tate	Supermarket	Label	Spiral Co Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
tate	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
RTH	HEASTERN U.S CT.F	DC,DE,MA,MD,ME,NH,NJ			***************************************	Dan	Ondrik	***************************************	Hall	.,,	20110 111		!
	A&P Stores	Smithfield	0.99				0.89						w/ \$25 purchase; limit 1
•	rial Ciolos	Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99				1.20						w/ store card
		America's Choice	2.99										w/ store card
	Adams IGA	Jamestown	1.79										w/ store card
	ridamo iori	Jamestown	3.08										w/o store card
		Alexander/Hornung	3.00		1.99	1.59	1.49						W/O Store card
		Triple M	2.99		1.55	1.55	1.43						
		Carando	2.55	2.99									
	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89	1.00		1.15	0.55	2.00	2.55		3.43		
	ALDI	Appleton Farms	1.05	1.69		1.19	0.99						
	Big Y	Cook's		1.00		1.18	0.88						
	Dig 1	Big Y		1.79	1.98	1.10	0.00		BOGO				
		Carando	2.69	1.73	1.50				ВООО				
		Hatfield	2.00					2.69					
		Hormel Cure 81						4.49	4.49				
	Bravo	Cook's	2.69			1.19	0.99	4.40	7.40				
	Compare Foods	Cook's	2.00			1.79	1.59						
	C-Town	Cook's	2.69			1.19	0.99						
	Food Bazaar	Cook's				1.69	1.49				3.49		
	. 000 20200.	Smithfield	2.49								0.10		
	Geissler's	Alexander/Hornung		1.99		1.99	1.99						
	0.00.00.0	Carando		2.39									
		Triple M		2.00	2.49								
	Pioneer	Cook's	2.49			1.59	1.39						
	Price Chopper	Alexander/Hornung			2.29	2.49	2.49						
		Hormel Cure 81	2.99					4.29	4.49				
		Hillshire Farm	3.49										
		Carando	2.99										
		Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						
	Save-a-Lot	Sugardale				1.29	1.19				2.49		
	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and ca
	- r	Cook's	2.78			1.89	1.79						additional quantities

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
СТ	Stop & Shop	Stop & Shop	1.29	1.29	1111010	24.1	- Criaini			., .	20.10 11.		w/ \$25 purchase; card; limit 1
(cont)	' '	Stop & Shop				1.39	1.19						
` ,		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	The Fresh Market	no label	2.99										
	Whole Foods	Wellshire	6.99										
		Niman Ranch						7.99					ABF
DC	ALDI	Specially Selected	1.89										
		Appleton Farms				1.19	0.99						
	Giant of Maryland	Giant	1.49	1.49									w/ \$25 purchase; card; limit 1
		Giant	3.49	3.49									additional quantities
		Giant				1.39	1.19						·
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Harris Teeter	Harris Teeter		1.69									w/ store card; limit 2
		Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81							4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49									w/ store card
		Smithfield		4.49									w/o store card
	Safeway	Safeway Select		1.99									w/ store card
		Safeway		1.69		1.39	1.19		3.49				w/ store card
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	Niman Ranch	6.99										ABF
		Wellshire	6.99										ABF
DE	A&P Stores	Smithfield	0.99				0.89				1		w/ \$25 purchase; limit 1
		Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99										w/ store card
		America's Choice	2.99										w/ store card

State	Supermarket	Label		ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
DE	ACME	Cook's				1.18	0.88						limit 1
(cont)		Lancaster Brand	1.98										
		Dietz and Watson	1.98										
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Fresh Grocer	Cook's				0.98	0.88						w/ \$50 purchase; limit 1
		Cook's	1.99										
		Hatfield						3.29					
	Giant of Maryland	Giant	1.49	1.49									w/ \$25 purchase; card; limit 1
		Giant	3.49	3.49									additional quantities
		Giant				1.39	1.19						•
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Harris Teeter	Harris Teeter		1.69									w/ store card; limit 2
		Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81							4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49									w/ store card
		Smithfield		4.49									w/o store card
	Pathmark	Smithfield	1.48				0.78						w/ \$25 purchase; limit 1
		Smithfield	1.98				1.28						additional quantities
		America's Choice	2.98										w/ store card
		Smokehouse						3.98					w/ store card
	Redner's	Redner's						1.68					w/ store card
		Redner's						2.58					w/o store card
		Hormel		1.88									w/ store card
		Hormel		2.98									w/o store card
		Cook's					0.98						
		Berk's						2.78					
		Hatfield						2.78					
		Leidy's						2.78					
		Kunzler						2.78					

State	Supermarket	Label	Spiral Co		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Otate	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
DE	Safeway	Safeway Select		1.99									w/ store card
(cont)		Safeway		1.69		1.39	1.19		3.49				w/ store card
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and card
		Cook's	2.78			1.89	1.79						additional quantities
	Shurfine	Shurfine		1.49		1.69	1.49	1.99					w/ store card
		Hatfield		2.99				2.88			2.99		w/ store card
		Kunzler						2.88					w/ store card
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
MA	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Big Y	Cook's				1.18	0.88						
		Big Y		1.79	1.98				BOGO				
		Carando	2.69										
		Hatfield						2.69					
		Hormel Cure 81						4.49	4.49				
	Crosby's	Carando		2.29									
		Vermont							6.99				
	Donelan's	Carando		1.99									
		Triple M							2.99		4.99		
	Hannaford	My Essentials		1.69		0.99	0.79						w/ store card
		My Essentials				1.59	1.39						w/o store card
		Carando		1.99									
		Sugardale				1.39	1.19						
		Kentucky Legend							3.69				
		Hormel Cure 81						3.79	3.79				
		Hormel		1.99									
	Market Basket	Sugardale				1.09	0.99				3.29		w/ store card
		Sugardale				1.49	1.39				3.49		w/o store card
		Smithfield				1.09	0.99				3.29		w/ store card
		Smithfield				1.49	1.39				3.49		w/o store card
		Market Basket		1.89					2.29				w/ store card
		Market Basket		2.29					2.99				w/o store card

State	Supermarket	Label	_	ut Hams ne-in	Bone	-in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
MA	Market Basket	Carando	1	1.99			- Criaint	*******		.,.	300		w/ store card
(cont)	(continued)	Carando		2.39									w/o store card
		Glen Rock							2.29				w/ store card
		Glen Rock							2.99				w/o store card
		Hatfield								2.99			w/ store card
		Hatfield								3.29			w/o store card
	NSA Supermarkets	Cook's				1.49	1.29						
		Sugardale				1.49	1.29						
	Price Chopper	Alexander/Hornung			2.29	2.49	2.49						
		Hormel Cure 81	2.99					4.29	4.49				
		Hillshire Farm	3.49										
		Carando	2.99										
		Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						
	Roche Bros.	Vermont						6.99					
		Triple M						3.99					
		Carando		2.99									
		Cook's	1.49			1.69	1.49						
		Kentucky Legend						3.99					
		Roche Bros.	2.49	5.99									
		Alexander/Hornung			2.49								
	Shaw's/Star	Hormel Cure 81		1.29									
		Cook's					0.99				2.99		
		Kentucky Legend								3.99			
	Stop & Shop	Stop & Shop	1.29	1.29									w/ \$25 purchase; card; limit 1
		Stop & Shop				1.39	1.19						
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	The Fresh Market	no label	2.99										
	Trucchi's	Cook's		1.69		1.39	1.09				3.99		
		Carando		1.99									
		Triple M			2.99				3.99				
		Hormel Cure 81							3.99				
		Morrell						4.49					
		Hillshire Farm			2.99								

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
MA	Target	Archer Farms	1.99				3		1.00.1	., .	20		limit 2
	Walmart	Sam's Choice	1.98										
,		Cook's				1.78	1.78						
MD	A&P Stores	Smithfield	0.99				0.89						w/ \$25 purchase; limit 1
		Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99										w/ store card
		America's Choice	2.99										w/ store card
	ACME	Cook's				1.18	0.88						limit 1
		Lancaster Brand	1.98										
		Dietz and Watson	1.98										
	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Giant of Maryland	Giant	1.49	1.49									w/ \$25 purchase; card; limit 1
		Giant	3.49	3.49									additional quantities
		Giant				1.39	1.19						
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Giant Eagle	Giant Eagle	1.99	2.99	1.19			3.99	4.29				
		Sugardale		2.99	1.39			2.79	3.19	3.39			
		Hillshire Farm		3.39									
		Market District			3.59	3.59							
	Giant Food	Giant	1.49	1.49									w/ \$25 purchase & card; limit 1
		Giant				1.39	1.19						w/ store card
		Giant				2.09	1.89						w/o store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
		Hatfield						2.99					w/ store card
		Berk's						2.99					w/ store card
		Kunzler						2.99					w/ store card
	Graul's	Smithfield	2.49		1.99	1.99							
		Kunzler						2.99	2.99				

State	Supermarket	Label	-	ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
ļ	o apormanos		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	00.14.110.110
MD	GreatVALU	Jerry's						2.89	2.89				
(cont)		Sugardale			2.39	1.29	1.09						
` '		Smithfield		1.99									
ļ		Berk's						2.99					
ļ		Hatfield						2.99					
ļ		Kunzler						2.99					
ļ	Harris Teeter	Harris Teeter		1.69									w/ store card; limit 2
ļ		Harris Teeter		3.29									w/o store card
ļ		HT Traders		2.29									w/ store card
ļ		HT Traders		3.99									w/o store card
ļ		Hormel Cure 81							4.99				w/ store card
ļ		Hormel Cure 81							6.99				w/o store card
ļ		Smithfield		3.49									w/ store card
ļ		Smithfield		4.49									w/o store card
ļ	Mars	Sugardale		1.99		1.49	1.29				2.99		
ļ		Hatfield		1.99				2.49					
ļ	Redner's	Redner's						1.68					w/ store card
ļ		Redner's						2.58					w/o store card
ļ		Hormel		1.88									w/ store card
ļ		Hormel		2.98									w/o store card
ļ		Cook's					0.98						
ļ		Berk's						2.78					
ļ		Hatfield						2.78					
ļ		Leidy's						2.78					
ļ		Kunzler						2.78					
ļ	Safeway	Safeway Select		1.99									w/ store card
ļ		Safeway		1.69		1.39	1.19		3.49				w/ store card
ļ	Save-a-Lot	Sugardale				1.29	1.09				2.49		
ļ	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and card
ļ		Cook's	2.78			1.89	1.79						additional quantities
ļ	Shopper's	Gwaltney		1.48		1.08	0.98						
ļ		Smithfield		1.88		1.38	1.28				3.48		
ļ		Smithfield Premium		2.49							3.49		
ļ	Shurfine	Shurfine		1.49		1.69	1.49	1.99					w/ store card
ļ		Hatfield		2.99				2.88			2.99		w/ store card
ļ		Kunzler						2.88					w/ store card

State	Supermarket	Label		ut Hams ne-in	Bone	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
MD	Stop Shop Save	Sugardale				0.98	0.98						w/ \$50 purchase; limit 1
(cont)		Smithfield	1.77										
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wegman's	Wegman's		1.79									w/ \$25 purchase;coupon;lmt 1
		Wegman's							3.99				
		Wegman's Signature		5.99									
	Weis	no label				1.69	1.49						w/ store card
		Smithfield	2.69										w/ store card
		Berk's						3.29					w/ store card
		Hatfield						3.29					w/ store card
		Kunzler						3.29					w/ store card
		Smokehouse						2.89					
		John F. Martin						1.98	2.99	2.99			
		Weis	1.48						2.99	2.99			
ME	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Hannaford	My Essentials		1.69		0.99	0.79						w/ store card
		My Essentials				1.59	1.39						w/o store card
		Carando		1.99									
		Sugardale				1.39	1.19						
		Kentucky Legend							3.69				
		Hormel Cure 81						3.79	3.79				
		Hormel		1.99									
	Market Basket	Sugardale				1.09	0.99				3.29		w/ store card
		Sugardale				1.49	1.39				3.49		w/o store card
		Smithfield				1.09	0.99				3.29		w/ store card
		Smithfield				1.49	1.39				3.49		w/o store card
		Market Basket		1.89					2.29				w/ store card
		Market Basket		2.29					2.99				w/o store card
		Carando		1.99									w/ store card
		Carando		2.39									w/o store card

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Otate	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
ИE	Market Basket	Glen Rock							2.29				w/ store card
	(continued)	Glen Rock							2.99				w/o store card
,	,	Hatfield								2.99			w/ store card
		Hatfield								3.29			w/o store card
	Save-a-Lot	Sugardale				1.39	1.09				2.49		
	Shaw's	Hormel Cure 81		1.29									
		Cook's					0.99				2.99		
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
IH	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
		, approxime anno					0.00						
	Hannaford	My Essentials		1.69		0.99	0.79						w/ store card
		My Essentials				1.59	1.39						w/o store card
		Carando		1.99									
		Sugardale				1.39	1.19						
		Kentucky Legend							3.69				
		Hormel Cure 81						3.79	3.79				
		Hormel		1.99									
	Market Basket	Sugardale				1.09	0.99				3.29		w/ store card
		Sugardale				1.49	1.39				3.49		w/o store card
		Smithfield				1.09	0.99				3.29		w/ store card
		Smithfield				1.49	1.39				3.49		w/o store card
		Market Basket		1.89					2.29				w/ store card
		Market Basket		2.29					2.99				w/o store card
		Carando		1.99									w/ store card
		Carando		2.39									w/o store card
		Glen Rock							2.29				w/ store card
		Glen Rock							2.99				w/o store card
		Hatfield								2.99			w/ store card
		Hatfield								3.29			w/o store card
	Price Chopper	Alexander/Hornung			2.29	2.49	2.49						
		Hormel Cure 81	2.99					4.29	4.49				
		Hillshire Farm	3.49					0					
			0.40										

State	Supermarket	Label	_	ut Hams ne-in	Bone	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
Otate	Cupermarket	Laber	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Oonanions
NH	Price Chopper	Carando	2.99										
	(continued)	Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						
	Save-a-Lot	Sugardale				1.39	1.09				2.49		
	Shaw's	Hormel Cure 81		1.29									
		Cook's					0.99				2.99		
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
NJ	A&P Stores	Smithfield	0.99				0.89						w/ \$25 purchase; limit 1
		Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99										w/ store card
		America's Choice	2.99										w/ store card
	ACME	Cook's				1.18	0.88						limit 1
		Lancaster Brand	1.98										
		Dietz and Watson	1.98										
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Associated	Cook's				1.79	1.59						
	Bottom Dollar	My Essentials				0.77	0.67						w/ store card limit 2
		Smithfield	1.47										w/ store card limit 2
	Bravo	Cook's	2.69			1.19	0.99						
	C-Town	Cook's	2.69			1.19	0.99						
	Fine Fare	Cook's	2.59			1.49	1.39				3.99		
		Hatfield								3.99			
	Food Basics	Smithfield	1.38				0.68						w/ \$25 purchase;coupon;lmt 1
		Smithfield	1.98				1.28						additional quantities
		Smithfield									3.18		
	Food Bazaar	Cook's				1.69	1.49				3.49		
		Smithfield	2.49										
	Foodtown	Cook's	1.99				1.29						
	Fresh Grocer	Cook's				0.98	0.88						w/ \$50 purchase; limit 1
		Cook's	1.99										
		Hatfield						3.29					

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
NJ	GreatVALU	Jerry's						2.89	2.89				
(cont)		Sugardale			2.39	1.29	1.09						
		Smithfield		1.99									
		Berk's						2.99					
		Hatfield						2.99					
		Kunzler						2.99					
	Hurley's IGA	Cook's		1.99									
		Alexander/Hornung		1.99		1.49	1.29		2.69		3.69		
	Key Food	Carando		2.99									
		Cook's				1.49	1.29				3.99		
		Hillshire Farm	2.99										
	King's	King's	3.49		2.99			3.99					local
		Carando	2.99										
		McKenzie of VT	4.99										
	Met Foods	Cook's					0.99						w/ \$100 purchase; limit 1
		Hatfield	2.49						2.99				
	Morton Williams	Smithfield		2.99									
	Murphy's	Sugardale				1.49	1.29						w/ store card
		Sugardale				2.19	1.99						w/o store card
	Pathmark	Smithfield	1.48				0.78						w/ \$25 purchase; limit 1
		Smithfield	1.98				1.28						additional quantities
		America's Choice	2.98										w/ store card
		Smokehouse						3.98					w/ store card
	Pioneer	Cook's	2.49			1.59	1.39						
	Save-a-Lot	Sugardale				1.29	0.99				2.49		
	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and card
		Cook's	2.78			1.89	1.79						additional quantities
	Stop & Shop	Stop & Shop	1.29	1.29									w/ \$25 purchase; card; limit 1
		Stop & Shop				1.39	1.19						
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	The Fresh Market	no label	2.99										
	Thriftway	Berks						1.99					w/ \$15 purchase; card; limit 1
		Berks						2.99					additional quantities
		Hatfield						1.99					w/ \$15 purchase; card; limit 1
		Hatfield						2.99					additional quantities
		Hatfield		1.79									

