панн	
NC	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
(cont)		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	IGA	n/i					1.29							limit 2
		Smithfield								4.29				
	Ingle's	Gwaltney					1.38							w/ store card
		Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card
		Hormel Cure 81						6.48	6.48					w/o store card
		Cades Cove			2.78									w/ store card
		Cades Cove			3.68									w/o store card
	Just \$ave Foods	Carolina Pride					0.97							w/ \$25 purchase; limit 1
		Carolina Pride					2.99							
		Gwaltney	1.37											w/ \$25 purchase; limit 1
		Gwaltney	2.69											
	Kroger MidAtlantic	Cumberland Gap			1.89			2.99						
		Gwaltney	2.29											
		Private Selection	2.99											
	Lowe's Foods	Gwaltney	1.37											w/ \$25 purchase & card; limit 2
		Gwaltney	2.69											local
		Smithfield	3.99											
		Frick's 1896			3.99					4.99				
		Hormel Cure 81							3.99	3.99				

State	Supermarket	Label	1 -	ut Hams e-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NC	Piggly Wiggly Retail	Jamestown				1.19	1.09							
(cont)		Smithfield	3.39	2.99		2.99				3.49				
		Felt's											2.99	
		n/i									1.69			
	Piggly Wiggly Stores	Carolina Pride			1.18									
		Smithfield	1.98			1.38	1.28							
	Publix	Publix		2.19		1.79	1.79							w/ store card
		Publix		4.49		3.69	3.69							w/o store card
	Save-a-Lot	n/i					1.29					2.49		
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	United Grocery	n/i					1.49							
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods South	n/i	3.99											ABF
sc	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Bi-Lo	Hormel Cure 81						BOGO						
		Lay's			2.99	3.29								
		Smithfield		2.49		1.79	1.49							
	Dollar General Market	Smithfield		2.25										limit 1
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Galaxy Food Center	John Morrell		1.58										w/ \$25 purchase; limit 1
		Hormel Cure 81						4.68						
		n/i				1.38	1.38							
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Bo	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Hain	
sc	Harris Teeter	Kentucky Legend	4.99											w/ store card
(cont)	(continued)	Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	IGA	n/i					1.29							limit 2
		Smithfield								4.29				
	Ingle's	Gwaltney					1.38							w/ store card
		Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card
		Hormel Cure 81						6.48	6.48					w/o store card
		Cades Cove			2.78									w/ store card
		Cades Cove			3.68									w/o store card
	J.H. Harvey's	Lee's				1.79	1.49					3.49		w/ store card
		Lee's				2.19	1.89							w/o store card
		Smithfield	2.69			1.79	1.49							w/ store card
		Smithfield				2.19	1.89							w/o store card
	Kroger Atlanta	Smithfield					1.49							w/ store card
		Kroger	2.49											
	Lowe's Foods	Gwaltney	1.37											w/ \$25 purchase & card; limit 2
		Gwaltney	2.69											local
		Smithfield	3.99											
		Frick's 1896			3.99					4.99				
		Hormel Cure 81							3.99	3.99				
	Piggly Wiggly Carolina	Smithfield	2.49	2.79										
	Publix	Publix		2.19		1.79	1.79							w/ store card
		Publix		4.49		3.69	3.69							w/o store card
	Save-a-Lot	n/i	1				1.29					2.49		
	Target	Archer Farms	1	1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF

State	Supermarket	Label		ut Hams ie-in	Bone-i	n/Semi-Be	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
SC	Walmart	Sam's Choice	2.18											
(cont)		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods South	n/i	3.99											ABF
TN	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Bi-Lo	Hormel Cure 81						BOGO						
		Lay's			2.99	3.29								
		Smithfield		2.49		1.79	1.49							
	Chappell's	Kentucky Legend						3.88	3.88					
		Cook's			1.98		1.68							
		Clifty Farm											2.68	
	Dollar General Market	Smithfield		2.25										limit 1
	E. W. James & Sons	Cook's					1.59							
		Frick's					1.59							
		Best Choice	2.29											
		Clifty Farm											2.59	
		Kentucky Legend						3.99	3.99					
		Hormel Cure 81	2.29											
	Food City	Food City	1.99		2.39	2.99	1.99	3.29						
	,	Clifty Farm											2.99	
	Food Country USA	Clifty Farm											2.99	
	,	Hormel Cure 81		2.47					4.99					
		Smithfield		2.49						4.59				
		John Morrell		2.49										
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48	0.10	0.00			2.98		limit 2
		Best Choice		2.28								2.00		
		Clifty Farm											2.98	
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
	. 534 = 5	My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card

			Spiral Cu	ıt Hams	D	(0			Danielana		Smoked	Ham		
State	Supermarket	Label	Bone	e-in	Bone-	n/Semi-B	oneless		Boneless		Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Halli	
TN	Food Rite	Clifty Farm											2.99	
(cont)		Best Choice	2.49	2.49										
		Cook's					1.59							
		Food Rite									1.59			
		John Morrell						3.49	3.49					
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	H.G. Hills	Carolina Pride			1.79	1.79	1.59							
		Cook's			1.79	1.79	1.59							
		Best Choice	2.29	2.29										
		Kentucky Legend						3.79	3.79					
		Clifty Farm											2.59	
	IGA	Cook's				1.49	1.49							limit 1
		Kentucky Legend						3.99		4.59				
		Smithfield		2.79										
		Coon Creek											2.79	
		Clifty Farm											2.79	
	Ingle's	Gwaltney					1.38							w/ store card
		Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card
		Hormel Cure 81						6.48	6.48					w/o store card

			Spiral C	ut Hams	Dono i	n/Semi-Bo	nalasa		Danalasa		Smoked	Ham	0	
State	Supermarket	Label	Bon	e-in	Bone-i	n/Semi-Bo	neiess		Boneless	•	Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
TN	Ingle's	Cades Cove			2.78									w/ store card
(cont)	(continued)	Cades Cove			3.68									w/o store card
	Kroger Delta	Smithfield	2.49	2.19			1.59							limit 2
		John Morrell	2.49	2.19										limit 2
		Kroger						3.49						
	Kroger MidAtlantic	Cumberland Gap			1.89			2.99						
		Gwaltney	2.29											
		Private Selection	2.99											
	Kroger Nashville	Private Selection	1.99											w/ store card; limit 1
		Smithfield				1.29	1.29							
		Cumberland Gap			1.99									w/ store card
		Kentucky Legend						2.99						
		Clifty Farm											3.19	
	Lucky's	Carolina Pride			1.59									
	,	Cook's					1.49					2.99		
		Best Choice	2.29											
		Kentucky Legend							3.69					
		Clifty Farm											2.79	
	Osborne's	Carolina Pride			1.79	1.79								
		Best Choice	2.59	2.59										
		Clifty Farm											2.79	
		Kentucky Legend						3.99	3.99					
	Publix	Publix		2.19		1.79	1.79							w/ store card
		Publix		4.49		3.69	3.69							w/o store card
	Save-a-Lot	n/i					1.29					2.49		
	Shop Rite	Cook's			1.99		1.59							
		Sugartree		2.19										
		Smithfield		2.10	1.99									
		Kentucky Legend			1.00				3.99					
	Super Dollar	n/i	1.99						0.00					
	Superlo Foods	Best Choice	1.00	1.99										
	Capono i codo	Cook's		1.00			1.49							
		Frick's					1.49							
	Target	Archer Farms		1.99			1.40							
	The Fresh Market	n/i	3.49	1.00										
	The Fresh Warket		0.43											

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
Olulo	Сироппинос	20001	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
TN	Town&Country Grocer	Kretschmar						2.99						
(cont)	,	Cook's			1.99	2.19	1.99							
		Sugardale			1.99									
		Best Choice		2.39										
	Trader Joe's	Trader Joe's	4.99											ABF
	United Grocery	n/i					1.49							
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods South	n/i	3.99											ABF
VA	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Balducci's	McKenzie of VT	6.99					7.99						· ·
	Dollar General Market	Smithfield		2.25										limit 1
	Farm Fresh	Smithfield	1.99											w/ store card; limit 1
		Smithfield	2.79											additional quantities
		Smithfield				1.89	1.89							· ·
	Fas-Chek	Superior						2.49	2.99					
		Farmland	2.99											
	Food City	Food City	1.99		2.39	2.99	1.99	3.29						
	,	Clifty Farm											2.99	
	Food Country USA	Clifty Farm											2.99	
	, , , , , , , , , , , , , , , , , , , ,	Hormel Cure 81		2.47					4.99					
		Smithfield		2.49						4.59				
		John Morrell		2.49										
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card
	Galaxy Food Center	John Morrell		1.58			20							w/ \$25 purchase; limit 1
		Hormel Cure 81						4.68						, ,
		n/i				1.38	1.38							
	Giant Food	Giant	1.49	1.49										w/ store card; limit 1
		Giant		•		1.39	1.19	3.99	4.49					w/ \$25 purchase & card; limit 1
		Giant										2.99		, == == =============================

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
VA	Giant Food	Carando		2.49										w/ \$25 purchase & card; limit 1
(cont)	(continued)	Kentucky Legend							4.99	4.99				w/ store card
	Grant's	Smithfield	1.79			1.69	1.69							limit 2
		Hormel Cure 81						4.59						
	Great Valu Markets	Sugardale				1.89	1.78							
		Smithfield		2.18										w/ \$25 purchase; limit 1
	Harris Teeter	Harris Teeter		1.99	2.59	2.69			4.99	5.99				w/ store card
		Harris Teeter		3.99	3.29	3.49			5.99	6.99				w/o store card
		Hormel Cure 81							4.99					w/ store card
		Hormel Cure 81							6.99					w/o store card
		HT Traders		2.79										w/ store card
		HT Traders		4.29										w/o store card
		Kentucky Legend	4.99											w/ store card
		Kentucky Legend	5.99											w/o store card
		Smithfield Premium		3.99										w/ store card
		Smithfield Premium		4.99										w/o store card
		Smithfield		3.69						4.99				w/ store card
		Smithfield		4.69						5.99				w/o store card
	Ingle's	Gwaltney					1.38							w/ store card
		Gwaltney					2.68							w/o store card
		Gwaltney		1.98										w/ store card; limit 2
		Gwaltney		3.98										w/o store card
		Smithfield						5.48						spiral cut; w/ store card
		Smithfield						5.98						spiral cut; w/o store card
		Hormel Cure 81						4.58	4.58					w/ store card
		Hormel Cure 81						6.48	6.48					w/o store card
		Cades Cove			2.78									w/ store card
		Cades Cove			3.68									w/o store card
	Kroger MidAtlantic	Cumberland Gap			1.89			2.99						
		Gwaltney	2.29											
		Private Selection	2.99											
	Lowe's Foods	Gwaltney	1.37											w/ \$25 purchase & card; limit 2
		Gwaltney	2.69											local
		Smithfield	3.99											
		Frick's 1896			3.99					4.99				
		Hormel Cure 81							3.99	3.99				

State	Supermarket	Label	Spiral Co Bon		Bone-i	n/Semi-Be	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
VA	Martin's Food	Giant	1.49	1.49		1.39	1.19							w/ \$25 purchase & card; limit 1
(cont)		Smithfield	2.49											w/ \$25 purchase & card; limit 1
		Hatfield						3.99						limit 1
		Berks						3.99						limit 1
		Kunzler						3.99						limit 1
		Kentucky Legend							4.99	4.99				w/ store card
	Piggly Wiggly Retail	Jamestown				1.19	1.09							
		Smithfield	3.39	2.99		2.99				3.49				
		Felt's											2.99	
		n/i									1.69			
	Piggly Wiggly Stores	Carolina Pride			1.18									
	337 337 33	Smithfield	1.98			1.38	1.28							
	Safeway Eastern	Hormel Cure 81							3.99					w/ store card
	.,	Safeway Select		2.99										w/ store card
		Safeway		1.99		1.89	1.89							w/ store card
		Smithfield		3.99										
	Save-a-Lot	n/i					1.29					2.49		
	Shoppers Food	Gwaltney		1.49		1.19	0.99							
		Smithfield	2.29	2.29		1.69	1.49							
	Super Dollar	n/i	1.99											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Wegman's	Wegman's	2.49	2.49					4.49	5.79				
		Wegman's Signature		6.99										
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
wv	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Dollar General Market	Smithfield		2.25										limit 1
	Fas-Chek	Superior		-				2.49	2.99					
		Farmland	2.99											
	Foodland	Farmland	2.99											
		Superior						2.49	2.79					limit 1