			Spiral C	ut Hams	Pone	·in/Semi-Bo	noloco		Panalass		Ham	C	
State	Supermarket	Label	Bon	ne-in	Bone	·III/SeIIII-BC	neiess		Boneless		Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	114111	
NJ	Target	Archer Farms	1.99										limit 2
(cont)	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wegman's	Wegman's		1.79									w/ \$25 purchase & card; limit 1
		Wegman's							3.99				
		Wegman's Signature		5.99									
	Weis	no label				1.69	1.49						w/ store card
		Smithfield	2.69										w/ store card
		Berk's						3.29					w/ store card
		Hatfield						3.29					w/ store card
		Kunzler						3.29					w/ store card
		Smokehouse						2.89					
		John F. Martin						1.98	2.99	2.99			
		Weis	1.48						2.99	2.99			
	Whole Foods	Wellshire	6.99										
		Niman Ranch						7.99					ABF
NY	A&P Stores	Smithfield	0.99				0.89						w/ \$25 purchase; limit 1
		Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99										w/ store card
		America's Choice	2.99										w/ store card
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Associated	Cook's				1.79	1.59						
	Best Yet	Sugardale	1.97			1.47	1.37						
	Big M	Sugardale	1.99			1.79	1.79						
		Superior						1.99	2.19				
		Hillshire Farm	2.99										
		Triple M							3.49				
	Bravo	Cook's	2.69			1.19	0.99						
	Compare Foods	Cook's				1.79	1.59						
	C-Town	Cook's	2.69			1.19	0.99						
	D'Agostino	Cook's	2.99										
	DeCiccio's	Cook's	2.69			1.89	1.79						
	Fairway	Hormel Cure 81	2.99										
	Fine Fare	Cook's	2.59			1.49	1.39				3.99		
		Hatfield								3.99			

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone	-in/Semi-Be	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
NY	Food Basics	Smithfield	1.38	Han	VVIIOIC	Butt	0.68	WHOIC	Tidii	17-4	DOILG III		w/ \$25 purchase; coupon; lmt 1
(cont)		Smithfield	1.98				1.28						additional quantities
(,		Smithfield									3.18		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	Food Bazaar	Cook's				1.69	1.49				3.49		
		Smithfield	2.49										
	Food Emporium	America's Choice	2.49										w/ store card
	Foodtown	Cook's	1.99				1.29						
	Great American	Sugardale		1.89		1.36	0.96				3.99		
		Alexander/Hornung				1.69	1.69	1.99	2.29				
	Gristede's	Hillshire Farm	3.99										
		Cook's					0.99						
	Hannaford	My Essentials		1.69		0.99	0.79						w/ store card
		My Essentials				1.59	1.39						w/o store card
		Carando		1.99									
		Sugardale				1.39	1.19						
		Kentucky Legend							3.69				
		Hormel Cure 81						3.79	3.79				
		Hormel		1.99									
	Key Food	Carando		2.99									
		Cook's				1.49	1.29				3.99		
		Hillshire Farm	2.99										
	King Kullen	Smithfield	1.99										
		no label				1.59	1.39						
	Met Foods	Cook's					0.99						w/ \$100 purchase; limit 1
		Hatfield	2.49						2.99				
	Metropolitan Market	Cook's	2.49				0.99						w/ \$100 purchase; limit 1
		Hatfield							2.99				
	Morton Williams	Smithfield		2.99									
	NSA Supermarkets	Cook's				1.49	1.29						
		Sugardale				1.49	1.29						
	Pathmark	Smithfield	1.48				0.78						w/ \$25 purchase; limit 1
		Smithfield	1.98				1.28						additional quantities
		America's Choice	2.98										w/ store card
		Smokehouse						3.98					w/ store card
	Pioneer	Cook's	2.49			1.59	1.39						

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
NY	Price Chopper	Alexander/Hornung	VVIIOIC	Hall	2.29	2.49	2.49	VVIIOIC	rian	17-7	DOITE III		
(cont)		Hormel Cure 81	2.99					4.29	4.49				
(')		Hillshire Farm	3.49										
		Carando	2.99										
		Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and card
		Cook's	2.78			1.89	1.79						additional quantities
	Stop & Shop	Stop & Shop	1.29	1.29									w/ \$25 purchase; card; limit 1
		Stop & Shop				1.39	1.19						
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Target	Archer Farms	1.99										limit 2
	The Fresh Market	no label	2.99										
	Tops	Smithfield	1.99		1.79	1.79							
	'	Tops						2.69	2.99				
		Tops Signature	3.29										
		Smithfield Premium	3.49										
		Sahlen						3.99	3.99				
		Smithfield	1.99					3.99	3.99				
	Trade Fair	Cook's					1.69						
	Uncle Giuseppe's	Hormel	3.99										
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wegman's	Wegman's		1.79									w/ \$25 purchase & card; limit 1
		Wegman's							3.99				
		Wegman's Signature		5.99									
	Weis	no label				1.69	1.49						w/ store card
		Smithfield	2.69										w/ store card
		Berk's						3.29					w/ store card
		Hatfield						3.29					w/ store card
		Kunzler						3.29					w/ store card
		Smokehouse						2.89					
		John F. Martin						1.98	2.99	2.99			
		Weis	1.48						2.99	2.99			

State	Supermarket	Label	1	ut Hams ne-in	Bone-	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
Otate	Oupermarket	Laber	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
NY	Western Beef	Vernon Manor	1.99										
(cont)	Whole Foods	Wellshire	6.99										
, ,		Niman Ranch						7.99					ABF
PA	A&P Stores	Smithfield	0.99				0.89						w/ \$25 purchase; limit 1
		Smithfield	1.99				1.29						additional quantities
		Smithfield pecan	2.99										w/ store card
		America's Choice	2.99										w/ store card
	ACME	Cook's				1.18	0.88						limit 1
		Lancaster Brand	1.98										
		Dietz and Watson	1.98										
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bottom Dollar	My Essentials				0.77	0.67						w/ store card limit 2
		Smithfield	1.47										w/ store card limit 2
	Boyer Food Market	Hazel Park			1.97								w/ \$25 purchase
		Hazel Park			2.47								w/o qualification
		Sugardale				0.97	0.97						w/ \$25 purchase
		Sugardale				1.47	1.47						w/o qualification
		Smithfield	1.97										
		Berks						2.47					
		Kunzler						2.47					
		Hatfield						2.47					
	C-Town	Cook's	2.69			1.19	0.99						
	Family Owned Markts	John F. Martin			1.99			1.99					
		Kunzler						2.69					
		Shurfine		1.99				1.99					
	Fine Fare	Cook's	2.59			1.49	1.39				3.99		
		Hatfield								3.99			
	Food Basics	Smithfield	1.38				0.68						w/ \$25 purchase; coupon; lmt 1
		Smithfield	1.98				1.28						additional quantities
		Smithfield									3.18		
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Foodtown	Cook's	1.99				1.29						
	Foodtown	Cook's	1.99				1.29						

PA (cont) Fresh Giant	esh Grocer ant Eagle	Label Sugardale Sugardale Cook's Cook's Hatfield Giant Eagle Sugardale	Whole 1.99 1.99	Half 1.99	Whole 1.19	Butt	Shank	Whole	Half 1.99	1/4	Steak bone-in 2.99	Ham	Conditions
(cont) Fresh Giant	esh Grocer ant Eagle	Sugardale Cook's Cook's Hatfield Giant Eagle	1.99			Dutt	Ondrik	VVIIOIC		17-7			
(cont) Fresh Giant	esh Grocer ant Eagle	Sugardale Cook's Cook's Hatfield Giant Eagle			1.19								
Giant Giant	esh Grocer ant Eagle	Cook's Cook's Hatfield Giant Eagle	1.99										w/ \$20 purchase; limit 1
Giant	ant Eagle	Cook's Hatfield Giant Eagle	1.99			0.98	0.88						w/ \$50 purchase; limit 1
Giant	ant Eagle	Hatfield Giant Eagle											
Giant	ant Eagle	Giant Eagle						3.29					
Giant		-	1.99	2.99	1.19			3.99	4.29				
		JUUAIUAIU		2.99	1.39			2.79	3.19	3.39			
		Hillshire Farm		3.39				•					
		Market District			3.59	3.59							
		Giant	1.49	1.49									w/ \$25 purchase & card; limit 1
		Giant				1.39	1.19						w/ store card
		Giant				2.09	1.89						w/o store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
		Hatfield						2.99					w/ store card
		Berk's						2.99					w/ store card
]		Kunzler						2.99					w/ store card
IGord		GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland					0.99						limit 1
Grea		Jerry's						2.89	2.89				
		Sugardale			2.39	1.29	1.09						
		Smithfield		1.99									
		Berk's						2.99					
		Hatfield						2.99					
		Kunzler						2.99					
Hurle	ırley's IGA	Cook's		1.99									
		Alexander/Hornung		1.99		1.49	1.29		2.69		3.69		
Karn'	rn's	Berks						2.99	3.49				
		Kunzler	3.49					2.99	3.49				
		Hatfield						2.99	3.49				
		John F. Martin			2.49								
		Leidy's			2.49								
		Karn's			2.69								
Kuhn	hn's	Sugardale		2.49	1.09			1.99	2.19	2.99			
		Silver Star			ı		1		1		1		•
		Sliver Star			3.29	3.49				4.29			

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
PA	Pathmark	Smithfield	1.48	Hall	VVIIOIO	Date	0.78	VVIIOIO	rian	17-7	BOHO III		w/ \$25 purchase; limit 1
(cont)		Smithfield	1.98				1.28						additional quantities
,		America's Choice	2.98										w/ store card
		Smokehouse						3.98					w/ store card
	Price Chopper	Alexander/Hornung			2.29	2.49	2.49						
		Hormel Cure 81	2.99					4.29	4.49				
		Hillshire Farm	3.49										
		Carando	2.99										
		Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						
	Redner's	Redner's						1.68					w/ store card
		Redner's						2.58					w/o store card
		Hormel		1.88									w/ store card
		Hormel		2.98									w/o store card
		Cook's					0.98						
		Berk's						2.78					
		Hatfield						2.78					
		Leidy's						2.78					
		Kunzler						2.78					
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	ShopRite	Cook's	0.99			0.10	0.10						w/ \$400 purchase and card
		Cook's	2.78			1.89	1.79						additional quantities
	Shop'n Save	Superior						2.29	2.49				
		Hillshire Farm		2.99									
		Smithfield		3.19									
		Sugardale	1.98	1.98				3.49		2.99			
		Sugardale					0.98						w/ store card; limit 1
		CB Old Country		3.49									
		Silver Star		3.49	3.49			3.89					
	Shurfine	Shurfine		1.49		1.69	1.49	1.99					w/ store card
		Hatfield		2.99				2.88			2.99		w/ store card
		Kunzler						2.88					w/ store card
	ShurSave	Shurfine		1.69		1.79	1.49	1.69	2.49	2.79	3.49		w/ store card
		Hatfield		2.79		1.69		2.49	2.79	2.99			w/ store card
		Kunzler						2.99					
		Sahlen's						3.99					
	The Fresh Market	no label	2.99										

State	Supermarket	Label	Spiral C Bon		Bone	-in/Semi-Bo	neless		Boneless		Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	114111	
PA	Thriftway	Berks						1.99					w/ \$15 purchase; card; limit 1
(cont)		Berks						2.99					additional quantities
		Hatfield						1.99					w/ \$15 purchase; card; limit 1
		Hatfield						2.99					additional quantities
		Hatfield		1.79									
	Thorne's Market	Sugardale	2.59		1.99	1.17	0.97						
		Superior						2.49	2.59	2.99			
		Hillshire Farm	3.49										
	Tops	Smithfield	1.99		1.79	1.79							
		Tops						2.69	2.99				
		Tops Signature	3.29										
		Smithfield Premium	3.49										
		Sahlen						3.99	3.99				
		Smithfield	1.99					3.99	3.99				
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wegman's	Wegman's		1.79									w/ \$25 purchase & card; limit 1
		Wegman's							3.99				
		Wegman's Signature		5.99									
	Weis	no label				1.69	1.49						w/ store card
		Smithfield	2.69										w/ store card
		Berk's						3.29					w/ store card
		Hatfield						3.29					w/ store card
		Kunzler						3.29					w/ store card
		Smokehouse						2.89					
		John F. Martin						1.98	2.99	2.99			
		Weis	1.48						2.99	2.99			
	Whole Foods	Niman Ranch	6.99										ABF
		Wellshire	6.99										ABF
RI	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Compare Foods	Cook's				1.79	1.59						
	Dave's Marketplace	Cook's		1.99									
		Carando		2.99									
		Triple M		2.99				3.99	3.99				
		The W		2.00				0.00	0.00				

State	Supermarket	Label	-	ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
RI	Highland Park	John Morrell			3.49	3.49		4.99	4.99				
(cont)		Highland Park	3.49										
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Shaw's	Hormel Cure 81		1.29									
		Cook's					0.99				2.99		
	Stop & Shop	Stop & Shop	1.29	1.29									w/ \$25 purchase; card; limit 1
		Stop & Shop				1.39	1.19						
		Cook's		1.29									w/ \$25 purchase; card; limit
		Carando	1.99	1.99									w/ \$25 purchase; card; limit
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	Niman Ranch	6.99										ABF
		Wellshire	6.99										ABF
/T	AG of New England	Shurfine		1.69		1.19	0.99	2.99	2.99		3.49		
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Hannaford	My Essentials		1.69		0.99	0.79						w/ store card
		My Essentials				1.59	1.39						w/o store card
		Carando		1.99									
		Sugardale				1.39	1.19						
		Kentucky Legend							3.69				
		Hormel Cure 81						3.79	3.79				
		Hormel		1.99									
	Price Chopper	Alexander/Hornung			2.29	2.49	2.49						
		Hormel Cure 81	2.99					4.29	4.49				
		Hillshire Farm	3.49										
		Carando	2.99										
		Hatfield						3.39	3.59				
		Cook's	1.49			1.59	1.49						

State	Supermarket	Label		ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
VT	Shaw's	Hormel Cure 81		1.29									
(cont)		Cook's					0.99				2.99		
	Tops	Smithfield	1.99		1.79	1.79							
		Tops						2.69	2.99				
		Tops Signature	3.29										
		Smithfield Premium	3.49										
		Sahlen						3.99	3.99				
		Smithfield	1.99					3.99	3.99				
					ĺ						1		

2404-	Cumputer and at	lebel	-	ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	Condition -
tate	Supermarket	Label	Whole	e-in Half	Whole	Butt	Shank	Whole	Half	1/4	Steak bone-in	Ham	Conditions
NIT.	JEACTEDNIIC ALE	_,GA,MS,NC,SC,TN,VA,\	•	Hall	VVIIOIE	Dull	Shank	vviiole	Hall	1/4	DOITE-III		
	1				1			I					1
-	ALDI	Specially Selected	1.89	4.00		4.40	0.00						
		Appleton Farms		1.69		1.19	0.99						
		Smithfield		1.79									w/ \$15 purchase; limit 1
	Food for Less	Sugardale			1.28								
		Sugartree	1.88										
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									
	Greer's	Carolina Pride					1.35						
		Hormel		1.98									
	Kroger Atlanta	Kroger	1.99										w/ store card
		Private Selection	2.49										
		Smithfield									2.99		
	Kroger Nashville	Private Selection		1.99									w/ store card
		Smithfield				1.49	1.49						w/ store card
		Cumberland Gap			1.59								w/ store card
		Kentucky Legend						2.99					w/ store card
	Lucky's	Hormel Cure 81		1.99				2.00	3.99				, oto. o ca. a
		Cook's					1.19		0.00				
		Carolina Pride			1.39		1.10		2.99	2.99			
		Kentucky Legend			1.00			2.99	2.00	2.00			
		Best Choice	1.99					2.55					
	Piggly Wiggly AL	Smithfield	1.55	1.99									
	Figgiy Wiggiy AL	Cook's		1.99			1.49						
	Diameter Minater FO	Carolina Pride			1.48		1.49				BOGO		
	Piggly Wiggly FG				1.48		4.40				BOGO		
		Sugardale		4.00			1.18						
		Best Choice		1.88									
	Piggly Wiggly JTM	Carolina Pride					1.29						
		Sugar Tree		1.99									
	Publix	Publix			1.79	1.79	1.79						w/ store card
		Publix			2.99	2.99	2.99						w/o store card
		Publix		2.79				4.99					
	Ramey's	Cook's				1.58	1.29						
		Sugardale			2.99								
		Mickelberry's							2.99				
		Best Choice		1.88									