Martin's Food Fair Superior Walnut Creek 15.9 Walnut Creek Kentucky Legend 4.99 Walnut Creek 15.9 Walnut Creek	State	Supermarket	Label		Cut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country Ham	Conditions
Wahut Creek Kontucky Legend 4.99				Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
Kontucky Lepend 4.99 Hornel Cure 81 3.29	WV	Food Fair	Superior						2.49	2.79					limit 1
Home Cure 81 3.29	(cont)		Walnut Creek	3.59											
Food Lion			Kentucky Legend	4.99					4.99						
My Essentials			Hormel Cure 81	3.29											
Smithfield Smi		Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
Smithfield			My Essentials	2.79	2.99			2.59							w/o store card
Galaxy Food Center			Smithfield		2.19			1.49							w/ store card; limit 2
Hormel Cure 81 n/i			Smithfield		2.99			2.79							w/o store card
Giant Eagle Giant Eagle Sugardale		Galaxy Food Center	John Morrell		1.58										w/ \$25 purchase; limit 1
Giant Eagle Sugardale Su			Hormel Cure 81						4.68						
Sugardale Market District Market District Sugardale Market District Sugardale Market District Market Dis			n/i				1.38	1.38							
Sugardale Market District Market District Sugardale Market District Sugardale Market District Market Dis		Giant Eagle	Giant Eagle		3.99				2.29						
Market District Smithfield 1.79 1.69						1.79									
Grant's Smithfield 1.79			-				4.99								
Great Valu Markets Sugardale Smithfield Sugardale Smithfield		Grant's		1.79			1.69	1.69							limit 2
Great Valu Markets Sugardale Smithfield Sugardale Kroger Columbus Sugardale Kroger Cumberland Gap Hickory Hills Private Selection Smithfield Smithfiel									4.59						
Smithfield Sugardale Kroger Columbus Sugardale Kroger Sugardale Kroger Sugardale Kroger Sugardale Kroger Sugardale Kroger Sugardale		Great Valu Markets					1.89	1.78							
Kroger Columbus Sugardale Kroger 2.29 1.79 1.59 2.89			_		2.18										w/ \$25 purchase: limit 1
Kroger Cumberland Gap		Kroger Columbus						1.59							
Cumberland Gap Hickory Hills Private Selection 3.49 1.89 2.99				2.29											
Hickory Hills			-			1.79									
Private Selection 3.49						0			2 89						
Kroger MidAtlantic Cumberland Gap Gwaltney 2.29 Private Selection 2.99 Private Selection 2.99 Martin's Food Giant 1.49 1.49 1.49 1.39 1.19 W/ \$25 purchase & card; limit 1 W/ \$2			•	3.49											
Gwaltney		Kroger MidAtlantic		0.10		1 89			2 99						
Martin's Food Giant 1.49 1.49 1.39 1.19		Triogor Wild Martin		2 29		1.00			2.00						
Martin's Food Giant 1.49 1.49 1.39 1.19			-												
Smithfield 2.49		Martin's Food			1 49		1 30	1 19							w/ \$25 purchase & card: limit 1
Hatfield Berks Kunzler Kentucky Legend Piggly Wiggly Stores Carolina Pride Smithfield Signature Superior John Morrell Superior Su		Martin o i dod			1.10		1.00	1.10							
Berks Kunzler Kentucky Legend Piggly Wiggly Stores Carolina Pride Smithfield Superior John Morrell Service Superior Supe				2.10					3 99						
Kunzler Kentucky Legend Piggly Wiggly Stores Carolina Pride Smithfield Superior John Morrell Superior															
Piggly Wiggly Stores Carolina Pride Smithfield 1.98 1.38 1.28 Riesbeck's Superior John Morrell 2.99															
Piggly Wiggly Stores Carolina Pride Smithfield 1.98 1.38 1.28 Riesbeck's Superior John Morrell 2.99									0.55	4 99	4 99				
Smithfield 1.98 1.38 1.28		Pigaly Wigaly Stores				1 18				4.55	4.55				W Store card
Riesbeck's Superior John Morrell 2.99		i iggiy vviggiy Otoles		1 98		1.10	1 38	1 28							
John Morrell 2.99		Riesheck's		1.50			1.50	1.20	2 19						
		T TOODOOK O	· ·		2 99				2.10						
I MITATION I 1 7 YU I I I I I I I I I I I I I I I I I I			Smithfield		2.99										

Ctata	Sum anno autori	Label	Spiral C		Bone-i	n/Semi-Bo	oneless		Boneless		Smoked	Ham	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	Picnic bone-in	Steak bone-in	Ham	Conditions
wv	Save-a-Lot	n/i	WHOIC	i idii	WHOIC	Batt	1.29	VVIIOIC	rian	17-4	BOTTO III	2.49		
	Shop'n Save	Sugardale	2.48	2.48	1.98	1.88	1.88	3.99		3.39		3.99		
		Sugardale			1.48									w/ \$25 purchase; limit 1
		Superior						2.78	3.19					
		Hillshire Farm		3.49										
		CB Old Country	3.99											
	Sparkle	Sparkle						1.99						
		Sugardale		2.69										
		Hillshire Farm		4.49										
		Kentucky Legend						4.99						
	Target	Archer Farms		1.99										
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Weis	n/i				1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69						w/ store card
		Sugardale	3.29											w/ store card
		Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card

24040	Supermarket	Label		ut Hams e-in	Bone-i	n/Semi-Be	oneless		Boneless		Smoked	Ham	Country	Conditions
State	Supermarket	Labei		_	\A/b a l a	D. 44	Chanle	\//h = l =	Llalf	4/4	Picnic	Steak	Ham	Conditions
	FOTERNILLO LA IL INI	IOVANIANI NE NIE OLI O	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	ļ	
		KY,MI,MN,ND,NE,OH,S	טט,עעו					1		1		1	1	T
A	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	County Market	Double G						4.49	4.69					
		Farmland						3.79						
	Dahl's	Farmland		2.99				1.25						
		Best Choice	1.89	1.89										
		Cook's			1.99	1.89	1.89							
		Maple River						2.99	2.99					
	Family Foods	Our Family		2.59	2.79	2.29	1.99							
		Hormel Cure 81						3.99	3.99					
		Farmland						3.59						
	Fareway	Fareway						3.99	3.99					
		Webster City			3.79									
		John Morrell			2.48									
		Farmland	2.48											
	Food Pride	John Morrell						2.99						
		Our Family		2.59	2.79	2.29	1.99							
		Farmland						3.59						
	Hometown Foods	Cook's				1.99	1.79							
		Hormel Cure 81	2.69				0		3.99					
	Hy-Vee	Cook's	2.00		1.99	2.99			0.00					limit 1
	119 700	Hy-Vee	2.49	2.99	1.55	2.00								
		Hormel Cure 81	2.43	2.33				3.99	3.99					
		Farmland		3.49				3.99	3.99					
	Jewel-Osco	Cook's		1.78		1.08	0.78							w/ \$30 purchase; limit 1
	Jewel-O200	Cook's		2.28		1.08						BOGO		w/ \$50 purchase, limit 1
				2.28		1.58	1.28		4.00			BUGU		
		Hormel Cure 81	0.00						4.99					
		Farmland	2.99											
		Hickory Farms	4.99											
	Maynard's	Cook's				2.19	1.89							
		Farmland						3.49						

State	Supermarket	Label		ut Hams e-in	Bone-ir	/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
IA	No Frills	Farmland	1111010	2.39	***************************************					., .	201.0 111	20110 111		
(cont)		Our Family				1.99	1.79							
, ,		Hormel Cure 81						3.99	3.99					
	Quillin's	Cook's				1.99	1.99							
		John Morrell			2.69	2.69								
		Quillin's							4.39					
	Save-a-Lot	n/i		2.69		1.49	1.29					2.49		
	Schnuck's	Cook's				1.49	1.29							w/ \$25 purchase; limit 1
		Schnuck's	1.99											w/ \$25 purchase; limit 1
		Kretschmar						2.29						w/ \$25 purchase; limit 1
		Double G			2.69									w/ \$25 purchase; limit 1
	Sunshine Foods	John Morrell		2.77	2.99	2.99								
		Kretschmar						3.99						
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
IL	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Angelo Caputo's	La Bella Romana		3.49										
		Hillshire Farm	3.69	3.99										
		Carando	4.39	4.29										
		Frick's				1.89	1.79							
	Berkot's	Berkot's			3.79	3.99								
		Kentucky Legend						4.79						
	Borowiak's IGA	Emge						3.99						
		Kretschmar						2.88						
		Cumberland Gap			2.48									

			Spiral Cu	ıt Hams	Dama i				Damalaaa		Smoked	Ham		
State	Supermarket	Label	Bone	e-in	Bone-i	n/Semi-B	oneiess		Boneless		Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Hain	
IL	Brookhaven	Boar's Head						5.99						
(cont)		Indiana Kitchen		2.89										
		Frick's				2.49	2.29							
	Butera	Nottingham				1.59	1.29							
		Farmland		2.89										
		Hillshire Farm	2.89	3.19	2.79									
		n/i									1.29			
		Cook's										3.59		
	Cermak	n/i	2.99			2.69	1.99							
	County Market	Double G						4.49	4.69					
		Farmland						3.79						
	Cub Foods	Cook's				1.79	1.79							limit 1
		Cook's				2.79	2.79							additional quantities
		Hormel Cure 81		2.49				3.99	3.99					
		Farmland		3.49										
		Signature				3.49								
	Dierberg's	Kretschmar	3.69					2.29						w/ \$25 purchase; limit 1
		Dierberg's		1.99				2.99						
		Double G				2.79	2.69							
		Frick's				3.39	3.19							
		Hillshire Farm	3.89											
	Fairplay Foods	Cook's		2.99	2.29									
		Centrella		2.49										
		Cook's				1.08	0.88							w/ \$30 purchase; limit 1
		Cook's				1.58	1.38							additional quantities
	Fareway	Fareway						3.99	3.99					
		Webster City			3.79									
		John Morrell			2.48									
		Farmland	2.48											
	Food 4 Less	Cook's				0.97	0.97							w/ \$25 purchase; limit 1
		Cook's				1.99	1.99							additional quantities
		Hormel		2.49										
	Food Pride	John Morrell						2.99						
		Our Family		2.59	2.79	2.29	1.99							
		Farmland						3.59						
	Fresh Thyme	Hormel	2.99											
	Garden Fresh	Cook's				1.99	1.99							

_	_			ut Hams	Bone-	in/Semi-B	oneless		Boneless		Smoked	Ham	Country	
State	Supermarket	Label		ne-in			_		I		Picnic	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in		
IL ()	GFS Marketplace	n/i					1.29							
(cont)		GFS	1.69											
	Heinen's	Heinen's	5.29		3.49									
	Hy-Vee	Cook's			1.99	2.99								limit 1
		Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	IGA Houchen's	Cook's				1.49	1.49							
		Kentucky Legend						3.99						
		Smithfield		2.79										
		Coon Creek											2.79	
		Clifty Farm											2.79	
	Jewel-Osco	Cook's		1.78		1.08	0.78							w/ \$30 purchase; limit 1
		Cook's		2.28		1.58	1.28					BOGO		
		Hormel Cure 81							4.99					
		Farmland	2.99											
		Hickory Farms	4.99											
	Kirby IGA	Frick's				1.89	1.69							w/ store card
	,	Frick's				2.79	2.59							w/o store card
		Kretschmar	2.99					2.49	2.49					w/ store card
		Kretschmar						4.79	4.79					w/o store card
	Kroger Central	Kroger	1.77											w/ \$25 purchase & card; limit 1
	l ager coma	Sugardale					1.49							w/ store card
		Cumberland Gap			1.99		1.10							w/ store card
		Hickory Hills			1.00			2.49						W store dard
		Private Selection	2.99					2.40						
	Kroger Louisville	Kentucky Legend	2.55					2.99						
	Kloger Louisville	Private Selection	1.99					2.33						limit 2
		Cumberland Gap	1.99		2.29			2.69						
		· ·			2.29			2.09					0.50	
	Manifestala	Finchville Farms	0.00										2.50	
	Mariano's	Roundy's	3.99											
	Meijer	Cook's		1.37										limit 2
		Meijer		3.49				0.00						
		Sugardale						2.39						
		Dearborn		4.49										
	Pete's Fresh	Sugardale				2.29	1.99							
		Centrella	2.99											

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
IL	Piggly Wiggly MW	Badger						3.99	4.59	4.59				
(cont)		Cook's										3.69		
		Cook's				1.19	0.97							w/ \$30 purchase; limit 1
		Sugardale				1.19	0.97							w/ \$30 purchase; limit 1
		Farmland		2.89					3.49					
	Save-a-Lot	n/i		2.69		1.49	1.29					2.49		
	Schnuck's	Cook's				1.49	1.29							w/ \$25 purchase; limit 1
		Schnuck's	1.99											w/ \$25 purchase; limit 1
		Kretschmar						2.29						w/ \$25 purchase; limit 1
		Double G			2.69									w/ \$25 purchase; limit 1
	Schuette's	Kretschmar	3.29					2.28						
		Amish Valley	1.97			1.59	1.19							
		Miller			2.79			3.89	3.99	4.09				
		Sugar Creek			2.69									locally grown
		Ozark Butcher			2.69									locally grown
	Shop'n Save	Frick's					1.99							
	Shop & Save	Alexander & Hornung				1.49	1.29							
		Amish Valley	2.59											
		Kretschmar		1.95					1.95					w/ \$25 purchase; limit 1
	Strack & VanTil	Centrella	1.49											w/ \$25 purchase; limit 1
		Centrella	1.99											,
		Cook's					1.79							
		Kentucky Legend					1.70	3.99	3.99					
	Sullivan's	Cook's				1.89	1.69	0.00	0.00					
	Camvarro	Hillshire Farm		2.99	2.89	2.99	1.00							
		Kentucky Legend		2.00	2.00	2.00		3.89	3.99					
	Sunset Foods	Hillshire Farm	3.49					0.00	0.00					
	Target	Archer Farms	5.45	1.99										
	The Fresh Market	n/i	3.49	1.55										
	Tony's	Cook's	5.45				0.89							w/ \$30 purchase; limit 1
	Tony s	Cook's	2.99				0.03							w 450 purchase, limit i
		Hormel	2.99	2.99										
		Hillshire Farm	3.49	2.99	2.99									
		Rose's	3.43		2.99									
		Kentucky Legend			2.09			3.99						
	Tradar Jac'a		4.00					3.99						ABF
	Trader Joe's	Trader Joe's	4.99											ADF