State	Supermarket	Label	Spiral C		Bone	-in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
AL	Rouses	Hormel	William	1.97	***************************************	Dan	Chank	***************************************	rian	17 1	DOMO III		
(cont)		Sugardale					1.29						
(,		Rouses	2.89										
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
	Trainiant	Cook's	1.00			1.78	1.78						
	Western	Hormel Cure 81		1.99		10	1.70		3.69				
		Carolina Pride		1.00			1.29		0.00				
	Whole Foods	no label		4.99			1.20						ABF
	Winn-Dixie	Dinner Bell		4.00		2.49							w/ store card
	WITH DIXIC	Dinner Bell				3.49							w/o store card
		Smithfield		1.99		3.43							w/ \$25 purchase; limit 2
		Smithfield		3.99									additional quantities
		Smithfield		3.99		1.69	1.49						w/ \$25 purchase; limit 2
		Smithfield				2.39	2.19						additional quantities
FL	Albertson's	no label				1.68	2.19						additional quantities
	Albertaerra	no label				1.00	0.99						w/ \$10 purchase
		Hormel	1.77				0.00						W tro paronase
	ALDI	Specially Selected	1.89										
	ALDI	Appleton Farms	1.00	1.69		1.19	0.99						
	Bravo	no label		1.03		1.59	1.59						
	Diavo	Jamestown				1.69	1.59						
	Dollar General Market	Smithfield		1.79		1.03	1.55						w/ \$15 purchase; limit 1
	Food Giant	Kentucky Legend		1.79				2.68	2.98				w \$15 purchase, illillit 1
	rood Giarit	Wilson						3.99	2.90				
		Best Choice		2.18				3.99					
	Gordon Food Service	GFS	1.29	2.10									limit 1
	Goldon Food Service	GFS	2.99										additional quantities
		Farmland	2.99				0.99						limit 1
	Greer's	Carolina Pride					1.35						Initial 1
	Greer s	Hormel		1.98			1.35						
	Hitchcock's	Carolina Pride		1.90		1.29	1.19				1.99		
	T INCHOOCK S	Carolina Pride Cook's		2.79		1.29	1.19				1.99		
		Hormel		2.79									

State	Supermarket	Label	Spiral C		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
FL	J.H. Harvey's	Lee's	VVIIOIC	Tidii	VVIIOIC	1.89	1.69	VVIIOIC	Hall	1/-7	1.99		w/ store card
(cont)	on in ricarvoy o	Lee's				2.19	1.99				4.99		w/o store card
(00111)		Carolina Pride				1.89	1.69				1.00		w/ store card
		Carolina Pride				2.19	1.99						w/o store card
		Smithfield	2.29			2.10	1.00						w/ store card
		Smithfield	2.99										w/o store card
	Piggly Wiggly FG	Carolina Pride	2.55		1.48						BOGO		wo store card
	i iggiy wiggiy i G	Sugardale			1.40		1.18				ВООО		
		Best Choice		1.88			1.10						
	Presidente	Lee's		1.00		2.08							
		Publix			1.70	1.79	1.70						uu/ otoro oord
	Publix				1.79 2.99		1.79						w/ store card
		Publix		0.70	2.99	2.99	2.99	4.00					w/o store card
		Publix		2.79		4.00	4.40	4.99			0.40		
	Save-a-Lot	Sugardale				1.29	1.19				2.49		
	Sedano's	Sugardale				1.79	1.69						
		Carando		2.99									
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Winn-Dixie	Dinner Bell				2.49							w/ store card
		Dinner Bell				3.49							w/o store card
		Smithfield		1.99									w/ \$25 purchase; limit 2
		Smithfield		3.99									additional quantities
		Smithfield				1.69	1.49						w/ \$25 purchase; limit 2
		Smithfield				2.39	2.19						additional quantities
GA	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bi-Lo	Smithfield		1.79		1.39	1.19						w/ \$25 purchase; limit 2
		Smithfield		3.99		2.39	2.19						additional quantities
		Dinner Bell			1.99								w/ store card
		Dinner Bell			2.99								w/o store card
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Food Depot	Sugardale					0.98						
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									

State	Supermarket	Label	Spiral C Bon		Bone	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
GA .	Food Lion	My Essentials		1.47			0.97			., .	20.10 111		w/ store card; limit 2
cont)		My Essentials		2.79			1.89						w/o store card
,		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Galaxy Food	Carolina Pride				1.28	1.28						
	,	Smithfield		1.88									
		Butcher's Best			1.28								
		Dinner Bell				2.48							
		Kentucky Legend								3.78			
	IGA	no label					1.19						
	Ingle's	Gwaltney		1.98			1.28						w/ store card
	J	Gwaltney		3.68			2.38						w/o store card
		Hormel Cure 81							3.98				w/ store card
		Hormel Cure 81							5.78				w/o store card
	J.H. Harvey's	Lee's				1.89	1.69				1.99		w/ store card
	, .	Lee's				2.19	1.99				4.99		w/o store card
		Carolina Pride				1.89	1.69						w/ store card
		Carolina Pride				2.19	1.99						w/o store card
		Smithfield	2.29										w/ store card
		Smithfield	2.99										w/o store card
	Kroger Atlanta	Kroger	1.99										w/ store card
	ŭ	Private Selection	2.49										
		Smithfield									2.99		
	Piggly Wiggly FG	Carolina Pride			1.48						BOGO		
		Sugardale					1.18						
		Best Choice		1.88									
	Piggly Wiggly JTM	Carolina Pride					1.29						
	007 007	Sugar Tree		1.99									
	Piggly Wiggly Carolina					1.69	1.59						
	007 007	Smithfield	1.99	2.19									
	Publix	Publix		-	1.79	1.79	1.79						w/ store card
		Publix			2.99	2.99	2.99						w/o store card
		Publix		2.79				4.99					
	Quality Foods	Smithfield		1.99									
		Carolina Pride				1.59	1.49		2.99		2.49		
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Shop Rite	Kentucky Legend						3.39		3.79			

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
GA	The Fresh Market	no label	2.99	Hall	WHOIC	Butt	Orianic	WHOIC	Hall	17-7	DOI IO III		
(cont)	Target	Archer Farms	1.99										limit 2
(,	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wayfield's	Hormel Cure 81		1.89									
		Carolina Pride					1.19						
		Sugardale		1.89									
	Whole Foods	no label		4.99									ABF
	Winn-Dixie	Dinner Bell				2.49							w/ store card
		Dinner Bell				3.49							w/o store card
		Smithfield		1.99									w/ \$25 purchase; limit 2
		Smithfield		3.99									additional quantities
		Smithfield				1.69	1.49						w/ \$25 purchase; limit 2
		Smithfield				2.39	2.19						additional quantities
MS	ALDI	Specially Selected	1.89										·
		Appleton Farms		1.69		1.19	0.99						
	Corner Market	Carolina Pride					1.49						
		Smithfield		2.49									
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									
	Greer's	Carolina Pride					1.35						
		Hormel		1.98									
	Kroger Delta	Smithfield					1.49						w/ store card
		John Morrell		1.99				2.69					w/ store card
	Mac's Fresh Market	Carolina Pride					1.27						
		Best Choice	1.99										
		Corn King						1.75					
	Piggly Wiggly FG	Carolina Pride			1.48						BOGO		
		Sugardale					1.18						
		Best Choice		1.88									
	Ramey's	Cook's				1.58	1.29						
		Sugardale			2.99								
		Mickelberry's							2.99				
		Best Choice		1.88									
	Save-a-Lot	Sugardale				1.29	0.99				2.49		

State	Supermarket	Label		ut Hams ne-in	Bone	-in/Semi-Bo	oneless		Boneless		Ham	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	Steak bone-in	Ham	Conditions
MS	The Fresh Market	no label	2.99	rian	VVIIOIC	Batt	Onank	VVIIOIO	Tian	17-7	DOILG III		
(cont)	Target	Archer Farms	1.99										limit 2
,	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Winn-Dixie	Dinner Bell				2.49							w/ store card
		Dinner Bell				3.49							w/o store card
		Smithfield		1.99									w/ \$25 purchase; limit 2
		Smithfield		3.99									additional quantities
		Smithfield				1.69	1.49						w/ \$25 purchase; limit 2
		Smithfield				2.39	2.19						additional quantities
NC	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bi-Lo	Smithfield		1.79		1.39	1.19						w/ \$25 purchase; limit 2
		Smithfield		3.99		2.39	2.19						additional quantities
		Dinner Bell			1.99								w/ store card
		Dinner Bell			2.99								w/o store card
	Bo's Food Store	Smithfield	2.99	2.59									
		Jamestown				0.99	0.99						
	Carlie C's IGA	no label				1.38	1.28						
		Carolina Pride						2.99					
	Compare Foods	Carolina Pride				1.59	1.49						
		Smithfield		1.99									
		Smokehouse						1.29					
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Farm Fresh	Smithfield			1.38	0.98	0.98						
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Galaxy Food	Carolina Pride				1.28	1.28						
		Smithfield		1.88									
		Butcher's Best			1.28								
		Dinner Bell				2.48							
		Kentucky Legend								3.78			

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
NC	Harris Teeter	Harris Teeter		1.69									w/ store card; limit 2
(cont)		Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81							4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49									w/ store card
		Smithfield		4.49									w/o store card
	IGA	no label					1.19						
	Ingle's	Gwaltney		1.98			1.28						w/ store card
		Gwaltney		3.68			2.38						w/o store card
		Hormel Cure 81							3.98				w/ store card
		Hormel Cure 81							5.78				w/o store card
	Just\$ave	Carolina Pride					0.77						w/ \$20 purchase; limit 1
		Carolina Pride					1.99						w/o store card
		Smithfield								3.99			
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
		Gwaltney	1.59										w/ store card; limit 2
	Lowe's Foods	Gwaltney		1.47									w/ store card
		Gwaltney		3.29									w/o store card
		Hormel Cure 81						4.49					
		Smithfield								3.99			local
	Piggly Wiggly Retail	Smithfield		2.39		1.49	1.39						
		Smithfield praline		2.49									
		Felt's										1.99	
	Piggly Wiggly Central	no label			1.19								
		Smithfield		1.99		1.39	1.29						
	Save-a-Lot	Sugardale				1.39	1.19				2.69		
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	United Grocery	no label	1.49										
	Whole Foods	no label		4.99									ABF

State	Supermarket	Label	Spiral C Bon		Bone	-in/Semi-B	oneless		Boneless		Ham Steak	Country	Conditions
Otate	Oupermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
С	ALDI	Specially Selected	1.89							., .			
		Appleton Farms		1.69		1.19	0.99						
	Bi-Lo	Smithfield		1.79		1.39	1.19						w/ \$25 purchase; limit 2
		Smithfield		3.99		2.39	2.19						additional quantities
		Dinner Bell			1.99								w/ store card
		Dinner Bell			2.99								w/o store card
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
		My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89	-			1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Galaxy Food	Carolina Pride				1.28	1.28						
	Calary 1 Coa	Smithfield		1.98		20	0						
		Butcher's Best			1.28								
		Dinner Bell			0	2.48							
		Kentucky Legend				2				3.78			
	Harris Teeter	Harris Teeter		1.69						00			w/ store card; limit 2
		Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81		0.00					4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49					0.00				w/ store card
		Smithfield		4.49									w/o store card
	IGA	no label					1.19						, 0 0.0.0 00.0
	Ingle's	Gwaltney		1.98			1.28						w/ store card
	9.0 0	Gwaltney		3.68			2.38						w/o store card
		Hormel Cure 81		0.00			2.00		3.98				w/ store card
		Hormel Cure 81							5.78				w/o store card
	J.H. Harvey's	Lee's				1.89	1.69				1.99		w/ store card
		Lee's				2.19	1.99				4.99		w/o store card
		Carolina Pride				1.89	1.69						w/ store card
		Carolina Pride				2.19	1.99						w/o store card
		Smithfield	2.29										w/ store card
		Smithfield	2.99										w/o store card

State	Supermarket	Label	_	ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
sc	Kroger Atlanta	Kroger	1.99										w/ store card
(cont)		Private Selection	2.49										
		Smithfield									2.99		
	Lowe's Foods	Gwaltney		1.47									w/ store card
		Gwaltney		3.29									w/o store card
		Hormel Cure 81						4.49					
		Smithfield								3.99			local
	Piggly Wiggly Carolina	no label				1.69	1.59						
		Smithfield	1.99	2.19									
	Publix	Publix			1.79	1.79	1.79						w/ store card
		Publix			2.99	2.99	2.99						w/o store card
		Publix		2.79				4.99					
	Quality Foods	Smithfield		1.99									
		Carolina Pride				1.59	1.49		2.99		2.49		
	Reid's	Carolina Pride					1.29						
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label		4.99									ABF
TN	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bi-Lo	Smithfield		1.79		1.39	1.19						w/ \$25 purchase; limit 2
		Smithfield		3.99		2.39	2.19						additional quantities
		Dinner Bell			1.99								w/ store card
		Dinner Bell			2.99								w/o store card
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	E.W. James	Cook's					1.29						
		Carolina Pride							3.29	3.29			
		Kentucky Legend						3.29	3.29				
		Best Choice		1.99									
	Food City	Kentucky Legend						3.99					
		Hormel	2.99										
		Hormel Cure 81								3.99			

State	Supermarket	Label	Spiral Co		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	e-in Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
N	Food Country USA	Smithfield	William	1.98	VIIIOIO	Butt	Onanic	***************************************	riaii	.,,,	20110 111		w/ store card
cont)		Smithfield		2.99									w/o store card
,		Hormel Cure 81							3.78	3.98			
		Clifty Farms										2.29	
	Food Giant	Kentucky Legend						2.68	2.98				
	. Journal of the control of the cont	Wilson						3.99	2.00				
		Best Choice		2.18				0.00					
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
	. 554 2.5	My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Food Rite	Field	2.00				2.00	2.99	2.99				W/O Oloro Gara
	1 dod Tale	John Morrell						2.59	2.59				
		Best Choice	1.99	1.99				2.00	2.00				
		Cook's	1.55	1.55			1.29						
	Gordon Food Service	GFS	1.29				1.20						limit 1
	Cordon 1 cod Corvice	GFS	2.99										additional quantities
		Farmland	2.00				0.99						limit 1
	H.G. Hill	Best Choice	1.99	1.99			0.00						
	11.0.11	Cook's	1.55	1.00			1.29						
		Kentucky Legend					1.25			3.99			
	Harris Teeter	Harris Teeter		1.69						3.33			w/ store card; limit 2
	Tiams recter	Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81		5.55					4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49					0.99				w/ store card
		Smithfield		4.49									w/o store card
	IGA	Kentucky Legend		4.43				2.99		3.99			W/O Store Card
	IGA	Coon Creek						2.99		3.99		1.99	
		Hormel Cure 81		2.59								1.99	
		Smithfield		2.59			1.59						
	Inglo's			1.98			1.59						w/ store card
	Ingle's	Gwaltney Gwaltney		3.68			2.38						w/ store card w/o store card
		1		3.08			∠.38		2.00				
		Hormel Cure 81							3.98				w/ store card
		Hormel Cure 81			1				5.78				w/o store card

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
TN	Kroger Atlanta	Kroger	1.99										w/ store card
(cont)		Private Selection	2.49										
		Smithfield									2.99		
	Kroger Delta	Smithfield					1.49						w/ store card
		John Morrell		1.99				2.69					w/ store card
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
		Gwaltney	1.59										w/ store card; limit 2
	Kroger Nashville	Private Selection		1.99									w/ store card
		Smithfield				1.49	1.49						w/ store card
		Cumberland Gap			1.59								w/ store card
		Kentucky Legend						2.99					w/ store card
	Osborne's	Carolina Pride			1.29	1.29	1.29						
		Best Choice	1.99	1.99									
		Cook's					1.49						
	Publix	Publix			1.79	1.79	1.79						w/ store card
		Publix			2.99	2.99	2.99						w/o store card
		Publix		2.79				4.99					
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Shop Rite	Kentucky Legend						3.39		3.79			
	Super Dollar	no label	1.79			1.39	1.39						
	Superlo Foods	Frick's					0.99						
		Sugardale					0.99						
	The Fresh Market	no label	2.99										
	Town & Country Groc	Kretschmar						2.29					
		Cook's				1.49	1.39						
		Best Choice	1.99										
	United Grocery	no label	1.49										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label		4.99									ABF
VA	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Farm Fresh	Smithfield			1.38	0.98	0.98						