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
ĪL	Ultra Foods	Sugardale				1.08	0.78							w/ \$25 purchase; limit 1
(cont)		Sugardale				1.68	1.48							additional quantities
		Hormel						3.49						
		Centrella	2.49											
	Valli Produce	Amish Valley				1.69	1.49							
		Indiana Kitchen	2.99											
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Walt's	Frick's				1.69	1.49							w/ \$25 purchase; limit 2
		Hillshire Farm	3.59	3.69	3.29									
		Centrella		2.49										
		Kentucky Legend						4.29	4.39					
		Walt's			3.89	3.99								
		Indiana Kitchen	2.89											
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
IN	Al's Supermarket	Farm Fresh		1.99				2.79	2.99					w/ store card
		Farm Fresh		3.49				3.59	3.79					w/o store card
		Kentucky Legend						3.79						
		Frick's			2.59	1.48	1.28							w/ store card
		Frick's			3.29	2.89	2.69							w/o store card
		Cumberland Gap			2.49	2.59								
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Berkot's	Berkot's		3.99										
		Hillshire Farm		3.99										
		Kentucky Legend						4.79						
	Dollar General Market	Smithfield		2.25										limit 1
	Food 4 Less	Cook's				0.97	0.97							w/ \$25 purchase; limit 1
		Cook's				1.99	1.99							additional quantities
		Hormel		2.49										
	Fresh Thyme	Hormel	2.99											
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Harvest Market	Kentucky Legend						3.69	3.99					
		Cook's			1.69		1.59							

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-ir	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
	oupoaor		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
IN	IGA Houchen's	Cook's				1.99	1.99							
(cont)		Kentucky Legend						3.99						
		Smithfield		2.79										
		Clifty Farm											2.79	
		Coon Creek											2.79	
	IGA Spartan-Nash	John Morrell		2.49										
		Fischer's						2.99	3.29					
	Jay C	Cumberland Gap						2.69	2.69					
		Kentucky Legend						2.99						
		Private Selection	1.99											
	Jewel-Osco	Cook's		1.78		1.08	0.78							w/ \$30 purchase; limit 1
		Cook's		2.28		1.58	1.28					BOGO		
		Hormel Cure 81							4.99					
		Farmland	2.99											
		Hickory Farms	4.99											
	Kirby IGA	Frick's				1.89	1.69							w/ store card
		Frick's				2.79	2.59							w/o store card
		Kretschmar	2.99					2.49	2.49					w/ store card
		Kretschmar						4.79	4.79					w/o store card
	Kroger Central	Kroger	1.77											w/ \$25 purchase & card; limit 1
		Sugardale					1.49							w/ store card
		Cumberland Gap			1.99									w/ store card
		Hickory Hills						2.49						
		Private Selection	2.99											
	Kroger Cincinnati	Cook's			1.69		1.49							w/ store card
		Cumberland Gap			2.19			2.19						
		Private Selection	2.89											
	Kroger Louisville	Kentucky Legend						2.99						
		Private Selection	1.99											limit 2
		Cumberland Gap			2.29			2.69						
		Finchville Farms											2.50	
	Marsh	Indiana Kitchen		1.47										w/ \$25 purchase; limit 1
		Marsh		\$10 off										w/ store card
		Marsh	\$20 off											w/ store card
		Cook's				1.23	1.23							
		Cumberland Gap			2.49	2.49		2.99						

State	Supermarket	Label	Spiral Co Bon		Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l liaili	
IN	Martin's	Frick's				2.29	1.99							w/ store card
(cont)		Frick's				2.79	2.49							w/o store card
		Kentucky Legend						3.99						w/ store card
		Kentucky Legend						4.99						w/o store card
		Smithfield		1.97										w/ store card
		Smithfield		3.79										w/o store card
		Troyer						1.97						w/ store card; locally grown
		Troyer						3.79						w/o store card; locally grown
	Meijer	Cook's		1.37										limit 2
		Meijer		3.49										
		Sugardale						2.39						
		Dearborn		4.49										
	Save-a-Lot	n/i		2.69		1.49	1.29					2.49		
	Schnuck's	Cook's				1.49	1.29							w/ \$25 purchase; limit 1
		Schnuck's	1.99											w/ \$25 purchase; limit 1
		Kretschmar						2.29						w/ \$25 purchase; limit 1
		Double G			2.69									w/ \$25 purchase; limit 1
	Strack & VanTil	Centrella	1.49											w/ \$25 purchase; limit 1
		Centrella	1.99											
		Cook's					1.79							
		Kentucky Legend						3.99	3.99					
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Ultra Foods	Sugardale					1.28							w/ \$25 purchase; limit 1
		Sugardale					1.79							
		Hormel						3.49						
		Centrella	2.49											
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Walt's	Frick's				1.69	1.49							w/ \$25 purchase; limit 2
		Hillshire Farm	3.59	3.69	3.29									
		Centrella	2.49	1.99										
		Kentucky Legend						4.29	4.39					
		Walt's			3.89	3.99								
		Indiana Kitchen	2.89											

State	Supermarket	Label		ut Hams e-in	Bone-ii	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
Otato	Capermarket	Lubei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
IN	Wesselman's	Kentucky Legend						2.49	2.99	4.29				
(cont)		Hormel Cure 81		1.99										
		Double G			2.29	2.39		3.99	3.99					
		Emge						3.99	3.99					
		Cumberland Gap			2.39	2.49								
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
KY	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Cox IGA	John Morrell		2.49										
		Fischer's						2.99	3.29					
	Dollar General Market	Smithfield		2.25										limit 1
	E. W. James & Sons	Cook's					1.59							
		Frick's					1.59							
		Best Choice	2.29											
		Clifty Farm											2.59	
		Kentucky Legend						3.99	3.99					
		Hormel Cure 81	2.29											
	Foodland	Farmland	2.99											
		Superior						2.49	2.79					limit 1
	Food City	Food City	1.99		2.39	2.99	1.99	3.29						
		Clifty Farm											2.99	
	Food Fair	Superior						2.49	2.79					limit 1
		Walnut Creek	3.59											
		Kentucky Legend	4.99					4.99						
		Hormel Cure 81	3.29											
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	Food Lion	My Essentials	1.77	2.19			1.17							w/ store card; limit 2
		My Essentials	2.79	2.99			2.59							w/o store card
		Smithfield		2.19			1.49							w/ store card; limit 2
		Smithfield		2.99			2.79							w/o store card

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-i	n/Semi-Bo	neless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
KY	Galaxy Food Center	John Morrell	VVIIOIC	1.58	VVIIOIC	Butt	Onank	WHOIC	Tian	17-4	DOTIC III	DOTIC III		w/ \$25 purchase; limit 1
(cont)	,	Hormel Cure 81						4.68						
, ,		n/i				1.38	1.38							
	GFS Marketplace	n/i					1.29							
	,	GFS	1.69											
	IGA	Cook's				1.49	1.49							limit 1
		Kentucky Legend						3.99		4.59				
		Smithfield		2.79										
		Coon Creek											2.79	
		Clifty Farm											2.79	
	IGA Spartan-Nash	John Morrell		2.49										
	<u>'</u>	Fischer's						2.99	3.29					
	Kroger Cincinnati	Cook's			1.69		1.49							w/ store card
	9	Cumberland Gap			2.19			2.19						
		Private Selection	2.89											
	Kroger Delta	Smithfield	2.49	2.19			1.59							limit 2
	9	John Morrell	2.49	2.19										limit 2
		Kroger						3.49						
	Kroger Louisville	Kentucky Legend						2.99						
	9	Private Selection	1.99											limit 2
		Cumberland Gap			2.29			2.69						
		Finchville Farms											2.50	
	Kroger MidAtlantic	Cumberland Gap			1.89			2.99						
		Gwaltney	2.29											
		Private Selection	2.99											
	Kroger Nashville	Private Selection	1.99											w/ store card; limit 1
		Smithfield				1.29	1.29							·
		Cumberland Gap			1.99									w/ store card
		Kentucky Legend						2.99						
		Clifty Farm											3.19	
	Meijer	Cook's		1.37										limit 2
		Meijer		3.49										
		Sugardale						2.39						
		Dearborn		4.49										
	New Market	Cumberland Gap						2.39	2.59					
		John Morrell	2.59											

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
KY	Piggly Wiggly Hchn	Kentucky Legend								3.98				
(cont)		Carolina Pride				1.78	1.58							
	Remke Markets	Wilson						2.69						
		John Morrell		2.77										limit 2
		Kentucky Legend							4.99					
	Shop'n Save	Sugardale			1.98	1.88	1.88			3.39		3.99		
		Superior						2.78	3.19					
	Super Dollar	n/i	1.99											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Town&Country Grocer	Kretschmar						2.99						
		Cook's			1.99	2.19	1.99							
		Sugardale			1.99									
		Best Choice		2.39										
	Trader Joe's	Trader Joe's	4.99											ABF
	United Grocery	n/i					1.49							
	ValuMarket	Fischer's						2.49						
		Fischer's						3.69						w/ store card
		Best Choice	2.49	2.49										w/o store card
		Best Choice	3.69	3.69										w/ store card
		Cook's				1.79	1.79							
		Kentucky Legend						3.69						
	Walmart	Sam's Choice	2.18											w/o store card
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
MI	Affiliated MW	Cook's				2.19	1.99							
		Hormel Cure 81		2.49										
		John Morrell		-		2.69								
		Farmland						3.29	3.39					
	ALDI	Specially Selected	2.19					0.20	0.00					
		Appleton Farms		1.99			1.59							
														w/ \$2.00 discount
	Busch's						1.00		4.99	4 99				
			2.99							1.00				
	Busch's	Appleton Farms Kentucky Legend Busch's Dearborn	2.99 4.69				1.39		4.99	4.99				w/ \$2.00 discount limit 2 locally grown locally grown

State	Supermarket	Label	Spiral Cu Bone		Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
0.0.0			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
МІ	D&W Fresh	Smithfield		1.79										limit 2
(cont)		Winter's		4.99										
	Family Fare	Smithfield		1.79										limit 2
		Spartan		3.49				2.19						local
	Food Pride	Our Family	2.29	2.29		1.99	1.79							
		Cumberland Gap						2.29						
		Hickory Hills						2.29						
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Harding's	Frick's					1.49							
		Spartan		2.99					2.99					
		Kentucky Legend						4.99	4.99					
		Winter's		3.99										
	Hollywood Markets	Dearborn	3.69		2.99	2.99								limit 1
	Kroger Central	Kroger	1.77											w/ \$25 purchase & card; limit 1
		Sugardale					1.49							w/ store card
		Cumberland Gap			1.99									w/ store card
		Hickory Hills						2.49						
		Private Selection	2.99											
	Kroger Columbus	Sugardale					1.59							w/ store card
		Kroger	2.29											w/ store card
		Cumberland Gap			1.79									w/ \$20 purchase; limit 1
		Hickory Hills						2.89						
		Private Selection	3.49											
	Kroger Michigan	Private Selection	2.99											
		Kroger	1.37											w/ \$10 purchase; limit 2
		Sugardale												
		Cumberland Gap			1.99									
		Dearborn	3.99											locally grown
		Hickory Hills						2.99						
	Martin's	Frick's				2.29	1.99							w/ store card
		Frick's				2.79	2.49							w/o store card
		Kentucky Legend						3.99						w/ store card
		Kentucky Legend						4.99						w/o store card
		Smithfield		1.97										w/ store card
		Smithfield		3.79										w/o store card

			Spiral C	ut Hams	Pone	n/Comi D	nnologo		Boneless		Smoked	Ham	C	
State	Supermarket	Label	Bon	e-in	Bone-	n/Semi-B	oneiess		boneless	•	Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Hain	
MI	Martin's	Troyer						1.97						w/ store card; locally grown
(cont)	(continued)	Troyer						3.79						w/o store card; locally grown
	Meijer	Cook's		1.37										limit 2
		Meijer		3.49										
		Sugardale						2.39						
		Dearborn		4.49										
	Plumbs/Duthler's	Frick's				1.88	1.78							
		John Morrell		2.88										
		Cumberland Gap						2.88						
		n/i									1.99			
	Polly's Market	Our Family			2.29	2.19	1.80							w/ store card
		Our Family				3.28	2.89							w/o store card
		Country Markets	3.79											w/ store card
		Country Markets	4.79											w/o store card
		Alexander & Hornung	2.99											
		Alexander & Hornung	4.49											
		Dearborn	4.79											
		Dearborn	6.29											
	Ric's Food Center	Frick's				1.88	1.88							
		Shurfine						2.49	2.89					
		Hormel Cure 81		2.49										
		Ric's Premium	3.69											
	Save-a-Lot	n/i	2.49	2.39		1.79	1.59							
	Spartan Stores	Frick's					1.89							
	Super One Foods	Farmland				1.66								w/ \$10 purchase; limit1
	'	Hormel Cure 81	2.49											
		Hillshire Farm				2.99								
	Tadych's	Hillshire Farm	2.39	2.49										
		Our Family			2.29	2.39								
	Target	Archer Farms		1.99										
	Toms/Oleson's	Smithfield		\$15 off				\$15 off						w/ \$25 purchase; limit1
				Ţ.0 OII										
	Trader Joe's	Trader Joe's	4.99											ABF
	Valuland	Frick's		1.49										w/ \$25 purchase; limit1
		Smithfield		1.79										w/ \$10 purchase; limit2
				0										+