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Olulo	Cupormarkot	2000.	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
VA	Farmers Foods	Carolina Pride				1.54	1.34						
(cont)		Smithfield	1.98										
		Cumberland Gap				2.38							
		Kentucky Legend						3.98					
		Field's										2.38	
		Clifty Farm										2.38	
	Food City	Kentucky Legend						3.99					
		Hormel	2.99										
		Hormel Cure 81								3.99			
	Food Country USA	Smithfield		1.98									w/ store card
		Smithfield		2.99									w/o store card
		Hormel Cure 81							3.78	3.98			
		Clifty Farms										2.29	
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Galaxy Food	Carolina Pride				1.28	1.28						
		Smithfield		1.98									
		Butcher's Best			1.28								
		Dinner Bell				2.48							
		Kentucky Legend								3.78			
	Giant of Maryland	Giant	1.49	1.49									w/ \$25 purchase; card; limit 1
		Giant	3.49	3.49									additional quantities
		Giant				1.39	1.19						·
		Cook's		1.29									w/ \$25 purchase; card; limit 1
		Carando	1.99	1.99									w/ \$25 purchase; card; limit 1
	Giant Food/Martin's	Giant	1.49	1.49									w/ \$25 purchase & card; limit 1
		Giant				1.39	1.19						w/ store card
		Giant				2.09	1.89						w/o store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
		Hatfield						2.99					w/ store card
		Berk's						2.99					w/ store card
		Kunzler						2.99					w/ store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
	GreatVALU	Smithfield		1.69									w/ \$25 purchase; limit 1
		Sugardale				1.39	1.29						

State	Supermarket	Label	Spiral C		Bone	-in/Semi-Bo	neless		Boneless	_	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
/A	Giant Eagle	Giant Eagle	1.99	2.99	1.19	Dutt	Criaria	3.99	4.29	., .	DOI TO THE		
cont)	Olarit Lagio	Sugardale	1.00	2.99	1.39			2.79	3.19	3.39			
,		Hillshire Farm		3.39				•					
		Market District		0.00	3.59	3.59							
	Grant's	Superior			0.00	0.00		1.99					
	- Crainto	Smithfield	1.99										
	Harris Teeter	Harris Teeter		1.69									w/ store card; limit 2
		Harris Teeter		3.29									w/o store card
		HT Traders		2.29									w/ store card
		HT Traders		3.99									w/o store card
		Hormel Cure 81		0.00					4.99				w/ store card
		Hormel Cure 81							6.99				w/o store card
		Smithfield		3.49					0.00				w/ store card
		Smithfield		4.49									w/o store card
	Ingle's	Gwaltney		1.98			1.28						w/ store card
	9	Gwaltney		3.68			2.38						w/o store card
		Hormel Cure 81							3.98				w/ store card
		Hormel Cure 81							5.78				w/o store card
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
	9	Gwaltney	1.59										w/ store card; limit 2
	Lowe's Foods	Gwaltney		1.47									w/ store card
		Gwaltney		3.29									w/o store card
		Hormel Cure 81						4.49					
		Smithfield								3.99			local
	Piggly Wiggly Retail	Smithfield		2.39		1.49	1.39						
	007 007	Smithfield praline		2.49									
		Felt's										1.99	
	Safeway	Safeway Select		1.99									w/ store card
		Safeway		1.69		1.39	1.19		3.49				w/ store card
	Save-a-Lot	Sugardale				1.29	1.19				2.49		
	Shopper's	Gwaltney		1.48		1.08	0.98						
	''	Smithfield		1.88		1.38	1.28				3.48		
		Smithfield Premium		2.49							3.49		
	Super Dollar	no label	1.79			1.39	1.39						
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2

State	Supermarket	Label	-	ut Hams ne-in	Bone	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
VA	Walmart	Sam's Choice	1.98										
(cont)		Cook's				1.78	1.78						
	Wegman's	Wegman's		1.79									w/ \$25 purchase & card; limit 1
		Wegman's							3.99				
		Wegman's Signature		5.99									
wv	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Fas-Chek	Superior						1.97	2.29				
	Foodland	Sugardale	2.59	2.59		1.59							
		Farmland	2.59										
		Superior						1.98	2.18				
	Food Lion	My Essentials		1.47			0.97						w/ store card; limit 2
		My Essentials		2.79			1.89						w/o store card
		Smithfield	1.89	•			1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Galaxy Food	Carolina Pride				1.28	1.28						
		Smithfield		1.98									
		Butcher's Best			1.28								
		Dinner Bell				2.48							
		Kentucky Legend								3.78			
	Giant Food/Martin's	Giant	1.49	1.49									w/ \$25 purchase & card; limit 1
		Giant				1.39	1.19						w/ store card
		Giant				2.09	1.89						w/o store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
		Hatfield						2.99					w/ store card
		Berk's						2.99					w/ store card
		Kunzler						2.99					w/ store card
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
		Smithfield	1.99										w/ \$25 purchase & card; limit 1
	Grant's	Superior						1.99					, , , , , , , , , , , , , , , , , , , ,
		Smithfield	1.99										

State	Supermarket	Label	Spiral C	ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
NV	Kroger Columbus	CB Old Country Store	3.99	rian	VVIIOIC	Butt	Onanic	VVIIOIC	Tian	17-7	BOHO III		w/ store card
cont)	3	Cumberland Gap			1.49								w/ store card
,		Kroger	1.79										w/ store card
		Private Selection	2.99										w/ store card
		Sugardale					1.29						w/ store card
		Hickory Hills						2.49					,
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
		Gwaltney	1.59										w/ store card; limit 2
	Piggly Wiggly Central	no label			1.19								
	997997	Smithfield		1.99		1.39	1.29						
	Riesbeck's	Superior					0	1.49					
		Smithfield		2.49									
	Save-a-Lot	Sugardale		2.10		1.29	1.19				2.49		
	Shop'n Save	Superior				1.20	1.10	2.29	2.49		2.10		
	Chop ii Cavo	Hillshire Farm		2.99				2.20	2.10				
		Smithfield		3.19									
		Sugardale	1.98	1.98				3.49		2.99			
		Sugardale	1.00	1.00			0.98	0.10		2.00			w/ store card; limit 1
		CB Old Country		3.49			0.00						W Storo Gara, mine
		Silver Star		3.49	3.49			3.89					
	Sparkle	Sparkle		0.10	0.10			1.59					w/ store card
	Oparitio	Sparkle						2.99					w/o store card
		Sugardale		1.99				2.00					W/o otoro oara
		Sugardale		3.59									
		Hillshire Farm		2.99									
		Kentucky Legend		2.00				4.49					
		Amish Pride						2.99					
	Target	Archer Farms	1.99					2.00					limit 2
	Walmart	Sam's Choice	1.98										
	· · · · · · · · · · · · · · · · · · ·	Cook's	1.00			1.78	1.78						
						1.70	1.70						

State	Supermarket	Label	Bon	ut Hams e-in		in/Semi-Bo			Boneless		Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
	Weis	no label				1.69	1.49						w/ store card
cont)		Smithfield	2.69										w/ store card
		Berk's						3.29					w/ store card
		Hatfield						3.29					w/ store card
		Kunzler						3.29					w/ store card
		Smokehouse						2.89					
		John F. Martin						1.98	2.99	2.99			
		Weis	1.48						2.99	2.99			

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
IDWI	ESTERN U.S IA,IL,IN	N,KY,MI,MN,ND,NE,OH,S	D,WI			1	!			1	ļ		
١	Affiliated Midwest	Farmland						2.00					
		John Morrell		1.68	1.99	2.19							
		Cook's				1.48	1.28						
		Kretschmar						2.89	2.99				
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	County Market	Hormel Cure 81		1.27									limit 2
		Double G						3.69	3.89				
		Farmland						3.19					
		Frick's				1.69	1.49			4.79			
		Kretschmar						1.99					
	Dahl's	Best Choice	1.99										
		Hormel Cure 81		2.49									
		Farmland		2.49					3.99				
	Family Foods	Our Family	1.99			1.29	0.99						
	,	Farmland						1.75					
		Maple River						2.79					
	Fareway	John Morrell	1.99										
		Farmland	1.99										
		Fareway						2.99	2.99				
		Bells Mills			2.99								
		Webster City			2.99								
	Food Pride	Our Family	1.99			1.29	0.99						
		Farmland						1.75					
		Maple River						2.79					
		Hormel Cure 81						3.99					
	Hometown Foods	Hormel Cure 81		1.99					3.99				
		Cook's				1.69	1.49				3.49		
	Hy-Vee	Hormel Cure 81						3.99	3.99				
		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Maynard's	John Morrell		1.98		2.18							
		Kretschmar							2.98				
	No Frills	Our Family	1.88			1.29	0.99						
		Farmland	2.29					1.75					

(cont)	Supermarket	Label	1 5011	e-in	l Bone	in/Semi-Bo	nieless		Boneless		Steak	Country	Conditions
(cont)			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
(cont)	Quillin's	Cook's				1.39							
		John Morrell			1.99	2.09							
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Sunshine Foods	Maple River						2.99	3.29				
		John Morrell		1.99									
		Kretschmar						2.99					
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
IL .	Affiliated Midwest	Farmland						2.00					
		John Morrell		1.68	1.99	2.19							
		Cook's				1.48	1.28						
		Kretschmar						2.89	2.99				
	Affiliated Midwest	Farmland						2.00					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Angelo Caputo's	Centrella				1.59	1.49						
		Hillshire Farm	2.79	2.99									
		Farmland		2.99									
		Winter's		2.99							2.99		
		Ohse	1.49										
		Sugardale				1.49	1.29						
	Berkot's	Sugardale				1.09	0.89						w/ \$25 purchase; limit 1
		Sugardale				1.49	1.29						additional quantities
		Hillshire Farm				2.99							
		Kentucky Legend						3.79					
		Berkot's Own				2.99							
	Borowiak's IGA	Kentucky Legend						2.88	3.49				
		Cumberland Gap			1.88								
		Kretschmar						2.48					
	Butera Market	Farmland	1.99										limit 2
		Cook's	0.99										w/ \$30 purchase; limit 1
		Kentucky Legend						3.49	3.69				

State	Supermarket	Label	Spiral C Bon		Bone-	-in/Semi-Bo	neless		Boneless		Ham	Country	Conditions
otate	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	Steak bone-in	Ham	Conditions
_	County Market	Hormel Cure 81	VVIIOIC	1.27	VVIIOIC	Dutt	Onank	VVIIOIC	Tian	1/4	DOILC III		limit 2
ont)	County Markot	Double G						3.69	3.89				
J,		Farmland						3.19	0.00				
		Frick's				1.69	1.49	0.10		4.79			
		Kretschmar				1.00	1.40	1.99		4.70			
	Cub Foods	Cub				0.88	0.88	1.00					w/ store card
	Oub i oods	Cub				1.99	1.99						w/o store card
		Hormel Cure 81		1.88		1.33	1.33	3.99	3.99				w/ store card
		Hormel Cure 81		3.89				3.99	3.99				w/o store card
		Cook's		2.49									w/ store card
		Signature		2.49	2.49	2.00							
	Diarbarala	-		1.00	2.49	2.99							w/ store card
	Dierberg's	Dierberg's		1.99	0.00	0.00	0.00						
		Frick's			2.29	2.39	2.29	0.40					
		Double G			2.29	2.39	2.29	2.49					
		Dierberg's						2.49					
	Fairplay Foods	Sugardale		1.49									limit 1
		Sugardale		1.99									no limit
		Sugardale				1.39	1.29						
		Cook's		2.29									
	Fareway	John Morrell	1.99										
		Farmland	1.99										
		Fareway						2.99	2.99				
		Bells Mills			2.99								
		Webster City			2.99								
	Food4Less	Cook's				0.67	0.67						w/ \$25 purchase; limit 1
		Cook's				1.29	1.29						additional quantities
	Food Pride	Our Family	1.99			1.29	0.99						
		Farmland						1.75					
		Maple River						2.79					
		Hormel Cure 81						3.99					
	Garden Fresh	Indiana Kitchen	2.95										
		Cook's				1.50	1.50						
	Gordon Food Service	GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland					0.99						limit 1

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
naic	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
	Hy-Vee	Hormel Cure 81						3.99	3.99		1	<u> </u>	
ont)	,	Cook's			1.48								
,		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	IGA	Best Choice	1.79										
		Kentucky Legend						2.49	2.69				
		Corn King						1.65					
		Cumberland Gap			1.79	1.99	1.99	1.99	2.19				
	Jewel-Osco	Cook's				0.88	0.68						w/ \$25 purchase; limit 1
		Cook's				1.29	1.09						additional quantities
		Cook's	1.58	1.58									limit 1
		Cook's									3.49		
		Farmland	2.99										
		Hickory Farms	3.99										
	Joe Caputo	Sugardale				1.89	1.69						
		Amish Valley	2.29										
	Kirby IGA	Kretschmar	2.49					1.99	2.69				w/ store card
	•	Kretschmar						4.49					w/o store card
		Frick's				1.59	1.39						w/ store card
		Frick's				2.29	2.09						w/o store card
	Kroger Central	Cumberland Gap			1.99								w/ store card
		Hickory Hills						2.69					w/ store card
		Kroger	1.29										w/ store card
		Sugardale					0.99						w/ store card
		Private Selection	2.99										w/ store card
	Kroger Louisville	Cumberland Gap			1.79								w/ store card
		Kentucky Legend						2.99					w/ store card
		Private Selection	1.99										w/ store card
	Mariano's Fresh	Roundy's	3.99										
		Hillshire Farm			2.29	2.29	2.29						
	Meijer	Cook's		1.47									
		Sugardale						1.59					
		Dearborn		3.99									
	Pete's Fresh	Sugardale				1.29	1.19						
		Kentucky Legend						3.79	3.99		2.69		

State	Supermarket	Label	Bon	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
	o apolina nos		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
	Piggly Wiggly	Cook's				0.87	0.67				3.59		w/ \$25 purchase; limit 1
ont)	007	Farmland		1.99				2.99	3.19				
ĺ		Hillshire Farm			2.69	2.89							
		Badger						3.89	3.99	4.29			
	Save-a-Lot	Sugardale				1.39	1.19						
		Farmland						2.99					
	Schnuck's	Kretschmar						1.69					w/ \$25 purchase; limit 1
		no label				0.99	0.69						w/ \$25 purchase; limit 1
		Double G						2.59					w/ \$25 purchase; limit 1
		Schnuck's	1.99										w/ \$25 purchase; limit 1
		Frick's			1.99								w/ \$25 purchase; limit 1
	Shop'n Save	Kentucky Legend								4.99			
		Frick's				0.99	0.99						w/ \$25 purchase; limit 1
		Frick's			2.49								
		Kretschmar						1.69					w/ \$25 purchase; limit 1
		Farmland	1.49										w/ \$25 purchase; limit 1
		CB Old Country Store				4.49							
	Shop and Save	Alexander/Hornung				0.89	0.79						limit 1
		Alexander/Hornung					0.99						additional quantities
		Amish Valley	1.99										
		Dutch Farms				1.29	1.29						
		Hillshire Farm	2.99		2.49								
	Sullivan's	Cook's		2.29	1.59	1.39	1.29						
		Hillshire Farm			2.29	2.49							
	Target	Archer Farms	1.99										limit 2
	The Fresh Market	no label	2.99										
	Tom's Market	Tom's			1.97	1.99	1.79	3.29					
		Best Choice	1.69										w/ \$25 purchase
		Kretschmar						1.89					w/ \$25 purchase
	Tony's Finer Food	Kentucky Legend						3.99	3.49	3.99	2.99		
		Sugardale									2.99		
		Sugardale				0.89	0.69						w/ \$25 purchase; limit 1
		Cook's					1.49						
		Hillshire Farm	2.99		2.99	2.79							
	Ultra Foods	Sugardale					0.78						w/ \$25 purchase; limit 1

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
IL	Valli Produce	no label	*******			1.19	0.99	*******		., .	50110 111		
(cont)		Indiana Kitchen	1.79										
,		Hillshire Farm	2.79						2.49				
		Alexander/Hornung				1.19							
		Sherwood									1.99		
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Walt's Food Center	Sugardale				0.89	0.69						w/ \$25 purchase; limit 1
		Indiana Kitchen		1.99									
		Hillshire Farm	2.79	2.89	2.49	2.59							
		Walt's			3.59	3.69							
	Woodman's	Klondike				1.59	1.59						
N	Al's	Frick's				1.08	0.88						w/ \$15 purchase; limit 2
		Frick's				1.48	1.28						w/o qualifying purchase
		Farm Fresh		1.48									limit 2
		Farm Fresh		2.49									no limit
		Hillshire Farm		2.79									
		CB Old Country Store		3.29									
		Farm Fresh						2.49	2.59				w/ store card
		Farm Fresh						2.89	2.99				w/o store card
		Kentucky Legend						3.49	3.59		2.50		
		Cumberland Gap			2.39	2.49							w/ store card
		Cumberland Gap			2.69	2.79							w/o store card
		Frick's			1.99								w/ store card
		Frick's			2.59								w/o store card
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Double 8 Foods	Gusto		-	1.99								
		no label					1.49						
	Gordon Food Service	GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland	-:00				0.99						limit 1
	Harvest Market	Kentucky Legend						2.99	2.99				

			Spiral C	ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	
State	Supermarket	Label	Bon	e-in	Bone	m/ocmi bo			Donicioss	_	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
IN	IGA	Best Choice	1.79										
(cont)		Kentucky Legend						2.49	2.69				
		Corn King						1.65					
		Cumberland Gap			1.79	1.99	1.99	1.99	2.19				
	Jay C	Kentucky Legend						2.99	2.88				w/ store card
		Private Selection	1.99										w/ store card
		Cumberland Gap			2.29	2.29							w/ store card
	Jewel-Osco	Cook's				0.88	0.68						w/ \$25 purchase; limit 1
		Cook's				1.29	1.09						additional quantities
		Cook's	1.58	1.58									limit 1
		Cook's									3.49		
		Farmland	2.99										
		Hickory Farms	3.99										
	Kirby IGA	Kretschmar	2.49					1.99	2.69				w/ store card
	·	Kretschmar						4.49					w/o store card
		Frick's				1.59	1.39						w/ store card
		Frick's				2.29	2.09						w/o store card
	Kroger Central	Cumberland Gap			1.99								w/ store card
		Hickory Hills						2.69					w/ store card
		Kroger	1.29										w/ store card
		Sugardale					0.99						w/ store card
		Private Selection	2.99										w/ store card
	Kroger Cincinnati	Cumberland Gap			1.79			1.99					w/ store card
	J	Cook's			1.49		1.19						w/ store card
		Kroger	1.99										w/ store card; limit 1
		Private Selection	2.49										·
	Kroger Louisville	Cumberland Gap			1.79								w/ store card
	3	Kentucky Legend						2.99					w/ store card
		Private Selection	1.99										w/ store card
	Marsh	Indiana Kitchen		1.28									w/ \$25 purchase; limit 1
		Indiana Kitchen		2.99									additional quantities
		Sugardale Prestige				1.18	0.98						w/ \$25 purchase; limit 1
		Cumberland Gap			1.79	1.99	1.99	2.19	2.39				w/ store card
		Cumberland Gap			3.29	3.29	3.29	3.49	3.49				w/o store card
		Marsh	save \$20	save \$10									
		Sugardale		· · · · · · · · · · · · · · · · · · ·							3.49		
		2 - 3 - 3 - 3 - 3									3		

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
IN	Martin's	Frick's				1.67	1.47						w/ store card
(cont)		Frick's				2.19	1.99						w/o store card
		Sugardale		1.57									w/ store card
		Sugardale		2.89									w/o store card
		Troyer's						1.97					w/ store card
		Troyer's						2.89					w/o store card
	Meijer	Cook's		1.47									
		Sugardale						1.59					
		Dearborn		3.99									
	New Market	John Morrell	2.49										
		Hickory Hills						2.49					
		Cumberland Gap									3.69		
		CB Old Country Store	3.39										
	Save-a-Lot	Sugardale				1.29	0.99				2.49		
	Schnuck's	Kretschmar						1.69					w/ \$25 purchase; limit 1
		no label				0.99	0.69						w/ \$25 purchase; limit 1
		Double G						2.59					w/ \$25 purchase; limit 1
		Schnuck's	1.99										w/ \$25 purchase; limit 1
		Frick's			1.99								w/ \$25 purchase; limit 1
	Strack & VanTil	Cook's				0.99	0.89						
		Kentucky Legend						2.99	2.99				
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
KY	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Cox IGA	Our Family				1.19	0.99						
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Food City	Kentucky Legend						3.99					
		Hormel	2.99										
		Hormel Cure 81								3.99			
		Food City	1.79	1.79	1.89	1.39	1.39						w/ store card
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									

State	Supermarket	Label	Spiral C		Bone	-in/Semi-B	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
Υ	Food Lion	My Essentials	William	1.47	***************************************	Buil	0.97	******	T I CALL	., .	50110 111		w/ store card; limit 2
cont)		My Essentials		2.79			1.89						w/o store card
,		Smithfield	1.89				1.29						w/ store card; limit 2
		Smithfield	2.99				2.09						w/o store card
	Foodland	Sugardale	2.59	2.59		1.59							
		Farmland	2.59										
		Superior						1.98	2.18				
	Galaxy Food	Carolina Pride				1.28	1.28						
	,	Smithfield		1.98									
		Butcher's Best			1.28								
		Dinner Bell				2.48							
		Kentucky Legend								3.78			
	Gordon Food Service	GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland					0.99						limit 1
	IGA	Kentucky Legend						2.99		3.99			
		Coon Creek										1.99	
		Hormel Cure 81		2.59									
		Smithfield					1.59						
	Kroger Cincinnati	Cumberland Gap			1.79			1.99					w/ store card
		Cook's			1.49		1.19						w/ store card
		Kroger	1.99										w/ store card; limit 1
		Private Selection	2.49										
	Kroger Delta	Smithfield					1.49						w/ store card
		John Morrell		1.99				2.69					w/ store card
	Kroger Louisville	Cumberland Gap			1.79								w/ store card
		Kentucky Legend						2.99					w/ store card
		Private Selection	1.99										w/ store card
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
		Gwaltney	1.59										w/ store card; limit 2
	Meijer	Cook's		1.47									
		Sugardale						1.59					
		Dearborn		3.99									
	Piggly Wiggly FG	Carolina Pride			1.48						BOGO		
		Sugardale					1.18						
		Best Choice		1.88									

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone	-in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
Olulo	Capermarket	Lubei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
KY	Remke Markets	John Morrell		1.99									w/ store card
(cont)		John Morrell		2.49									w/o store card
		Sugardale					1.69						w/ store card
		Kentucky Legend						3.49					w/ store card
		Kentucky Legend						5.49					w/o store card
	Save-a-Lot	Sugardale				1.29					2.49		
	Super Dollar	no label	1.79			1.39	1.39						
	The Fresh Market	no label	2.99										
	Valu Market	Kentucky Legend						2.99	3.19	3.59			
		Best Choice	1.99	1.99									
		Carolina Pride			1.49								
		Fischer's						1.99					
		Smithfield				1.39	1.39						
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Wesselman's	Kentucky Legend						1.99	2.99				w/ \$20 purchase; limit 1
		Cumberland Gap			2.29	2.39	2.39						
		Emge						2.99	3.19				
		Double G			1.99	2.19	2.19	2.99	3.19				
MI	Affiliated Midwest	Hormel Cure 81		1.99									
		Cook's				1.89	1.79				3.29		
		Farmland							3.19				
		Maple River						2.99					
		Hormel Cure 81		1.99					3.69				
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Busch's	Busch's		2.49									
		Dearborn		3.99							5.49		local
		Kentucky Legend								3.99			
	D&W Fresh	Quincy Street		1.99									local
		no label	3.99										
		Spartan		1.99				1.99					limit 2
	Family Fare	Sugardale					0.99						limit 2
		Smithfield		1.37									limit 2
		Spartan		1.99									limit 2

01-1-	0	Label	Spiral C		Bone	in/Semi-Bo	neless		Boneless		Ham	Country	O and this are
State	Supermarket	Label	<u> </u>	e-in Half	\\//la = a	D. 144	Charle	Whole	Half	4/4	Steak	Ham	Conditions
MI	Food Pride	Our Family	Whole	1.99	Whole	Butt	Shank		2.49	1/4	bone-in		
MI (cont)	Food Plide	Cumberland Gap		1.99				2.39 2.29	2.49				
(COIII)	Gordon Food Service	GFS	1.29					2.29	2.69				limit 1
	Gordon Food Service	GFS	2.99										
			2.99				0.00						additional quantities
		Farmland					0.99	4.00					limit 1
	Harding's	Sugardale					1.28	1.69					
		Quincy Street		1.99									
		Winter's		3.99									
		Kentucky Legend								3.99			
	Hiller's	Hiller's Signature		2.49									local
		Dearborn	3.99			2.99							local
		Winter's	3.49										local
		Kentucky Legend								3.99			
		Our Family				1.19	1.19						
	Kroger Michigan	Kroger	1.37										w/ \$10 purchase; card; limit 2
		Cumberland Gap			1.67								w/ store card
		Private Selection	2.99					3.99					w/ store card
		Smithfield					1.17						w/ store card
		Dearborn	3.99										w/ store card
		Hickory Hills						2.49					w/ store card
		Kroger	1.37										w/ store card
	Martin's	Frick's				1.67	1.47						w/ store card
		Frick's				2.19	1.99						w/o store card
		Sugardale		1.57									w/ store card
		Sugardale		2.89									w/o store card
		Troyer's						1.97					w/ store card
		Troyer's						2.89					w/o store card
	Meijer	Cook's		1.47									
		Sugardale						1.59					
		Dearborn		3.99				1.00					
		Bearbonn		0.00									
	Plumb's	Sugardale						1.69					
	i idilib 3	Nottingham				1.19	0.99	1.03					
		Quincy Street	1.89			1.13	0.33						w/ store card
		Quincy Street Quincy Street	3.19										w/o store card
		1	3.19			1.00							
		Alexander/Hornung				1.99							w/ store card
		Alexander/Hornung				2.49							w/o store card

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Halli	
МІ	Plumb's	Kentucky Legend						3.99					w/ store card
(cont)	(continued)	Kentucky Legend						4.99					w/o store card
	Polly's Market	Our Family		1.99		1.19	1.19						
		Cumberland Gap						1.99					
		Alexander/Hornung	2.29										w/ store card
		Alexander/Hornung	3.29										w/o store card
		Amish Country			3.59								
		Dearborn	3.99										w/ store card
		Dearborn	5.39										w/o store card
	Ric's Food Center	Frick's				1.49							
		Cumberland Gap						2.49	2.69				
		Amish Valley	1.99										
	Spartan Stores	Alexander/Hornung				1.59							
	Super One Foods	Elliott's				0.88	0.88						w/ \$25 purchase; limit 1
		Hormel Cure 81	1.99					BOGO					
	Tadych's	Our Family			1.89	1.89							
	,	Farmland						1.75					
	Tom's/Oleson's	Smithfield		\$10 off				\$10 off					
		Kentucky Legend		,				,		3.99			
	Valuland	Sugardale					0.99						w/ \$10 purchase; limit 1
	VG's Grocery	Sugardale					0.99						limit 2
		Smithfield		1.37									limit 2
		Dearborn		3.99									
		Spartan		1.99				1.99					limit 2; local
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										. =
		Cook's				1.78	1.78						
MN	Affiliated Midwest	Hormel Cure 81		1.99									
		Cook's				1.89	1.79						
		Farmland						2.00	3.19				
		Maple River						2.99	3.10				
	ALDI	Specially Selected	1.89					2.00					
		Appleton Farms	1.00	1.69		1.19	0.99						
	Bag'n Save	Our Family	1.88	1.00		1.19	0.99						
	Dag ii Oavo	Farmland	1.00			1.20	0.00	1.75					
	Cash Wise	Buckley Farms					1.48	'.,'					limit 1
	Cushi Wisc	Cash Wise	2.18				1.70						
	l	Casii wise	2.10	1]]

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
MN	Coborn's	Coborn's Signature	2.49			1.99	1.99						
(cont)		Hormel Cure 81						3.19	3.19				
	Cub Foods	Cub				0.88	0.88						w/ store card
		Cub				1.99	1.99						w/o store card
		Hormel Cure 81		1.88				3.99	3.99				w/ store card
		Hormel Cure 81		3.89									w/o store card
		Cook's		2.49									w/ store card
		Signature			2.49	2.99							w/ store card
	Econo Foods	Our Family	1.99		1.57	1.67							w/ \$25 purchase; limit 1
		Our Family							2.99				
		John Morrell		2.69		2.49							
		Hillshire Farms		2.79									
		Hormel Cure 81						4.59	4.59				
	Fareway	John Morrell	1.99										
		Farmland	1.99										
		Fareway						2.99	2.99				
		Bells Mills			2.99								
		Webster City			2.99								
	Festival	Festival			1.99	1.99							w/ store card
		Festival			3.79	3.79							w/o store card
		Hormel Cure 81		1.99				4.49					w/ store card
		Hormel Cure 81		3.99				5.49					w/o store card
		Double G			1.99								w/ \$25 purchase; limit 1
		Double G			3.79								additional quantities
		Cook's			1.99								w/ store card
		Cook's			2.99								w/o store card
		Elliot's			1.99								w/ store card
		Elliot's			2.99								w/o store card
	Food Pride	Our Family		1.99				2.39	2.49				
		Cumberland Gap						2.29	2.69				
	Hornbacher's	John Morrell			1.58	1.58							
		Farm Fresh		1.98					2.98				
		Hornbacher's						2.98					
	Hugo's	Our Family			0.86								w/ \$30 purchase; limit 1
		John Morrell			1.28								w/ \$30 purchase; limit 1
		Hormel		1.28									w/ \$30 purchase; limit 1

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Olulo	Capermarket	Lubei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Containons
MN	Hugo's	Cloverdale							1.99				w/ \$30 purchase; limit 1
	(continued)	Hugo's				2.28							
		Hormel Cure 81							3.98				
	Hy-Vee	Hormel Cure 81						3.99	3.99				
		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Lunds & Byerly's	Lunds & Byerly's	5.99										w/ store card
		Lunds & Byerly's	6.99										w/o store card
		Hormel Cure 81	2.49										w/ store card
		Hormel Cure 81	4.59										w/o store card
	Marketplace Foods	Cloverdale						2.98	2.98				
	-	CB Old Country Store							3.98				
		Our Family	2.38		1.68	1.78	1.78						
	Maynard's	John Morrell		1.98		2.18							
		Kretschmar							2.98				
	Quillin's	Cook's				1.39							
		John Morrell			1.99	2.09							
	Rainbow Foods	Sugardale				0.89	0.89						w/ store card
		Sugardale				2.98	2.98						w/o store card
		Cook's				1.29							limit 1
		Cook's		2.89									
		Hillshire Farms		3.49	2.49	2.49	2.49						
		Roundy's		2.99				3.49	3.49				
		Roundy's Select	3.99										
	Sun Mart	Our Family	1.99		1.57								
	Sunshine Foods	Maple River						2.99	3.29				
		John Morrell		1.99									
		Kretschmar						2.99					
	Super One Foods	Elliott's				0.88	0.88						w/ \$25 purchase; limit 1
		Hormel Cure 81	1.99					BOGO					
	Teal's Market	John Morrell	2.19	2.19	2.19				2.99				
		Our Family				1.49	1.49						
		Hormel Cure 81						3.99	3.99				
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						

itate	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
luic	oupermarket	Lubei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
D	Cash Wise	Buckley Farms					1.48						limit 1
		Cash Wise	2.18										
	Coborn's	Coborn's Signature	2.49			1.99	1.99						
		Hormel Cure 81						3.19	3.19				
	Dan's	Cloverdale						2.59	2.79				
		John Morrell			1.79	1.99	1.99						
	Econo Foods	Our Family	1.99		1.57	1.67							w/ \$25 purchase; limit 1
		Our Family							2.99				
		John Morrell		2.69		2.49							
		Hillshire Farms		2.79									
		Hormel Cure 81						4.59	4.59				
	Food Pride	Our Family		1.99				2.39	2.49				
		Cumberland Gap						2.29	2.69				
	Hornbacher's	John Morrell			1.58	1.58							
		Farm Fresh		1.98					2.98				
		Hornbacher's						2.98					
	Hugo's	Our Family			0.86								w/ \$30 purchase; limit 1
		John Morrell			1.28								w/ \$30 purchase; limit 1
		Hormel		1.28									w/ \$30 purchase; limit 1
		Cloverdale							1.99				w/ \$30 purchase; limit 1
		Hugo's				2.28							
		Hormel Cure 81							3.98				
	Leever's Foods	Cloverdale							3.48				
		John Morrell							3.38				
	Marketplace Foods	Cloverdale						2.98	2.98				
	•	CB Old Country Store							3.98				
		Our Family	2.38		1.68	1.78	1.78						
	Sun Mart	Our Family	1.99		1.57								
	Super One Foods	Elliott's				0.88	0.88						w/ \$25 purchase; limit 1
		Hormel Cure 81	1.99					BOGO					
	Teal's Market	John Morrell	2.19	2.19	2.19				2.99				
		Our Family				1.49	1.49						
		Hormel Cure 81						3.99	3.99				
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						