State	Supermarket	Label	1 -	ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
MI	VG's Grocery	Smithfield	***************************************	1.79	***************************************	Date	Onanic	***************************************	i idii	.,.	20110 111	DOTTO III		limit 2
(cont)	,	Spartan		3.49				2.19						local
()		Dearborn	4.49	4.49										local
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
MN	Affiliated Foods MW	Cook's				1.98	1.88				 			
		Hormel Cure 81	2.18	2.49										
		John Morrell				2.89								
		Farmland						3.29	3.39					
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Cash Wise	Buckley Farms					1.38							w/ \$30 purchase; limit 1
	Coborn's	Coborn's		2.49		2.19	1.00							II, que parenaes, illino
		Hormel Cure 81						3.19	3.19					
	Cub Foods	Cook's				1.79	1.79							limit 1
		Cook's				2.79	2.79							additional quantities
		Hormel Cure 81		2.49			20	3.99	3.99					additional qualitities
		Farmland		3.49				0.00	0.00					
		Signature		0.10		3.49								
	Econofoods	Our Family		2.39	1.88	1.98			3.79					
		Hormel Cure 81		2.00				4.49	00					
	Family Fare	Our Family		2.39	1.77	1.77	1.77							
	Fareway	Fareway		2.00				3.99	3.99					
		Webster City			3.79			0.00	0.00					
		John Morrell			2.48									
		Farmland	2.48											
	Festival	Festival			2.49	2.49	2.49							
		Hormel Cure 81		2.49			2	4.99						
		Cook's			2.49	2.49								
	Food Pride	Our Family	2.29	2.29		1.99	1.79							
		Cumberland Gap						2.29						
		Hickory Hills						2.29						
		Thereta, Thine												

tate	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
V	Hornbacher's	John Morrell				1.88	1.88							
ont)		Farm Fresh		2.98										
		Cloverdale							2.98					
	Hugo's	Our Family				1.27								w/ \$30 purchase; limit 1
		John Morrell				1.67								w/ \$30 purchase; limit 1
		Hugo's				1.67								w/ \$30 purchase; limit 1
		John Morrell							4.28					
		Hormel Cure 81							4.38					
	Hy-Vee	Cook's			1.99	2.99								limit 1
		Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	Lunds & Byerlys	Lunds & Byerlys	4.99		4.99									w/ store card
	, , , , , ,	Lunds & Byerlys	6.99		6.99									w/o store card
		Hormel Cure 81	2.99					3.99						w/ store card
		Hormel Cure 81	4.99					6.99						w/o store card
	Marketplace	Our Family			1.88	1.98								
	a.rrospiaco	Marketplace			2.68	2.78								
		Cloverdale				20		3.98	3.98					
	Maynard's	Cook's				2.19	1.89	0.00	0.00					
	Mayriara	Farmland				2.10	1.00	3.49						
	Quillin's	Cook's				1.99	1.99	0.40						
	Quiiii10	John Morrell			2.69	2.69	1.00							
		Quillin's			2.00	2.00			4.39					
	Rainbow Foods	Cook's				1.79	1.79		4.55					limit 1
	Nambow 1 oods	Farm Fresh		3.29		1.73	1.79							
		Hormel Cure 81	3.49	5.29				3.99	3.99					
	Save-a-Lot	n/i	2.49	2.39		1.79	1.59	3.99	3.33					
	Sun Mart	Our Family	2.49	2.39	1.88	1.79	1.98		3.79					
	Sull Mart	Hormel Cure 81		2.55	1.00	1.50	1.30	4.49	4.49					
	Sunshine Foods	John Morrell		2.77	2.99	2.99		4.49	4.43					
	Suristille Foods	Kretschmar		2.11	2.99	2.99		3.99						
	Super One Foods	Farmland				1.66		3.99						w/ \$10 purchase; limit1
	Super One Foods	Hormel Cure 81	2.49			1.00								w gro purchase, iiiillit
			2.49			2.00								
	Taunat	Hillshire Farm		4.00		2.99								
	Target	Archer Farms		1.99										

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless	í	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
MN	Teal's	Our Family				1.99	1.99							w/ \$50 purchase
(cont)		John Morrell			2.59	2.59								
		Hormel		2.99										
		Hormel Cure 81						3.99	3.99					
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
ND	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99									3.99		limit 1
		Hormel		2.99										
		n/i	1.99			1.69	1.29							
	Cash Wise	Buckley Farms					1.38							w/ \$30 purchase; limit 1
	Coborn's	Coborn's		2.49		2.19								
		Hormel Cure 81						3.19	3.19					
	Dan's	Cloverdale						3.29	3.29					
		John Morrell			2.39	2.59								
	Family Fare	Our Family		2.39	1.77	1.77	1.77							
	Food Pride	Our Family	2.29	2.29		1.99	1.79							
		Cumberland Gap						2.29						
		Hickory Hills						2.29						
	Hornbacher's	John Morrell				1.88	1.88							
		Farm Fresh		2.98										
		Cloverdale							2.98					
	Hugo's	Our Family				1.27								w/ \$30 purchase; limit 1
		John Morrell				1.67								w/ \$30 purchase; limit 1
		Hugo's				1.67								w/ \$30 purchase; limit 1
		John Morrell							4.28					
		Hormel Cure 81							4.38					
	Leevers	John Morrell							3.98					
		Cloverdale							3.98	4.68				
	Marketplace	Our Family			1.88	1.98								
		Marketplace			2.68	2.78								
		Cloverdale						3.98	3.98					

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Haili	
ND	Super One Foods	Farmland				1.66								w/ \$10 purchase; limit1
(cont)		Hormel Cure 81	2.49											
		Hillshire Farm				2.99								
	Target	Archer Farms		1.99										
	Teal's	Our Family				1.99	1.99							w/ \$50 purchase
		John Morrell			2.59	2.59								
		Hormel		2.99										
		Hormel Cure 81						3.99	3.99					
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
NE	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18	2.49										
		John Morrell				2.89								
		Farmland						3.29	3.39					
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Apple Market	Best Choice	1.98	1.98										
		Farmland		2.98				3.49	3.49	3.49				
		Cook's			1.68		1.78							w/ \$10 purchase; limit 1
		Hormel Cure 81		2.99				3.99	3.99					
	Bag'n Save	Farmland		2.39										
		Our Family				1.99	1.79							
		Hormel Cure 81						3.99	3.99					
	Baker's	Kroger	1.99					2.99						w/ store card; limit 2
		Private Selection						3.99						
		Hormel Cure 81						4.99						
	Fareway	Fareway						3.99	3.99					
		Webster City			3.79									
		John Morrell			2.48									
		Farmland	2.48											
	Food Pride	Our Family	2.29	2.29		1.99	1.79							
		Cumberland Gap						2.29						
		Hickory Hills						2.29						
	Hy-Vee	Cook's			1.99	2.99								limit 1
		Hy-Vee	2.49	2.99										

State	Supermarket	Label	-	ut Hams ne-in	Bone-	in/Semi-Bo	oneless		Boneless		Smoked	Ham	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	Picnic bone-in	Steak bone-in	Ham	Conditions
NE	Hy-Vee	Hormel Cure 81	VVIIOIE	Hall	VVIIOIC	Dutt	Silalik	3.99	3.99	1/4	DOI 10-111	DOI IC-III		
(cont)	(continued)	Farmland		3.49				0.00	0.55					
(oon)	Russ's Market	Farmland	2.49	0.40				3.49	3.49					w/ store card
	rass s market	Farmland	3.39					0.40	0.40					w/o store card
		n/i	0.00					4.99						W/O Store card
	Safeway Denver	Cook's		3.99				4.55						
	Calcway Deliver	Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89		0.00					
		Hormel Cure 81		1.55		1.00	1.00		4.99					
	Sun Mart	Our Family		2.39	1.88	1.98	1.98		3.79					
	Suit Mart	Hormel Cure 81		2.59	1.00	1.90	1.30	4.49	4.49					
	Target	Archer Farms		1.99				4.43	4.43					
	Trader Joe's	Trader Joe's	4.99	1.55										ABF
	Walmart	Sam's Choice	2.18											ADI
	vvaimari	Smithfield	3.28							3.98				
		n/i	3.20				1.78			3.90				
	Whole Foods MW	Wellshire Farm	6.99				1.70	7.99						ABF
ОН	Acme Fresh Market	Acme	1.89		1.99			2.29	2.99					w/ store card
Оп	Acine Flesh Market		4.29		3.69			3.89	4.29					w/o store card
		Acme Acme Gold			3.09			3.09	4.29					
			3.49											w/ store card
	ALDI	Acme Gold	4.99											w/o store card
	ALDI	Specially Selected	2.19	4.00			4.50							
		Appleton Farms		1.99			1.59							/ @0.00 alia a a
	Dattara Dallar	Appleton Farms					1.39							w/ \$2.00 discount
	Bottom Dollar	My Essentials	4.00				1.48							w/ \$25 purchase; limit 2
		Smithfield	1.98						4.00	4.00				w/ \$25 purchase; limit 2
	Buehler's	Berk's						3.99	4.29	4.69				w/ store card
		Berk's						4.59	4.89	5.29				w/o store card
		Buehler's	2.99											w/ store card
		Buehler's	3.99											w/o store card
		Kentucky Legend						4.99	5.19	5.69				w/ store card
		Kentucky Legend						5.99	6.19	6.69				w/o store card
		Superior						2.99	3.29	3.69				local; w/ store card
		Superior						3.59	3.89	4.29				local; w/o store card
	Chief	Our Family		1.79										w/ \$15 purchase & store card
		Our Family		3.49										w/o store card
		Cumberland Gap						1.99						w/ \$15 purchase & store card

State	Supermarket	Label		ut Hams ne-in	Bone-i	in/Semi-Be	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
ОН	Chief	Cumberland Gap						3.89						w/o store card
(cont)	(continued)	Chief		4.99										
	Cub Foods	Cook's				1.79	1.79							limit 1
		Cook's				2.79	2.79							additional quantities
		Hormel Cure 81		2.49				3.99	3.99					
		Farmland		3.49										
		Signature				3.49								
	Dave's Market	Sugardale		2.59		1.99	1.99							
	Dollar General Market	Smithfield		2.25										limit 1
	Fisher Foods	Superior			1.99			2.67						w/ store card
		Superior			3.69									w/o store card
		Sugardale			1.99									w/ store card
		Sugardale			3.69									w/o store card
		Amish Valley		2.99										w/ store card
		Amish Valley		3.59										w/o store card
	Foodland	Farmland	2.99											
		Superior						2.49	2.79					limit 1
	Food Fair	Superior						2.49	2.79					limit 1
		Walnut Creek	3.59											
		Kentucky Legend	4.99					4.99						
		Hormel Cure 81	3.29											
	Fresh Encounter	John Morrell		2.99										
		Kentucky Legend								5.29				
		Frick's				1.99	1.79							w/ store card
		Frick's				3.19	2.99							w/o store card
		Our Family		2.39										w/ store card
		Our Family		3.59										w/o store card
		Heartland						1.99						w/ \$15 purchase; limit 1
		Heartland						2.39						additional quantities
	Fresh Thyme	Hormel	2.99											·
	Geyer's	Farm Fresh		2.58										
	´	Sugardale				1.89	1.89	2.29						
	GFS Marketplace	n/i					1.29							
	'	GFS	1.69											
	Giant Eagle	Giant Eagle	1	3.99				2.29						
		Sugardale		3.59	1.79			3.29						
		Market District			4.99	4.99								