State	Supermarket	Label		ut Hams ne-in	Bone-i	n/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
NE	Affiliated Midwest	Hormel Cure 81		1.99									
		Cook's				1.89	1.79						
		Farmland						2.00	3.19				
		Maple River						2.99					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Apple Market	Cook's			1.48		1.59				2.99		
		Best Choice	1.88	1.88									
		Farmland							3.49				
		Maple River						2.99	2.99				
	Bag'n Save	Our Family	1.88			1.29	0.99						
		Farmland	2.29					1.75					
	Baker's	Cook's					1.59						w/ store card
		Hormel	2.99										
		Kroger	1.89										
	Fareway	John Morrell	1.99										
		Farmland	1.99										
		Fareway						2.99	2.99				
		Bells Mills			2.99								
		Webster City			2.99								
	Food Pride	Our Family		1.99				2.39	2.49				
		Cumberland Gap						2.29	2.69				
	Hy-Vee	Hormel Cure 81						3.99	3.99				
		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Russ Market	Farmland						2.00					
		Hormel Cure 81		1.99				3.99	3.99				w/ store card
		Hormel Cure 81		2.99				4.99	4.99				w/o store card
	Safeway	Safeway Select							3.49				w/ store card
		Safeway		1.59									w/ store card
		Safeway				1.39	1.19						w/ store card; limit 1
		Smithfield		2.99									w/ store card
	Sun Mart	Our Family	1.99		1.57								
	Target	Archer Farms	1.99		-								limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						

State	Supermarket	Label		ut Hams e-in	Bone	-in/Semi-B	oneless		Boneless		Ham Steak	Country	Conditions
Olulo	Cupermarket	Labor	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
ОН	Acme Fresh	Acme Gold	2.99	1.79				2.19	2.79	2.59			w/ store card
		Acme Gold	4.99	3.99				3.49	3.59	3.99			w/o store card
		Sugardale				1.29	1.29				2.99		w/ store card
		Sugardale				2.19	2.19				3.99		w/o store card
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bottom Dollar	My Essentials				0.77	0.67						w/ store card limit 2
		Smithfield	1.47										w/ store card limit 2
	Buehler's	Buehler's	2.49										w/ store card
		Buehler's	3.49										w/o store card
		Superior						2.49					w/ store card
		Superior						3.49					w/o store card
		Berk's						3.49					w/ store card
		Berk's						4.59					w/o store card
		Kentucky Legend						3.99					w/ store card
		Kentucky Legend						4.99					w/o store card
	Chief	Superior						1.69					
		John Morrell		1.69									w/ \$15 purchase & card; limit 1
		John Morrell		2.99									w/o store card
		Chief	3.99										w/ store card
		Chief	4.29										w/o store card
	Dave's Market	Sugardale		1.99									w/ store card
		Sugardale		2.99									w/o store card
		Superior			1.39								w/ store card
		Superior			2.29								w/o store card
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Fisher's	Superior			1.57			1.99					w/ store card
		Superior			2.69			3.09					w/o store card
		Sugardale		2.49	1.57								w/ store card
		Sugardale		2.99	2.69								w/o store card
	Foodland	Sugardale	2.59	2.59		1.59							
		Farmland	2.59										
		Superior						1.98	2.18				

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone	-in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
DH	Fresh Encounter, Inc.	Cumberland Gap	VVIIOIC	Hall	VVIIOIC	Batt	Chank	2.29	Tian	17-7	DOILG III		w/ store card
cont)		Cumberland Gap						2.99					w/o store card
,		Sugardale				1.49	1.49	1.99	2.19		2.99		
		John Morrell		2.69									
		Kentucky Legend						3.49					
	Geyer's	Farm Fresh		1.98		1.39	1.39	1.98	2.49		3.49		
	•	Sugardale				1.99							
	Giant Eagle	Giant Eagle	1.99	2.99	1.19			3.99	4.29				
	Ü	Sugardale		2.99	1.39			2.79	3.19	3.39			
		Hillshire Farm		3.39									
		Market District			3.59	3.59							
	Gordon Food Service	GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland					0.99						limit 1
	Heinen's	Heinen's		4.99	2.99								w/ store card
		Heinen's			3.49								w/o store card
	IGA	Best Choice	1.79										
		Kentucky Legend						2.49	2.69				
		Corn King						1.65					
		Cumberland Gap			1.79	1.99	1.99	1.99	2.19				
	Kroger Central	Cumberland Gap			1.99								w/ store card
	-	Hickory Hills						2.69					w/ store card
		Kroger	1.29										w/ store card
		Sugardale					0.99						w/ store card
		Private Selection	2.99										w/ store card
	Kroger Cincinnati	Cumberland Gap			1.79			1.99					w/ store card
	-	Cook's			1.49		1.19						w/ store card
		Kroger	1.99										w/ store card; limit 1
		Private Selection	2.49										
	Kroger Columbus	CB Old Country Store	3.99										w/ store card
	-	Cumberland Gap			1.49								w/ store card
		Kroger	1.79										w/ store card
		Private Selection	2.99										w/ store card
		Sugardale					1.29						w/ store card
		Hickory Hills						2.49					
	Kroger MidAtlantic	Cumberland Gap			1.99			2.49	2.49				w/ store card
		Gwaltney	1.59										w/ store card; limit 2

State	Supermarket	Label	_	ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
ОН	Marc's	Sugardale	1.99	Tian	***************************************	Ban	Onank	William	Tian	., .	DOI TO III		
	Marsh	Indiana Kitchen	1	1.28									w/ \$25 purchase; limit 1
,		Indiana Kitchen		2.99									additional quantities
		Sugardale Prestige				1.18	0.98						w/ \$25 purchase; limit 1
		Cumberland Gap			1.79	1.99	1.99	2.19	2.39				w/ store card
		Cumberland Gap			3.29	3.29	3.29	3.49	3.49				w/o store card
		Marsh	save \$20	save \$10									
		Sugardale									3.49		
	Meijer	Cook's		1.47									
	','	Sugardale						1.59					
		Dearborn		3.99									
	Riesbeck's	Superior						1.49					
		Smithfield		2.49									
	Remke Markets	John Morrell		1.99									w/ store card
		John Morrell		2.49									w/o store card
		Sugardale					1.69						w/ store card
		Kentucky Legend						3.49					w/ store card
		Kentucky Legend						5.49					w/o store card
	Save-a-Lot	Sugardale				1.29	0.99				2.49		
	Shop'n Save	Superior						2.29	2.49				
	,	Hillshire Farm		2.99									
		Smithfield		3.19									
		Sugardale	1.98	1.98				3.49		2.99			
		Sugardale					0.98						w/ store card; limit 1
		CB Old Country		3.49									
		Silver Star		3.49	3.49			3.89					
	Sparkle	Sparkle						1.59					w/ store card
		Sparkle						2.99					w/o store card
		Sugardale		1.99									
		Sugardale		3.59									
		Hillshire Farm		2.99									
		Kentucky Legend						4.49					
		Amish Pride						2.99					
	The Fresh Market	no label	2.99										
	Thorne's Market	Sugardale	2.59		1.99	1.17	0.97						
		Superior						2.49	2.59	2.99			
		Hillshire Farm	3.49										

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
00			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
ОН	Target	Archer Farms	1.99										limit 2
(cont)	Walmart	Sam's Choice	1.98										
(,		Cook's				1.78	1.78						
SD	Affiliated Midwest	Hormel Cure 81		1.99									
		Cook's				1.89	1.79						
		Farmland						2.00	3.19				
		Maple River						2.99					
	Coborn's	Coborn's Signature	2.49			1.99	1.99						
		Hormel Cure 81						3.19	3.19				
	Fareway	John Morrell	1.99										
		Farmland	1.99										
		Fareway						2.99	2.99				
		Bells Mills			2.99								
		Webster City			2.99								
	Hy-Vee	Hormel Cure 81						3.99	3.99				
		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Ken's Super Fair	John Morrell		1.99	1.99	2.39							
		Kretschmar						2.69	2.99				
		Double G				1.99	1.99						
	Lynn's Dakotamart	Our Family				1.28	1.28						
		John Morrell		2.29									
		Cloverdale						3.49					
	Maynard's	John Morrell		1.98		2.18							
		Kretschmar							2.98				
	Safeway	Safeway Select							3.49				w/ store card
		Safeway		1.59									w/ store card
		Safeway				1.39	1.19						w/ store card; limit 1
		Smithfield		2.99									w/ store card
	Sunshine Foods	Maple River						2.99	3.29				
		John Morrell		1.99									
		Kretschmar						2.99					
	Teal's Market	John Morrell	2.19	2.19	2.19				2.99				
		Our Family				1.49	1.49						
		Hormel Cure 81						3.99	3.99				
	Target	Archer Farms	1.99										limit 2

State	Supermarket	Label	1 -	ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
SD	Walmart	Sam's Choice	1.98										
(cont)		Cook's				1.78	1.78						
WI	Affiliated Midwest	Hormel Cure 81		1.99									
		Cook's				1.89	1.79						
		Farmland						2.00	3.19				
		Maple River						2.99					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Econo Foods	Our Family	1.99		1.57	1.67							w/ \$25 purchase; limit 1
		Our Family							2.99				
		John Morrell		2.69		2.49							
		Hillshire Farms		2.79									
		Hormel Cure 81						4.59	4.59				
	Festival	Farmland						2.68	2.68	2.68			w/ store card
		Farmland						3.89	3.89	3.89			w/o store card
		Hillshire Farms			1.98	2.18							w/ store card
		Hillshire Farms			3.49	3.49							w/o store card
	Gordon Food Service	GFS	1.29										limit 1
		GFS	2.99										additional quantities
		Farmland					0.99						limit 1
	Gordy's	Hormel Cure 81		1.98									w/ store card
		Hormel Cure 81		3.49									w/o store card
	Hy-Vee	Hormel Cure 81						3.99	3.99				
	*	Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Pick'n Save/Copp's	Sugardale					0.99						w/ \$25 purchase & card; limit 1
		Sugardale					2.98						additional quantities
		Cook's				1.29							w/ store card; limit 1
		Cook's		2.89									w/ store card
		Hillshire Farm		3.49	2.49								
		Roundy's		2.99				3.49	3.49				
		Roundy Select	3.99										
	Piggly Wiggly	Cook's				0.87	0.67				3.59		w/ \$25 purchase; limit 1
	30, 30,	Farmland		1.99				2.99	3.19				, ,
		Hillshire Farm			2.69	2.89							
		Badger						3.89	3.99	4.29			

State	Supermarket	Label		ut Hams ne-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
WI	Save-a-Lot	Sugardale				1.29	1.09				2.49		
(cont)	Sendik's	Sendik's	5.49					4.99					
		Farmland	2.79	2.79									
	Sentry	Cook's					0.79						w/ \$25 purchase; limit 1
		Hormel Cure 81		1.79									w/ \$25 purchase; limit 1
		Hormel Cure 81						3.49	3.49				
		John Morrell											
	Super One Foods	Elliott's				0.88	0.88						w/ \$25 purchase; limit 1
		Hormel Cure 81	1.99					BOGO					
	Tadych's	Our Family	2.39	2.29	1.89	1.89							
		Farmland						1.75					
		John Morrell							2.99				
		Hillshire Farm			1.99	1.99	1.99						limit 2
	The Fresh Market	no label	2.99										
	Valu Land	Sugardale					0.99						w/ \$10 purchase; limit 1
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Woodman's	Klondike				1.59	1.59						

State	Supermarket	Label		ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
	·		Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
DUTI	H CENTRAL U.S AR,	AZ,CO,KS,LA,MO,NM,OK	C,TX,UT				•	•	•	•	•	•	
₹	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Bill's Fresh	Carolina Pride					1.28						
		Best Choice	2.28										
		Petit Jean			2.68								
	Brookshire's	Hormel		1.79									w/ store card
		Hormel		3.99									w/o store card
		Hormel Cure 81						3.99	3.99				w/ store card
		Hormel Cure 81						6.49	6.49				w/o store card
	Cranford	Best Choice	1.68	1.68									w/ \$25 purchase; limit 1
		Best Choice	1.88	1.88									w/o qualifying purchase
		Cook's				1.19	0.98						w/ \$20 purchase; limit 1
		Cook's				1.39	1.19						w/o qualifying purchase
		Corn King						1.50					3, 4, 4, 4, 4, 4, 4, 4, 4, 4, 4, 4, 4, 4,
	CV's Family Food	Frick's				1.59	1.39	2.99	2.99	3.99			
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									
	G&W Foods	Best Choice	1.98	1.98									
		Carolina Pride						2.88	2.98				
		Cook's				1.48	1.28						
		Sugardale				1.48	1.28						
		Kretschmar						2.58	2.58				
	Harp's	Double G				2.19	1.89						
		Best Choice	1.99	1.99									
		Kretschmar							2.99				
		Cook's				1.69	1.49				3.19		
		Cedar Hollow							3.49	3.69			
		Corn King						1.75	20	2.00			
	Hay's	Ozark Pride			2.29	2.29				3.99			
	, 3	Cook's			0	1.37	1.17			0.00			
		Double G									4.39		
		Best Choice	1.88	1.88									
		Kretschmar						2.37	2.57				
	Kroger Delta	Smithfield					1.49						w/ store card
	3901 20114	John Morrell		1.99			1.40	2.69					w/ store card

State	Supermarket	Label		ut Hams ne-in	Bone-	·in/Semi-Be	oneless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
AR	Mac's Fresh Market	Carolina Pride					1.27			., .			
(cont)		Best Choice	1.99										
		Corn King						1.75					
	Marvin's Food Stores	Frick's				1.59	1.39	2.99	2.99				
		Frick's 1896						3.49	3.49	3.99			
	Piggly Wiggly FG	Carolina Pride			1.48						BOGO		
		Sugardale					1.18						
		Best Choice		1.88									
	Rehkopf's	Cook's				1.59	1.29						
		Best Choice		2.39									
	Save-a-Lot	Sugardale				1.39	1.19						
	The Fresh Market	no label	2.99										
	TC Markets	Kretschmar						2.49					
		Cook's				1.49	1.39						
		Best Choice	1.99	1.89									
		Sugardale				1.49	1.19						limit 1
		Cedar Hollow						3.69					
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label	5.99										
AZ	Albertson's	Hormel Cure 81						3.99					
		Cook's					1.39						
		no label	1.57										limit 1
	Basha's	Cook's	1.89				0.89						limit 2
		Hormel Cure 81						4.49	4.49				
		Farmland						2.39					
	Food City	Cook's					0.98						limit 1
	Fresh & Easy	Fresh & Easy	2.49										
		Cook's					1.39						
	Fry's	Cook's					0.89						w/ \$25 purchase; card; limit 1
		Kroger	1.67										
		Private Selection	2.69										
	Safeway	Safeway Select							3.49				w/ store card
		Safeway		1.59			1.59						w/ store card
		Smithfield		2.99									w/ store card
	Smart & Final	Farmer John	1.69	1.69									w/ \$25 purchase; limit 1

			Spiral C	ut Hams	Pone	in/Semi-Bo	nologo		Panalasa		Ham	C	
State	Supermarket	Label	Bor	ne-in	Bone-	ın/semi-bo	neiess		Boneless		Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
ΑZ	Smith's	Cook's				1.49	1.29						w/ store card
(cont)		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Sprout's	Old Tyme	1.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label	11.99										Organic
		Homestead	6.99										ABF
		Wellshire	6.59					11.99					ABF
		Pederson's Farms	6.59						7.99				ABF
СО	Affiliated Midwest	Farmland						2.00					
		John Morrell		1.68	1.99	2.19							
		Cook's				1.48	1.28						
		Kretschmar						2.89	2.99				
	Affiliated Foods	Cook's				1.39	1.19						
		Hormel Cure 81		2.19				4.49	4.49				
		Farmland						2.00					
	Albertson's	Hormel Cure 81						3.99					
		Cook's					1.39						
		no label	1.57										limit 1
	Clark's	no label				1.59	1.39						
	King Soopers	Cook's				1.29	0.99						w/ store card
		Kroger	1.69										w/ store card
		Hormel Cure 81						3.99					
	Lowe's	Cook's				1.39	1.19						
	Safeway	Safeway Select							3.49				w/ store card
		Safeway		1.59									w/ store card
		Safeway				1.39	1.19						w/ store card; limit 1
		Smithfield		2.99									w/ store card
	Sprout's	Old Tyme	1.99										
	Sun Mart	Our Family	1.99		1.57								
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless	_	Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
s	Affiliated Midwest	Farmland						2.00		., .	1		
		John Morrell		1.68	1.99	2.19							
		Cook's				1.48	1.28						
		Kretschmar						2.89	2.99				
	Affiliated Foods	Cook's				1.39	1.19						
		Hormel Cure 81		2.19				4.49	4.49				
		Farmland						2.00					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Apple Market	Cook's			1.48		1.59				2.99		
		Best Choice	1.88	1.88									
		Farmland							3.49				
		Maple River						2.99	2.99				
	Country Mart	Farmland						1.75					w/ store card
	,	Best Choice	1.78	1.88									w/ store card
		Maple River						2.79					w/ store card
		Cook's			1.48		1.68						w/ store card
		Frick's			1.99		2.19						w/ store card
		Hormel Cure 81	1.88					3.49	3.49	3.49			w/ store card
	My Country Mart	Farmland						1.75					
		Best Choice	1.99										
		Maple River						2.79					
		Cook's			1.79		1.19						
		Frick's			1.99								
		Hormel Cure 81	1.88					3.49	3.49	3.49			
		Kentucky Legend							3.69	3.69			
	Dillon's	Cook's					1.59						w/ store card
		Hormel	2.99										
		Kroger	1.89										
	G&W Foods	Best Choice	1.98	1.98									
		Carolina Pride						2.88	2.98				
		Cook's				1.48	1.28						
		Sugardale				1.48	1.28						
		Kretschmar						2.58	2.58				
	Hen House	Ball's	3.99	3.49									
		Farmland		2.59				3.79	3.79				

			Spiral C	ut Hams	Dame	in/Comi Do			Danalasa		Ham		
State	Supermarket	Label	Bor	ne-in	Bone-	in/Semi-Bo	neiess		Boneless		Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Halli	
KS	Hy-Vee	Hormel Cure 81						3.99	3.99				
(cont)		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Marvin's Food Stores	Frick's				1.59	1.39	2.99	2.99				
		Frick's 1896						3.49	3.49	3.99			
	Price Chopper	Cook's					1.69						
		Farmland						1.75					
		Farmland Premium						3.49					
		Hormel Cure 81	1.88	1.98									
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Sun Fresh	Hormel		1.99									
		Hormel Cure 81	1.89	1.99				3.69	3.69				
		Cook's			1.49	1.59	1.59						
		Frick's			2.29	2.49							
		Corn King						1.50					
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Woods	Frick's				1.79	1.69						
LA	Albertson's	Hormel	1.47										w/ \$10 purchase; limit 1
		no label					0.97						limit 1
	Breaux Mart	Smithfield	1.99				1.39						
	Brookshire's	Hormel		1.79									w/ store card
		Hormel		3.99									w/o store card
		Hormel Cure 81						3.99	3.99				w/ store card
		Hormel Cure 81						6.49	6.49				w/o store card
	Kroger Southwest	Cook's					1.49	00	00				w/ store card
	l a ego. Couminos.	Kroger	1.99										w/ store card
		Private Selection	2.99										w/ store card
	Mac's Fresh Market	Carolina Pride	2.00				1.27						5.010 0010
	Maco i room Market	Best Choice	1.99				1.21						
		Corn King	1.55					1.75					
	LeBlanc's	Buckley Farms				1.29	0.99	1.75					
	Lobiano 3	Smithfield	1.99			1.23	0.33						
	Save-a-Lot	Sugardale	1.33			1.29	0.99				2.49		
	Jave-a-Lui	Sugaruale				1.29	0.99				2.49		

			Spiral C	ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	
State	Supermarket	Label		e-in	Done-						Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
LA	Super1Foods	Cook's				1.67	1.37						
(cont)	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label	5.99										
	Winn-Dixie	Dinner Bell				2.49							w/ store card
		Dinner Bell				3.49							w/o store card
		Smithfield		1.99									w/ \$25 purchase; limit 2
		Smithfield		3.99									additional quantities
		Smithfield				1.69	1.49						w/ \$25 purchase; limit 2
		Smithfield				2.39	2.19						additional quantities
МО	Affiliated Midwest	Farmland						2.00					·
		John Morrell		1.68	1.99	2.19							
		Cook's				1.48	1.28						
		Kretschmar						2.89	2.99				
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Apple Market	Cook's			1.48		1.59				2.99		
		Best Choice	1.88	1.88									
		Farmland							3.49				
		Maple River						2.99	2.99				
	C&R Market	Cook's				1.48	1.28	2.00	2.00				
	our market	Hormel Cure 81		1.78		1.40	1.20	3.99	3.99				
		Kretschmar		1.70				2.79	2.99				
		Maple River						2.79	2.33				
	County Market	Hormel Cure 81		1.27				2.59					limit 2
	County Market	Double G		1.27				3.69	3.89				
		Farmland						3.19	3.09				
						4.00	4.40	3.19		4.70			
		Frick's				1.69	1.49	4.00		4.79			
	O a service a Marie	Kretschmar						1.99					out stars and
	Country Mart	Farmland	4.70	4.00				1.75					w/ store card
		Best Choice	1.78	1.88				0 ==					w/ store card
		Maple River						2.79					w/ store card
		Cook's			1.48		1.68						w/ store card
		Frick's			1.99		2.19						w/ store card
		Hormel Cure 81	1.88					3.49	3.49	3.49			w/ store card

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	Steak bone-in	Ham	Conditions
МО	My Country Mart	Farmland	VVIIOIC	Han	VVIIOIC	Date	Orianik	1.75	Hall	1/-	DOILC III		
(cont)	My Country Marc	Best Choice	1.99					1.70					
(,		Maple River						2.79					
		Cook's			1.79		1.19						
		Frick's			1.99								
		Hormel Cure 81	1.88					3.49	3.49	3.49			
		Kentucky Legend							3.69	3.69			
	Dierberg's	Dierberg's		1.99									
		Frick's			2.29	2.39	2.29						
		Double G			2.29	2.39	2.29	2.49					
		Dierberg's						2.49					
	Food Giant	Kentucky Legend						2.68	2.98				
		Wilson						3.99					
		Best Choice		2.18									
	G&W Foods	Best Choice	1.98	1.98									
	G&W Foods	Carolina Pride						2.88	2.98				
		Cook's				1.48	1.28						
		Sugardale				1.48	1.28						
		Kretschmar						2.58	2.58				
	Gerbe's	Cook's					1.59						w/ store card
		Hormel	2.99										
		Kroger	1.89										
	Harp's	Double G				2.19	1.89						
		Best Choice	1.99	1.99									
		Kretschmar							2.99				
		Cook's				1.69	1.49				3.19		
		Cedar Hollow							3.49	3.69			
		Corn King						1.75					
	Harter House	Harter House			1.99								
	Harter House	Hormel	2.19										
		Hormel Cure 81						2.99					
	Hay's	Ozark Pride			2.29	2.29				3.99			
		Cook's				1.37	1.17						
		Double G									4.39		
		Best Choice	1.88	1.88									
		Kretschmar						2.37	2.57				

			Spiral C	ut Hams	D	: (O : D -			D 1		Ham		
State	Supermarket	Label	Bon	e-in	Bone-	in/Semi-Bo	neless		Boneless		Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Halli	
Ю	Hy-Vee	Hormel Cure 81						3.99	3.99				
cont)		Cook's			1.48								
		Farmland						1.69					
		Hy-Vee	1.98	2.28									
	Kroger Central	Cumberland Gap			1.99								w/ store card
		Hickory Hills						2.69					w/ store card
		Kroger	1.29										w/ store card
		Sugardale					0.99						w/ store card
		Private Selection	2.99										w/ store card
	Moser's	Best Choice	1.69	1.69									
		Cook's			1.49	1.49	1.49			3.99	3.99		
		Frick's				2.39							
	Patricia's	Hormel Cure 81						4.69	4.69				
		Farmland						1.75					
		Best Choice	1.87	1.87									w/ store card
		Best Choice	3.09	3.09									w/o store card
		Cook's				1.45	1.45				3.99		w/ store card
		Cook's				2.99	2.99				5.49		w/o store card
		Hormel Cure 81						4.69	4.69				w/ store card
		Hormel Cure 81						5.99	5.99				w/o store card
	Piggly Wiggly FG	Carolina Pride			1.48						BOGO		
	337 337 -	Sugardale					1.18						
		Best Choice		1.88									
	Price Chopper	Cook's					1.69						
		Farmland						1.75					
		Farmland Premium						3.49					
		Hormel Cure 81	1.88	1.98				0.10					
	Pyramid Foods	Double G	1.00	1.00			1.79	3.19	3.29		3.99		
	. y.aa.r oodo	Hormel Cure 81	2.69					3.89	0.20		0.00		
		Kretschmar	2.00					2.39					
		Frick's					1.79	2.00					
		Cook's			1.79	1.49	1.49						
		Burger's	3.69		'.,,	1.75	1.45						
		Carolina Pride	0.00				1.49	2.89					
		Best Choice	1.79				1.45	2.00					
		Sugardale	1.79		1.69								
	Save-a-Lot	Sugardale			1.03	1.29	1.09				2.49		

State	Supermarket	Label	Spiral C Bon	ut Hams	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
0	Schnuck's	Kretschmar						1.69		., .			w/ \$25 purchase; limit 1
ont)		no label				0.99	0.69						w/ \$25 purchase; limit 1
,		Double G						2.59					w/ \$25 purchase; limit 1
		Schnuck's	1.99										w/ \$25 purchase; limit 1
		Frick's			1.99								w/ \$25 purchase; limit 1
	Shop'n Save	Kentucky Legend								4.99			
		Frick's				0.99	0.99						w/ \$25 purchase; limit 1
		Frick's			2.49								
		Kretschmar						1.69					w/ \$25 purchase; limit 1
		Farmland	1.49										w/ \$25 purchase; limit 1
		CB Old Country Store				4.49							. , . ,
	Sun Fresh	Hormel		1.99									
		Hormel Cure 81	1.89	1.99				3.69	3.69				
		Cook's			1.49	1.59	1.59						
		Frick's			2.29	2.49							
		Corn King						1.50					
	Town & Country	Best Choice	1.99										
	, , ,	Double G				1.89	1.69			3.79			
		Cook's			1.69	1.49	1.39						
		Kretschmar						2.19	2.49				
		Ozark Pride			1.99								
	TC Markets	Kretschmar						2.49					
		Cook's				1.49	1.39						
		Best Choice	1.99	1.89									
		Sugardale				1.49	1.19						limit 1
		Cedar Hollow						3.69					
	Target	Archer Farms	1.99					0.00					limit 2
	United/Market Street	Cook's					0.98						=
	J 3, 3 3 3 3	Hormel Cure 81		2.39			0.00						
	Walmart	Sam's Choice	1.98	2.00									
	· · · · · · · · · · · · · · · · · · ·	Cook's				1.78	1.78						
	Woods	Frick's				1.79	1.69						
		Cook's			1.89								
		Kretschmar						2.98	3.18				
		Kentucky Legend						3.99	0.10				
		Sugardale			1.89	1.48	1.38	0.00					
		Best Choice	1.99	1.99	1.00	1.40	1.00						

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	Conditions
State	Supermarket	Labei	Whole	e-in Half	Whole	Butt	Shank	Whole	Half	1/4	Steak bone-in	Ham	Conditions
NM	Albertson's	Hormel Cure 81	VVIIOIE	i iaii	VVIIOLE	Dan	SHAHK	3.99	Hall	1/4	DOI 16-111	<u> </u>	
14.01	7 IIDON GONT G	Cook's					1.39	0.00					
		no label	1.57				1.00						limit 1
	Affiliated Foods	Cook's	1.07			1.39	1.19						
	7 Illinated 1 eeds	Hormel Cure 81		2.19		1.00	1.10	4.49	4.49				
		Farmland		2.10				2.00	1.10				
	John Brooks	Cook's				1.39	1.19	2.00					
	CONT BICONO	Hormel		2.19		1.00	1.10						
		Hormel Cure 81		2.10				4.49	4.49				
		Farmland						2.00	1.10				
	Lawrence Bros.	Best Choice	1.69					2.00					
	Lowe's	Cook's	1.00			1.39	1.19						
	Safeway	Safeway Select				1.00	1.10		3.49				w/ store card
	Careway	Safeway		1.59					0.40				w/ store card
		Safeway		1.00		1.39	1.19						w/ store card; limit 1
		Smithfield		2.99		1.00	1.10						w/ store card
	Smith's	Cook's		2.00		1.49	1.29						w/ store card
	5	John Morrell	1.79				0						w/ store card
		Kroger						2.99					
	Sprout's	Old Tyme	1.99										
	Target	Archer Farms	1.99										
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
ок	Affiliated Foods	Cook's				1.39	1.19						
		Hormel Cure 81		2.19				4.49	4.49				
		Farmland						2.00					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Country Mart	Farmland						1.75					w/ store card
		Best Choice	1.78	1.88									w/ store card
		Maple River						2.79					w/ store card
		Cook's			1.48		1.68						w/ store card
		Frick's			1.99		2.19						w/ store card
		Hormel Cure 81	1.88					3.49	3.49	3.49			w/ store card

State	Supermarket	Label	Spiral C		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Label	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
ок	My Country Mart	Farmland	vviiole	ı ıaıı	vviiole	Dull	SHAHK	1.75	Hall	1/4	DOITE-III		
(cont)	Iviy Country Wart	Best Choice	1.99					1.75					
(00111)		Maple River	1.00					2.79					
		Cook's			1.79		1.19	2.70					
		Frick's			1.99		1.13						
		Hormel Cure 81	1.88		1.00			3.49	3.49	3.49			
		Kentucky Legend	1.00					0.40	3.69	3.69			
	Harp's	Double G				2.19	1.89		3.03	3.03			
	Tidip 5	Best Choice	1.99	1.99		2.10	1.00						
		Kretschmar	1.00	1.00					2.99				
		Cook's				1.69	1.49		2.00		3.19		
		Cedar Hollow				1.00	1.40		3.49	3.69	0.10		
		Corn King						1.75	0.40	0.00			
	Homeland Stores	Hormel		1.99				1.75					
	Homeland Stores	Cook's		1.00		1.79	1.49						
	Market Square	Cook's				1.70	1.19						
	Market Oquare	Farmland					1.10	2.00					
		Hormel Cure 81		2.19				4.49	4.49				
	Marvin's Food Stores	Frick's		2.10		1.59	1.39	2.99	2.99				
	Marviiro i ood otoroo	Frick's 1896				1.00	1.00	3.49	3.49	3.99			
	Pyramid Foods	Double G					1.79	3.19	3.29	0.00	3.99		
	l yranna i oodo	Hormel Cure 81	2.69				1.70	3.89	0.20		0.00		
		Kretschmar	2.00					2.39					
		Frick's					1.79	2.00					
		Cook's			1.79	1.49	1.49						
		Burger's	3.69										
		Carolina Pride					1.49	2.89					
		Best Choice	1.79										
		Sugardale			1.69								
	Rehkopf's	Cook's				1.59	1.29						
		Best Choice		2.39									
		Sugardale				1.29	1.19				2.49		
	Sprout's	Old Tyme	1.99			-							
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						

State	Supermarket	Label	Spiral Co		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Otate	Oupermarket	Laber	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
ок	Warehouse Market	Sugardale		1.89			1.49			, , ,	2.99		
(cont)		Kentucky Legend							3.89				
` ,		Vernon Manor		1.59									
	Whole Foods	no label	5.99										
	Williams	Cook's			1.89	1.49	1.29						
		Frick's			1.99								
		Kentucky Legend						3.79					
		Best Choice		1.99									
		Hormel Cure 81						3.99					
TX	Albertson's Sthrn	Hormel	1.47										w/ \$10 purchase; limit 1
		no label					0.97						limit 1
	Albertson's SW	Hormel Cure 81						3.99					
		Cook's					1.39						
		no label	1.57										limit 1
	Affiliated Foods	Cook's				1.39	1.19						
		Hormel Cure 81		2.19				4.49	4.49				
		Farmland						2.00					
	ALDI	Specially Selected	1.89										
		Appleton Farms		1.69		1.19	0.99						
	Arlan Market	Cook's					1.49						
	Brookshire Bros.	Cook's		2.99		1.99	1.89						
		Hormel Cure 81							4.48				
	Brookshire's	Hormel		1.79									w/ store card
		Hormel		3.99									w/o store card
		Hormel Cure 81						3.99	3.99				w/ store card
		Hormel Cure 81						6.49	6.49				w/o store card
	Diamond IGA	Cook's					1.29						
		Best Choice		2.29									
	Fiesta Mart	Farmland	2.49	-		1.79	1.79						
	Food Town	Sugardale	1.99										
	Foodarama/La Fiesta	Cook's					1.17				1.99		
	Gerland's	Smithfield								3.89			
	H-E-B	H-E-B Texas Pecan		2.99									
		Smithfield				1.67	1.47						
	Homeland Stores	Hormel		1.99									
		Cook's				1.79	1.49						