State	Supermarket	Label	-	ut Hams ne-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	l lalli	
ОН	Heinen's	Heinen's	5.29		3.49									
(cont)	IGA Spartan-Nash	John Morrell		2.49										
		Fischer's						2.99	3.29					
	Kroger Central	Kroger	1.77											w/ \$25 purchase & card; limit 1
		Sugardale					1.49							w/ store card
		Cumberland Gap			1.99									w/ store card
		Hickory Hills						2.49						
		Private Selection	2.99											
	Kroger Cincinnati	Cook's			1.69		1.49							w/ store card
		Cumberland Gap			2.19			2.19						
		Private Selection	2.89											
	Kroger Columbus	Sugardale					1.59							w/ store card
		Kroger	2.29											w/ store card
		Cumberland Gap			1.79									w/ \$20 purchase; limit 1
		Hickory Hills						2.89						
		Private Selection	3.49											
	Kroger MidAtlantic	Cumberland Gap			1.89			2.99						
		Gwaltney	2.29											
		Private Selection	2.99											
	Marc's	Hormel Cure 81	2.49											
	Marsh	Indiana Kitchen		1.47										w/ \$25 purchase; limit 1
		Marsh		\$10 off										w/ store card
		Marsh	\$20 off	ψ το σπ										w/ store card
		Cook's	φ20 σ			1.23	1.23							W Store sard
		Cumberland Gap			2.49	2.49	1.20	2.99						
	Meijer	Cook's		1.37	2.40	2.40		2.00						limit 2
	Mojoi	Meijer		3.49										
		Sugardale		0.40				2.39						
		Dearborn		4.49				2.55						
	Remke Markets	Wilson		4.43				2.69						
	Neilike Walkets	John Morrell		2.77				2.09						limit 2
		Kentucky Legend		2.11					4.99					111111111111111111111111111111111111111
	Riesbeck's	Superior						2.19	4.99					
	MESDECK S	John Morrell		2.99				2.19						
		Smithfield		2.99										
		Simunieia		2.99										
	1	1		1										l

State	Supermarket	Label	-	ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
ОН	Shop'n Save	Sugardale	2.48	2.48	1.98	1.88	1.88	3.99		3.39		3.99		
(cont)		Sugardale			1.48									w/ \$25 purchase; limit 1
		Superior						2.78	3.19					
		Hillshire Farm		3.49										
		CB Old Country	3.99											
	Sparkle	Sparkle						1.99						
		Sugardale		2.69										
		Hillshire Farm		4.49										
		Kentucky Legend						4.99						
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Thorne's Market	Sugardale	2.99		2.49	2.59								
		Sugardale				1.68	1.48							w/ \$25 purchase
		Superior						2.59	2.69					
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Weis	n/i				1.69	1.69							w/ store card
		Kunzler							3.99					
		John F Martin						2.69						w/ store card
		Sugardale	3.29											w/ store card
		Smithfield	3.29											w/ store card
		Weis	1.88											w/ store card
	Whole Foods - MdAt	Wellshire Farms	6.99											ABF
		n/i						7.49						spiral-cut
SD	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18	2.49										
		John Morrell				2.89								
		Farmland						3.29	3.39					
	Buche Foods	Double G				2.59	2.59		4.99					
		John Morrell				2.68								
		n/i	1.99											
	Coborn's	Coborn's		2.49		2.19								
		Hormel Cure 81				-		3.19	3.19					
	Family Thrift	Our Family		2.39	1.88	1.98			3.79					
		Hormel Cure 81						4.49						

State	Supermarket	Label	_	ut Hams ie-in	Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
SD	Fareway	Fareway						3.99	3.99					
(cont)		Webster City			3.79									
, ,		John Morrell			2.48									
		Farmland	2.48											
	Hy-Vee	Cook's			1.99	2.99								limit 1
	'	Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	Ken's Super Fair	John Morrell		2.79										
		Kretschmar						3.29	3.49					
		Double G				2.49	2.49					3.99		
	Lynn's Dakotamart	Cook's				2.29	2.19					0.00		
		Farmland				2.20		3.19						
		Our Family			1.68			00						
		John Morrell			2.59				4.99					
	Maynard's	Cook's			2.00	2.19	1.89		1.00					
	Mayhara o	Farmland				2.10	1.00	3.49						
	Safeway Denver	Cook's		3.99				0.10						
	Careway Beriver	Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89		0.00					
		Hormel Cure 81		1.00		1.00	1.00		4.99					
	Sunshine Foods	John Morrell		2.77	2.99	2.99			4.00					
	Odrišnine i oods	Kretschmar		2.11	2.55	2.00		3.99						
	Target	Archer Farms		1.99				0.00						
	Teal's	Our Family		1.55		1.99	1.99							w/ \$50 purchase
	1 Gai S	John Morrell			2.59	2.59	1.33							W 400 purchase
		Hormel		2.99	2.55	2.00								
		Hormel Cure 81		2.33				3.99	3.99					
	Walmart	Sam's Choice	2.18					3.99	3.99					
	vvaimart	Smithfield	3.28							3.98				
		n/i	3.20				1.78			3.90				
WI	Affiliated Foods MW	Cook's	+			1.98	1.78				+		 	
441	Ailliateu FOOUS IVIVV	Hormel Cure 81	2.18	2.49		1.90	1.00							
		John Morrell	2.10	2.43		2.89								
		Farmland				2.09		3.29	3.39					
		raiiiiaiiu						3.29	3.39					

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Halli	
WI	ALDI	Specially Selected	2.19											
(cont)		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Econofoods	Our Family		2.39	1.88	1.98			3.79					
		Hormel Cure 81						4.49						
	Festival	Festival						3.28	3.28	3.28				w/ store card
		Festival						4.69	4.69	4.69				w/o store card
		Hormel		2.98										w/ store card
		Hormel		3.99										w/o store card
		Farmland			2.68	2.68								w/ store card
		Farmland			3.99	3.99								w/o store card
		Hillshire Farm			2.68	2.68								w/ store card
		Hillshire Farm			3.99	3.99								w/o store card
	GFS Marketplace	n/i					1.29							
		GFS	1.69											
	Gordy's	Hormel Cure 81		2.48				3.98						w/ store card
		Hormel Cure 81		3.49				5.99						w/o store card
	Hy-Vee	Cook's			1.99	2.99								limit 1
		Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	Marketplace	Our Family			1.88	1.98								
		Marketplace			2.68	2.78								
		Cloverdale						3.98	3.98					
	Pick'n Save/Copps	Roundy's		1.69										w/ \$25 purchase; limit 1
		Sugardale				1.19	1.19							w/ \$25 purchase; limit 1
		Cook's		3.29										
		Roundy's	4.49					3.99	3.99					
		Hillshire Farm							4.69					
	Piggly Wiggly MW	Badger						3.99	4.59	4.59				
		Cook's										3.69		
		Cook's				1.19	0.97							w/ \$30 purchase; limit 1
		Sugardale				1.19	0.97							w/ \$30 purchase; limit 1
		Farmland		2.89					3.49					
	Quillin's	Cook's				1.99	1.99							
		John Morrell			2.69	2.69								
		Quillin's							4.39					

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-B	oneless		Boneless	i	Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
WI	Save-a-Lot	n/i				I	1.29					2.49		
(cont)	Schnuck's	Cook's				1.49	1.29							w/ \$25 purchase; limit 1
		Schnuck's	1.99											w/ \$25 purchase; limit 1
		Kretschmar						2.29						w/ \$25 purchase; limit 1
		Double G			2.69									w/ \$25 purchase; limit 1
	Sendik's Markets	Sendik's						5.99	5.99					spiral sliced
	Sentry Foods	Hormel		1.99										w/ \$25 purchase; limit 1
	Super One Foods	Farmland				1.66								w/ \$10 purchase; limit1
		Hormel Cure 81	2.49											
		Hillshire Farm				2.99								
	Tadych's	Hillshire Farm	2.39	2.49										
		Our Family			2.29	2.39								
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Trig's	John Morrell	2.49											
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF

State	Supermarket	Label	Spiral C Bon		Bone-ii	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	001141110110
OUTI	H CENTRAL U.S AR	,AZ,CO,KS,LA,MO,NM,O			1		0.10.11	1111010		.,.	201.0 1.1	20.10	<u> </u>	
R	Affiliated MW	Cook's	1			2.19	1.99							
	Allillated WW	Hormel Cure 81		2.59		2.10	1.55							
		John Morrell		2.39		2.79								
		Farmland				2.19		3.29	3.39					
	Albertson's Sthrn	n/i				1.99		3.29	3.39					
	Albertson's Strim		4.07			1.67	4.47					0.40		limit 1
		Cook's	1.87			1.67	1.47	4.00	4.00	4.00		3.49		limit 1
		Hormel Cure 81	3.99					4.99	4.99	4.99				
		Smithfield	3.99											
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Bill's Fresh	Best Choice	1.98											
		Petit Jean			2.88									
		Carolina Pride			1.58	1.58	1.58							
		Frick's				1.98	1.98							
		Cook's				1.98	1.98							
		Kentucky Legend								4.98				
		Bryan						3.48						
	Brookshire's	Cook's			1.59	1.79	1.59							w/ store card
		Cook's			2.99	2.99	2.99							w/o store card
		Hormel Cure 81						3.99	3.99					
		Hormel		1.99										w/ store card
		Hormel		2.99										w/o store card
	Cranford's	Best Choice		2.29										
		Hormel Cure 81							4.28					
		Cook's			1.98							2.99		
		Cook's				1.68	1.48							w/ \$25 purchase; limit 1
		Petit Jean			3.68									
		Clifty Farm											2.99	
		Kentucky Legend								4.98				
	Edward's	Clifty Farm											2.58	
		Kretschmar						2.98	2.98					
		Kentucky Legend						3.78	3.78					
		Best Choice		2.28				0.70	0.70					
		Cook's		2.20		1.68	1.48							
		COOK S				1.00	1.40							

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
AR	Edward's	Petit Jean											2.98	
(cont)	(continued)	Clifty Farm											2.58	
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	G&W Foods	Best Choice	2.18	2.18										
		Cedar Hollow								3.98				
		Kretschmar						3.58	3.58					
		Cook's										3.48		
		Cook's				1.88	1.68							limit 1
		Primrose							3.49					
	Harp's	Wright	3.99											
		Sugardale			2.29	2.19	1.99					3.19		
		Best Choice	1.99	2.39										
		Kretschmar							3.29					
	Hay's	Best Choice	1.98											
		Carolina Pride						3.89						
		Cook's			1.98		1.48							
		Cook's					1.18							w/ \$10 purchase; limit 1
		John Morrell			3.98			3.98	3.98					
		Field								4.99				
		Ozark Pride				2.99								
		Petit Jean				3.98								
	Kroger Delta	Smithfield	2.49	2.19			1.59							limit 2
		John Morrell	2.49	2.19										limit 2
		Kroger						3.49						
	Mac's Fresh	Carolina Pride					1.79							
		Farmland						2.00						
		Carolina Pride				9.77	9.77							each; w/ \$50 purchase; limit 1
		Best Choice		2.39										
		Smithfield								3.99				
	Marvin's	Frick's 1896						3.99	3.99	4.99				
		Frick's				1.79	1.59					3.99		
		Farmland	2.59											

AR (cont) Pyramid Foods Rest Choice Laber Cook's Laber Laber Cook's Laber	
Carolina Pride	
Pyramid Foods Best Choice 1.99 1.99 1.99 1.79 1.69 3.99 4.79	
Cook's Hormel Cure 81 Kretschmar Kentucky Legend Double G Carolina Pride Frick's Rehkopf's Cook's Best Choice Cook's Hormel 1.97 Target Archer Farms Ni The Fresh Market Town&Country Grocer Cook's Sugardale Best Choice Cook's Sugardale Best Choice Cook's Sugardale Best Choice Cook's Sugardale Best Choice Cook's Sugardale Su	
Hormel Cure 81 2.79	
Kretschmar Kentucky Legend Double G Carolina Pride Frick's 2.49 1.99 4.19 4	
Kentucky Legend Double G Double G Carolina Pride Frick's 2.49 1.99 1.59	
Double G Carolina Pride Frick's 2.49 1.69 1.69 1.69 2.49 1.99 2.49 2.49 2.49 2.49 2.49 2.49 2.49	
Carolina Pride Frick's Rehkopf's Cook's Best Choice Ocok's Best Choice Ocok's Indicates the price of the p	
Frick's Cook's Cook's Best Choice Cook's Cook	
Rehkopf's Cook's Best Choice 2.49 1.79 1.59	
Save-a-Lot n/i	
Save-a-Lot n/i Cook's Cook's L.97 L.37 L.57 L.37	
Super 1 Foods	
Target	
Target	
The Fresh Market Town&Country Grocer Kretschmar Cook's Sugardale Best Choice 2.39 2.99 2.99	
Town&Country Grocer Kretschmar	
Town&Country Grocer Kretschmar	
Cook's 1.99 2.19 1.99 Sugardale 1.99 1.99 Best Choice 2.39 1.99	
Sugardale 1.99 Best Choice 2.39	
Best Choice 2.39	
Walmart Sam's Choice 2.18	
Smithfield 3.28 3.98	
n/i 1.78	
Whole Foods SW n/i 6.49	
AZ Albertsons SW Cook's 1.77 1.67 2.99 limit 1	
Basha's Cook's 1.67 1.79 1.49 w/ store card; limit 1	1
Hormel Cure 81 2.99 3.99 3.99	
Food City Cook's 1.49 limit 1	
Fresh & Easy Fresh & Easy 2.99	
Fry's Kroger 1.57 2.99 limit 1	
Cook's 1.17 limit 1	
Lowe's Cook's 1.17 0.97	
Smithfield 2.99	
Farmland 2.25	
Hormel 1.89 1.89	
Hormel Cure 81 4.99 4.99	

State	Supermarket	Label		ut Hams ie-in	Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
AZ	Safeway Phoenix	Hormel Cure 81							4.99					
(cont)		Safeway Select		2.99										
		Safeway		1.99		1.89	1.89							limit 1
		Smithfield		3.99										
	Smart & Final	Sugardale	1.79	1.79										w/ \$25 purchase; limit 1
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Sprout's Market	Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods SPac	American Homestead	6.99											ABF
		Pederson's	5.99					7.99						ABF
		Wellshire Farms	6.59											ABF
		n/i			9.99	9.99								ABF
СО	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	Affiliated Foods	Cook's				1.39	1.19							
		Hormel	1.89											
		Hormel Cure 81						4.59	4.59	4.99				
	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99											limit 1
		Hormel		2.99										
		n/i				1.69	1.29							
	King Soopers	Cook's				1.49	1.49							w/ store card; limit 2
		Kroger	1.99											·
		Private Selection	2.99											
	Lowe's	Cook's				1.17	0.97							
		Smithfield	2.99											
		Farmland						2.25						
		Hormel	1.89	1.89										
		Hormel Cure 81						4.99	4.99					

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
	-		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
СО	Safeway Denver	Cook's		3.99										
(cont)		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							
		Hormel Cure 81							4.99					
	Sprout's Market	Old Tyme Butcher	2.49											
	Sun Mart	Our Family		2.39	1.88	1.98	1.98		3.79					
		Hormel Cure 81						4.49	4.49					
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods Mntn	n/i	4.99											
KS	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	Affiliated Foods	Cook's				1.39	1.19							
		Hormel	1.89											
		Hormel Cure 81						4.59	4.59	4.99				
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Apple Market	Best Choice	1.98	1.98										
		Farmland		2.98				3.49	3.49	3.49				
		Cook's			1.68		1.78							w/ \$10 purchase; limit 1
		Hormel Cure 81		2.99				3.99	3.99					
	Country Mart	Hormel Cure 81	2.38	2.48				3.99	4.29					
		Cook's			1.79	1.99	1.79							
		Frick's			2.39	2.39								
		Best Choice	1.98	1.98										
	Dillon's	Kroger	1.99					2.99						w/ store card; limit 2
		Private Selection						3.99						
		Hormel Cure 81						4.99						
	G&W Foods	Best Choice	2.18	2.18										
		Cedar Hollow								3.98				
		Kretschmar						3.58	3.58					
		Cook's										3.48		

State	Supermarket	Label	Spiral Cu Bone		Bone-in	/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
KS	G&W Foods	Cook's	1111010			1.88	1.68			., .	20.10	50		limit 1
	(continued)	Primrose							3.49					
, ,	Hen House	Ball's Smokehouse		3.99										
		Cook's				2.29	2.29							
		Frick's				2.19	2.19							
		Hormel Cure 81						3.99						
	Homeland Stores	Cook's					\$15 off							w/ \$300 accumulated prchse
		Cook's				1.99	1.79					3.49		'
		Hormel	2.49	2.49	2.49									
		Hormel Cure 81						5.39	5.39					
	Hy-Vee	Cook's			1.99	2.99								limit 1
	,	Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	Lowe's	Cook's				1.17	0.97							
		Smithfield	2.99											
		Farmland						2.25						
		Hormel	1.89	1.89										
		Hormel Cure 81						4.99	4.99					
	Marvin's	Frick's 1896						3.99	3.99	4.99				
		Frick's				1.79	1.59					3.99		
		Farmland	2.59											
	Price Chopper	Cook's			1.79		1.89							
		Hormel Cure 81	1.99					3.99						
	Save-a-Lot	n/i				1.49	1.29					2.49		
	Sprout's Market	Old Tyme Butcher	2.49											
	Sun Fresh	Hormel Cure 81	2.38	2.48				3.99	4.29					
		Cook's			1.79	1.99	1.79							
		Frick's			2.39	2.39								
		Best Choice	1.98	1.98										
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods Mntn	n/i	4.99											

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Halli	
KS	Woods	Hillshire Farm		2.48										
(cont)		Sugardale			2.18									
		Cook's				2.19	1.99							
		Kentucky Legend						4.48						
		Best Choice		2.48										
LA	AG Baton Rouge	John Morrell		2.49	1.79			2.99						
		Smithfield				1.89	1.79							
	Albertson's Sthrn	n/i				1.99								
		Cook's	1.87			1.67	1.47					3.49		limit 1
		Hormel Cure 81	3.99					4.99	4.99	4.99				
		Smithfield	3.99											
	Breaux Mart	Smithfield	2.39			1.89	1.79							
		John Morrell	2.39		1.79									
		Hormel Cure 81						4.29						
		Farmland			1.99									
		Smoky Hollow						3.99						
	Brookshire's	Cook's			1.59	1.79	1.59							w/ store card
		Cook's			2.99	2.99	2.99							w/o store card
		Hormel Cure 81						3.99	3.99					
		Hormel		1.99										w/ store card
		Hormel		2.99										w/o store card
	Kroger Southwest	Kroger	1.69					3.49						w/ \$10 purchase & card; limit 2
		Cook's					1.49							w/ \$10 purchase & card; limit 2
		Private Selection	2.99											
	LeBlanc's	Smithfield		1.99										limit 1
		Smithfield		2.49										
		Buckley Farms				1.89	1.69							
		John Morrell			1.99			2.99						
	Mac's Fresh	Carolina Pride					1.79							
		Farmland						2.00						
		Carolina Pride				9.77	9.77							each; w/ \$50 purchase; limit 1
		Best Choice		2.39										
		Smithfield								3.99				
	Market Basket	Cook's					1.47							w/ \$20 purchase; limit 1
		Cook's		2.99										

State	Supermarket	Label	Spiral Co Bon		Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
LA	Piggly Wiggly	Carolina Pride				1.89	1.69							
(cont)		Tyson		2.79										
		n/i									1.99			
	Rouses	Cook's					1.69					3.49		
		Hormel	1.97											limit 2
	Save-a-Lot	n/i				1.49	1.29					2.49		
	Super 1 Foods	Cook's			1.37	1.57	1.37							
		Hormel	1.97											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods SW	n/i	6.49											
	Winn-Dixie	Hormel Cure 81						BOGO						
		Kentucky Legend								4.99				
		Smithfield		2.49		1.79	1.49							
МО	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Apple Market	Best Choice	1.98	1.98										
		Farmland		2.98				3.49	3.49	3.49				
		Cook's			1.68		1.78							w/ \$10 purchase; limit 1
		Hormel Cure 81		2.99				3.99	3.99					
	C&R Supermarket	Hormel Cure 81	2.18	2.28				4.49						
		Cook's			1.99	1.98	1.88							
		Double G			2.49	2.69	2.49							
		Farmland						3.29	3.49					
		Kretschmar							3.89					
	County Market	Double G						4.49	4.69					
		Farmland						3.79						
	Country Mart	Hormel Cure 81	2.38	2.48				3.99	4.29					
		Cook's			1.79	1.99	1.79							

State	Supermarket	Label	Spiral Co Bon		Bone-i	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
МО	Country Mart	Frick's			2.39	2.39								
(cont)	(continued)	Best Choice	1.98	1.98										
	Dierberg's	Kretschmar	3.69					2.29						w/ \$25 purchase; limit 1
		Dierberg's		1.99				2.99						
		Double G				2.79	2.69							
		Frick's				3.39	3.19							
		Hillshire Farm	3.89											
	Food Giant	Kentucky Legend						3.88	3.98	3.98				
		Carolina Pride				1.78	1.58	3.48	3.68					
		Cook's					1.48					2.98		limit 2
		Best Choice		2.28										
		Clifty Farm											2.98	
	G&W Foods	Best Choice	2.18	2.18										
		Cedar Hollow								3.98				
		Kretschmar						3.58	3.58	0.00				
		Cook's						0.00	0.00			3.48		
		Cook's				1.88	1.68					0.40		limit 1
		Primrose				1.00	1.00		3.49					
	Gerbe's	Kroger	1.99					2.99	0.40					w/ store card; limit 2
	CCIDCS	Private Selection	1.00					3.99						W store dard, mint 2
		Hormel Cure 81						4.99						
	Harp's	Wright	3.99					4.55						
	Taip 3	Sugardale	5.55		2.29	2.19	1.99					3.19		
		Best Choice	1.99	2.39	2.20	2.10	1.55					0.10		
		Kretschmar	1.55	2.55					3.29					
	Harter House	n/i			2.29				3.29					
	Tiarter Flouse	Cook's			2.23							2.99		
		Hormel	2.29									2.99		
		Hormel Cure 81	2.29					3.69						
	Hoydo	Best Choice	1.98					3.09						
	Hay's	Carolina Pride	1.96					3.89						
		Cook's			1.98		1 10	3.69						
		Cook's Cook's			1.98		1.48							w/ \$10 purphage: limit 1
					2.00		1.18	2.00	2.00					w/ \$10 purchase; limit 1
		John Morrell			3.98			3.98	3.98	4.00				
		Field				0.00				4.99				
		Ozark Pride				2.99								
		Petit Jean				3.98								

			Spiral Cu	ut Hams	D	. (O : D			Danielana		Smoked	Ham		
State	Supermarket	Label	Bone	e-in	Bone-i	n/Semi-B	oneless		Boneless	}	Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
МО	Hen House	Ball's Smokehouse		3.99										
(cont)		Cook's				2.29	2.29							
		Frick's				2.19	2.19							
		Hormel Cure 81						3.99						
	Hy-Vee	Cook's			1.99	2.99								limit 1
		Hy-Vee	2.49	2.99										
		Hormel Cure 81						3.99	3.99					
		Farmland		3.49										
	Kroger Central	Kroger	1.77											w/ \$25 purchase & card; limit 1
		Sugardale					1.49							w/ store card
		Cumberland Gap			1.99									w/ store card
		Hickory Hills						2.49						
		Private Selection	2.99											
	Kroger Delta	Smithfield	2.49	2.19			1.59							limit 2
		John Morrell	2.49	2.19										limit 2
		Kroger						3.49						
	Moser's	Best Choice	1.88											limit 1
		Frick's				1.48	1.48							limit 2
		Frick's			2.39	2.39	2.39							additional quantities
		Cook's			1.79	1.99	1.79							· ·
		Hormel Cure 81	2.38	2.38				3.99	4.29					
	Patricia's	Best Choice	1.99											w/ \$25 purchase; limit 1
		Cook's			1.89	1.79	1.79							
		Maple River						2.99	2.99					
		Hormel Cure 81						4.49	4.49					
	Prenger Foods	Farmland		2.99										
	l	Cook's			1.89	1.79	1.79					2.99		
		Best Choice	1.89	1.89		0						2.00		
		Maple River	1.00					2.99	2.99					
	Price Chopper	Cook's			1.79		1.89	2.00	2.00					
	Theo onoppor	Hormel Cure 81	1.99		1.70		1.00	3.99						
	Pyramid Foods	Best Choice	1.99	1.99				0.00						
	, , a i i a a a a a a a a a a a a a a a	Cook's		1.00	1.99	1.79	1.69							
		Hormel Cure 81	2.79			0		3.99						
		Kretschmar						2.99						
		Kentucky Legend						2.00		4.79				
		Double G							4.19	0				

State	Supermarket	Label	Spiral Cu Bone		Bone-ii	n/Semi-Be	oneless		Boneless	;	Smoked Picnic	Ham Steak	Country	Conditions
Olulo	- Capormarkot		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
МО	Pyramid Foods	Carolina Pride					1.69							
(cont)	(continued)	Frick's			2.49		1.99							
	Save-a-Lot	n/i				1.49	1.29					2.49		
	Schnuck's	Cook's				1.49	1.29							w/ \$25 purchase; limit 1
		Schnuck's	1.99											w/ \$25 purchase; limit 1
		Kretschmar						2.29						w/ \$25 purchase; limit 1
		Double G			2.69									w/ \$25 purchase; limit 1
	Shop'n Save	Frick's					1.99							
	Sun Fresh	Hormel Cure 81	2.38	2.48				3.99	4.29					
		Cook's			1.79	1.99	1.79							
		Frick's			2.39	2.39								
	Target	Archer Farms		1.99										
		Kretschmar						2.99						
		Cook's			1.99	2.19	1.99							
		Sugardale			1.99									
		Best Choice		2.39										
	Town&Cntry Spmkt	Country Ribbon						1.99						
		Cook's				1.69	1.48							limit 1
		Kretschmar						2.88						
		Sugardale			1.79									
		Hormel Cure 81						4.69						
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods MW	Wellshire Farm	6.99					7.99						ABF
	Woods	Hillshire Farm		2.48										
		Sugardale			2.18									
		Cook's				2.19	1.99							
		Kentucky Legend						4.48						
		Best Choice		2.48										
NM	Affiliated Foods	Cook's				1.39	1.19							
		Hormel	1.89											
		Hormel Cure 81						4.59	4.59	4.99				
	Albertsons SW	Cook's	1.77				1.67					2.99		limit 1
	Basha's	Cook's	1.67			1.79	1.49							w/ store card; limit 1
		Hormel Cure 81	2.99					3.99	3.99					