State	Supermarket	Label	Spiral C		Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
Olulo	Саротнатког	20001	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
TX	Kroger Southwest	Cook's					1.49						w/ store card
(cont)		Kroger	1.99										w/ store card
		Private Selection	2.99										w/ store card
	Lawrence Bros.	Best Choice	1.69										
	Lowe's	Cook's				1.39	1.19						
	Market Place	Hormel Cure 81	1.98										limit 2
		Cook's				1.48	1.18						w/ \$20 purchase; limit 2
		Farmland						2.00					
	Market Square	Cook's					1.19						
		Farmland						2.00					
		Hormel Cure 81		2.19				4.49	4.49				
	Minyard's	Cook's				1.19	0.98						
		Hormel Cure 81						3.99	3.99				
	Randall's/Tom Thumb	Safeway Select							3.49				w/ store card
		Safeway		1.69			1.69						w/ store card
		Smithfield		2.99									w/ store card
	Rehkopf's	Cook's				1.59	1.29						
		Best Choice		2.39									
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Sprout's	Old Tyme	1.99										
	Super1Foods	Cook's				1.67	1.37						
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Vista Markets	Cook's				1.49	1.29						
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label	5.99										
UT	Albertson's Mtn	Albertson's						2.99					
		Amish Pride						3.99	3.49				
		Cook's				1.39	0.99				3.99		
		Hormel Cure 81		1.99				3.79					limit 1
	Albertson's SW	Hormel Cure 81						3.99					
		Cook's					1.39						
		no label	1.57										limit 1
	Associated Food	no label		1.49									
		Hormel		1.99				3.79	3.79				
		Cook's				1.59	1.39						

State	Supermarket	Label	Spiral C		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
JT	Clark's	no label				1.59	1.39						
	Ream's	Sugardale	2.49			1.39	1.09						
,	Smith's	Cook's				1.49	1.29						w/ store card
		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Sprout's	Old Tyme	1.99										
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	1												

State	Supermarket	Label		ut Hams e-in	Bone	·in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
DUTH	IWESTERN U.S CA,H	II,NV				Į.		1		Į.			•
١	Albertson's	Cook's					1.49				3.99		
		Hormel Cure 81	1.77					3.99					limit 1
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Food4Less	Farmer John	2.39			1.29							
	Fresh & Easy	Fresh & Easy	2.49										
		Cook's					1.39						
	Holiday Markets	Cook's	2.99										w/ store card
	·	Cook's	3.99										w/o store card
		Premiere Brand						4.29					
		Sunny Valley				1.99	1.99						w/ store card
		Sunny Valley				2.89	2.89						w/o store card
	Jensen's	Nueske											
	Jon's Marketplace	Cook's				1.99							
	•	Farmer John				1.99							
	Lucky's	Cook's	1.97			1.59	1.29						
	Lunardi's	Lunardi's	3.99					4.99					
		Bell's Mill			3.99								
	Mar-Val	Cook's		2.29		1.79	1.69						
	Mollie Stone's	Mollie Stone's	5.89		4.59			5.99					
	Northgate	Farmer John	2.49										
	Nugget Market	Sunny Valley		1.99									w/ store card
	00	Sunny Valley		3.99									w/o store card
	Raley's	no label			0.99	1.29	0.99						
	,	Raley's	1.99					3.99			2.99		
	Ralph's	Farmer John					0.88						w/ store card; limit 2
		Hormel Cure 81						3.99					,
		Farmer John	2.49										
		Private Selection	2.49							3.99			
	Ray's Food Place	Ohse	4.29										
		Sunny Valley					1.49						
	Safeway	Safeway				1.49	1.29						w/ store card; limit 1
	,	Safeway Select							3.49				w/ store card
		Safeway		1.99									w/ store card

		I	Spiral C		Bone-	in/Semi-Bo	neless		Boneless		Ham	Country	
State	Supermarket	Label		ne-in		I _	T		1	1	Steak	Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
CA	Save Mart	Cook's	1.97										
(cont)		Sunny Valley	1.97										
		CB Old Country Store	2.99										
		Hillshire Farms	2.99										
		John Morrell						2.49					
		Farmer John			1.99								
	Save-a-Lot	Sugardale				1.29	1.09				2.49		
	Scolari's	Sugar Valley									2.99		
	Smart & Final	Farmer John	1.69	1.69									w/ \$25 purchase; limit 1
	Sprout's	Old Tyme	1.99										
	Stater Bros.	Farmer John				0.88	0.88						w/ \$25 purchase; limit 1
		Farmer John				1.59	1.59						additional quantities
		Smithfield	1.87										
	Super A Foods	Hormel	2.29										
	The Fresh Market	no label	2.99										
	Target	Archer Farms	1.99										limit 2
	Vons/Pavillion	Cook's	2.99										w/ store card
		Farmer John				1.29	0.99						w/ store card; limit 1
		Safeway Select							3.49				w/ store card
		Safeway		1.99									w/ store card
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods - North	Wellshire		4.99									
	Whole Foods - South	no label	11.99										Organic
		Homestead	6.99										ABF
		Wellshire	6.59					11.99					ABF
		Pederson's Farms	6.59						7.99				ABF
HI	Safeway	Safeway				1.49	1.29						w/ store card; limit 1
		Safeway Select							3.99				w/ store card
		Safeway		2.49									w/ store card
	Target	Archer Farms	1.99										limit 2
	Times Supermarket	Cook's				1.69	1.49						
		Farmer John			2.29	2.29	2.19						
	Whole Foods	no label	11.99										Organic
		Homestead	6.99										ABF
		Wellshire	6.59					12.99					ABF
		Pederson's Farms	7.59						8.99				ABF

State	Supermarket	Label	Spiral C Bon		Bone-	in/Semi-Bo	oneless		Boneless		Ham Steak	Country	Conditions
Julio	Сироппинос	2000.	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Containone
v	Albertson's	Cook's					1.49				3.99		
		Hormel Cure 81	1.77					3.99					limit 1
	Dollar General Market	Smithfield		1.79									w/ \$15 purchase; limit 1
	Fresh & Easy	Fresh & Easy	2.49										
		Cook's					1.39						
	Ralph's	Farmer John					0.88						w/ store card; limit 2
		Hormel Cure 81						3.99					
		Farmer John	2.49										
		Private Selection	2.49							3.99			
	Safeway	Safeway				1.49	1.29						w/ store card; limit 1
		Safeway Select							3.49				w/ store card
		Safeway		1.99									w/ store card
	Scolari's	Sunny Valley					0.99						limit 1
		Hormel Cure 81							3.99				
		Hormel	2.59										
		Kentucky Legend						3.59					
	Smart & Final	Farmer John	1.69	1.69									w/ \$25 purchase; limit 1
	Smith's	Cook's				1.49	1.29						w/ store card
		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Sprout's	Old Tyme	1.99										
	Target	Archer Farms	1.99										limit 2
	Vons/Pavillion	Cook's	2.99										w/ store card
		Farmer John				1.29	0.99						w/ store card; limit 1
		Safeway Select							3.49				w/ store card
		Safeway		1.99									w/ store card
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Whole Foods	no label	11.99										Organic
		Homestead	6.99										ABF
		Wellshire	6.59					11.99					ABF
		Pederson's Farms	6.59						7.99				ABF

State	Supermarket	Label	Spiral Cu Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Паш	
IORT	HWESTERN U.S AK	,ID,MT,OR,WA,WY										-	-
١K	AC Value Center	Wrights		3.98									
	Carr's	Cook's	3.49										w/ store card
		Safeway				1.69	1.49						w/ store card; limit 1
		Safeway		2.29									w/ store card
		Safeway Select							3.99				w/ store card
	Fred Meyer	Cook's					1.79						w/ store card
		F.G. Meyer	save \$10										limit 2 w/ coupon
		Kroger	1.98										w/ store card
	Three Bears	Ohse		2.19									
		Sunny Valley				1.89	1.89						
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
D	Albertson's Mtn	Albertson's						2.99					
		Amish Pride						3.99	3.49				
		Cook's				1.39	0.99				3.99		
		Hormel Cure 81		1.99				3.79					limit 1
	Associated Food	no label		1.49									
		Hormel		1.99				3.79	3.79				
		Cook's				1.59	1.39						
	Family Foods	Cook's		2.28		1.68	1.48						
		Kretschmar								3.58			
	Fred Meyer	Cook's					1.49						w/ store card
		F.G. Meyer	save \$10										limit 2 w/ coupon
		Kroger	1.88										w/ store card
	Harvest Foods	John Morrell	1.98										
		Maple River						2.49					
		Cook's									3.49		
	Paul's Market	no label		1.29									
		Hormel Cure 81	1.99										
		Cook's				1.38	1.38						
		Farmland						1.68	1.88				
	Rosauer's	John Morrell		2.29		2.29							
		Cook's				1.89	1.59				2.79		
		Maple River						2.29					
		Longhorn	1.99										

			Spiral C	ut Hams	Pone	in/Semi-Bo	noloco		Boneless		Ham	C	
State	Supermarket	Label	Bon	e-in	Bone-	in/Semi-bo	neiess		boneless		Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in		
D	Safeway	Cook's	2.99										w/ store card
cont)		Safeway Select							3.49				w/ store card
		Safeway		1.99									
		Safeway				1.49	1.29						w/ store card; limit 1
	Smith's	Cook's				1.49	1.29						w/ store card
		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Super 1 Foods	John Morrell		2.28									
		Longhorn		1.98									
		Cook's				1.88	1.58						
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
	Yoke's	John Morrell						3.49	3.49				
		Yoke's	2.49										
		Longhorn	1.97										w/ store card
		Longhorn	3.99										w/o store card
		Hempler's							3.99				
		Kretschmar						3.49	3.49				
ИT	Albertson's Mtn	Albertson's						2.99					
		Amish Pride						3.99	3.49				
		Cook's				1.39	0.99				3.99		
		Hormel Cure 81		1.99				3.79					limit 1
	Family Foods	Cook's		2.28		1.68	1.48						
	" , "	Kretschmar								3.58			
	Harvest Foods	John Morrell	1.98										
		Maple River						2.49					
		Cook's									3.49		
	Reynold's	Hormel		2.49							0		
		Dubuque		1.29									
		Cook's		1.20		1.69	1.29						
		Hormel Cure 81				1.00	1.20	4.29	4.49				
	Rosauer's	John Morrell		2.29		2.29		20	1.40				
		Cook's		0		1.89	1.59				2.79		
		Maple River				1.00	1.00	2.29			2.70		
		Longhorn	1.99					2.20					
		Longilom	1.55										

			Spiral C	ut Hams	Bana	-in/Semi-Bo	nalasa		Danalasa		Ham	0	
State	Supermarket	Label	Bon	e-in	Bone-	·III/SeIIII-BO	neiess		Boneless		Steak	Country Ham	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in]	
MT	Safeway	Cook's	2.99										w/ store card
(cont)		Safeway Select							3.49				w/ store card
		Safeway		1.99									
		Safeway				1.49	1.29						w/ store card; limit 1
	Smith's	Cook's				1.49	1.29						w/ store card
		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Super 1 Foods	John Morrell		2.28									
		Longhorn		1.98									
		Cook's				1.88	1.58						
	Three Bears	Sunny Valley				1.69	1.69						
		Ohse				1.99	1.99						
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
OR	Albertson's	Hills				1.69	1.29						
		Kruse			1.79								
		Hormel Cure 81	1.88										
	Family Foods	Cook's		2.28		1.68	1.48						
		Kretschmar								3.58			
	Fred Meyer	Cook's					1.49						w/ store card
		F.G. Meyer	save \$10										limit 2 w/ coupon
		Kroger	1.88										w/ store card
	Market of Choice	Beeler's		5.99									ABF
		Ohse		1.99									
	McKay's	Cook's		1.99									
	New Seasons	New Seasons						5.99					local
		Beeler's	5.99										
	QFC	Cook's				0.99	0.99						w/ store card; limit 2
		Hormel Cure 81		1.88									w/ store card
	Ray's Food Place	Ohse	4.29										
	,	Sunny Valley					1.49						
	Roth's	Cook's	1.99			1.69	1.49						limit 2
		Hempler's				3.99							
		Beeler's	5.99					5.99					
		Maple River						2.99	3.29				
									0.20				

State	Supermarket	Label	Spiral Cu Bon		Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
Otato	Capormarkot	20001	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Containone
)R	Safeway	Cook's	2.99							., .			w/ store card
cont)	Í	Safeway				1.49	1.29						w/ store card; limit 1
,		Safeway		1.99									·
		Safeway Select							3.49				
	Target	Archer Farms	1.99										limit 2
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						
Α	Albertson's	Hills				1.69	1.29						
		Kruse			1.79								
		Hormel Cure 81	1.88										
	Family Foods	Cook's		2.28		1.68	1.48						
		Kretschmar								3.58			
	Fred Meyer	Cook's					1.49						w/ store card
		F.G. Meyer	save \$10										limit 2 w/ coupon
		Kroger	1.88										w/ store card
	Haggen/Top's	Hempler's	4.99	3.99		3.79		2.99					local
	. iagge., . ep e	Cook's	1.97	0.00		00		2.00					w/ store card; limit 1
		Cook's	3.00										w/o store card
		Cook's	0.00				1.49						, 6 6.6.6 64.4
		Kentucky Legend						4.79					
	Harvest Foods	John Morrell	1.98										
		Maple River						2.49					
		Cook's									3.49		
	Metropolitan Market	Kurobuta	6.49		4.99	4.99		6.99			6.99		Berkshire
	men opoman mantet	Kentucky Legend	00					4.99			0.00		
		Hempler's						3.99					
		Hormel Cure 81						4.99					
	QFC	Cook's					0.99						limit 2
	α. σ	Hormel Cure 81		1.88			0.00						w/ store card
	Red Apple	John Morrell		1.99									W otoro cara
	τοα πρρίο	Cook's		1.00		1.49	1.49						
		Cloverdale				1.40	1.40	2.00					
		Hempler's			2.99			1.00					
	Rosauer's	John Morrell		2.29	2.00	2.29		1.00					
		Cook's		0		1.89	1.59				2.79		
		Maple River				1.00	1.00	2.29			2.70		
		Longhorn	1.99					2.20					

State	Supermarket	Label	Spiral C	ut Hams e-in	Bone-	in/Semi-Bo	neless		Boneless		Ham Steak	Country	Conditions
State	Supermarket	Labei	Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	Conditions
WA	Saar's	Cook's	1.49	T IGH	***************************************	Batt	Onanic	TTTIOIO	rian	1, 1	50110 111		
(cont)		Cloverdale						2.00					
(00111)	Safeway	Cook's	2.99										w/ store card
	,	Safeway Select							3.49				w/ store card
		Safeway		1.99									
		Safeway				1.49	1.29						w/ store card; limit 1
	Super 1 Foods	John Morrell		2.28			0						
		Longhorn		1.98									
		Cook's		1.00		1.88	1.58						
	Target	Archer Farms	1.99			1.00	1.00						limit 2
	The Markets	Farm Fresh	1.00	1.97									limit 1
	THE Warkets	Farm Fresh		1.07			0.79						w/ \$20 purchase; limit 1
		Corn King					0.73	1.75					W \$20 parenase, iiiiit i
		Hempler's		3.98				1.75					
		Sunny Valley		3.30				2.97					
	Walmart	Sam's Choice	1.98					2.91					
	vvaiman	Cook's	1.90			1.78	1.78						
	Yoke's	John Morrell				1.70	1.70	3.49	3.49				
	TORES	Yoke's	2.49					3.49	3.49				
			1.97										w/ store card
		Longhorn	3.99										
		Longhorn	3.99						2.00				w/o store card
		Hempler's						0.40	3.99				
WY	A CCC - L - J A C J L	Kretschmar Farmland						3.49	3.49				
VVY	Affiliated Midwest			4.00	4.00	0.40		2.00					
		John Morrell		1.68	1.99	2.19	4.00						
		Cook's				1.48	1.28	0.00	0.00				
	A.II	Kretschmar						2.89	2.99				
	Albertson's	Albertson's						2.99					
		Amish Pride						3.99	3.49				
		Cook's				1.39	0.99				3.99		
		Hormel Cure 81		1.99				3.79					
	Associated Food	no label		1.49									
		Hormel		1.99				3.79	3.79				
		Cook's				1.59	1.39						
	King Soopers	Cook's				1.29	0.99						w/ store card
		Kroger	1.69										w/ store card
		Hormel Cure 81						3.99					

State	Supermarket	Label	Spiral C Bon	ut Hams e-in	Bone-in/Semi-Boneless				Boneless		Ham Steak	Country	Conditions
			Whole	Half	Whole	Butt	Shank	Whole	Half	1/4	bone-in	Ham	
VY	Safeway	Safeway Select							3.49				w/ store card
cont)		Safeway		1.59									w/ store card
		Safeway				1.39	1.19						w/ store card; limit 1
		Smithfield		2.99									w/ store card
	Smith's	Cook's				1.49	1.29						w/ store card
		John Morrell	1.79										w/ store card
		Kroger						2.99					
	Walmart	Sam's Choice	1.98										
		Cook's				1.78	1.78						