State	Supermarket	Label	Spiral C Bon	ut Hams ie-in	Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NM	Dollar General Market	Smithfield		2.25										limit 1
(cont)	John Brooks	Cook's				1.39	1.19							
		Hormel	1.88											
		Hormel Cure 81						4.59	4.59	5.19				
	King Soopers	Cook's				1.49	1.49							w/ store card; limit 2
		Kroger	1.99											
		Private Selection	2.49											
	Lawrence Bros.	Best Choice	1.99											
	Lowe's	Cook's				1.17	0.97							
		Smithfield	2.99											
		Farmland						2.25						
		Hormel	1.89	1.89										
		Hormel Cure 81						4.99	4.99					
	Safeway Denver	Cook's		3.99										
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							
		Hormel Cure 81							4.99					
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Sprout's Market	Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods Mntn	n/i	4.99											
ок	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18											
		John Morrell				2.89								
	Affiliated Foods	Cook's				1.39	1.19							
		Hormel	1.89											
		Hormel Cure 81						4.59	4.59	4.99				
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Country Mart	Hormel Cure 81	2.38	2.48				3.99	4.29					
		Cook's			1.79	1.99	1.79							

State	Supermarket	Label	Spiral Cu Bone		Bone-ir	n/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	Conditions
ок	Country Mart	Frick's			2.39	2.39	- Cricarian	*******		., .	56.16	50		
	(continued)	Best Choice	1.98	1.98										
, ,	Dollar General Market	Smithfield		2.25										limit 1
	Harp's	Wright	3.99											
	,	Sugardale			2.29	2.19	1.99					3.19		
		Best Choice	1.99	2.39										
		Kretschmar							3.29					
	Homeland Stores	Cook's					\$15 off							w/ \$300 accumulated prchse
		Cook's				1.99	1.79					3.49		·
		Hormel	2.49	2.49	2.49									
		Hormel Cure 81						5.39	5.39					
	Market Square	Cook's				1.39	1.19							
		Hormel	1.88											
		Hormel Cure 81						4.59	4.59	5.19				
	Marvin's	Frick's 1896						3.99	3.99	4.99				
		Frick's				1.79	1.59					3.99		
		Farmland	2.59											
	Nichols	Hormel Cure 81						4.99	4.99					
		Cook's										2.99		
	Pyramid Foods	Best Choice	1.99	1.99										
		Cook's			1.99	1.79	1.69							
		Hormel Cure 81	2.79					3.99						
		Kretschmar						2.99						
		Kentucky Legend								4.79				
		Double G							4.19					
		Carolina Pride					1.69							
		Frick's			2.49		1.99							
	Reasor's	Cook's										3.29		
		Farmland		2.28										
	Rehkopf's	Cook's			1.79	1.79	1.59							
		Best Choice		2.49										
	Save-a-Lot	n/i				1.49	1.29					2.49		
	Sprout's Market	Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											

01-1-	0	Labat		Cut Hams	Bone-i	n/Semi-B	oneless		Boneless		Smoked	Ham	Country	O and distance
State	Supermarket	Label	Whole	ne-in Half	Whole	Butt	Shank	Whole	Half	1/4	Picnic	Steak	Ham	Conditions
ок	Walmart	Sam's Choice	2.18	Пап	vvriole	Dull	Snank	vvnoie	Пап	1/4	bone-in	bone-in		
(cont)	vvaimart	Smithfield	3.28							3.98				
(COIII)		n/i	3.20				1.78			3.90				
	Morobougo Morkot				1.99		1.78							
	Warehouse Market	Sugardale Cook's			1.99		1.99							
		Vernon Manor	1.99		1.99									
			1.99					2.00	2.00					
	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Kentucky Legend	0.40					3.99	3.99					
	Whole Foods SW	n/i	6.49	4.00				4.00	4.00					
	Williams	Hormel Cure 81	1.99	1.99	4.00		4.00	4.99	4.99			0.00		
		Cook's			1.99		1.69					2.99		
TX	Affiliated Foods	Cook's				1.39	1.19							
		Hormel	1.89											
		Hormel Cure 81						4.59	4.59	4.99				
	Albertson's Sthrn	n/i				1.99								
		Cook's	1.87			1.67	1.47					3.49		limit 1
		Hormel Cure 81	3.99					4.99	4.99	4.99				
		Smithfield	3.99											
	Albertsons SW	Cook's	1.77				1.67					2.99		limit 1
	ALDI	Specially Selected	2.19											
		Appleton Farms		1.99			1.59							
		Appleton Farms					1.39							w/ \$2.00 discount
	Arlan's	Cook's					2.39							
	Brookshire's	Cook's			1.59	1.79	1.59							w/ store card
		Cook's			2.99	2.99	2.99							w/o store card
		Hormel Cure 81						3.99	3.99					
		Hormel		1.99										w/ store card
		Hormel		2.99										w/o store card
	Brookshire Bros.	Cook's				2.18	1.88							
	Diamond IGA	Cook's			1.79	1.79	1.59							
		Hormel Cure 81						4.99	4.99					
		Best Choice		2.39										
	Foodarama	John Morrell								4.99				
	Food Town	John Morrell		2.49										
		Hormel Cure 81							5.29					
		Sugardale			2.99									
	Garlands Food Fair	Cook's				1.99	1.99							
	H-E-B	Smithfield				1.67	1.57							

			Spiral C	ut Hams	Pono	in/Semi-Be	analass		Boneless		Smoked	Ham	C	
State	Supermarket	Label	Bon	e-in	Bolle-	III/SeIIII-D	Jileless		Doneiess	1	Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in] ''a'''	
TX	Homeland Stores	Cook's					\$15 off							w/ \$300 accumulated prchse
(cont)		Cook's				1.99	1.79					3.49		
		Hormel	2.49	2.49	2.49									
		Hormel Cure 81						5.39	5.39					
	Kroger Southwest	Kroger	1.69					3.49						w/ \$10 purchase & card; limit 2
		Cook's					1.49							w/ \$10 purchase & card; limit 2
		Private Selection	2.99											
	La Fiesta	Cook's		2.99		1.99	1.99							
	Lawrence Bros.	Best Choice	1.99											
	Lowe's	Cook's				1.17	0.97							
		Smithfield	2.99											
		Farmland						2.25						
		Hormel	1.89	1.89										
		Hormel Cure 81						4.99	4.99					
	Market Basket	Cook's					1.47							w/ \$20 purchase; limit 1
		Cook's		2.99										
	Market Place	Cook's				1.68	1.48							w/ \$25 purchase; limit 2
		Hormel Cure 81	1.98	1.98										w/ \$25 purchase; limit 2
		Hormel Cure 81	2.48											
		CB Old Country		3.88										
	Market Square	Cook's				1.39	1.19							
		Hormel	1.88											
		Hormel Cure 81						4.59	4.59	5.19				
	Minyard's	Cook's	3.28	3.28	2.69	2.08	1.88							
		Hormel Cure 81						4.99	4.99					
	Randall/TomThumb	Hormel Cure 81							4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							limit 1
		Smithfield		3.99										
	Rehkopf's	Cook's			1.79	1.79	1.59							
		Best Choice		2.49										
	Save-a-Lot	n/i				1.49	1.29					2.49		
	Sprout's Market	Old Tyme Butcher	2.49											
	Super 1 Foods	Cook's			1.37	1.57	1.37							
		Hormel	1.97											
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											

State	Supermarket	Label	-	ut Hams ne-in	Bone-	in/Semi-B	oneless		Boneless	•	Smoked Picnic	Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
TX	The United Family	Cook's					0.97							
(cont)		Hormel Cure 81	2.39											
		Wright			2.49									
	Trader Joe's	Trader Joe's	4.99											ABF
	Vista Market	John Morrell	2.69					3.99						
		Cook's				1.49	1.29							
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods SW	n/i	6.49											
UT	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99											limit 1
		Hormel		2.99										
		n/i				1.69	1.29							
	Albertsons SW	Cook's	1.77				1.67					2.99		limit 1
	Associated Food	Western Family				1.99	1.79	4.49						
		John Morrell		2.49				3.49	3.49					
		Farmland						1.99						
		n/i	1.99		1.69									
		Cook's				1.99	1.79							
		Hormel Cure 81						4.49	4.49					
	Harmon's	Harmon's	1.99											limit 2
		Hormel Cure 81	3.49											
	King Soopers	Cook's				1.49	1.49							w/ store card; limit 2
		Kroger	1.99											
		Private Selection	2.49											
	Ream's	Sugardale	2.99									2.99		
		Western Family						4.89						
		John Morrell				2.89		3.99						
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Sprout's Market	Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF

Christmas/Hannukah 2014 CURED PORK

Spiral Cut Hams Smoked Ham Bone-in/Semi-Boneless **Boneless** Country State Supermarket Label Bone-in **Picnic** Steak Conditions Ham Whole Half Whole Butt Shank Whole Half 1/4 bone-in bone-in Walmart Sam's Choice UT 2.18 (cont) Smithfield 3.28 3.98 n/i 1.78 n/i Whole Foods Mntn 4.99

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
OUTH	HWESTERN U.S CA,H	II,NV			,		•							•
:A	Albertsons SthCal	Cook's		2.79	1.99	2.49						3.99		
		Farmer John		3.29		2.79								
		Hormel Cure 81		3.49										
		Hickory Hills		4.99										
	Big Saver	Farmer John				1.99	1.99							
	Bristol Farms	DaBecca	4.99											
	Dollar General Market	Smithfield		2.25										limit 1
	Food 4 Less	Farmer John			1.98	1.98	1.98							
	Fresh & Easy	Fresh & Easy	2.99											
	Holiday Market	Cook's	2.99											w/ store card
	,	Cook's	3.99											w/o store card
	Jon's Market	Hormel Cure 81	3.49											
	Lucky	Cook's	2.49			2.49	2.49							
		Hormel Cure 81	2.49											
	Lunardi's	Lunardi's	4.69					5.99						
	Mar-Val Stores	Cook's		2.99										
		Mar-Val				3.99								
	Mollie Stone	Mollie Stone			5.99			5.99						
		Dietz & Watson	5.99											
	Northgate	Farmer John						2.99	2.99					
	Pavilion/Vons	Cook's		3.99										
		Farmer John				1.89	1.89							limit 1
		Hormel Cure 81							4.99					
		Safeway Select		2.99										
		Safeway		1.99										
	Raley's	n/i				2.29	1.99							
	,	Raley's		2.49				4.99						
	Ralph's	Farmer John				0.88	0.88							limit 1
		Private Selection	1.99											w/ store card; limit 2
	Ray's Food Place	Cook's	2.99											
		Ohse	BOGO											
		n/i					1.79							
	Rio Ranch	Farmer John				2.49								

State	Supermarket	Label		ut Hams ne-in	Bone-i	in/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
CA	Safeway NCal	Ashley Farms		3.99										
(cont)		Hormel Cure 81							4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							limit 1
	Save-a-Lot	n/i					1.29					2.49		
	Save Mart	Cook's	2.49											
		Hormel Cure 81	2.49											
		Farmer John			2.49									
		John Morrell						3.79						
	Smart & Final	Sugardale	1.79	1.79										w/ \$25 purchase; limit 1
	Sprout's Market	Old Tyme Butcher	2.49											
	Stater Bros.	Smithfield				1.19								w/ \$25 purchase; limit 1
		Kruse				1.19								w/ \$25 purchase; limit 1
		Smithfield	1.99											
		Heartland	1.99											
	Super A Foods	Farmer John			2.49									
	'	Hormel			2.49									
	Target	Archer Farms		1.99										
	The Fresh Market	n/i	3.49											
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NCA	Wellshire Farms						7.69	7.99					spiral-cut; silver label
		Wellshire Farms							4.99					spiral-cut; red label
		Wellshire Farms				5.99			6.99					gold label
		Wellshire Farms				6.99								Virginia Brand
		Wellshire Farms							6.69					
	Whole Foods SPac	American Homestead	6.99											ABF
		Pederson's	5.99					7.99						ABF
		Wellshire Farms	6.59											ABF
		n/i			9.99	9.99								ABF
HI	Don Quijote	Farmer John	2.99		2.29	2.39	2.39				1			
	Foodland	Farmer John		2.99	2.69		2.29							
	KTA Super Stores	Farmer John			2.49	2.29	2.29							
	Safeway NCal	Ashley Farms		3.99										
	1	Hormel Cure 81							4.99					

			Spiral C	ut Hams	Pone i	n/Semi-B	onologo		Boneless		Smoked	Ham	Country	
State	Supermarket	Label	Bor	ne-in	Bone-i	II/SeIIII-D	Ulleless		Dolleless	1	Picnic	Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in] ''	
HI	Safeway NCal	Safeway Select		2.99					3.99					
(cont)	(continued)	Safeway		1.99		1.89	1.89							limit 1
	Target	Archer Farms		1.99										
	Times/Big Save	Farmer John	2.39			2.59	2.39							
		Sunny Valley				1.79	1.59							
	Trader Joe's	Trader Joe's	4.99											ABF
	Whole Foods SPac	American Homestead	6.99											ABF
		Pederson's	5.99					7.99						ABF
		Wellshire Farms	6.59											ABF
		n/i			9.99	9.99								ABF
NV	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99											limit 1
		Hormel		2.99										
		n/i				1.69	1.29							
	Albertsons SW	Cook's	1.77				1.67					2.99		limit 1
	Associated Food	Western Family				1.99	1.79	4.49						
		John Morrell		2.49				3.49	3.49					
		Farmland						1.99						
		n/i	1.99		1.69									
		Cook's				1.99	1.79							
		Hormel Cure 81						4.49	4.49					
	Dollar General Market	Smithfield		2.25										limit 1
	Food 4 Less	Farmer John			1.98	1.98	1.98							
	Fresh & Easy	Fresh & Easy	2.99											
	Pavilion/Vons	Cook's		3.99										
		Farmer John				1.89	1.89							limit 1
		Hormel Cure 81							4.99					
		Safeway Select		2.99										
		Safeway		1.99										
	Raley's	n/i				2.29	1.99							
		Raley's		2.49				4.99						
	Ralph's	Farmer John				0.88	0.88							limit 1
		Private Selection	1.99			00	2.00							w/ store card; limit 2
	Safeway NCal	Ashley Farms		3.99										
		Hormel Cure 81		2.00					4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89		0.00					limit 1

				ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Smoked	Ham	Country	
State	Supermarket	Label		ne-in							Picnic	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in		
NV	Scolari's	Hormel		2.59										
(cont)	Smart & Final	Sugardale	1.79	1.79										w/ \$25 purchase; limit 1
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Sprout's Market	Old Tyme Butcher	2.49											
	Target	Archer Farms		1.99										
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NCA	Wellshire Farms						7.69	7.99					spiral-cut; silver label
		Wellshire Farms							4.99					spiral-cut; red label
		Wellshire Farms				5.99			6.99					gold label
		Wellshire Farms				6.99								Virginia Brand
		Wellshire Farms							6.69					
	Whole Foods SPac	American Homestead	6.99											ABF
		Pederson's	5.99					7.99						ABF
		Wellshire Farms	6.59											ABF
		n/i			9.99	9.99								ABF

State	Supermarket	Label	Spiral Cut Hams Bone-in		Bone-in/Semi-Boneless			Boneless			Smoked Picnic		Country	' I Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
NORT	HWESTERN U.S AK,II	D,MT,OR,WA,WY	<u>.</u>											
AK	AC Value Center	Hormel		4.48										
		Farm Fresh		3.58		2.68	2.68		3.98					
	Alaskan & Proud	n/i	1.98			1.68	1.68							
	Carrs/Safeway NW	Cook's		4.49										
		Hormel Cure 81							5.99					
		Safeway Select		3.49					4.99					
		Safeway		2.49		2.29	2.29							limit 1
	Fred Meyer	F. G Meyer	save \$10											limit 1 w. coupon
		Private Selection	3.98											
		Kroger	2.98											
	IGA Hometown Proud	Farm Fresh		2.89			2.19		3.99	4.79				
		Hormel Cure 81						4.69	4.69					
	Juneau Foodland	Farm Fresh		2.89			2.19		3.99	4.79				
		Hormel Cure 81						4.69	4.69					
	Omni	Cook's	4.79		2.99	3.79								
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
ID	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99											limit 1
		Hormel		2.99										
		n/i				1.69	1.29							
	Albertsons NW	Cook's	1.97											
	Associated Food	Western Family				1.99	1.79	4.49						
		John Morrell		2.49				3.49	3.49					
		Farmland						1.99						
		n/i	1.99		1.69									
		Cook's				1.99	1.79							
		Hormel Cure 81						4.49	4.49					
	Family Foods	Kretschmar								3.98				
		Cook's	2.48											
		Longhorn						3.98						
	Fred Meyer	F. G Meyer	save \$10											limit 1 w. coupon
		Private Selection	3.98											
		Kroger	2.98											

State	Supermarket				Smoked Picnic	Ham Steak	Country Ham	Conditions						
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
ID	Harvest Foods	John Morrell	2.48											
(cont)		Maple River						2.98	3.29					
	IGA Markets	Farm Fresh		2.69			1.89		3.69	4.59				
		Hormel Cure 81							4.49					
	Paul's Market	n/i	1.48			1.99	1.79							w/ store card
		n/i	1.88			2.39	2.19							w/o store card
	Rosauer's	John Morrell		2.69				3.69						
		Kretschmar						3.69						
		Longhorn		2.79										
		Cook's				2.19	1.89					2.99		
		Maple River						2.89						
		Hempler's							4.99					
	Safeway NW	Cook's		3.99										
	ĺ	Hormel Cure 81							4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							limit 1
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Super 1 Foods	OhSe		1.98										
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											[· · · ·
		Smithfield	3.28							3.98				
		n/i	0.20				1.78			0.00				
	Whole Foods Mntn	n/i	4.99											
	Yoke's Fresh Market	Longhorn	2.89											w/ store card; local
	. S. CO T TOOM WIGHTOU	Longhorn	3.99											w/o store card; local
		Kretschmar	0.00						3.79	3.79				We store sara, local
		John Morrell	2.49						3.79	3.79				
MT	Albertson's Mtn	Albertson's	2.70					3.99	0.70	5.75				
	, abortoon o with	Cook's	1.99					0.00						limit 1
		Hormel	1.33	2.99										
		n/i		2.33		1.69	1.29							
	Associated Food	Western Family				1.99	1.79	4.49						
	Associated Food	John Morrell		2.49		1.55	1.79	3.49	3.49					
		Farmland		2.49				1.99	3.49					
			1.00		1.60			1.99						
		n/i	1.99		1.69]					

State	Supermarket	Label		ut Hams ie-in	Bone-	in/Semi-B	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
MT	Associated Food	Cook's				1.99	1.79							
(cont)	(continued)	Hormel Cure 81						4.49	4.49					
	Family Foods	Kretschmar								3.98				
		Cook's	2.48											
		Longhorn						3.98						
	Harvest Foods	John Morrell	2.48											
		Maple River						2.98	3.29					
	IGA Markets	Farm Fresh		2.69			1.89		3.69	4.59				
		Hormel Cure 81							4.49					
	Reynold's	n/i	1.79				1.99							
		John Morrell	2.79											
		Hormel Cure 81						4.49	4.49					
		Cloverdale							4.99					
		Dubuque	1.79											
		Cook's				1.99	1.99							
	Rosauer's	John Morrell		2.69				3.69						
		Kretschmar		2.00				3.69						
		Longhorn		2.79				0.00						
		Cook's		2.70		2.19	1.89					2.99		
		Maple River				2.10	1.00	2.89				2.00		
		Hempler's						2.00	4.99					
	Safeway NW	Cook's		3.99					4.00					
	Careway 1444	Hormel Cure 81		0.55					4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89		0.55					limit 1
	Smith's	Cook's		1.33		1.79	1.59							
	Simurs	John Morrell	1.99			1.75	1.55							limit 2
	Super 1 Foods	OhSe	1.33	1.98										Z
	Target	Archer Farms		1.98										
	Three Bears	Sunny Valley		1.55		2.09	2.09							
		Sam's Choice	2.10			2.09	2.09							
	Walmart		2.18							3.98				
		Smithfield n/i	3.28				1.78			3.98				
OR	Albertsons NW	Cook's	1.97				1./0							
UK		Kretschmar	1.97							2.00				
	Family Foods		0.40							3.98				
		Cook's	2.48					2.00						
	1	Longhorn					1	3.98]					

State	Supermarket	Label	Spiral C Bon		Bone-i	n/Semi-Be	oneless		Boneless		Smoked Picnic	Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Паш	
OR	Fred Meyer	F. G Meyer	save \$10											limit 1 w. coupon
(cont)		Private Selection	3.98											
		Kroger	2.98											
	Haggen/TOP Food	Cook's		2.49										w/ store card
		Cook's		3.99										w/o store card
		Hempler's		4.99										w/ store card; local
		Hempler's		5.99										w/o store card; local
	Harvest Foods	John Morrell	2.48											
		Maple River						2.98	3.29					
	IGA Markets	Farm Fresh		2.69			1.89		3.69	4.59				
		Hormel Cure 81							4.49					
	IGA Market Fresh	Cook's		2.49		1.99	1.79							w/ store card
		Cook's		3.99		2.19	1.99							w/o store card
	Market of Choice	OHSE		2.49										
		Beeler's		5.99										
	McKay's	Western Family							4.79					
	,	Cook's		2.49										
		Kentucky Legend								4.89				
	New Seasons	New Seasons Mrkt	4.59	4.99	3.59	3.99		5.99	5.99					
	QFC	Hormel Cure 81		1.99										limit 2
		Private Selection		2.79										
	Ray's Food Place	Cook's	2.99											
	•	Ohse	BOGO											
		n/i					1.79							
	Red Apple/Thriftway	John Morrell		2.49										
		Cook's				1.99	1.99							
		Hempler's			3.99	3.99								local
	Rosauer's	John Morrell		2.69				3.69						
		Kretschmar						3.69						
		Longhorn		2.79										
		Cook's				2.19	1.89					2.99		
		Maple River						2.89						
		Hempler's							4.99					
	Roth's	Cook's		2.49		2.39	2.18							limit 2
		Hempler's							4.99					local
		Falls Brand									2.49			
		Beeler's	5.99					5.99						nitrate-free

State	Supermarket	Label	Spiral Co		I Bone-in/Semi-Boneless I Boneless			Smoked Picnic	Ham Steak	Country	Conditions			
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
OR	Safeway NW	Cook's		3.99										
(cont)		Hormel Cure 81							4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							limit 1
	Target	Archer Farms		1.99										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NW	Wellshire Farms	6.99	7.99										ABF
WA	Albertsons NW	Cook's	1.97											
	Family Foods	Kretschmar								3.98				
		Cook's	2.48											
		Longhorn						3.98						
	Fred Meyer	F. G Meyer	save \$10											limit 1 w. coupon
		Private Selection	3.98											
		Kroger	2.98											
	Haggen/TOP Food	Cook's		2.49										w/ store card
		Cook's		3.99										w/o store card
		Hempler's		4.99										w/ store card; local
		Hempler's		5.99										w/o store card; local
	Harvest Foods	John Morrell	2.48											
		Maple River						2.98	3.29					
	IGA Markets	Farm Fresh		2.69			1.89		3.69	4.59				
		Hormel Cure 81							4.49					
	IGA Market Fresh	Cook's		2.49		1.99	1.79							w/ store card
		Cook's		3.99		2.19	1.99							w/o store card
	Metropolitan	Kentucky Legend						4.99						
		Hempler's						5.99						locally grown
		Kurabuta						6.99				5.99		
	Meyers Group IGA	Farm Fresh		2.69			1.99		3.69					
		Hormel Cure 81						4.49	4.49					
	New Seasons	New Seasons Mrkt	4.59	4.99	3.59	3.99		5.99	5.99					
	QFC	Hormel Cure 81		1.99										limit 2
		Private Selection		2.79										

State	Supermarket	Label	Spiral Co		Bone-i	n/Semi-Bo	oneless		Boneless		Smoked Picnic	Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
WA	Red Apple/Thriftway	John Morrell		2.49										
(cont)		Cook's				1.99	1.99							
		Hempler's			3.99	3.99								local
	Rosauer's	John Morrell		2.69				3.69						
		Kretschmar						3.69						
		Longhorn		2.79										
		Cook's				2.19	1.89					2.99		
		Maple River						2.89						
		Hempler's							4.99					
	Saar's	Sugardale				1.99	1.99							
	Safeway NW	Cook's		3.99										
		Hormel Cure 81							4.99					
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							limit 1
	Save-a-Lot	n/i					1.29					2.49		
	Super 1 Foods	OhSe		1.98										
	Target	Archer Farms		1.99										
	The Markets	Sunny Valley		1.98										limit 1
		Hempler's		4.98	4.88	4.88								local
	Town & Country	Hempler's		3.98										
	Trader Joe's	Trader Joe's	4.99											ABF
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							
	Whole Foods NW	Wellshire Farms	6.99	7.99										ABF
	Yoke's Fresh Market	Longhorn	2.89											w/ store card; local
		Longhorn	3.99											w/o store card; local
		Kretschmar							3.79	3.79				
		John Morrell	2.49						3.79	3.79				
WY	Affiliated Foods MW	Cook's				1.98	1.88							
		Hormel Cure 81	2.18	2.49										
		John Morrell				2.89								
		Farmland						3.29	3.39					
	Albertson's Mtn	Albertson's						3.99						
		Cook's	1.99											limit 1
		Hormel		2.99										
		n/i				1.69	1.29							

State	Supermarket	Label	Spiral Cut Hams Label Bone-in Bone-in/Semi-Boneless Boneless			Smoked Picnic	Ham Steak	Country	Conditions					
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	bone-in	Ham	
WY	Associated Food	Western Family				1.99	1.79	4.49						
(cont)		John Morrell		2.49				3.49	3.49					
		Farmland						1.99						
		n/i	1.99		1.69									
		Cook's				1.99	1.79							
		Hormel Cure 81						4.49	4.49					
	IGA Markets	Farm Fresh		2.69			1.89		3.69	4.59				
		Hormel Cure 81							4.49					
	King Soopers	Cook's				1.49	1.49							w/ store card; limit 2
		Kroger	1.99											
		Private Selection	2.49											
	Safeway Denver	Cook's		3.99										
		Safeway Select		2.99					3.99					
		Safeway		1.99		1.89	1.89							
		Hormel Cure 81							4.99					
	Smith's	Cook's				1.79	1.59							
		John Morrell	1.99											limit 2
	Walmart	Sam's Choice	2.18											
		Smithfield	3.28							3.98				
		n/i					1.78							